



澳洲弱能兒童協康會

Chinese Parents Association - Children With Disabilities Inc

Gym/Fitness Class 體操健身班

Activities for Children with Disabilities

2023 Fitness Gym Class



POLICE CITIZENS
YOUTH CLUBS NSW

Wyatt Park, Church Street, Lidcombe Auburn

Every Monday (Fitness Gym Class) 4pm-5pm

每週一（健身課）下午4時至5時

Coached by Skilled gymnastics coaches 專業體操教練

Please complete the PCYC membership form submit to Maria.



NDIS participants fee 費用 : \$40 per session

Booking is essential please contact Maria 0402 941 090 vacancies are limited

請早日向 Maria 報名 0402 941 090 名額有限

***For athletes using the gym, carers & parents to stay with each athlete at all times**
上課期間或使用健身器材，照顧者或父母需要陪伴及幫助運動員

Class will be decided base on the number of enrolments. 課班決定將定于報名人數。