



Colorado Springs School District 11
 Food & Nutrition Services
 Colorado Military Academy
 Breakfast Menu ~ February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Good days start with breakfast!</p> <p>Two Fruit Selections, Hot or Cold Cereal with Cheese Stick & Milk or Bottled Water Also Offered Daily</p>			<p>Items marked with a contain pork.</p>	<p>1 1-Sausage and Pancake Sandwich 2-Cinnamon Roll</p>
<p>4 1-String Cheese and Goldfish Graham Crackers 2-Mini Waffles</p>	<p>5 1-Ham, Egg and Cheese Muffin 2-Yogurt with Belly Bear Crackers</p>	<p>6 1-Scrambled Eggs, Hashbrown & Toast with Jelly 2-Mini Pancakes</p>	<p>7 1-Breakfast Burrito 2-Father's Table Breakfast Bar</p>	<p>8 1-Sausage and Cheese Biscuit 2-Cinnamon Roll</p>
<p>Two Fruit Selections, Hot or Cold Cereal with Cheese Stick & Milk or Bottled Water Also Offered Daily</p>				
<p>11 1-Mini Pancakes 2-Yogurt with Goldfish Graham Crackers</p>	<p>12 1-Biscuit with Sausage Gravy and Hash Brown 2-Breakfast Round</p>	<p>13 1-Cheese Quesadilla 2-Cheesy Scrambled Eggs with Toast and Jelly</p>	<p>14 1-Hot Ham and Cheese Wrap 2-Bagel with Cream Cheese</p>	<p>15 <i>No School</i> </p>
<p>Two Fruit Selections, Hot or Cold Cereal with Cheese Stick & Milk or Bottled Water Also Offered Daily</p>				
<p>18 <i>No School</i> </p>	<p>19 1-String Cheese and Goldfish Grahams 2-Mini Waffles</p>	<p>20 1-Scrambled Eggs, Hashbrown & Toast with Jelly 2-Mini Pancakes</p>	<p>21 1-Breakfast Burrito 2-Father's Table Breakfast Bar</p>	<p>22 1-Sausage and Cheese Biscuit 2-Cinnamon Roll</p>
<p>Two Fruit Selections, Hot or Cold Cereal with Cheese Stick & Milk or Bottled Water Also Offered Daily</p>				
<p>25 1-Mini Pancakes 2-Yogurt with Goldfish Graham Crackers</p>	<p>26 1-Biscuit with Sausage Gravy and Hash Brown 2-Breakfast Round</p>	<p>27 1-Cheese Quesadilla 2-Cheesy Scrambled Eggs with Toast and Jelly</p>	<p>28 1-Hot Ham and Cheese Wrap 2-Bagel with Cream Cheese</p>	<p></p>
<p>Two Fruit Selections, Hot or Cold Cereal with Cheese Stick & Milk or Bottled Water Also Offered Daily</p>				

Breakfast: \$1.45 ~ ~ Reduced Price: FREE ~ ~ Adult: \$2.30 ~ ~ Milk: \$0.65

You could possibly save hundreds of \$\$ on school lunch and breakfast! If you would like assistance with the cost of your student's meals, you may apply for free or reduced-price meals online at MySchoolApps.com.

Do you have a "praise" or a "concern" to share with the Director of Food and Nutrition Services? Please email your comments to Kent.Weheri@D11.org.

This institution is an equal opportunity provider.