

AMERICAN HEART ASSOCIATION | AMERICAN STROKE ASSOCIATION

Metropolitan Chicago Smoking Cessation Project

Summary

The American Heart Association | American Stroke Association was recently awarded a grant focused on smoking cessation therapies for stroke patients. The project aims to better understand the following for stroke patients who have a history of smoking:

- Smoking cessation resources, education, and/or therapies given or prescribed at discharge
- Changes to smoking behavior at 30 days post-discharge

Results from this project will inform best practices and identify needed resources for improving smoking cessation rates in stroke patients and ultimately, reduce risk of recurrent stroke.

Project Details

- Project will last one year
- Estimated start date August/September 2018
- Hospitals will be asked to collect the following elements for stroke patients with a history of smoking:
 - Tobacco/smoking cessation counseling/advice/education given at discharge
 - Tobacco/smoking cessation aid prescribed at discharge
 - Tobacco/smoking use and cessation at 30 days post discharge (frequency of use, therapies used, quit attempts)
- All data will be collected using Get With The Guidelines® - Stroke, AHA/ASA's quality improvement registry and analytical tool
- Hospitals will be asked to complete a pre and post survey
- Hospitals will be asked to attend best practice sharing webinars and events
- Participating hospitals will receive a minimum participation stipend of \$5000 to offset any costs associated with data collection and 30-day post discharge follow-up
- All participating hospitals will be recognized in any abstracts or publications

Please contact Renee Sednew, Quality & Systems Improvement Director – Illinois, if your hospital is interested in learning more about this project.

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