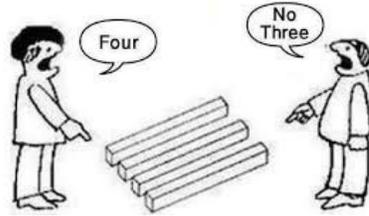


## Perception

It is really confusing!!!



Perception is a powerful force in our life. Our perception is a way of regarding, understanding, interpreting something or a mental picture of what we think we see. Unfortunately, there are many times when our perception is completely inaccurate because it is only based on where we are.

***The Clinical term of perception: The process by which people translate impressions into a view. They are based on incomplete, unverified or unreliable information. Perception is often equated as reality and guides human behavioral responses.***

So many of our actions are determined by how we perceive things to be. Yet our perceptions of events, words, and people can be entirely wrong. Why? Before I answer this, I want to tell you a story.

*Once there was a Bible instructor who walked around his classroom holding a glass of water high for everyone to see. They all expected to be asked the question if the glass was "half empty or half full."*

*With a huge smile on his face, he asked: "How heavy is this glass of water?" Chuckles erupted around the room as answers varied. After a few moments he said, "It's not really about the weight of the glass because the glass weight doesn't really matter. What matters is how long I hold it.*

- If I hold it for a minute, it's not a big deal.*
- If I hold it for an hour, my arm will begin to feel pretty tired.*
- If I hold it for several hours, my arm is going to ache and long for me to put it down.*
- If I hold it for a day, my arm will become numb and will not function as intended. You could say it would be temporarily paralyzed.*
- In each case, the weight of the glass won't change, but the longer a person carries it, the heavier it becomes.*

The longer we carry inaccurate perception, the more devastating on our emotions it can be. The longer we carry incorrect perception, the more negative impact it has on our lives. If you walk away with one truth today I pray it's this, we don't see things as they are, we see them as we are.

Inaccurate perception can thrust a person into some dark places. Many times it will push us into realm of erroneous judgment, causing unnecessary hurts which often build offense in our hearts against someone else.

Inaccurate perception causes one to see all that is wrong with ourselves, with others, or anything else. It is a guarantee you will “see” things wrong. The Lord is wanting to show you areas today where your perception is off. Your perceptions have the incredible power to shape or even alter results in your life.

Many times your perceptions align against what God has spoken to you. When you wrongly perceive the source of the problem, you cannot rightly or accurately respond. However, once your Spiritual/Biblical perception is realigned with God correctly, you can respond in a heavenly manner.

As I was writing this today, I heard three specific areas concerning some of our readers. You might be all three or just one. The Lord is wanting to pinpoint an area in your life where your perception is off.

- (1) You are in a situation where you have literally said, “I can’t put my finger on it, but something is off.” It’s your perception. You are looking at it from past experiences and cannot see the present correctly. It is affecting decisions you are making.
- (2) There is a Rhema word that you received from the Lord and you have not perceived it correctly. You are frustrated with attempts to bring the word to pass based on what you think it means. You need to seek Him regarding your perception of what was said and stop trying to force it to happen.
- (3) You have perceived a weakness in your life as something ugly and shameful, when actually it is something that God wants to gain glory from if you’ll trust Him to walk you through it.

Please take a few moments of time to pray and ask the Lord if your perception needs a heavenly adjustment.

Gina Cobb  
July 13, 2015