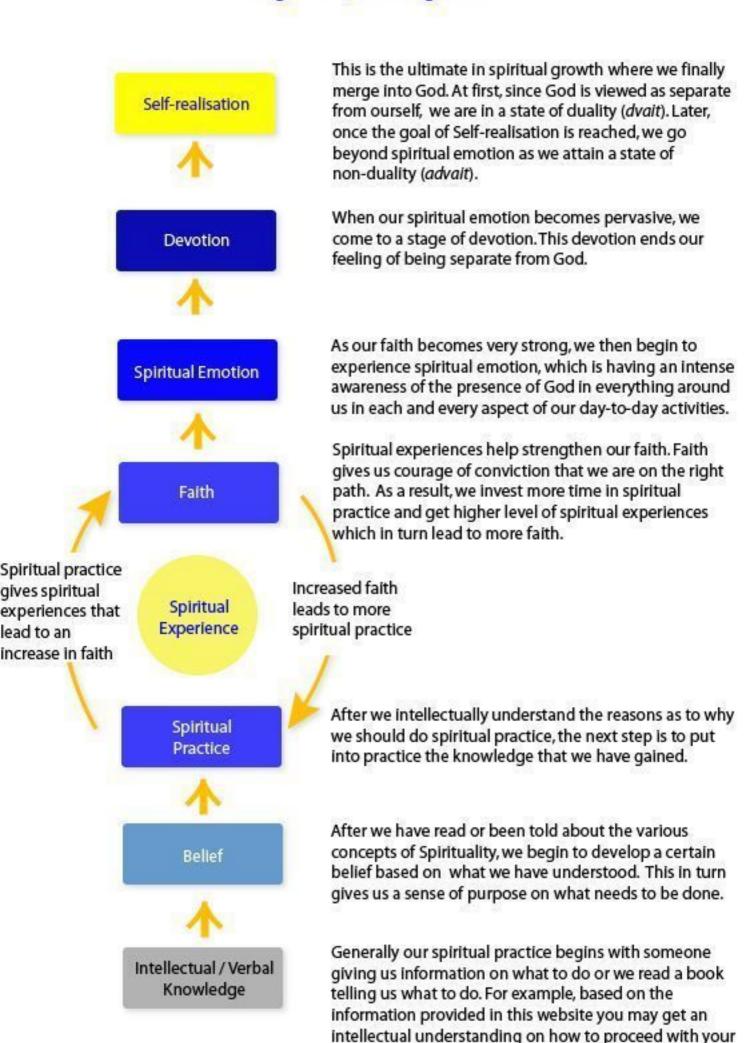
## Stages in spiritual growth



spiritual practice.