## Vol 3: Issue 3



# **RecoveryWerks!**

Changing the world through recovery one **under**served community at a time

#### **Our Mission:**

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



## **Our Beliefs:**

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

A donation to RecoveryWerks! has a huge impact towards bringing recovery to teens and families in our community. Please click on or enter the link below to donate. Thank you!

http://www.recoverywerks.org/donate-now.html





# A RecoveryWerks! Staff Testimony By David Garcia, Peer Recovery Specialist

My interview to work at RecoveryWerks! was on Monday, July 18<sup>th</sup> 2016 at a coffee shop in New Braunfels. (I even still have the ticket from a concert I went to at Whitewater Amphitheater the day before my interview.) In August of 2016, my first day of working at RecoveryWerks!, I ran an hour long 12 Step group meeting for teens in a building that had allowed us to borrow their space once a week in New Braunfels. This meeting had one teenager and myself that day. Over the next 3 or 4 months, I worked every Wednesday night hosting these group meetings, and every weekend I was overseeing a sober social activity for the teens. I still remember the names and faces of the first small group of teenagers from 2016. The teen group meetings started growing, then our networking and connections in the community were growing, and I knew that this was only the beginning of something special.

On July 5<sup>th</sup> 2017 we had our first teen group and family group meetings at a location we could call our own space that we rented on Mill Street in New Braunfels. At this time RecoveryWerks! had more teenagers attending group meetings, more employees, and more weekend social activities. We started gathering input from the teenagers in advance to see what they thought would be fun to do for social activities. Learning how to have fun in sobriety helps people realize that you don't need drugs or alcohol to have a good time, and I am so happy that we continue to see more and more teenagers attending the weekly activities we put together for them.

In June of 2019 we moved to our current location on Comal Ave with more floor space, more employees, and more community outreach. Not only do we have our teen group and family group meetings at this location, we now offer young adult group and sibling group meetings that did not exist when I ran my first teen group meetings in 2016. I still believe that RecoveryWerks! has something special going on. I still believe that everyone that walks through our doors has a shot at recovery if they are willing to put in the work.