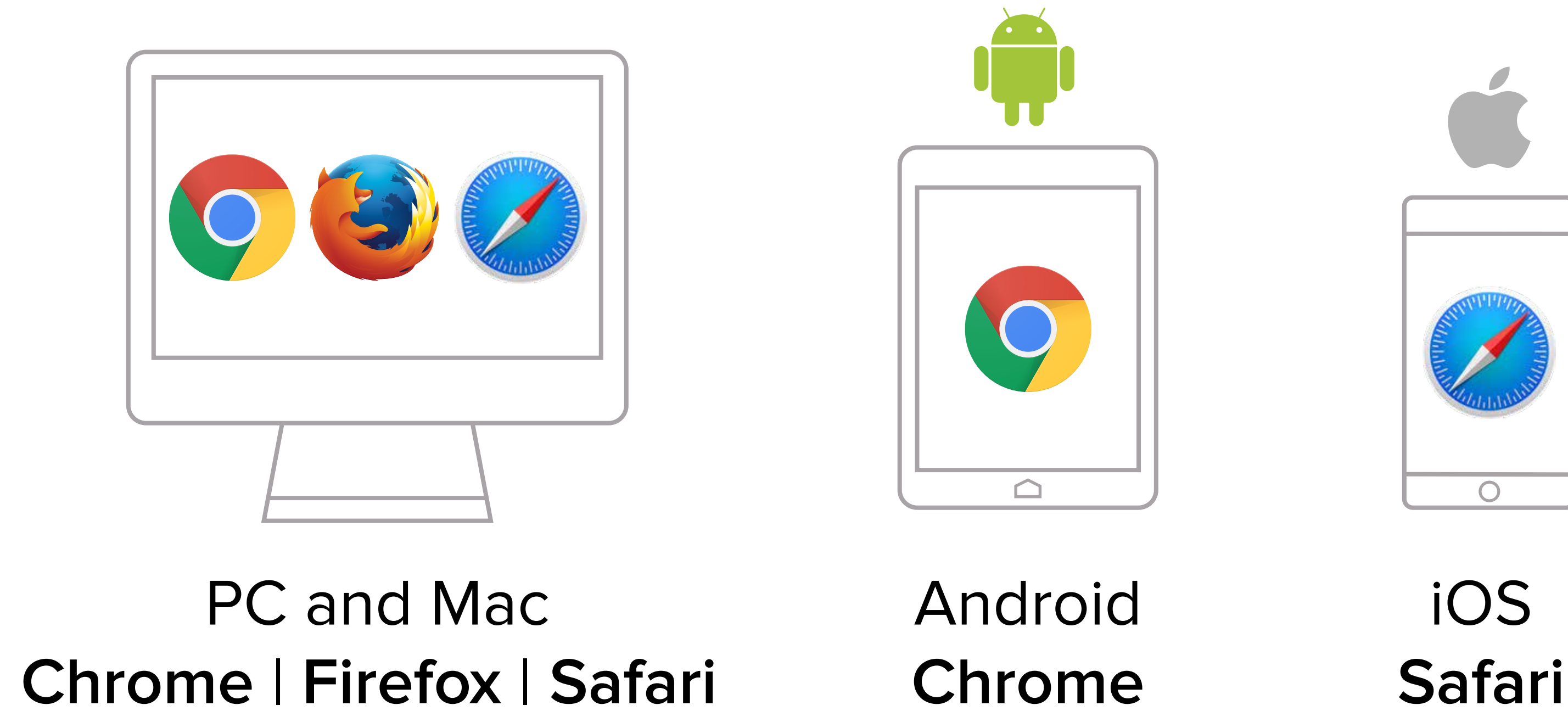


# How to check in for your video visit

## 1 Use a computer or device with camera/microphone

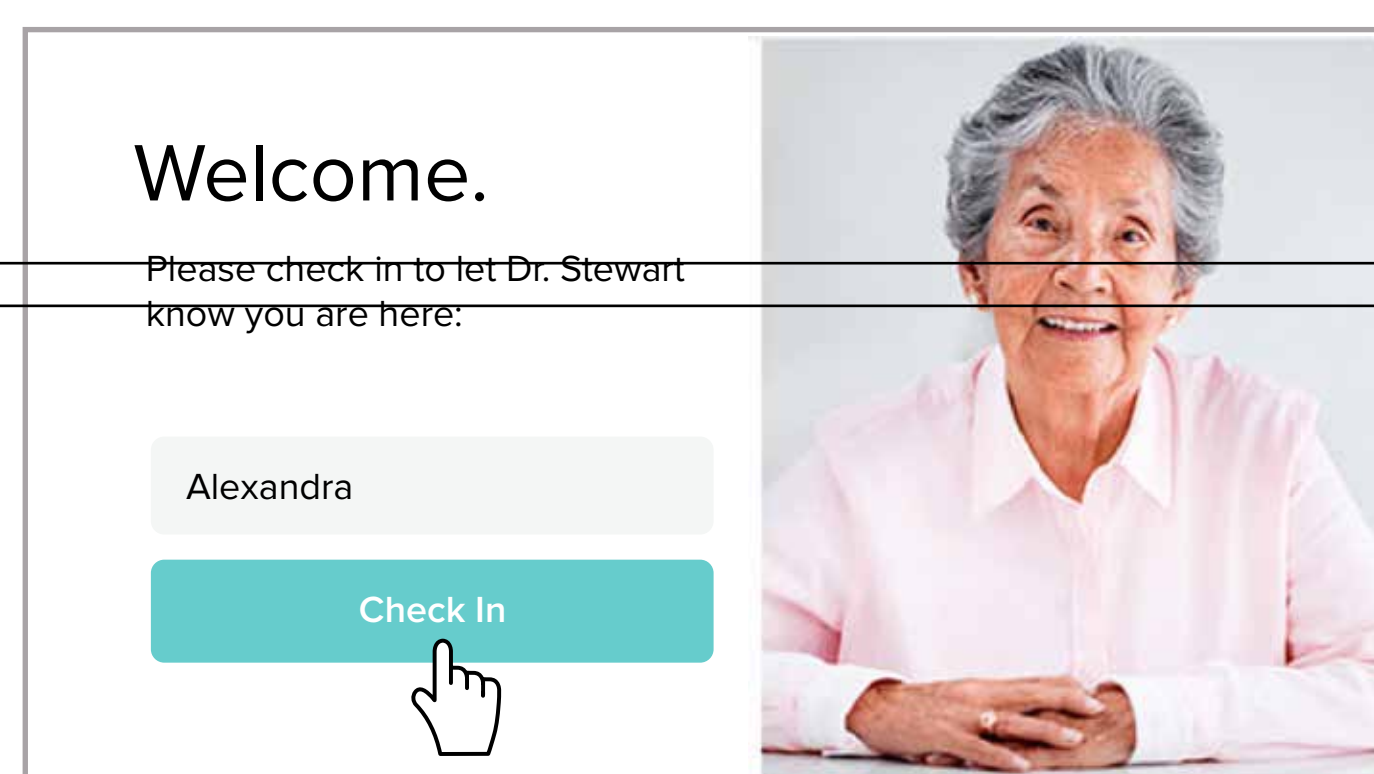


## 2 Enter <https://doxy.me/agraynp> into the browser

OR go to [www.balancemd.net](http://www.balancemd.net) and Click on the 'Patient Information' tab  
Scroll to the bottom left and click on the link with Ashly Gray's photo

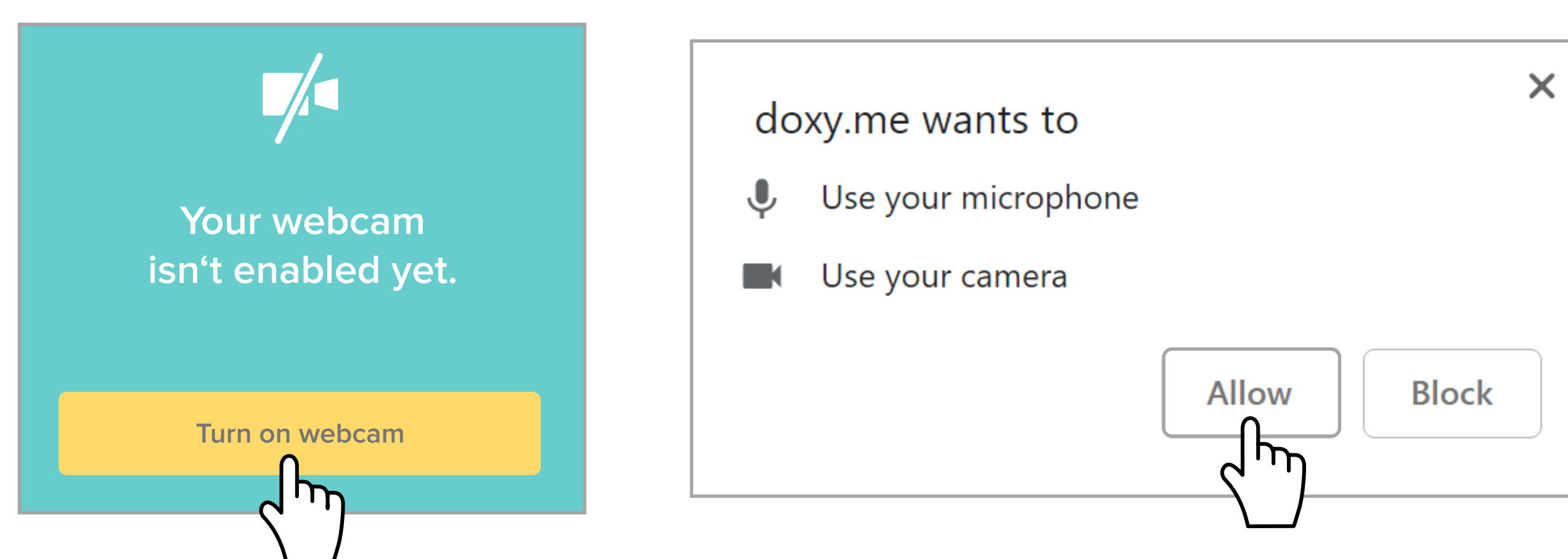


## 3 Type in your name and click check in



- ✓ Secure
- ✓ No software to download
- ✓ HIPAA compliant
- ✓ No registration needed

## 4 Allow your browser to use your webcam and microphone



## 5 Your care provider will start your visit

### Call Tips

- Have a good internet connection
- Restart your device before the visit
- Use the [Start Test](#) button in the waiting room
- Need help? Send us a message <https://doxy.me>