**Tomorrow Is Just Not Another Day**

**Someone we loved**

**is no longer with us.**

**Our lives has been changed,**

**it's no longer what it was.**

**We don't fully understand what**

**happened, we just felt empty inside.**

**No one could give us answers to those**

**questions that stood side by side.**

**Then we found that there are more**

**just like us, alone we no longer feel.**

**Sharing our experiences with one another**

**was helpful, one of many ways for us to heal.**

**And because of that, we are coming out of**

**the darkness, making sure others are aware.**

**That mental illness is out there,**

**many who are feeling no one cares.**

**We must spread the news that there is a**

**place where they can go for assistance.**

**A place where someone will listen to**

**their thoughts, validating their existence.**

**Troubled souls and their families unite,**

**knowing they will not be judged in any way.**

**They are giving one another hope, believing**

**that tomorrow is just not another day.**

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