

# 2019 Williston Coyotes Girls' Cross Country

## Heen-Hlmels Invite

Aug. 24, 2019, 10:30 a.m.  
Municipal G.C., Williston, N.D.

### Team totals (5,000 meters)

1. Minot, 28; 2. Williston, 86; 3. Dickinson, 90; 4. Watford City, 97; 5. Max, 272; Minot Bishop Ryan, Inc.; Bowman Co., Inc.; New Town, Inc.; Stanley, Inc.; Trenton, Inc.  
**Individual winner:** Hayle Ogle, Watford City, 20:09

### Top 10 Finishers

1. Hayley Ogle, Watford City, 20:09; 2. Eleni Lovgren, Williston, 20:16; 3. Allie Wahlund, Minot, 20:43; 4. Emma Compere, Minot, 20:56; 5. Jaelyn Ogle, Watford City, 20:56; 6. Abbie Wahlund, Minot, 21:02; 7. Abigail Hofferth, Minot, 21:25; 8. Trinity Jessen, Minot, 21:40; 9. Jaci Fischer, Bowman Co., 21:49; 10. Lily-ana Campbell, Minot, 21:58

### Williston results

2. Eleni Lovgren, 20:16; 18. Sierra Watterud, 23:20; 19. Niah Shumway, 23:21; 22. Marenn Larsen, 23:23; 25. Victoria Holdaway, 24:00; 27. Morgan Landry, 24:18; 28. Kimberly Neumann, 24:30; 36. Saebra Willardson, 26:00

**Notes:** Minot won the team title...Watford City's Hayle Ogle was the individual champion...Minot place six runners in the top 10...Dickinson, Minot, Watford City and Williston were making their season debut...There were 62 varsity runners.

## Bowman Co. Invite

Aug. 29, 2019, 10 a.m.  
Sweetwater G.C., Bowman

### Team totals (5,000 meters)

1. Williston, 27; 2. Watford City, 33  
**Individual winner:** Eleni Lovgren, Williston, 19:08.93

### Top 10 Finishers

1. Eleni Lovgren, Williston, 19:08.93; 2. Hayley Ogle, WC, 19:21.15; 3. Jaelyn Ogle, WC, 19:43.52; 4. Jaci Fischer, Bowman Co., 20:58.96; 5. Ellie Schmitz, WC, 21:30.59; 6. Sidra Sadowsky, 21:31.74; 7. Abigail Lawrence, 21:38.18; 8. Sierra Watterud, Williston, 21:41.52; 9. Alexis Miller, Bowman Co., 22:02.61; 10. Kenley Bowman, Bowman Co., 22:05.07

### Williston results

1. Eleni Lovgren, 19:08.93; 8. Sierra Watterud, 21:41.52; 11. Marenn Larsen, 22:15.38; 12. Niah Shumway, 22:41.02; 13. Victoria Holdaway, 22:46.99; 14. Morgan Landry, 22:57.52; 15. Kimberly Neumann, 23:04.63; 20. Abby Olson, 24:05.69; 21. Saebra Willardson, 24:22.11

**Notes:** Williston won the meet...Watford City was runner-up...Williston's Eleni Lovgren was the individual winner...There were 29 varsity runners.

## Anderson-Stavn Invite

Sept. 14, 1 pm.  
McDowell Dam, East of Bismarck, N.D.

### Team totals (5,000 meters)

1. \*Minot, 80; 2. West Fargo, 80; 3. Fargo Davies, 95; 4. Century, 171; 5. GF Central, 190; 6. Mandan, 210; 7. Watford City, 265; 8. Williston, 269; 9. GF Red River, 274; 10. Dickinson, 333; 11. WF Sheyenne, 347; 12. Legacy, 372; 13. Hillsboro-CV, 385; 14. New Town, 394; 15. Bismarck High, 414; 16. Shiloh Christian, 500; 17. Southern McLean, 555; 18. Hettinger-Scranton, 583; 19. Stan-ley, 587; 20. Solen, 610; 21. Max, 625; 22. Parshall, 627; 23. Northern Cass, 638; 24. Killdeer, 641; 25. Standing Rock, 644; 26. Minot Bishop Ryan, 647; 27. New England, 651

\*Minot won based on the tie-break (6th runner)

**Individual winner:** Kelby Rinas, Mandan, 19:01.01

### Top 10 Finishers

1. Kelby Rinas, Mandan, 19:01.01; 2. Reagan Baesler, Hillsboro-CV, 19:12.22; 3. Hayley Ogle, Watford City, 19:24.74; 4. Eleni Lovgren, Williston, 19:30.39; 5. Hope Pringle, West Fargo, 19:32.19; 6. Onnica Stansbury, WF Sheyenne, 19:46.35; 7. Jadyln Guidinger, Legacy, 19:52.36; 8. Jaelyn Ogle, Watford City, 19:53.51; 9. Abigail Hofferth, Minot, 20:03.28; 10. Claire Hynes, GF Central, 20:06.56

### Williston results

4. Eleni Lovgren, 19:30.39; 43. Sierra Watterud, 21:55.89; 70. Viktoria Holdaway, 23:00.49; 74. Marenn Larsen, 23:06.90; 78. Kimberly Neumann, 23:15.74; 29. Morgan Landry, 23:19.10; 80. Niah Shumway, 23:21.01; 113. Saebra Willardson, 25:31.94

**Notes:** There were 131 varsity runners...Minot tied West Fargo for first, but the Majettes won the team title based on having a better finish from its sixth place runner...Mandan's Kelby Rinas was the individual champion in a time of 19:01.01...Weather was warm and sunny.

## Poplar Invite

Sept. 21, 11 a.m.  
Poplar, MT

### Team totals (5,000 meters)

1. Williston, 24; 2. Glasgow, MT, 39; 3. Scobey, MT, 89; 4. Malta, 90, MT; 5. Brockton, MT, 149  
**Individual winner:** Eleni Lovgren, Williston, 18:36.93

### Top 10 Finishers

1. Eleni Lovgren, Williston, 18:36.93; 2. LiTia Lawrence, Harlem, 18:39.25; 3. Iris McKean, Glasgow, 19:57.85; 4. Sierra Watterud, Williston, 20:14.27; 5. Ali Cunningham, Glasgow, 20:37.31; 6. Taya Trotter, Harlem, 20:49.00; 7. Kaity Hove, Trenton, 20:58.69; 8. Emma Pierce, Trenton, 21:15.62; 9. Marenn Larsen, Williston, 21:26.80; 10. Lauren Padden, Glasgow, 21:39.43

### Williston results

1. Eleni Lovgren, 18:36.93; 4. Sierra Watterud, 20:14.27; 9. Marenn Larsen, 21:26.80; 11. Niah Shumway, 22:07.73; 14. Morgan Landry, 22:24.03; 17. Abby Olson, 22:47.33; 20. Saebra Willardson, 23:10.81; 34. Savannah Watterud, 25:34.52  
**Notes:** Williston had three runners in the top 10.

## Rugby Booster Invite

Sept. 28, 11 a.m.  
Rugby Golf Course, Rugby

### Team totals (Top 5/WDA, 5,000 meters)

1. Rugby, 46; 2. Williston, 70; 3. Watford City, 77; 4. New Town, 142; 5. Stanley, 206; 14. TMCHS, 401  
**Individual winner:** Hayle Ogle, Watford City, 18:52.99

### Top 10 Finishers

1. Hayle Ogle, Watford City, 18:52.99; 2. Jaelyn Ogle, Watford City, 19:16.03; 3. Eleni Lovgren, Williston, 19:21.84; 4. Brooklyn Bartsch, Rugby, 20:16.68; 5. Quinn Nepple, Rugby, 20:19.62; 6. Amelia Shepard, Rugby, 20:34.93; 7. Hailey White Owl, New Town, 20:51.65; 8. Sierra Watterud, Williston, 21:00.56; 9. Kaity Hove, Trenton, 21:07.58; 10. Abigail Lawrence, Stanley, 21:09.73

### Williston results

3. Eleni Lovgren, 19:21.84; 8. Sierra Watterud, 21:00.56; 17. Morgan Landry, 21:54.12; 19. Viktoria Holdaway, 21:56.86; 23. Marenn Larsen, 22:24.50; 26. Niah Shumway, 22:31.08; 36. Kim Neumann, 23:24.85; 56. Abby Olson, 24:30.79; 61. Saebra Willardson, 24:54.05  
**Notes:** There was 95 varsity runners...Watford City's Hayle Ogle won the meet...Rugby won the meet...Three WDA teams compete (TMCHS, Watford City, Williston)

## Custer Co. Invite

Oct. 5, 11 a.m.  
Miles City, MT

### Team totals (Top 5/5,000 meters)

1. Hardin, MT, 24; 2. Laurel, MT, 40; 3. Williston, 50; 4. Custer Co., 117; 5. Sidney, MT, 149  
**Individual winner:** Eleni Lovgren, Williston, 18:48.53

### Williston results

1. Eleni Lovgren, 18:48.53; 7. Sierra Watterud, 20:00.85; 13. Viktoria Holdaway, 21:10.93; 14. Niah Shumway, 21:13.70; 15. Morgan Landry, 21:21.34; 19. Marenn Larsen, 21:42.28; 21. Kimberly Neumann, 21:58.22

**Notes:** Williston's Eleni Lovgren was the individual champion...Williston placed third...There were 52 varsity runners.

## WDA Championships

Oct. 15, 1 p.m.  
Heart River G.C., Dickinson, N.D.

### Team totals (5,000 meters)

1. Minot, 60; 2. Century, 86; 3. Bismarck High, 109; 4. Watford City, 109; 5. Williston, 116; 6. Mandan, 124; 7. Jamestown, 177; 8. Legacy, 182; 9. Dickinson, 187; 10. TMCHS, 607  
**Individual winner:** Meghan Ford, Jamestown, 17:49.88

### Top 20 (All-WDA)

1. Meghan Ford, Jamestown, 17:49; 2. Hayley Ogle, Watford City, 19:01; 3. Eleni Lovgren, Williston, 19:18; 4. Jadyln Guidinger, Legacy, 19:23; 5. Jaelyn Ogle, Watford City, 19:32; 6. Emily Goldade, Century, 19:39; 7. Jilee Golus, Bismarck High, 19:48; 8. Morgan Wald, Bismarck High, 19:55; 9. Abigail Hofferth, Minot, 19:57; 10. Trinity Jessen, Minot, 20:03; 11. Aislin Anderson, Century, 20:05; 12. Lily-ana Campbell, Minot, 20:08; 13. Acey Elkins, Mandan, 20:10; 14. Abbie Wahlund, Minot, 20:11; 15. Emma Compere, Minot, 20:21; 16. Maria Moore, Mandan, 20:35; 17. Ellie Schmitz, Watford City, 20:40; 18. Sierra Watterud, Williston, 20:45; 19. Peyton Jensen, Century, 20:50; 20. Maliah Burke, Minot, 20:53

### Williston results

3. Eleni Lovgren, 19:18.07; 18. Sierra Watterud, 20:45.41; 28. Viktoria Holdaway, 21:30.12; 35. Niah Shumway, 21:46.75; 38. Marenn Larsen, 21:50.40; 41. Morgan Landry, 21:58.85; 89. Saebra Willardson, 24:14.78; 96. Abby Olson, 24:36.47; 112. Savannah Watterud, 25:51.95

**Notes:** The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Minot won its first WDA title since 2007 and eighth overall...Jamestown's Meghan Ford won her second consecutive WDA title...Nine teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Mandan, Minot, Watford City, Williston) had at least one runner earn all-WDA honors (Top 20)...Minot had six runners finish in the top 20...Mandan's Kelby Rinas, who is injured and did not compete, was named W. Region senior athlete of the year...Minot's Carla Wahlund was named W. Region coach of the year...There were 132 runners competing...Temperature at race time was 45 degrees under mostly cloudy skies.

## Class A Meet

Oct. 26, 11 a.m.  
Souris Valley G.C., Minot, N.D.

### Team totals

1. West Fargo, 95; 2. Fargo Davies, 110; 3. GF Central, 140; 4. Minot, 152; 5. Bismarck High, 184; 6. Century, 224; 7. Watford City, 230; 8. Fargo North, 235; 9. Williston, 283; 10. Mandan, 286; 11. GF Red River, 330; 12. Fargo Shanley, 349; 13. Valley City, 374; 14. WF Sheyenne, 376; 15. Devils Lake, 384; 16. Dickinson, 457; 17. Legacy, 458; 18. Jamestown, 465; 19. Fargo South, 598  
**Individual winner:** Meghan Ford, Jamestown, 17:40.8

### Top 20 (All-State)

1. Meghan Ford, Jamestown, 17:40.8; 2. Hayley Ogle, Watford City, 18:28.2; 3. Anna Lien, Fargo North, 18:40.0; 4. Jaelyn Ogle, Watford City, 18:42.9; 5. Eleni Lovgren, Williston, 18:42.9; 6. Claire Hynes, GF Central, 18:44.3; 7. Hope Pringle, West Fargo, 18:49.7; 8. McKenna Lovehaug, Fargo Davies, 18:51.9; 9. Onnica Stansbury, WF Sheyenne, 19:06.1; 10. Jadyln Guidinger, Legacy, 19:10.0; 11. Mikayla Weiss, GF Central, 19:11.6; 12. Emily Goldade, Century, 19:12.2; 13. Jilee Golus, Bismarck High, 19:18.1; 14. Payton Lane, Fargo Davies, 19:20.4; 15. Acey Elkins, Mandan, 19:21.4; 16. Anna Berhnardt, Fargo Shanley, 19:22.2; 17. Morgan Wald, Bismarck High, 19:22.9; 18. Ashley Hanson, Fargo Shanley, 19:26.0; 19. Clare Boldingh, West Fargo, 19:28.0; 20. Kaelyn Berg, West Fargo, 19:29.4

### WDA results

### Minot results

23. Trinity Jessen, 19:40.63; 28. Allie Wahlund, 19:51.29; 30. Abigail Hofferth, 19:57.45; 32. Emma Compere, 20:03.36; 39. Maliah Burke, 20:08.76; 41. Lilly Campbell, 20:09.18; 57. Maicee Burke, 20:35.31; 58. Abbie Wahlund, 20:39.35; 67. Deja Meyer, 20:50.71; 108. Brooke Keller, 21:43.81

### Bismarck High results

13. Jilee Golus, 19:18.06; 17. Morgan Wald, 19:22.83; 43. Taya Fetting, 20:14.07; 52. Zoe Reichenberger, 20:32.66; 59. Brooke Bur- gard, 20:40.88; 62. Sophia Ness, 20:43.11; 78. Neely Reichenberger, 21:03.37; 89. Tehya Sweitzer, 21:22.73; 122. Ella Reister, 21:56.08; 130. Alice Brownotter, 22:16.90

### Century results

12. Emily Goldade, 19:12.00; 21. Aislin Anderson, 19:35.19; 44. Peyton Jensen, 20:15.30; 60. Shalae Lindell, 20:42.39; 87. Liberty Howell, 21:19.20; 110. Marissa Rus- son, 21:45.03; 121. Kylie Wald, 21:55.35; 144. Brenna Dietrich, 22:37.03; 152. Ash- lynn Kaul, 22:53.91; 154. Rhenna Martin, 22:56.93

### Watford City results

2. Hayley Ogle, 18:28.15; 4. Jaelyn Ogle, 18:42.81; 33. Ellie Schmitz, 20:03.71; 55. Savanna Olson, 20:33.73; 136. Tricia Schmitz, 22:31.03; 158. Kalena Hanohano, 23:12.23

### Williston results

5. Eleni Lovgren, 18:42.81; 31. Sierra Watterud, 20:00.98; 71. Viktoria Holdaway, 20:56.01; 81. Morgan Landry, 21:10.61; 95. Niah Shumway, 21:25.00; 105. Marenn Larsen, 21:41.35; 112. Keira Shannon, 21:46.80; 114. Solveig Lovgren, 21:48.32; 138. Kaydence Heller, 22:32.43; 145. Lacey Sime, 22:38.75

### Mandan results

15. Acey Elkins, 19:21.36; 50. Maria Moore, 20:30.43; 56. Anna Bendish, 20:34.89; 63. Cyera Moore, 20:45.44; 102. Amaya Ram- sey, 21:37.65; 135. Whitney McGee, 22:28.97; 151. Kendal Beckler, 22:49.76; 157. Ashlyn Markel, 23:07.62

### Dickinson results

53. Peyton Laser, 20:32.82; 76. Symone Beld, 19:59.85; 97. Aleigha Villars, 21:27.38; 104. Macy Weiss, 21:41.02; 127. Mattie Obrigewich, 22:10.37; 133. Mattilyn Biel, 22:22.72; 141. Claire Kreidt, 22:34.68; 175. Veronica Pavek, 24:41.02

### Legacy results

10. Jadyln Guidinger, 19:09.97; 83. Aubree Melchior, 21:15.02; 94. Emma Schlecht, 21:24.82; 129. Aeva Franco, 22:12.94; 142. Brooke Will, 22:34.90; 159. Selena Silk, 23:14.85; 161. Rachel Holzer, 23:21.89; 163. Ellie Deede, 23:34.68; 171. Taylor Wertz, 24:18.20; 172. Shelby Butler, 24:20.72

### Jamestown results

1. Meghan Ford, 17:40.71; 106. Julia Skari, 21:41.52; 107. Bernadette, Belzer, 21:41.72; 119. Ellie Kruger, 21:52.82; 132. Jayla Hoffer, 22:19.84; 150. Alyssa Allen, 22:47.07; 260. Maddy Orr, 23:15.56; 162. Emily Sargeant, 23:30.94; 173. Jera Truax, 24:23.80; 176. Kyra Hoffer, 24:44.97

**Notes:** West Fargo won the team title...Minot High was the top WDA finisher (fourth)...Jamestown's Meghan Ford defended her individual title and became the first Blue Jay runner to do so since Laurie Fox (1993-94)...Nine WDA runners earn all-state honors led by Century which had five...Seven WDA teams had at least one all-state finisher...Ten WDA teams participated...There were 177 runners...Mandan Kelby Rinas was named state senior athlete of the year...Minot's Carla Wahlund was name state coach of the year...Minot hosted the meet for the first time since 2014