

Meals on Wheels delivers to those who can't join us at the Center
Call 388-4711 for more information

Belgrade Senior Center
DECEMBER 2018 Activities

92 E. Cameron Ave
Belgrade, MT 59714
388-4711

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2	3 9 am Movement in Motion 12:45 pm Cribbage	4 9 am Yoga 10 am Full Body Exercise 12:30 pm Hand & Foot	5 9 am Movement in Motion 9 am Needleairs Food Pantry 1 pm Cooking Class	6 8:30 Pinochle 12:45 pm Bingo	7 8 am Yoga 9 am Movement in Motion 12:30 Pinochle	8
9 	10 9 am Movement in Motion 12:45 pm Cribbage	11 9 am Yoga 10 am Full Body Exercise 11:30 am Red Rockers @ the Belgrade Senior Center 12:30 pm Hand & Foot	12 9 am Movement in Motion 9 am Needleairs Food Pantry	13 8:30 Pinochle 12:45 pm Bingo Blood Pressure Check	14 8 am Yoga 9 am Movement in Motion 12:30 Pinochle	15 
16	17 9 am Movement in Motion 12:45 pm Cribbage	18 9 am Yoga 10 am Full Body Exercise 12:30 pm Hand & Foot 1 pm Board Meeting 5:30 pm TDC Dinner	19 9 am Movement in Motion 9 am Needleairs Food Pantry Birthday Celebration	20 8:30 Pinochle 12:45 pm Bingo	21 8 am Yoga 9 am Movement in Motion 12:30 Pinochle Christmas Party	22
23 	24 Christmas Eve Closed	25 Christmas Day Closed	26 9 am Movement in Motion 9 am Needleairs Food Pantry	27 8:30 Pinochle 12:45 pm Bingo Blood Pressure Check	28 8 am Yoga 9 am Movement in Motion 12:30 Pinochle	29 
30	31 9 am Movement in Motion 12:45 pm Cribbage					