

August 2020
LUNCH & SNACK MENU



Child Development Center
Hyde Park Baptist Church

GF – Gluten Free DF – Dairy Free V – Vegetarian E – Egg

<p>3 NO CDC August 3rd-7th</p>	<p>4 NO CDC</p>	<p>5 NO CDC</p>	<p>6 NO CDC</p>	<p>7 NO CDC</p>
<p>10 Cheerios GF DF V King Ranch Chicken GF Chopped Salad GF DF V Apples GF DF V Turkey & cheese roll up GF</p>	<p>11 Berry Yogurt DF V Beef Soft Tacos Rice GF DF V Refried Beans GF DF V Melon GF DF V Mini Bagels & Cream Cheese V</p>	<p>12 Banana GF DF V Fish Cakes DF E CousCous DF V Zucchini GF DF V Oranges GF DF V Peaches & cottage cheese GF V</p>	<p>13 Applesauce GF DF V Chicken Strips E Mac & Cheese V E Broccoli GF DF V Pineapple GF DF V Veggie Egg Bake E GF</p>	<p>14 Blueberry Muffin E Cheese Pizza Mixed Veggies GF DF V Mixed Fruit GF DF V Sunbutter & Celery GF DF V</p>
<p>17 Rice Chex GF DF V Lasagna E Roasted Broccoli GF DF V Apples GF V Sunbutter sammies DF V</p>	<p>18 Mango Yogurt GF V Chicken soft tacos Rice GF DF V Black Beans GF DF V Melon GF DF V Berries & cheese GF V</p>	<p>19 Banana GF DF V Chicken GF DF Mashed Potatoes GF V Green Beans GF DF V Oranges GF DF V Ham & cheese roll up GF</p>	<p>20 Apricot Orange Bites DF V Bowtie Pasta with tomato, basil, & mozzarella V Chopped Salad GF DF V Pineapple GF DF V Spinach Egg Bake E GF</p>	<p>21 Carrot Muffin E Pulled pork sliders E DF Coleslaw GF DF V Mixed fruit GF DF V Soft Pretzels with hummus DF V E</p>
<p>24 Cheerios GF DF V Beef Meatlof E Mashed Potatoes GF V Green Beans GF DF V Apples GF DF V Turkey & Cheese rollup GF</p>	<p>25 Berry Cereal Bar DF V Turkey Tacos Beans & Corn GF DF V Spanish Rice GF DF V Melon GF DF V Rice cakes w/Apple Cinnamon butter GF DF V</p>	<p>26 Banana GF DF V Fish Sticks E DF Mac & Cheese V Broccoli GF DF V Oranges GF DF V Berries & string cheese GF V</p>	<p>27 Maple Cinnamon Bars DF V Asian Stir Fry GF DF Steamed Rice GF DF V Edamame Salad GF DF V E Pineapple GF DF V Cheesy Egg Bake E GF</p>	<p>28 Oat Muffin E Cheese Pizza Mixed Veggies GF DF V Mixed Fruit GF DF V Sweet potato bites with maple dip GF V</p>
<p>31 Rice Chex GF DF V Roasted Turkey GF DF Mashed Sweet Potatoes GF V Cornbread GF DF V Apples GF DF V Cream Cheese & cucumber sammies V</p>				