

Rajiv Gandhi University of Health Sciences

First Year M.Sc. (Nursing) Degree Examination - May 2014

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[Time: 3 Hours]

[Max. Marks: 80]

MENTAL HEALTH (PSYCHIATRIC) NURSING

(RS 3 & RS 4)

Q.P. CODE: 9639

Your answers should be specific to the questions asked.
Draw neat labeled diagrams wherever necessary.

ANSWER THE FOLLOWING

4 X 15 = 60 Marks

1. Write the purpose of classification on mental illness and explain the classification of mental illness.
2. Explain the components of self-concept and the areas to be focused for the development of positive self-esteem.
3. Write the concept of behavior therapy and explain any **three** techniques of behavior therapy.
4. What is assertive behavior? Explain the techniques to promote assertive behavior.

SHORT NOTES (Answer any TWO)

2 X 10 = 20 Marks

5. List and explain the Therapeutic communication techniques with example.
6. Discuss stress as transaction between the individual and the environment.
7. Discuss the role of a nurse in post procedural electroconvulsive therapy.
8. Discuss the application of nursing process in psychiatric nursing.

