



# OCTORARA JUNIOR HIGH FOOTBALL



## 2019 Junior High Football Information

We are happy to announce that Drew Baumgardner will be the Junior High Football coach this year.

- Practice starts the first week of school, on August 26 from 3-5pm (behind the middle school)
- All players must have a physical completed **after June 1, 2019 on a PIAA physical form** to begin practice. Sports physicals are provided July 31, 2019 from 4-7 pm at Octorara High School for \$20.
- Players should wear athletic shorts, t-shirt and cleats to the first week of practice.
- Equipment will be provided during the first week of practice. Players should provide their own cup or athletic supporter.
- Junior High currently has 7 games scheduled and will be played on Wednesdays starting at 3:30pm.
- First Game is **September 19**. We will try to schedule a practice game or scrimmage the week before.
- **August 16** is a pizza dinner from 6-8pm in the high school cafeteria, which is a parent/player meeting for both middle school and high school teams. Players are free and a \$3 donation is requested for parents/siblings.
- Completed registration forms are due on the first day of practice, along with volunteer check.
- Registration is completed online at <http://octorarafootball.sportssignup.com/site/>
- If you have any questions, email **Coach Baumgardner** at [abaumgardner@octorara.org](mailto:abaumgardner@octorara.org)

Thank you,  
Octorara Football Club



# OCTORARA JUNIOR HIGH FOOTBALL



## REGISTRATION FORM

PLAYERS NME: \_\_\_\_\_ DOB: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

\_\_\_\_\_

HOME PHONE: \_\_\_\_\_

MOTHERS NAME: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

FATHERS NAME: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

GUARDIANS NAME: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

PRIMARY EMAIL ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PLAYERS CURRENT WEIGHT: \_\_\_\_\_ AGE AS OF 9/1/2019: \_\_\_\_\_

IS YOUR PLAYER NEW TO LEAGUE: YES OR NO



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## OCTORARA FOOTBALL EMERGENCY CONTACT FORM

PLAYERS NAMES: \_\_\_\_\_ DOB: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

MOTHERS NAME: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

FATHERS NAME: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

GUARDIANS NAME: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

FAMILY PHYSICIAN: \_\_\_\_\_ PHONE: \_\_\_\_\_

FAMILY DENTIST: \_\_\_\_\_ PHONE: \_\_\_\_\_

Does the player use an inhaler? **YES or NO** (circle one)

Is the player allergic to bees? **YES or NO** If yes, does the player require an Epi-Pen? **YES or NO**

If you answered YES to any of the above, how will appropriate medication be available? Circle one:

- 1. Player will carry with them
- 2. Parent will carry/be present to administer meds if needed

Any allergies or medical conditions we need to be aware of? \_\_\_\_\_

Any medication the player takes on a regular basis that we need to be aware of: **YES or NO**

If YES, please provide name of medication, dosage and condition prescribed \_\_\_\_\_

In the event of an emergency, if parents/guardian cannot be reached:

1. Name: \_\_\_\_\_ Relationship to player: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship to player: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home phone: \_\_\_\_\_



# OCTORARA JUNIOR HIGH FOOTBALL



## PLAYER CODE OF CONDUCT & DISCIPLINE POLICY

As a member of Octorara Football League, I will adhere to the behavior guidelines below:

- Foul language will NOT be tolerated
- Bullying of any kind will NOT be tolerated
- Treat teammates with respect regardless of ability
- No contact or horseplay prior to practice or game
- Obey and respect the coaches at ALL times
- Respect game officials, parents & opposing team
- Respect the football facilities
- Maintain sportsmanship at all times, Win or Lose
- Take care of your football equipment

\*Missing practice without an excused absence or a doctor's note will result in reduction of game day play time. Each additional practice missed will further reduce game day play time.

Failure to comply with the guidelines outlined above will result in any of the disciplines below:

- Verbal warning
- Meeting with player and parent
- Player to sit out a practice or game
- Possible multiple practices and/or games
- Dismissal of the player WITHOUT a refund
- Suspension from participating in Octorara Football Program

NOTE: Appeal for any of the above actions will be directed to the Octorara Football Board of Directors.

I have read, understand and will abide by the guidelines and disciplinary policy outlined above. I agree to accept any applicable consequences if I do not abide by these guidelines.

\_\_\_\_\_  
Print Player Name

\_\_\_\_\_  
Player Signature Date

\_\_\_\_\_  
Parent/Guardian Signature Date



# OCTORARA JUNIOR HIGH FOOTBALL



## PARENT/GUARDIAN CODE OF ETHICS

I hereby pledge to provide positive support, care and encouragement for my child/dependent participating in Octorara Football by following this Parent/Guardian Code of Ethics Pledge:

- ✓ I will encourage sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other Octorara Football event.
- ✓ I will place the emotion and physical well-being of my child/dependent ahead of a personal desire to win.
- ✓ I will do my best to make Octorara Football fun for my child/dependent.
- ✓ I will insist that my child/dependent play in a safe and healthy environment.
- ✓ I will support the coaches and officials working with my child/dependent in order to encourage a positive and enjoyable experience for all.
- ✓ I will demand a sports environment for my child/dependent that is free from drugs, tobacco & alcohol and I will refrain from their use at Octorara Football practices, games and events.
- ✓ I will remember that the game is for the youth .....NOT ADULTS.
- ✓ I will require my child/dependent to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
- ✓ I will not tolerate bullying/cyber bullying of any kind.
- ✓ I will address any problems or concerns with the head coach after a 24 hour “cool down period”.
- ✓ I understand that missing practice(s) without an excused absence or doctor’s note will effect game day participation.
- ✓ I promise to follow this Parent/Guardian Code of Ethics to ensure all youth involved in Octorara Football have an enjoyable season.

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Parent/Guardian Signature

Date

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Parent/Guardian Signature

Date



# OCTORARA JUNIOR HIGH FOOTBALL



## EQUIPMENT POLICY

Parents/Guardians will be responsible for all supplied equipment that is lost, neglected, abused or not returned at the end of the season. Each Player is expected to maintain and care for his/her equipment while in their possession. Only normal wear and tear is expected.

### SUPPLIED EQUIPMENT

- Helmet
- Shoulder Pads
- Knee pads
- Practice Jersey & Pants
- Game Jersey & Pants
- Belt
- Mouth guard (1)

All the ABOVE LISTED equipment (except mouth guard) must be returned at announced hand-in-times after the last game of the season. If equipment is not received in a timely manner, parents/guardians will be billed the total cost for the players equipment. Thank you in advance for returning all equipment by announced date.

### ADDITIONAL EQUIPMENT REQUIRED

- Integrated girdle with thigh/hip pads
- Athletic cup
- Cleats: NO metal cleats allowed
- Extra mouth guard

### OPTIONAL EQUIPMENT

- Gloves

I have read the above equipment policy and understand that supplied equipment must be returned in good condition by announced date or I will be charged for any unreturned equipment. I further agree to maintain and care for equipment while in my possession.

Players Name: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



# OCTORARA JUNIOR HIGH FOOTBALL



## Volunteer Requirements

The success of our program relies solely on volunteers. We cannot host home games without assistance from all of our Octorara Football Families.

This year the volunteer fee will be \$100 per child with a family maximum of \$200 for families with two (2) or more children in the program. This fee is in addition to registration and is held as a separate check. The volunteer fee can be returned at the end of the season, if you have completed your volunteer obligations.

Each family is asked to complete at least three (3) volunteer spots per child with a family maximum of six (6) spots for 2 or more children.

Ways to volunteer:

- Work concession building or trailer for an entire game.
- Concession building or Trailer set up.
- Concession building or Trailer clean up.
- Chain Gang. (great way to get up close action)
- Scoreboard
- Announcer
- Field set up or clean up
- Stadium clean up.

The above volunteer sports can be completed at any Youth, Middle School or High School home game to receive credit. A link to volunteer will be posted on our website and Facebook once our schedule is final.

**ALL VOLUNTEERS (CHAINS, SCOREBOARD, ETC) MUST SIGN THE VOLUNTEER BOOK LOCATED AT THE CONCESSION BUILDING EACH TIME YOU VOLUNTEER IN ORDER TO RECEIVE CREDIT.**

If you work 2 games on the same day, be sure to sign in separately for each game.

Please do not text, email, etc. asking us to fill in your name because you forgot.

**OUR PROGRAM IS RUN BY PARENT VOLUNTEERS, ASSISTANCE FROM EVERYONE INVOLVED IS NECESSARY TO HAVE A SUCCESSFUL SEASON!**