

# May 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 Spring Practice	3 Spring Practice	4 Spring Practice	5 Spring Practice	6 Spring Practice	7
8	9 Spring Practice	10 Spring Practice	11 Spring Practice	12 Spring Practice	13 Spring Practice	14
15	16 Spring Practice	17 Spring Practice	18 Spring Practice	19 Spring Practice	20 Spring Practice	21
22	23 Dark Week	24 Dark Week  Finals	25 Dark Week  Finals	26 Dark Week	27 Dark Week	28
29	30 Memorial Day	31 Weight room 4-6PM				

## NOTES

# June 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
			<b>1</b> Weight room 7-9AM  <b>7 on 7 Wash 6PM</b>	<b>2</b> Weight room 7-9AM  <b>7 on 7 @ Tbird 6PM</b> <b>Var and JV</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b> Weight Room 4-6PM  <b>U of A (Maybe)</b>	<b>7</b> Field Work 4-5:30PM	<b>8</b> Weight room 7-9AM  <b>7 on 7 @ Wash 6PM</b>	<b>9</b> Weight room 7-9AM	<b>10</b>	<b>11</b> NAU <b>7 on 7 - 11AM-8PM</b> <b>Big Man 1PM-5PM</b>
<b>12</b>	<b>13</b> Weight Room 4-6PM	<b>14</b> Field Work 4-5:30PM  <b>7 on 7 Horizon 6PM</b>	<b>15</b> Weight room 7-9AM	<b>16</b> Weight room 7-9AM	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> Weight Room 4-6PM	<b>21</b> Field Work 4-5:30PM  <b>7 on 7 Chap 6PM</b>	<b>22</b> Weight room 7-9AM	<b>23</b> Weight room 7-9AM  <b>7 on 7 @ Tbird 6PM</b> <b>Var and JV</b>	<b>24</b>	<b>25</b>
Father's Day						
<b>26</b>	<b>27</b> Weight Room 4-6PM	<b>28</b> Field Work 4-5:30PM	<b>29</b> Weight room 7-9AM	<b>30</b> Weight room 7-9AM		

## NOTES

# July 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4 <b>Dark Week</b> Independence Day	5 <b>Dark Week</b>	6 <b>Dark Week</b>	7 <b>Dark Week</b>	8 <b>Dark Week</b>	9
10	11 Weight Room 4-6PM	12 Field Work 4-5:30PM	13 Weight room 7-9AM	14 Weight room 7-9AM	15 <b>Varsity Football Camp in Prescott</b>	16 <b>Varsity Football Camp in Prescott</b>
17 <b>Varsity Football Camp in Prescott</b>	18 Weight Room 4-6PM	19 Field Work 4-5:30PM	20 Weight room 7-9AM	21 Weight room 7-9AM	22	23
24	25 Weight Room 4-6PM	26 Field Work 4-5:30PM	27 Weight room 7-9AM	28 Weight room 7-9AM	29	30
31	<b>NOTES</b>					

# August 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
	<b>1</b> Varsity Equipment 3-4PM Varsity Weights 4-5PM JV Weights 3-4PM	<b>2</b> Varsity Weights 3-4PM JV Equipment 3-4PM JV Weights 4-5PM	<b>3</b> Frosh Equipment 3-4PM	<b>4</b>	<b>5</b>	<b>6</b>
<b>Techers back</b>						
<b>7</b>	<b>8</b> Practice 3-6	<b>9</b> Practice 3-6	<b>10</b> Practice 3-6	<b>11</b> Practice 3-6	<b>12</b> Practice 3-6	<b>13</b> Practice 8-10AM
<b>14</b>	<b>15</b> Practice 3-6	<b>16</b> Practice 3-6	<b>17</b> Practice 3-6	<b>18</b> Practice 3-6	<b>19</b> Practice 3-6	<b>20</b> Practice 8-10AM
<b>21</b>	<b>22</b> Practice 3-6	<b>23</b> Practice 3-6	<b>24</b> Scrimmage @ Glendale	<b>25</b> Practice 3-6	<b>26</b> Practice 3-6	<b>27</b> Practice 8-10AM
<b>28</b>	<b>29</b> Practice 3-6	<b>30</b> Practice 3-6	<b>31</b> Practice 3-6			

**NOTES**