



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh
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ANNOUNCEMENTS:



OMPH QR code accepts donation from any banks & e-wallet.

The QR code

is displayed on the Notice-Board and around the church for your kind donation.

Every cent helps us maintain our building, our facilities and compound.

Thank you for your support.
(Parish priest)

NEW-INTAKE for “ADULT ENQUIRY TO THE CATHOLIC FAITH”

The RCIA (Rite of Christian Initiation of Adults) is a program of induction into the Catholic Church. If you know of friends who are interested in making enquiry into the Catholic Faith please register now at the Parish office. Next In-take will start in the month of July.

Enjoy your Golden Years

A weekend seminar for all those who are 55 till 80 years old. This will be held at OMPH parish hall from 10.00 a.m. till 5.00 p.m. on **Sat. 6 & Sun. 7 of July 2024.**

Presenters: John & Joann Ooi from Singapore.

A love offering of RM50/- per person inclusive of lunch and tea and writing materials. This seminar deals with –
1) Phases of retirement
2) Confronting fears – about aging and suffering.

3) Dealing with loneliness and depression.

4) Happiness and meaningful life.

5) Relationships with loved ones.

6) Preparing for the fourth age.

7) Moving forward.

In-take limited to 100 persons. Register at the parish office confirming with payment of RM50/-. Last call! Do not miss this!

PARISH ACTIVITIES & MEETINGS:

(July, 2024)

- | | |
|--|--------------------------|
| * 1/7/2024 - 7.00 p.m. – CCR practise | (church) |
| * 2/7/2024 - 8.00 p.m. – Legion of Mary (C) | (St.Mt.Rm.) |
| * 2/7/2024 - 8.00 p.m. - Tamil Charismatic | (church) |
| * 3/7/2024 - 7.30 p.m. - CCR praise & worship | (church) |
| * 4/7/2024 - 7.30 p.m. - Caritas OMPH | (St.Mk.Rm.) |
| * 6/7/2024 - 9.00 a.m. - “Golden Age” Seminar | (parish hall) |
| * 7/7/2024 - 9.00 a.m. – “Golden Age” Seminar | (parish hall) |
| * 8/7/2024 - 7.00 p.m. - CCR practise | (church) |
| - 8.00 p.m. - Chinese Apostolate | (St.Mk. Rm.) |
| * 9/7/2024 - 8.00 p.m. – Legion of Mary (C) | (St.Mt.Rm.) |
| * 9/7/2024 - 8.00 p.m. - Tamil Charismatic | (church) |
| * 9/7/2024 - 7.30 p.m. - CCR | (St.Mk.Rm.) |
| * 10/7/2024 - 7.30 p.m. – CCR praise & worship | (church) |
| * 13/7/2024 - 9.00 a.m. – “Seeds” 8 th Anniv. | (parish hall) |
| * 13/7/2024 - 9.00 a.m. – “Seeds” 8 th Anniv. | (ven Francis Xavier Rm.) |

ETERNAL HAPPINESS TO:

- + Vimala Medona a/p David Fernandez departed on 18 June, 2024.
- + Sylvia Thangamany a/p G.Retnam departed on 20 June, 2024.
- + Lucas Ching Ping Sing departed on 21 June, 2024.
- + Mary Josephine Angeline Yan Poh Yong departed on 26 June, 2024.



Every last Friday at

8.00 p.m.in St.Mark's room.
All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

EVENING FOR THE ENGAGED 2024

Couples planning to get married in the year 2024, please take note of the EE Weekends held in english during the year.

You are requested to register six (6) weeks before the weekend

EE140	9 – 11 Aug.,2024
EE 141	8-10 Nov.,2024

For Tamil marriage preparation course 2024 –

Dormitory St.Anne, Bukit Mertajam	Aug 24 & 25
	Nov 16 & 17 (Closing date on: 1st day of each month)

Please see your Parish Priest for registration.

EVENTS:

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

WEDDING BANNES:

- * **Joel Joshua Ravindraraj & Venissa Francis.**
- * **Mary Ann & Pawandeeep Singh Bhullar.**

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance.

Next infant baptism will be held on **Sun. 7 July, 2024.**

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

OMPH Catholic Charismatic Renewal Group WEEKLY PRAYER MEETINGS

ALL ARE WELCOME to CCR PRAYER Meeting on Wednesdays @ 7.30 p.m.
Join us in praise and worship, intercessory prayers, ministering and Word of God.

MEETING & ELECTIONS of Office Bearers for Term November 2024 to 2027 of OMPH Catholic Charismatic Renewal

(date) **Tuesday, 9 July, 2024**
(time) 7.30 p.m. (venue) St.Mark's room.
(for whom) Members of Core Team, Worship, Music, Socmed & Intercessory groups.

MISSIONARY DISCIPLES by

Penang Diocesan New Evangelization Commission.
Inviting all ministry members to participate in this renewal program on -

(date) **Sat 3 & Sun 4 Aug.,2024**
(venue) OMPH parish hall.

Objective: To encourage, prepare and equip Catholics to effectively witness and present the Gospel of Jesus Christ. Limited to 60 participants only.

Register with
<https://formsgle/CZyuHkmfor1Yz0Hmb8>
WhatsApp/SMS: Jeanne J Saw 016 455 4597.

KURSUS PRA-PERKAHWINAN DALAM BM (Googlemeet)

Anjuran Apostolat Bahasa Malaysia Diosis Pulau Pinang
Tarikh: 8 – 11 Julai, 2024.
Waktu: 8.00 p.m. – 11.00 p.m.
Untuk pertanyaan lanjut dan pendaftaran sila hubungi:
Sr.Florence (012 8484158)/
Sr.Lucynia (0107966882)/
Byron (013 5950232)/Binti (012 4259375)
e-mel: teamabmpgd@gmail.com
Tarikh tutup pendaftaran: 7/7/2024.

CHOICE is a Weekend live-in experience for Single Adults (21-40 years) developed through the generosity and selfless love of the Worldwide Marriage Encounter Family. CHOICE is a self enrichment experience. Our weekend experience gives young single adults the opportunity to meet like-minded people, and be able to look at the various relationships in our lives, in a relaxed and informal environment. The weekend welcomes Christians of other denominations as well as persons of other faiths (except Muslims).

CHOICE =
* **English weekend #62 –**

Date: **30th August 2024 (Fri)**, 7.00pm – **1st September 2024 (Sun)** 7.00pm
Contact: Esther Boo (0177946901)

* **Mandarin weekend #11 ~**

Date: **9th August 2024 (Fri)**, 7.00pm – **11th August 2024 (Sun)** 7.00pm
Contact: Jane Goh (016 4108073)

(venue)St. Anne's Domus, Bukit Mertajam, Pulau Pinang.
(cost) RM150 per person.
Registration forms available at the parish office or from the PDYN website.