

Grand Ledge Offensive Philosophy

1. PLAY WITH AN “ATTACK MENTALITY”

Push the ball up, pick our spots, then ATTACK. Play with controlled aggression.

2. MOVE BALL, SHARE BALL.

- a. Pass to first open man.
- b. Side Top Side – Makes defensive move east and west.
- c. Post touches.
- d. Penetration – Break defense down; attack north and south.

3. UNSELFISH AND SMART.

- a. Work for your teammates – Help them get open and get ball where they can succeed.
- b. Get a great shot on every possession.

4. OFF BALL ACTION.

- a. Basket cuts.
- b. Screens.
- c. Take Ball to Action.

5. EASY BASKETS.

- a. Transition.
- b. Free Throws.
- c. Offensive Rebounding.

Measurements of Good Team Offense

1. Team field goal percentage of 49% or better.
2. Committing 12 turnovers or less per game.
3. Getting 12 offensive rebounds or more per game.
4. Getting to free throw line at least 22 times per game.
5. Creating at least 14 team assists or better per game.



