

# 1st Annual Cycl-a-thon

## October 16th 9:30am-1pm

### Community Fitness

Guilford, ME

Adults preregister **Sept 1-15**  
for a free Long sleeve T-shirt!

Adults \$25, kids free!

Pledges for prizes optional



**Get Cyc'd for ComFit!**

\*Road Loop

\*Big Kids Bike Rodeo

\*Little kids loop

**No bike? No prob!**

**Reserve a spin bike**

\*Music \* Bounce Houses \*

\*Food \* Prizes \* Face Painting \*