

April Ingredient List 2026

ENTREES

STUFFED PEPPER CASSEROLE-BEEF, WATER, WHITE RICE, ONIONS, BREAD CRUMB [WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT, CALCIUM PROPIONATE], EGG, LESS THAN 2% OF: GREEN BELL PEPPER, TEXTURED SOY PROTEIN CONCENTRATE (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SALT, CELERY, NONFAT DRY MILK, ISOLATED SOY PROTEIN, BEEF FLAVOR [CONTAINS AUTOLYZED YEAST EXTRACT, MONO & DIGLYCERIDES, POLYSORBATE 60, DISODIUM INOSINATE & DISODIUM GUANYLATE, XANTHAN GUM], SPICE, CARAMEL COLOR). SAUCE (WATER, DICED TOMATOES CONTAINS: EGG, MILK SOY, WHEAT

CHICKEN NOODLES-white meat chicken, egg noodles, celery, onion, cream sauce

SCRAMBLED EGGS-WHOLE EGGS, NON FAT DRY MILK, BUTTER

SAUSAGE PATTY/LINK-PORK,WATER,SALT,SPICES

BAKED CHICKEN – CHICKEN BREAST WATER, RICE STARCH, MODIFIED CORN STARCH, SALT, SODIUM PHOSPHATES. BATTERED AND BREADED WITH: WHEAT FLOUR, WATER, MODIFIED CORN STARCH, YELLOW CORN FLOUR, SALT, CONTAINS 2% OR LESS OF THE FOLLOWING: DEHYDRATED GREEN BELL PEPPER, DEXTROSE, EXTRACTIVES OF PAPRIKA, GARLIC POWDER, HYDROLYZED WHEAT AND CORN GLUTEN, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, SOYBEAN OIL (AS A PROCESSING AID), SPICES, WHEAT GLUTEN, YEAST EXTRACT.CONTAINS: WHEAT

MACARONI AND CHEESE-SKIM MILK, BLANCHED MACARONI (WATER, SEMOLINA, EGG WHITES), AMERICAN CHEESE SPREAD (CHEDDAR AND COLBY CHEESE [CULTURED MILK, SALT, ENZYMES], WATER, WHEY, SODIUM PHOSPHATE, WHEY PROTEIN CONCENTRATE, SKIM MILK, MILKFAT, SALT, CARRAGEENAN, CELLULOSE GUM), CANOLA OIL, NEUFCHATEL CHEESE (MILK, CREAM, CONTAINS LESS THAN 2% OF SALT, CAROB BEAN GUM, CHEESE CULTURES), 2% OR LESS OF SOYBEAN OIL, WATER, CHEDDAR CLUB CHEESE (CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], WATER, CONTAINS 2% OR LESS OF SALT, ANNATTO [COLOR]), MODIFIED CORNSTARCH, BLEACHED WHEAT FLOUR, CHEDDAR JACK SEASONING (CHEDDAR AND MONTEREY JACK CHEESES [CULTURED MILK, SALT, ENZYMES], WHEY, SOYBEAN OIL, SALT, MALTODEXTRIN, SOUR CREAM [CULTURED CREAM, NONFAT MILK], NATURAL FLAVOR, DISODIUM PHOSPHATE, CULTURED WHEY, CITRIC ACID, LACTIC ACID, ANNATTO [COLOR]), SALT, NATURAL FLAVORS, YEAST EXTRACT, POTASSIUM CHLORIDE, XANTHAN GUM, LACTIC ACID, CALCIUM LACTATE, DATEM, MONO- AND DIGLYCERIDES, SEASONING (CORNSTARCH, EXTRACTIVES OF TURMERIC AND ANNATTO [COLOR], NATURAL FLAVOR), POTASSIUM SORBATE (PRESERVATIVE), ANNATTO COLOR.

BEEF HOTDOG-Beef, Water, Contains 2% or less of: sorbitol, salt, flavorings, sodium phosphates, sodium erythorbate, sodium nitrite, extract of paprika.

PORK -Pork, water, textured soy protein [soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate(B1), pyridoxine hydrochloride(B6), riboflavin(B2), cyanocobalamin(B12)], salt, Natural Flavors. Batter Ingredients: Maltodextrin, Egg Whites, Whey Protein Concentrate, Buttermilk Blend (Buttermilk, Whey

Solids), Mono and Diglycerides, Whey, Modified Corn Starch, Lactic Acid, Buttermilk Powder, Calcium Lactate, Citric Acid, Safflower Oil, Buttermilk, Natural Flavors, Vinegar, Corn Syrup Solids, Lipolyzed Cream (Butter, Nonfat Milk). Breading Ingredients: Enriched bleached wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), salt, sugar, hydrogenated soybean oil, yeast, spices, celery seed, onion powder, garlic powder, caramel color, extractives of paprika. Contains: Wheat, Soy Egg Milk

FISH RECTANGLE-COD, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), WATER, YELLOW CORN FLOUR, BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF: SALT, DEXTROSE, YEAST, PAPRIKA EXTRACT (COLOR), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE),

PIZZA PASTA-COOKED PASTA (WATER, SEMOLINA WHEAT FLOUR), WATER, COOKED BEEF AND PORK BLEND, DICED PEPPERONI, TOMATO PASTE, ONIONS, 2% OR LESS OF SOYBEAN OIL, MODIFIED FOOD STARCH, SUGAR, SALT, BLEACHED WHEAT FLOUR, ROMANO CHEESE MADE FROM COW'S MILK (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), OLIVE OIL, SPICES, GARLIC, AUTOLYZED YEAST EXTRACT, MONO- AND DIGLYCERIDES, SEASONING (SOY SAUCE [WATER, SOYBEANS, WHEAT, SALT], AUTOLYZED YEAST EXTRACT, DEXTROSE, SOYBEAN OIL

HAM-Cured With Water, Salt, Sugar

SALISBURY STEAK-Salisbury Steak (Beef, Water, Onions, Textured Soy Protein Concentrate [Soy Protein Concentrate, Isolated Soy Product, Caramel Color], Bread Crumbs [Bleached Wheat Flour, Yeast, Salt, Sugar], Beef Flavor [Cooked Beef, Yeast Extract, Beef Tallow, Beef Extract, Flavoring, Salt, Sugar, Vegetable Juice Concentrates {Onion, Carrot, Celery}, Lactic Acid], Dried Egg Whites, Burgundy Wine, Salt, Canola Oil, Garlic, Butter [Cream, Salt], Potassium Chloride, Spice, Dehydrated Garlic, Onion Powder), Water, Mushrooms, Onions, Modified Corn Starch, Tomato Paste, Beef Flavor (Contains Beef Extract, Yeast Extract,

PORK FRITTER-Salisbury Steak (Beef, Water, Onions, Textured Soy Protein Concentrate [Soy Protein Concentrate, Isolated Soy Product, Caramel Color], Bread Crumbs [Bleached Wheat Flour, Yeast, Salt, Sugar], Beef Flavor [Cooked Beef, Yeast Extract, Beef Tallow, Beef Extract, Flavoring, Salt, Sugar, Vegetable Juice Concentrates {Onion, Carrot, Celery}, Lactic Acid], Dried Egg Whites, Burgundy Wine, Salt, Canola Oil, Garlic, Butter [Cream, Salt], Potassium Chloride, Spice, Dehydrated Garlic, Onion Powder), Water, Mushrooms, Onions, Modified Corn Starch, Tomato Paste, Beef Flavor (Contains Beef Extract, Yeast Extract,

PIZZA-CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), TURKEY AND BEEF PEPPERONI, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE

CHICKEN ALFREDO-SKIM MILK, COOKED PENNE PASTA (SEMOLINA [WHEAT], EGG WHITE, WATER), GRILLED SEASONED CHICKEN WHITE MEAT (CHICKEN WHITE MEAT, WATER, LESS THAN 2% LEMON JUICE CONCENTRATE, SALT, VINEGAR), WATER, PARMESAN CHEESE (PASTEURIZED PART-

SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), CREAM, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), FOOD STARCH-MODIFIED, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), CHEESE POWDER (WHEY, REDUCED LACTOSE WHEY, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], NATURAL FLAVORS, CREAM, MALTODEXTRIN, SALT, WHEY PROTEIN CONCENTRATE, SODIUM PHOSPHATE, BLUE CHEESE [CULTURED MILK, SALT, ENZYMES], CITRIC ACID, LACTIC ACID), WHEAT FLOUR, PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, DEHYDRATED GARLIC, ROASTED GARLIC PUREE, ONION POWDER, SPICES

SMOKED SAUSAGE-Pork and Beef, Water, Less than 2% of the Following: Salt, Flavorings, Potassium Lactate, Corn Syrup, Sodium Diacetate, Monosodium Glutamate, Sodium Erythorbate, Oleoresin of Paprika, Sugar, Sodium Phosphate, Dextrose, Sodium Nitrite, Lemon Powder

BBQ PORK-Pork, Water, Vinegar, Salt, Sodium Phosphate. Rubbed with (Evaporated Cane Syrup, Sea Salt, Spices, Garlic Powder, Onion Powder, Paprika, Carrot, Orange Peel, Parsley)

COUNTRY FRIED STEAK-BEEF, WATER, SALT, SODIUM PHOSPHATES, SEASONING [CORN MALTODEXTRIN, DRIED SOY SAUCE (SOYBEANS, WHEAT, SALT), SALT, YEAST EXTRACT, DRIED BEEF BROTH, NATURAL FLAVOR]. BATTERED WITH: WATER, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, SPICES, SALT, YELLOW CORN FLOUR, BUTTERMILK SOLIDS, DEXTROSE, GUAR GUM, METHYLCELLULOSE, ONION POWDER, EXTRACTIVES OF TURMERIC (COLOR). BREADED WITH: BLEACHED ENRICHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, SALT, SPICES, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), DEXTROSE, ONION POWDER. SET IN VEGETABLE OIL

SWEET N SOUR CHICKEN- DICED CHICKEN, Water, Sugar, Distilled Vinegar, Modified Corn Starch, Salt, Pineapple Juice Powder, Dehydrated Red And Green Bell Peppers, Colored With Oleoresin Paprika This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

BEEF PATTY-Ground beef (not more than 30% fat), water, textured vegetable protein product [soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamine mononitrate (b1), pyridoxine hydrochloride (b6), riboflavin(b2), cyanocobalamin (b12)], salt, sodium phosphate, caramel color.

SLOPPY JO- GROUND BEEF, ONION, GREEN PEPPER, KETCHUP, MUSTARD, BROWN SUGAR

SAUSAGE GRAVY- Water, Cooked Sausage [Pork, Water, Salt, Soy Flour (Caramel Color added), Spices, Hydrolyzed Wheat Gluten Protein, Caramel Color, Garlic Powder, Natural Flavoring], Food Starch - Modified, Rendered Pork Fat (BHA, Propyl Gallate and Citric Acid to protect flavor), Palm Oil,

Sugar, Salt, Bleached Wheat Flour, Maltodextrin, Xanthan Gum, Natural Flavorings, Spices, Titanium Dioxide, Disodium Inosinate, Disodium Guanylate, Whey Protein Concentrate.

PIMENTO CHEESE- CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [VEGETABLE COLOR], ANTI-CAKING BLEND [POTATO STARCH, POWDERED CELLULOSE]), SOYBEAN OIL, DICED PIMENTOS (PIMENTOS, WATER, CITRIC ACID), WHIPPED CREAM CHEESE (PASTEURIZED CREAM AND MILK, SALT, STABILIZERS [XANTHAN, LOCUST BEAN, GUAR GUM]), EGGS, CONTAINS LESS THAN 2% OF WATER, EGG YOLKS (EGG YOLKS, SALT), SUGAR, WHITE DISTILLED VINEGAR, SALT, CHILI POWDER (CHILI PEPPER, SPICES, SALT, DEHYDRATED GARLIC), GRANULATED ONION, GRANULATED GARLIC, SPICES, LEMON JUICE CONCENTRATE, PAPRIKA (COLOR).

CONTAINS: EGG, MILK.

CHICKEN CORDON BLUE- BONELESS, SKINLESS, BREAST OF CHICKEN WITH RIB MEAT (CONTAINING UP TO 8% OF A SOLUTION OF WATER, SEASONING (SUGAR, SALT, DEHYDRATED CHICKEN BROTH, DEHYDRATED GARLIC, DEHYDRATED ONION), VINEGAR WITH NATURAL FLAVOR, SEASONING (MODIFIED POTATO STARCH, FLAVORING), SODIUM PHOSPHATES), FILLING (PASTEURIZED-PROCESS SWISS/AMERICAN CHEESE [SWISS CHEESE (CULTURED MILK, SALT, ENZYMES), AMERICAN CHEESE (CULTURED MILK, SALT, ENZYMES), CREAM, SODIUM PHOSPHATES], COOKED HAM & WATER ADDED(PORK, WATER, SALT, DEXTROSE, SODIUM LACTATE, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM DIACETATE, SODIUM NITRITE)), BREADING (BLEACHED WHEAT FLOUR, WHEY, YELLOW CORN FLOUR, DEXTROSE, SALT, BLEND OF ROMANO AND PARMESAN CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, SODIUM SILICOALUMINATE, SORBIC ACID, ENZYMES), YEAST, SPICES, SOYBEAN OIL, OLEORESIN PAPRIKA, ANNATTO EXTRACT, SODIUM SILICOALUMINATE, GARLIC POWDER, ONION POWDER, NATURAL FLAVOR), BATTER (WATER, ENRICHED BLEACHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, YELLOW CORN FLOUR, SALT, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE]).

PB/J UNCRUSTABLE- Peanut Butter: Peanuts, Sugar, Contains 2% Or Less Of: Molasses, Fully Hydrogenated Vegetable Oils (rapeseed And Soybean), Mono And Diglycerides, Salt. Bread: Unbleached Whole Wheat Flour, Enriched Unbleached Flour (wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Contains 2% Or Less Of: Wheat Gluten, Soybean Oil, Salt, Dough Conditioners (mono And Diglycerides, Sodium Stearoyl Lactylate, Datem, Enzymes, Ascorbic Acid, Calcium Peroxide). Grape Jelly: Sugar, Grape Juice, Contains 2% Or Less Of: Pectin, Citric Acid, Potassium Sorbate (preservative).

VEGETABLES—NO INGREDIENTS LISTED

CAPRI BLEND-CARROTS, ZUCCHINI, FRENCH GREEN BEANS, YELLOW SQUASH

BROCCOLI

VEGETABLE BLEND(CARROTS BROCCOLI CAULIFLOWER),

GREEN BEANS

PEAS

CORN

CARROTS

ORIENTAL BLEND- Green Beans/Broccoli/Onion/Red Peppers/Mushrooms

ITALIAN BLEND- Broccoli, cauliflower, carrots, Italian beans, lima beans

SAUERKRAUT- CABBAGE, WATER, SALT

BAKED BEANS-WHITE BEANS, ONION, KETCHUP, MUSTARD, BROWN SUGAR

SIDES

AUGRATIN POTATOES-MODIFIED FOOD STARCH, WHEY, MALTODEXTRIN, ONION, POTASSIUM CHLORIDE, SUGAR, SUNFLOWER OIL, CONTAINS 2% OR LESS OF: NATURAL FLAVOR, SALT

MASHED POTATOES-POTATOES, SALT, NONFAT MILK

SCALLOPED POTATOES-POTATOES, MODIFIED FOOD STARCH, WHEY, LACTOSE, CONTAINS 2% OR LESS OF: CORN SYRUP SOLIDS, ONION, SUNFLOWER OIL, POTASSIUM CHLORIDE, SALT, MONO AND DIGLYCERIDES, COLOR (ANNATTO EXTRACT), CHEDDAR CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), CREAM CHEESE (PASTEURIZED CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM, GUAR GUM), DIPOTASSIUM PHOSPHATE, GARLIC, GREEN ONION, MALTODEXTRIN, NATURAL FLAVOR, NONFAT MILK, SOYBEAN OIL, SPICE, YEAST EXTRACT, FRESHNESS PRESERVED WITH (SODIUM BISULFITE). CONTAINS: MILK

POTATO CUBES-DEXTROSE, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR).

RICE PILAF-Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Enriched Orzo (Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Pilaf Seasoning Blend [Hydrolyzed Corn Gluten, Salt, Dextrose, Maltodextrin, Malt Extract, Sugar, Soybean Oil, Onion Powder, Natural Flavor (Contains: Salt, Sugar, Dextrose, Tapioca Starch, Yeast Extract, Spices, Canola Oil, Molasses), Spice, Turmeric Extract (Color), Spice Extract, Contains 2% Or Less Silicon Dioxide (Anticaking)].Contains: Wheat

POTATO WEDGES-Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

BABY BAKERS-WHITE POTATOES

RED POTATOES-POTATOES, BUTTER, SEASONINGS

SEASONED POTATOES-DICED POTATOES, BUTTER, PARSLEY, ONION

DRESSING- Breadcrumbs, EGGS, DICED ONION, CELERY, POULTRY SEASONING, SAGE, BUTTER

BAKERY

HAMBURGER BUN- UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: YEAST, SOYBEAN OIL, SALT, WHEAT GLUTEN, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID), SESAME FLOUR, CALCIUM PROPIONATE (TO RETARD SPOILAGE)CONTAINS: WHEAT, SESAME

HOTDOG BUN- WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, YEAST, SALT, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID), SESAME FLOUR, CALCIUM PROPIONATE (TO RETARD SPOILAGE)CONTAINS: WHEAT, SESAME

DINNER ROLL- ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SOYBEAN OIL, EGGS, CONTAINS 2% OR LESS OF: SALT, HYDROGENATED COTTONSEED OIL, YEAST, MONO AND DIGLYCERIDES, ASCORBIC ACID (VITAMIN C), WHEY(MILK).

BISCUIT- ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (PALM AND/OR PALM KERNEL OIL), SUGAR, BUTTERMILK, BAKING SODA, SALT, SODIUM ALUMINUM PHOSPHATE, MONOGLYCERIDES, SODIUM ACID PYROPHOSPHATE, MODIFIED CORN STARCH, PECTIN, WHEY PROTEIN.

CORN MUFFIN- ENRICHED FLOUR (WHEAT FLOUR, BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, VEGETABLE OIL (SOYBEAN, CANOLA), EGGS, YELLOW CORN MEAL, CORN SYRUP, ,, CONTAINS 2% OR LESS: MODIFIED FOOD STARCH, SODIUM ACID PYROPHOSPHATE, BAKING SODA, SALT, CORN STARCH, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), MONO- AND DIGLYCERIDES, MONOCALCIUM PHOSPHATE, SODIUM STEAROYL LACTYLATE, ENZYMES, XANTHAN GUM.

IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BLUEBERRIES, WATER, VEGETABLE OIL (SOYBEAN, CANOLA), EGGS, CORN SYRUP, CONTAINS 2% OR LESS: MALTODEXTRIN, MODIFIED FOOD

WHEAT BREAD- UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEYFLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHEATBRAN, HIGH FRUCTOSE CORN SYRUP, YEAST, WHOLE WHEAT FLOUR, CONTAINS 2% ORLESS OF THE FOLLOWING: WHEAT

GLUTEN, SOYBEAN OIL, SALT, CALCIUM PROPIONATE(PRESERVATIVE), POTASSIUM SORBATE (PRESERVATIVE), CARAMEL COLOR, WHEATSTARCH, ENZYMES, ASCORBIC ACID.

FRENCH TOAST-WHITE BREAD, EGG, MILK, CINNAMON, VANILLA

WAFFLE- Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, May Contain Malted Barley Flour), Water, Eggs, Sugar, Soybean And/Or Canola Oil, Egg Whites, Less Than 2% Of: Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Sodium Acid Pyrophosphate), Salt, Soy Lecithin, Emulsifier Blend (Propylene Glycol Monoesters, Mono-Diglycerides, Sodium Stearoyl Lactylate), Natural Flavors (Including Milk). CONTAINS: EGG, MILK, SOY, WHEAT

SOUP

CREAMY POTATO SOUP- WATER, DEHYDRATED POTATOES (COOKED POTATOES, SODIUM ACID PYROPHOSPHATE), HEAVY CREAM (FROM MILK), CARROTS, CELERY, NONFAT MILK, MODIFIED CORNSTARCH, COOKED BACON (BACON [CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE], SMOKE FLAVOR), CONTAINS LESS THAN 2% OF THE FOLLOWING: SOYBEAN OIL, WHEY POWDER, POTATO FLAKES, GREEN BELL PEPPERS, RENDERED BACON FAT, SALT, FLAVORING (SALT, MALTODEXTRIN [CORN], SUGAR, HYDROLYZED WHEAT GLUTEN, SOYBEAN OIL, SUNFLOWER OIL, DISODIUM INOSINATE AND DISODIUM GUANYLATE, FLAVORS, YEAST EXTRACT, TURMERIC [COLOR], NATURAL SMOKE FLAVOR, ANNATTO EXTRACT [COLOR]), CREAM FLAVOR (LACTOSE, WHEY PROTEIN CONCENTRATE, CREAM POWDER [CREAM, NON-FAT MILK, SOY LECITHIN], MODIFIED CORNSTARCH, MILK FAT, MANNITOL, XANTHAN GUM, ARTIFICIAL COLOR, SALT, NATURAL FLAVORING), POWDERED BUTTER BLEND (WHEY SOLIDS, ENZYME MODIFIED BUTTER, MALTODEXTRIN, SALT, DEHYDRATED BUTTER, GUAR GUM, ANNATTO [COLOR], TURMERIC), MONO- AND DIGLYCERIDES, DEHYDRATED ONION, YEAST EXTRACT

VEGETABLE SOUP- WATER, COOKED BEEF, POTATOES, PEAS, GREEN BEANS, CARROTS, CELERY, ONIONS, BEEF AU JUS CONCENTRATE (BEEF STOCK, SALT, SOY SAUCE [WATER, SOYBEANS, WHEAT, SALT], DEXTROSE, YEAST EXTRACT, CARAMEL COLOR, ONION POWDER, HYDROLYZED SOY PROTEIN, POTATO STARCH, BEEF FAT, CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, LACTIC ACID, DISODIUM INOSINATE & DISODIUM GUANYLATE, BEET POWDER, CORN SYRUP SOLIDS, GARLIC POWDER), CONTAINS LESS THAN 2% OF TOMATO PASTE, CULTURED DEXTROSE, SOYBEAN OIL, MODIFIED CORN STARCH, DEHYDRATED GARLIC, SALT, SUGAR, SPICES, NISIN PREPARATION (SALT, NISIN [PRESERVATIVE]), CULTURED MILK (NONFAT DRY MILK POWDER), FRUIT AND VEGETABLE JUICE FOR COLOR (PUMPKIN, CARROT AND APPLE CONCENTRATES), MODIFIED POTATO STARCH, NATURAL FLAVORS.

SALADS

CUCMBER SALAD-CUCUMBER, WATER, ONION, SUGAR, RED BELL PEPPER, VINEGAR, SALT

TOSSED SALAD-LETTUCE CARROTS RED CABBAGE

FRESH VEGGIES-BABY CARROTS OR GRAPE TOMATOES

CONDIMENTS

RANCH DRESSING-SOYBEAN OIL, WATER, VINEGAR, BUTTERMILK, SUGAR, EGG YOLKS, SALT, CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED FOOD STARCH, WHEY*, XANTHAN GUM, GARLIC*, ONIONS*, SPICE, PHOSPHORIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE, SORBIC ACID AND CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR). *DRIED

BBQ SAUCE-TOMATO PUREE (WATER, TOMATO PASTE), SUGAR, DISTILLED WHITE VINEGAR, MOLASSES, CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED FOOD STARCH, SALT, HICKORY SMOKE FLAVOR, SPICE (CONTAINS MUSTARD), ONION POWDER, GARLIC POWDER, POTASSIUM SORBATE (AS PRESERVATIVE).

JELLY-Concord Grape JellyIngredients: Concord Grape Juice (Concord Grape Juice Concentrate, Water), Corn Syrup, High Fructose Corn Syrup, Pectin, Citric Acid, Potassium Sorbate (Preservative).Mixed Fruit JellyIngredients: High Fructose Corn Syrup, Corn Syrup, Apple and Grape Juices (Apple Juice Concentrate, Grape Juice Concentrate, Water), Citric Acid, Pectin, Potassium Sorbate (Preservative).APPLE JELLY Apple Juice (Apple Juice Concentrate, Water), High Fructose Corn Syrup, Corn Syrup, Citric Acid, Pectin and Potassium Sorbate (Preservative).

TARTAR SAUCE-SOYBEAN OIL, SWEET RELISH (PICKLES [CUCUMBERS, DISTILLED WHITE VINEGAR, SALT, CALCIUM CHLORIDE], SUGAR, DISTILLED WHITE VINEGAR, XANTHAN GUM, ALUMINUM SULFATE, NATURAL FLAVORS, SPICE), WATER, DISTILLED WHITE VINEGAR, HIGH FRUCTOSE CORN SYRUP, SALT, EGG YOLK, ENZYME MODIFIED EGG YOLK, MODIFIED CORN STARCH, MUSTARD FLOUR, LEMON JUICE CONCENTRATE, XANTHAN GUM, ONION POWDER, TITANIUM DIOXIDE, SPICE, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR.

MARGARINE-Vegetable Oil Blend (Soybean Oil, Palm Oil and Palm Kernel Oil), Water, Contains 2% or Less of: Salt, Mono and Diglycerides, SodiumBenzoate, Lactic Acid and Calcium Disodium EDTA (Preservatives), Soy Lecithin (Soy), Natural Flavor, Beta Carotene (Color), Vitamin APalmitate Added. Contains: Soy

SOUR CREAM-GRADE A CULTURED CREAM

MUSTARD- WATER, DISTILLED WHITE VINEGAR, MUSTARD SEED, SALT, TURMERIC, SPICES

KETCHUP- Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Spices, Onion Powder, Natural Flavors

MAYO- SOYBEAN OIL, CORN SYRUP, WATER, EGG YOLKS, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, SPICE, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR

SUGAR FREE MAPLE SYRUP- Water, Sorbitol*, Cellulose Gum, Salt, Xanthan Gum, Sorbic Acid And Sodium Benzoate (Preservatives), Caramel Color, Acesulfame Potassium (Non Nutritive Sweetener)*, Sodium Hexametaphosphate, Phosphoric Acid, Sucralose (Non Nutritive Sweetener)*, Natural And Artificial Flavor.

BROWN GRAVY- WHEAT FLOUR, MODIFIED FOOD STARCH, PALM OIL, MALTODEXTRIN, WHEY POWDER, SALT, CORN SYRUP SOLIDS, CONTAINS 2% OR LESS OF: SPICE, SODIUM CASEINATE, SOYBEAN OIL, DIPOTASSIUM PHOSPHATE, DEXTROSE, TITANIUM DIOXIDE, MONO &

DIGLYCERIDES, ARTIFICIAL FLAVOR, BETA CAROTENE, CARAMEL COLOR, YELLOW 6, SODIUM HEXAMETAPHOSPHATE, SILICON DIOXIDE (FLOW AGENT)

COUNTRY GRAVY- ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTODEXTRIN, FOOD STARCH-MODIFIED, CORN SYRUP SOLIDS, SALT, Contains less than 2% of: BLACK PEPPER, RENDERED CHICKEN FAT, ONION POWDER, GARLIC POWDER, YEAST EXTRACT, HYDROLYZED VEGETABLE PROTEIN (SOY), NATURAL AND ARTIFICIAL FLAVORS, MONO & DIGLYCERIDES, SODIUM CASEINATE, TORULA YEAST, SOY LECITHIN, DISODIUM GUANYLATE, DISODIUM INOSINATE, CARAMEL COLOR, TURMERIC, ANNATTO

FRUIT/DESSERTS

Pineapple- Pineapple, Pineapple Juice

GRAPES

SUGAR FREE VANILLA PUDDING- REDUCED FAT MILK, MODIFIED TAPIOCA STARCH, INULIN, CONTAINS LESS THAN 2% OF NATURAL FLAVOR, SALT, SUCRALOSE, CARRAGEENAN, MALTODEXTRIN, ANNATTO EXTRACT (COLOUR).

BANANA

Tropical -WHITE GRAPE JUICE FROM CONCENTRATE (WATER, WHITE GRAPE JUICE CONCENTRATE), PAPAYA (RED AND YELLOW), PINEAPPLE, LEMON JUICE FROM CONCENTRATE (WATER, LEMON JUICE CONCENTRATE), NATURAL FLAVORS, AND ASCORBIC ACID (VITAMIN C) TO PROMOTE COLOR RETENTION. -

Peaches- PEACHES, WHITE GRAPE JUICE

Mixed- PEACHES, PEARS, PINEAPPLE), WATER, WHITE GRAPE JUICE

MANGO- MANGO, WHITE GRAPE JUICE FROM CONCENTRATE

PEARS- PEARS, WHITE GRAPE JUICE

WARM SPICED APPLES/APPLESAUCE- APPLES, WATER BUTTER CINNAMON BROWN SUGAR

MANDARIN OJ- MANDARIN ORANGES, WHITE GRAPE JUICE

APPLE SLICES

FRUIT JUICE- FILTERED WATER, SUGAR, CRANBERRY CONCENTRATE, NATURAL FLAVORS, ASCORBIC ACID (VITAMIN C).

FRUIT YOGURT- CULTURED GRADE A NON FAT MILK, CANE SUGAR, WATER, MODIFIED CORN STARCH, STRAWBERRIES, CONTAINS LESS THAN 1% OF NATURAL FLAVORS, FRUIT AND VEGETABLE JUICE (FOR COLOR), AGAR AGAR, VITAMIN D3, LEMON JUICE CONCENTRATE.

GELATIN- WATER, LESS THAN 2% OF: APPLE JUICE* FROM CONCENTRATE (WATER, APPLE JUICE), CARRAGEENAN, ADIPIC ACID, CITRIC ACID, POTASSIUM CITRATE, SODIUM CITRATE, SUCRALOSE, KONJAC FLOUR, XANTHAN GUM, SALT, NATURAL AND ARTIFICIAL FLAVOR, RED 40. *ADDS AN INSIGNIFICANT AMOUNT OF SUGAR.

POUND CAKE-ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, EGGS, BUTTER, WATER, SOYBEAN OIL, MONO- AND DIGLYCERIDES, , CONTAINS 2% OR LESS: SALT, MODIFIED FOOD STARCH, MILK PROTEIN CONCENTRATE, BAKING SODA, SODIUM ACID PYROPHOSPHATE, GUAR GUM, XANTHAN GUM, NATURAL FLAVOR, SODIUM STEAROYL LACTYLATE, ANNATTO, MONOCALCIUM PHOSPHATE, WHEAT STARCH, SOY LECITHIN.

PINEAPPLE JUICE- PINEAPPLE JUICE AND ASCORBIC ACID (VITAMIN C)

PEACH COBBLER- PEACHES, WATER, ENRICHED FLOUR PEACH JUICE CONCENTRATE, SALT, BROWN SUGAR, WHITE SUGAR, CINNAMON, NUTMEG, BUTTER

. DAIRY

2% MILK-no ingredients listed

Skim milk-NONFAT MILK, VITAMIN A PALMITATE AND VITAMIN D3 ADDED CONTAINS: MILK

CHOCOLATE MILK- NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, COCOA (PROCESSED WITH ALKALI), SALT, CARAGEENAN, STARCH, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE AND VITAMIN D3 ADDEDCONTAINS: MILK

MISCELLANEOUS

GRAHAM CRACKERS-Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, vegetable oil (soybean and/or canola), molasses, honey, corn syrup. Contains 2% or less of leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), natural flavors, salt, soy lecithin.CONTAINS: WHEAT AND SOY

ANIMAL CRACKERS-WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOYBEAN AND PALM OIL, CONTAINS 2% OR LESS OF SALT, BAKING SODA, SOY LECITHIN, NATURAL FLAVOR, ROSEMARY EXTRACT FOR FRESHNESS

LORNA DOONES-UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), SUGAR, SOYBEAN AND/OR CANOLA OIL, PALM OIL, CORN FLOUR, SALT, HIGH FRUCTOSE CORN SYRUP, BAKING SODA, SOY LECITHIN, CORNSTARCH, ARTIFICIAL FLAVOR.CONTAINS: WHEAT, SOY.

SF COOKIE-ENRICHED WHEAT FLOUR (BLEACHED FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLICACID), MALTITOL, PALM OIL, MONO & DIGLYCERIDES, SORBITOL, SUGAR FREE CHOCOLATE CHIPS (MALTITOL, COCOA BUTTER, CHOCOLATE LIQUOR PROCESSED WITH ALKALI, CALCIUM CARBONATE, CALCIUM CASEINATE [MILK], MILK FAT, SOYA LECITHIN [ADDED AS AN EMULSIFIER], NATURAL FLAVOR), GLYCERIN, MODIFIED CORN STARCH, EGG WHITES, BAKING SODA, SALT, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, CARAMEL COLOR, SUCRALOSE. CONTAINS: WHEAT, SOY, EGGS & MILK

FIG NEWTON-FIGS, WHOLE GRAIN WHEAT FLOUR, SUGAR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), CORN SYRUP, INVERT SUGAR, SOYBEAN AND/OR CANOLA OIL, PALM OIL, SALT, BAKING SODA, CALCIUM LACTATE, MALIC ACID, SOY LECITHIN, SODIUM BENZOATE (ADDED TO PRESERVE FRESHNESS), ARTIFICIAL FLAVOR, SULFUR DIOXIDE [(SULFITES) ADDED TO PRESERVE FRESHNESS]. CONTAINS: WHEAT, SOY.

VANILLA WAFERS- Whole Wheat Flour, Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Dextrose, Soy Lecithin, Soluble Corn Fiber, Natural Flavor (Contains Milk), Applesauce (Apples, Ascorbic Acid), Baking Soda, Salt. CONTAINS: WHEAT, SOY & MILK

POTATO CHIPS- Potatoes, Vegetable Oil (Canola, Corn, Soybean, And/Or Sunflower Oil), And Salt

OATMEAL COOKIE- Wheat Flour (Bleached Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Oatmeal, High Fructose Corn Syrup, Palm Oil, Sugar, Corn Syrup, Glycerin, Modified Corn Starch, Eggs, Cinnamon, Natural and Artificial Flavors, Sorbitol, Salt, Molasses, Baking Soda, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Soy Lecithin, Nonfat Dry Milk, Spices. CONTAINS: WHEAT, SOY, EGGS & MILK.

SALTINES- ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OILS (CANOLA, PALM AND/OR SOYBEAN), SALT, SODIUM BICARBONATE, YEAST, MALTED BARLEY FLOUR.

CONTAINS: WHEAT

POUND CAKE- SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, EGGS, MARGARINE [PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES (FROM VEGETABLE SOURCES), ARTIFICIAL FLAVOR, ANNATTO (COLOR), CALCIUM DISODIUM EDTA (PRESERVATIVE), VITAMIN A PALMITATE], SOYBEAN OIL, SKIM MILK, CORN SYRUP. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: GLYCERIN, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, SALT, MONO- AND DIGLYCERIDES, POTASSIUM SORBATE (PRESERVATIVE), GUMS (XANTHAN, GELLAN), COLORED WITH (TURMERIC AND ANNATTO EXTRACT), SOY FLOUR. CONTAINS WHEAT, EGGS, MILK AND SOY