

WESTERN DUBUQUE INVITATIONAL

Epworth, IA
 School Campus
 Host: Western Dubuque
 Thursday, October 03, 2024

MEET OFFICIALS

Meet Director:
 Tyler Lown
Timing:
 Scheckel - Kauder Racing, LLC



OFFICIAL MEET REPORT
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Race #4
JV Girls

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Decorah	24	1-2-6-7-8(10)(12)	1:59:28	23:54
2 Wahlert Dubuque	36	3-4-5-11-13(32)(33)	2:01:23	24:17
3 Waukon	80	9-16-17-18-20(21)(22)	2:10:48	26:10
4 Epworth Western Dubuque	113	14-19-25-27-28(29)(31)	2:19:11	27:51
5 Clayton Ridge Guttenberg	118	15-23-24-26-30(34)(35)	2:19:54	27:59
DNP Monticello				
DNP Beckman Catholic Dyersvil				
DNP Maquoketa				

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 LESMEISTER, Nora	JR	641	Decorah	1	23:17.9	7:29.5	4:39.6
2 RISSMAN, Olivia	SO	655	Decorah	2	23:46.1	7:38.5	4:45.2
3 UNSEN, Mallory	SO	848	Wahlert Dubuque	3	23:51.0	7:40.1	4:46.2
4 BURKE, Grace	FR	837	Wahlert Dubuque	4	23:54.6	7:41.3	4:46.9
5 THIELEN, Claire	SO	846	Wahlert Dubuque	5	23:57.6	7:42.2	4:47.5
6 SEARCY, Vivian	SO	657	Decorah	6	24:06.0	7:44.9	4:49.2
7 JOHNSON, Elsa	SR	637	Decorah	7	24:08.2	7:45.6	4:49.6
8 DAHLEN, Lillian	SO	625	Decorah	8	24:09.9	7:46.2	4:50.0
9 KEARNEY, Bri	JR	801	Monticello	-	24:25.1	7:51.1	4:53.0
10 DOWNING, Moriah	JR	899	Waukon	9	24:34.3	7:54.0	4:54.9
11 ADAMS, Ellie	SO	616	Decorah	(10)	24:40.0	7:55.9	4:56.0
12 BELKEN, Tessa	FR	834	Wahlert Dubuque	11	24:42.0	7:56.5	4:56.4
13 BLIKRE, Grace	SR	620	Decorah	(12)	24:51.4	7:59.5	4:58.3
14 QUANDAHL, Addison	FR	651	Decorah	-	24:54.2	8:00.5	4:58.8
15 DOWNING, Simone	FR	626	Decorah	-	24:56.4	8:01.1	4:59.3
16 SELL, Everlie	SO	844	Wahlert Dubuque	13	24:57.7	8:01.5	4:59.5
17 HOLTHAUS, Natalie	FR	632	Decorah	-	24:58.8	8:01.9	4:59.8
18 HARMENING, Marley	SO	631	Decorah	-	25:18.4	8:08.2	5:03.7
19 BLAIR, Willow	SO	619	Decorah	-	25:21.4	8:09.2	5:04.3
20 HUINKER, Grace	FR	635	Decorah	-	25:22.8	8:09.6	5:04.6
21 LUCAS, Maddie	SO	735	Epworth Western D	14	25:26.9	8:10.9	5:05.4
22 RILEY, McKenzie	SR	654	Decorah	-	25:28.3	8:11.4	5:05.6
23 QUANDAHL, Camryn	FR	653	Decorah	-	25:43.4	8:16.3	5:08.7
24 SIMON, Hinckley	SR	598	Clayton Ridge Gutt	15	25:47.7	8:17.6	5:09.5
25 SCHULLO, Marissa	FR	910	Waukon	16	25:51.3	8:18.8	5:10.3
26 SEVERTSON, Lauren	SO	659	Decorah	-	25:51.7	8:18.9	5:10.3
27 VOLZ, Jillian	SO	664	Decorah	-	26:08.9	8:24.4	5:13.8
28 KURTH, Makenna	SO	904	Waukon	17	26:23.2	8:29.1	5:16.6
29 OPHEIM, Evelyn	FR	650	Decorah	-	26:25.9	8:29.9	5:17.2
30 MOUDY, Bella	SR	906	Waukon	18	26:35.7	8:33.1	5:19.1
31 QUANDAHL, Brinley	FR	652	Decorah	-	26:41.9	8:35.1	5:20.4
32 HOUGEN, Regine	SO	634	Decorah	-	26:49.6	8:37.5	5:21.9
33 DIGMANN, Ella	SO	727	Epworth Western D	19	26:50.3	8:37.8	5:22.1
34 WEIS, Rachel	FR	666	Decorah	-	26:52.3	8:38.4	5:22.5

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Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
35 MCGEE, Sophia	FR	642	Decorah	-	27:09.0	8:43.8	5:25.8
36 DAVIS, Nora	SO	897	Waukon	20	27:23.1	8:48.3	5:28.6
37 BURRICHTER, Tanner	FR	896	Waukon	(21)	27:24.5	8:48.8	5:28.9
38 HANSON, Kayler	FR	900	Waukon	(22)	27:28.8	8:50.1	5:29.8
39 SHADY, Kayla	SO	806	Monticello	-	27:35.5	8:52.3	5:31.1
40 DICKSON, Audrey	SO	593	Clayton Ridge Gutt	23	27:40.3	8:53.8	5:32.0
41 BENDA, Nalia	FR	892	Waukon	-	27:48.7	8:56.6	5:33.7
42 BELLRICHARD, Poppy	FR	618	Decorah	-	27:51.4	8:57.4	5:34.3
43 GAVLE, Maggie	FR	628	Decorah	-	27:53.8	8:58.2	5:34.7
44 SPILDE-MAKI, Rachel	SO	660	Decorah	-	27:53.9	8:58.2	5:34.8
45 CARLSON, Kennedy	FR	622	Decorah	-	27:55.4	8:58.7	5:35.1
46 GAUL, Hailey	SR	594	Clayton Ridge Gutt	24	28:02.8	9:01.1	5:36.5
47 WINTER, Harper	FR	913	Waukon	-	28:10.2	9:03.5	5:38.0
48 HELGERSON, Kara	FR	901	Waukon	-	28:12.9	9:04.3	5:38.6
49 SCHUSTER, Val	SR	745	Epworth Western D	25	28:17.9	9:05.9	5:39.6
50 RETALLICK, Emma	SR	909	Waukon	-	28:20.1	9:06.6	5:40.0
51 THOMAS, Paige	FR	599	Clayton Ridge Gutt	26	28:22.2	9:07.3	5:40.4
52 BESLER, Meghan	SO	798	Monticello	-	28:35.8	9:11.7	5:43.2
53 MATHIS, Ruin	FR	905	Waukon	-	28:47.8	9:15.5	5:45.6
54 BERNS, Mallory	SR	895	Waukon	-	29:09.3	9:22.5	5:49.9
55 ZIMMERMAN, Anna	FR	753	Epworth Western D	27	29:13.6	9:23.9	5:50.7
56 SCHINDLER, Olivia	SR	744	Epworth Western D	28	29:22.3	9:26.6	5:52.4
57 GREEN, Lilli	SR	729	Epworth Western D	(29)	29:41.3	9:32.8	5:56.3
58 KO, Claire	FR	638	Decorah	-	29:58.4	9:38.3	5:59.7
59 HORNS, Pfeiffer	SO	595	Clayton Ridge Gutt	30	30:00.3	9:38.9	6:00.0
60 VASKE, Kaitlyn	FR	751	Epworth Western D	(31)	30:05.2	9:40.5	6:01.0
61 CEARLOCK, Annebelle	JR	838	Wahlert Dubuque	(32)	30:19.6	9:45.1	6:03.9
62 O'HARA, Kyra	JR	649	Decorah	-	30:23.8	9:46.4	6:04.7
63 GREBNER, Marie	SR	504	Beckman Catholic	-	30:33.0	9:49.4	6:06.6
64 KNIPPER, Allison	SO	505	Beckman Catholic	-	30:33.0	9:49.4	6:06.6
65 SMITH, Cecilia	SR	746	Epworth Western D	-	30:39.6	9:51.5	6:07.9
66 NELSON, Ella	SO	781	Maquoketa	-	30:40.9	9:51.9	6:08.2
67 ARNOLD, Madeline	SO	722	Epworth Western D	-	31:10.9	10:01.6	6:14.2
68 CHRISTENSEN, Skylar	SO	800	Monticello	-	31:29.8	10:07.6	6:17.9
69 VIRTUE, Lydia	SR	849	Wahlert Dubuque	(33)	31:31.7	10:08.3	6:18.3
70 CASTRO, Rachel	SR	725	Epworth Western D	-	31:48.9	10:13.8	6:21.8
71 LEMKE, Kylie	SO	640	Decorah	-	32:05.8	10:19.2	6:25.2
72 PITZ, Cambrie	SR	742	Epworth Western D	-	32:09.5	10:20.4	6:25.9
73 MUJ, Kathy	SR	646	Decorah	-	32:15.0	10:22.2	6:27.0
74 BOLES, Aaleah	SR	723	Epworth Western D	-	32:22.4	10:24.6	6:28.5
75 SADEWASSER, Allysa	JR	596	Clayton Ridge Gutt	(34)	32:48.4	10:32.9	6:33.7
76 GOEDKEN, Chloe	SR	503	Beckman Catholic	-	33:06.2	10:38.6	6:37.2
77 CARLSON, Ella	SR	621	Decorah	-	33:31.7	10:46.8	6:42.3
78 BERNS, Addisyn	SO	894	Waukon	-	34:24.0	11:03.6	6:52.8
79 SCHAEFERS, Mollie	SR	597	Clayton Ridge Gutt	(35)	34:57.8	11:14.5	6:59.6
80 HANSON, Ava	SO	630	Decorah	-	35:23.7	11:22.9	7:04.7

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Final Results

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Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
81 ALVARADO, Sofia	SO	721	Epworth Western D	-	36:43.2	11:48.4	7:20.6