

# PACIFIC REDWOODS JFO

A non-denominational Christian camp that welcomes all ages for spiritual growth in an atmosphere of unconditional love and acceptance. We gather at Monte Toyon, a campground set among the majestic coastal redwoods in Aptos, California.

Sunday July 20<sup>th</sup> – Friday July 25<sup>th</sup>

## 2025 CAMP PROGRAM

**THEME:** One Light, Many Lamps. *Let us shine for peace.*

**SPEAKERS:** Kari Knapstad & Diane Bush

**SONG LEADER:** Heather Damon Wagner

**PIANIST:** Dan Damon

**RHYTHMS:** Lorna Kohler

**CREATIVES:** Jess & Josh Gorman

**YOUTH GROUPS:** *Check the website for updates.*



CAMP RATES			
AGE	REG. FEES	CAMP FEES	TOTAL
18+	\$100	\$590	\$690
12 - 17	\$ 70	\$520	\$590
6 - 11	\$ 65	\$350	\$415
3 - 5	\$ 45	\$130	\$175
0 - 2	FREE	FREE	FREE
FAMILY REG. FEE: \$275 (4+ in one household)			

PART TIME CAMPER FEES CAN BE FOUND ON OUR WEBSITE.

Register and find more information by visiting our website or texting/calling our Camp Registrar:



ONLINE: [www.PacRedJFO.com](http://www.PacRedJFO.com)



SARAH GESSLER: (916) 601-6871

### *Speaker*



**KARI KNAPSTAD** attended her first camp at Boulder Creek CFO when she was 2 years old. As the daughter of song-leader and prayer warrior, Gloria Knapstad, she has attended many camps on the West coast, often 3 per summer, as we evolved deeper into our roots to become JFO. Her journey has been a winding path that has been mainly focused on healing in its many forms, always taking her deeper into the root of Spirit as the healer. Kari's healing practice on the San Francisco Peninsula includes alchemical acupuncture, herbs, sound healing/vibrational medicine, ceremonial work and more. JFO camps have taught her to journey farther out in her healing and have been her touch stone over the years as she always comes home camp.

### *Speaker*



**DIANE BUSH** spent most of her childhood in Stockton, CA. It was there she attended a small Methodist church and Sunday School that was a strong spiritual foundation. She attended her first CFO/JFO Camp over 30 years ago at the La Honda, now Pacific Redwoods JFO Camp. After the first few days, she experienced a deep feeling/pattern inside of her and knew she had found a spiritual home! She has attended camp(s) each year since. Diane is semi-retired, lives in Shingle Springs, CA, enjoys playing with her 3 grandsons, long walks in beautiful places, caring/sharing with her mother, and learning from the wisdom of sages. She will share the many ways she sees God working in her life and the many others she has been blessed to know and learn from.

### *Singing*



**HEATHER DAMON WAGNER** is a social worker specializing in behavioral health and medical case management. Heather grew up as a pastor's kid in the United Methodist Church and in a very musical household. She fondly remembers the soundscape of that time as being full of beautiful melodies and harmonies, and she was frequently asked to test out her hymnwriter father's new pieces. Today you can find her singing joyfully during Sunday morning worship and co-leading her new congregation's children's choir. JFO songs were an integral part of Heather's musical foundation, and the practice of singing in community is still very near and dear to her heart. Heather lives in Sacramento with her husband, Brett Damon Wagner, and her 4.5 year old daughter, Grace.

### *Pianist*



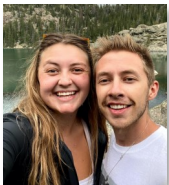
**DAN DAMON** is a jazz pianist, a hymnwriter, and an editor with Hope Publishing Company. His recordings are on Amazon, YouTube, and your favorite streaming service. Dan is a retired United Methodist pastor who plays piano at Lara's Fine Dining on the waterfront in Richmond, CA. Dan has been a speaker, youth leader, and pianist at many JFO/CFO camps. On the piano or the guitar, his music will touch your soul.

### *Rhythms*



**LORNA KOHLER** is a singer songwriter, musician, writer, dancer and dreamer living at the top of a ridge in the coastal range of California near Monterey Bay, where she teaches music lessons in a renovated redwood chicken barn and sings to the trees in the redwood forest on both sides of the ridge. While living in Santa Cruz, Lorna and her two young daughters gathered with two other families for a weekly CFO inspired prayer group that continued until all the children left home to begin their adult lives. Lorna led Rhythms and Singing at Shasta CFO and served as Treasurer on the Council Ring. She shared her spiritual journey as a Speaker at Autumn JFO in 2024. She looks forward to leading Rhythms at Pacific Redwoods JFO.

### *Creatives*



**JESS & JOSH GORMAN** are twins who have attended this camp since childhood and share a lifelong passion for art and creativity. Their connection to camp runs deep and they are excited to bring their unique energy and love for art to creatives. Join them this summer to explore how one light can illuminate many lamps, creating a collective shine of unity and harmony.