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Brooklin Residents Win Major Awards

Mike Slean was recently awarded the Ontario Volleyball Association's
Coach of the Year Award. Read the story on page 3



As well, BHS
teacher Nicole
Swain was
honoured with
the prestigious
AgScape award.
Read about her
on page 5.

Highlights of this BTC

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BHS AgScape winner.....page 5	Plant-based eating: Getting started.....page 8

Make a WILL now, REST assured later.

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Less than Half the Picture: *By Richard Bercuson*

Mass Transit Shake-up Looms

I believe in public transportation. There it is, a full disclosure.

Durham - Whitby - okay, Brooklin - has a superficial mass transit system. We know it's there because occasionally we see buses that aren't yellow and immediately deduce these must be for public transit. Where they go, or rather don't go, is at issue.

Naturally no one can expect this region, let alone Brooklin, to ever have anything like a big city system, nor would we want it. We chose where to live mostly because it isn't a big city. For one thing, transportation is expensive. As I wrote last issue, we're only now wrapping our heads around the desperate need not just for wider roads but newer, better ring roads and arterials. Throw in more buses and routes, then expect outcries from the NOMS (Not On My Street)

lobby. More on that later.

Still, a decent bus system would help. Right now, the fares are reasonable. For packets of 10 tickets, teens pay \$2.80 per ticket and those age 6-12, \$2.10. But how many kids can take a bus to school or activities? It wouldn't be because they won't but rather because the routes aren't practical nor close enough to home. A trip to the renovated though Apple Storeless Oshawa Centre is a trek even if the GPS says you can make it there from Brooklin's centre in 15 minutes.

Consider route 310 which travels north on Baldwin, goes east along Carnwith and back south on Thickson before disappearing into the hinterland. Why would a BHS student take this bus since it does practically nothing to eliminate either a long walk or car trip? In Brooklin, there are no buses on

key roads like Duggan, Anderson (north of the 407), Montgomery, Columbus, Watford, Carnwith west of Baldwin, and most of Cachet. If you want to grab a bus, the walk to reach one might take as long as the trip itself.

Would better mass transit greatly reduce our car dependence and reduce traffic? My guess is, after a while, probably. Will this happen? Let's ask the NOMS people, first cousins of the NIMBYs. All those in favour of having Durham bus stops on their streets, raise a hand.

Just as I figured.

Meanwhile, the region is examining an increase to the development charge on our taxes to help pay for improvements to transit. If you want to know more, attend the region's open house on Wed., Oct. 11, at 9:30 am at the regional HQ on Rossland.

Brooklin, of course, is unique both in its quiet suburban feel and its geographical "separation" from both Whitby and the known civilized world. Still, we need to get around. Buses work.

Letter to the Editor:

Permit me please to take an opposing position on the ugly "Please Slow Down" signs appearing all over Brooklin. These signs are an eyesore and a blight on our community's streetscape. We already have a sign program in place to motivate drivers to reduce speed. They are called Speed Limit Signs. If they are not working then it's an issue of inadequate law enforcement.

I have lived in Brooklin for over 14 years and in that time we have not had a VISIBLE ongoing REGULAR Police presence in our community. You can't effectively reduce speeding from a helicopter. If our speed signs are not working then more ugly plastic signs are not the answer. This is an ineffective idea and as far as I can see impossible to measure without Police involvement. If Police ARE in the area, I wouldn't credit the signs for less speeding. I would credit the presence of law enforcement (not slow down signs) as the cause of the improvement. If the community is concerned with the safety of its children then perhaps the message on the signs should be changed to "Do you know what your children are doing tonight?"

Two years ago a car passed me on Watford Avenue with one teenager hanging on the hood of a car and another teenager hanging on the roof of the same car. Last night as I picked up the mail four youth were skateboarding down the middle of Watford with ear buds (preventing them from hearing anything) and they were all texting as they rolled through the night. Maybe part of the problem is not driver speeding but irresponsible parenting.

- Bill Schwartz Brooklin



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Email: yeswomanbrooklin@gmail.com
Next Issue: Friday, October 20, 2017
Deadline: Friday, October 13, 2017

Town of Whitby

October 4, 2017

UPCOMING EVENTS

Getting Your Garden Ready for Winter Workshop

Thursday, October 12, from 7 p.m. to 9 p.m. at Whitby Public Library. Learn how to get your garden ready for winter. Free admission.

Explore Services for Seniors Tour

Saturday, October 14, between 10 a.m. and 3 p.m at various locations around Whitby. Pick up your map from the Whitby Seniors' Activity Centre, 801 Brock Street South.

Farmers' Market

Every Wednesday from 9 a.m. to 3 p.m. until the end of October. NEW LOCATION: Celebration Square, Whitby Public Library, 405 Dundas Street West.

whitby.ca/calendar

Council Meetings

Council

October 10 at 7 p.m.

Planning and Development Committee

October 16 at 7 p.m.

Operations Committee

October 23 at 7 p.m.

These meetings will take place at Town Hall, 575 Rossland Road East. For a full listing of Town meetings, visit whitby.ca/civicweb For more information, contact the Clerks Department at clerks@whitby.ca or 905.430.4315

Notices

Holiday Waste Collection

Due to the Thanksgiving long weekend, waste and green bin collection has been bumped one day forward and will start on Tuesday, October 10. Download Whitby's Waste Buddy App or view the waste calendar at whitby.ca/waste

News

Nominations Now Being Accepted for 2017 Celebrating Youth Awards

The annual Celebrating Youth Awards are an opportunity to recognize Whitby's young leaders for their contributions to the community. Nominations are due October 17 by 4 p.m. and can be submitted online at whitby.ca/youthevents.

Get Active on the Ice This Fall

Drop in public skating and adult shinny programs are on now. Visit whitby.ca/skating for a full schedule of ice times.

Apply Now for Mayor's Community Development Fund Grant

Community groups in need of financial support for initiatives and projects are encouraged to apply. Applications for community grants are due at the end of each month. Lead Cause applications for the Mayor's Fundraiser Event are due October 31. whitby.ca/mcdf



Healthy, Active Halloween Treats

Scare up an alternative to traditional treats with swimming and skating passes!

10 passes for \$10

Passes are valid from October 31 to November 30, 2017. Taxes are extra.

whitby.ca/recreation

Slean Ontario V'ball Coach of the Year

Brooklin resident Mike Slean was recently awarded the Ontario Volleyball Coach of the Year at the OVA 2017 Awards Banquet for his work with the Durham Attack Volleyball Club.

Mike and his team finished the 2016 campaign with victories at the 16U Provincial Championships in Waterloo and 16U National Championships in Calgary. The 2017 season finished with a 17U Provincial Championship in Waterloo and a 5th place at Nationals in Saskatoon.

In this past season, Mike also was the head coach for a new 12U Developmental Boys team and worked with a 13U Boys team weekly. Mike's business, Team 12 Training, is responsible for training all 18 Durham Attack teams.

This season Mike is taking on an exciting new role with the Durham Attack Club. He is partnering with 2013 Ontario Coach of the Year Kevin Hellyer (and fellow Brooklin resident) to work with the youngest age divisions in the club from 12-14U. Boys born in 2003 to 2006 will work with Coach Slean and the girls will work with Coach Hellyer. As two of the more experienced coaches in the club, Mike and Kevin are hoping that exposure for these young athletes to quality coaching early will pay dividends in the future.

Please note the following:

- Team 12 Training is looking for boys and girls ages 9-13 for clinics and leagues
- Team 12 Training is also looking for additional boys 10-13 interested in playing club volleyball this year or next
- Visit team12training.com for information



Happy Thanksgiving



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- **Oshawa** | 470 King Street West | Call Lyndsay or Abigail at 1-855-217-8612
- **Pickering** | 1848 Liverpool Road | Call Jennifer at 1-855-217-8617
- **Whitby** | 604 Garden Street | Call Paula at 1-855-217-8601



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NSP-TBYB-BRTC

Our Brooklin Kids *By Leanne Brown*



Are Children Getting Play Time?

Last Saturday, after a busy morning of activities, I set my daughter free. She and her friend headed to the backyard in bathing suits and played with the hose. They painted water pictures on the fence, designed a water slide, made fountains and had a water fight. Next they put together a dance routine and tried to do walkovers. I watched them as they collapsed in a pile of giggles.

My daughter is very aware of the difference between organized physical activity (ie. hockey practice) and play. She will come home after a 90 minute practice, still sweaty, and wanting to go outside to ride her bike.

Mom: "But you just spent an hour and a half playing hockey. Aren't you tired?"

Daughter: "But that wasn't playing. I haven't had any time to play today."

Mom (confused): "Hockey is play-time."

Daughter (strapping on her helmet): "Mom....(sigh)...Can I go now?"

Mom (still mystified): "Okay. But..." (child is already out the door)

Afterschool programs and organized sports can play an important role in your child's development. But don't forget the value of good, old-fashioned play time! With schedules back in full swing, it's putting a bit of a strain on homework, schedules, bedtimes, and, on some nights, family dinner just doesn't happen. It's often a meal in the car on the way to the activity. Free playtime is

sometimes hard to come by.

My own childhood was much less structured than that of my daughter's. I went to sports practices and after-school activities but I wasn't booked up every day of the week. My brothers and I would wander the neighborhood with freedom that, as a parent today, I would never allow. It was different back then.

That to me is what childhood should be like. It makes me feel good to see children playing this way. And it makes them feel good, too.

According to the American Academy of Pediatrics, play is crucial to the healthy cognitive, physical, social and emotional development of children. Play with no parents and no rules is important because playing in a creative, non-directed way challenges your child's developing brain.

This all sounds like pretty serious stuff, almost as if it's work. However, when the girls played with the hose and attempted gymnastics, they learned valuable skills while having a blast. These skills included how to adjust the water to make the right size water lines on the fence (science); how walkovers are easier if you do it over patio furniture pillows (math and physics); how to choreograph dance moves to music (creativity); and how water fights can lead to conflicts (social). Plus, they released stress while rolling in the grass and laughing.

When my daughter races out to play

with the neighbourhood kids, it feels good to see her playing. By playing, I mean running around, chasing her friends, making up games, and just being silly. In other words, doing the things that children do when they are allowed to be kids, just having fun with their friends.

As I tucked her into bed Saturday night, she said through her yawn, "This was a great day, Mom."

It had been a good day. Maybe she's onto something here. Perhaps we could all use a little more play time?



A Brooklin Toddler's Random Thoughts

"I don't just sit and stare at people"

DRPS Hosts 2017 Women's Symposium

To assist females interested in becoming a police officer, the Durham Regional Police Service is offering the following female only 2017 Women's Symposium.

We are inviting you to attend and gain further exposure into policing with Durham Regional Police Service. Come and meet female officers and the recruiting unit to learn about the hiring process and what it takes to become a member of the Durham Regional Police Service.

What exposure you will receive from the Women's Symposium:

- Panel discussion with female members on how policing has affected their lives
- Police Information Session on the current hiring process
- Participate in mock interviews
- Learn why Durham Regional Police Service is best for you!

Date: Saturday, October 21, 2017
Time: 9:00 a.m. - 4:00 p.m. (Please arrive by 8:30 a.m. to sign in)
Location: 605 Rossland Road E. Whitby, Ontario

To register, please visit our website at www.drps.ca and click on Careers, current job opportunities. Register by applying for the 2017 Women's Symposium, or use this link: <http://bit.ly/2ddXPfM>. A resume is required, however it will not be used in the selection process. If you do not have a DRPS account, one will need to be created prior to completing the registration process. If you have any further questions on the 2017 Women's Symposium or registration process, please feel to contact us at recruiting@drps.ca.

****Please be advised, space is limited. Only those selected to attend will be notified via email by October 11, 2017****

Community Calendar

If you have a community not-for-profit event you would like included in the calendar, please email it to editorofBTC@gmail.com with the subject line "calendar." Priority will be given to Brooklin events. Some editing may occur.

Fri., Oct. 27: 4:00 - 5:00 pm
(4th Friday of each month)
Teen Leadership Council at Brooklin Library

Whitby Library's Brooklin Branch seeks Teen Leadership Council members to share ideas & assist with special events and programs. Grade 9-12 students earn community service hours. Snacks provided. No registration required. For information, email teenservices@whitbylibrary.ca.

Mondays: 6:30-7 pm:
French Family Storytime:
Children and their caregivers can join Madame Sue for weekly French Family Storytime! A half hour of French stories and songs, with a dash of English! Drop in at Central Library's Children's Program Room

Tuesdays: 7:25 pm - Brooklin Toastmasters Club

Practice public speaking at Brooklin Community Centre & Library. Contact John Johnstone at jajhj@sympatico.ca or phone **905-683-4439** or Patricia Romano at promano257@outlook.com or phone **905-626-7055**.

1st & 3rd Tuesdays
Community Care Durham (CCD) Basic Foot Care at St. Thomas' Anglican Church.
905-668-6779

Wednesdays,
till end of Oct.,
9 a.m.-3 p.m.
Whitby Farmers' Market in Celebration Square, Whitby Public Library, 405 Dundas Street West. Visit whitby.ca/farmersmarket for more information.

Mon.-Fri.
CCD delivers hot or frozen meals.
To order: Karen Andrews
905-668-6779

QUALITY MOVING SALE!!!
Saturday October 14th, 8am - 1pm
33 Downey Drive, Brooklin
DVDs, CDs, Electronics, Furniture, etc.

FIRST LOOK at items to be sold online
Piano, Sofas, Golf Clubs, Sleigh, Bed & more!
Cash Visa MasterCard accepted



Burns Presbyterian Church
765 Myrtle Rd West
(just 4 minutes north of Brooklin)
10am Worship, Kids Zone Fun & Nursery Care
"Discovering God, Sharing God's Love"
905.655.8509 www.Burnschurch.org

St. Thomas' Anglican Church
101 Winchester Road East
Sunday Services: 8:30 and 10:30 am
Sunday School & Nursery Program (10:30am)
Wednesday 10:00 a.m.
Communion and Healing Service
905-655-3883
www.stthomasbrooklin.ca

Brooklin United Church
19 Cassels Rd. E.
Sunday Services at 10:30 am
Sunday School & Nursery Care
www.brooklinunited.ca **905-655-4141**
Come catch the Spirit!

Renaissance Baptist Church of Brooklin
40 Vipond Road (Just West Of Library)
Sunday Worship & Kids Program 10:30 a.m.
905-655-4554 www.brooklinrbcc.ca
We're here for Brooklin!

Brooklin Teacher Receives 2017 AgScape Award

Ontario farmer and Brooklin High School science teacher Nicole Swain was presented with the 2017 AgScape Teacher Recognition Award, in partnership with Canada's Outdoor Farm Show. Swain was recognized for teaching students about the importance of agriculture. AgScape presents an annual award to an Ontario teacher to acknowledge an individual's outstanding efforts to make agriculture literacy come alive in the classroom.

Swain, who teaches biology and environmental studies, is also a beef and cash crop farmer with her husband, Scott. "Sharing our family farm experi-

ences with my students puts a face to the people who grow their food," says Swain. "I love the days that my lessons are about soil health, crop protection and precision agriculture. And it's truly an honour to receive this award."

Outside her classroom, she developed the Durham Farm Connections High School Program to lead high school students through interactive, science-based agricultural topics. She encourages other science teachers to teach about agricultural sciences, and co-manages the Agriculture Specialist High Skills Major program to help students explore career opportunities and coor-

minate co-op placements within the agriculture industry.

Last week, BHS hosted the Farm Connections day when students attended the program for one class period (75 minutes), and rotated through agriculture-themed stations covering topics such as: soil and aquatic health, green energy, marketing and labelling for food products, and Genetically Modified Organisms (GMOs). Each station was also designed to encourage students to consider careers in the agri-business field, by making them aware of the career paths available in this multi-faceted industry.



The Longest Yarns



The ladies of the Court at Brooklin proudly pose with some of the 27 blankets they've sewn together for Hearth Place Cancer Support Centre in Oshawa. The blankets are given to patients undergoing chemotherapy.

Every few months these and other women sew the colourful quilt-like coverings. Carolyn Hoar, the centre's Volunteer and Pediatric Cancer Family Support Coordinator, says the current turnaround is the fastest they've yet seen. Usually she collects them every six months. The last batch was donated not even five months ago.

In order to maintain the generous donation of time and blankets, the Court's Sylvia Pugelj requests the Brooklin community step in to donate wool. Donations can be brought straight to the Court's front office.

How do they start? One Court at Brooklin lady showed she's already begun a square for the next set of blankets. She starts knitting as soon as she wakes up in the morning and completes 2 - 3 rows to limber up her fingers. A square takes about a day and a half of work.



No wipes in the pipes!

The Regional Municipality of Durham, Works Department would like to remind residents that bathroom wipes, which are marketed as an alternative to toilet paper and advertised as flushable, should be disposed of in the garbage, rather than being flushed down the toilet. Baby wipes, mopping wipes and sanitizing cleaning wipes should also be disposed of in the garbage only.

The Region's sanitary sewer system is not designed to dispose of anything beyond human waste, toilet paper and wastewater. Wipes do not break down the way toilet

paper does and can clump together, causing costly blockages and backups in the Region's sewer system—which could result in flooding in your home or business.

To learn more about the problem of wipes in the sewer system, visit durham.ca/ThinkBeforeYouFlush. For more information about proper waste disposal, visit durham.ca/KnowBeforeYouThrow.

To view Durham's Sewer Use By-law No. 55-2013, which outlines specific practices for the use of sanitary and storm sewers, please visit durham.ca/SewerUseBylaw.

Holiday Waste Collection Schedule

From **October 9 to 13**, waste collection will be bumped one day forward. Please ensure your waste is set out by **7:00 a.m.**

Normal Collection Day	Area #	Revised Collection Day			
		Green Bin	Recycling	Garbage	Yard Waste
Mon. Oct. 9 (Thanksgiving)	1	Tues. Oct. 10	Tues. Oct. 10	No Collection	No Collection
Mon. Oct. 9 (Thanksgiving)	2	Tues. Oct. 10	Tues. Oct. 10	Tues. Oct. 10	Tues. Oct. 10
Tues. Oct. 10	3	Wed. Oct. 11	Wed. Oct. 11	No Collection	No Collection
Tues. Oct. 10	4	Wed. Oct. 11	Wed. Oct. 11	Wed. Oct. 11	Wed. Oct. 11
Wed. Oct. 11	5	Thurs. Oct. 12	Thurs. Oct. 12	No Collection	No Collection
Wed. Oct. 11	6	Thurs. Oct. 12	Thurs. Oct. 12	Thurs. Oct. 12	Thurs. Oct. 12
Thurs. Oct. 12	7	Fri. Oct. 13	Fri. Oct. 13	No Collection	No Collection
Thurs. Oct. 12	8	Fri. Oct. 13	Fri. Oct. 13	Fri. Oct. 13	Fri. Oct. 13
Fri. Oct. 13	9	Sat. Oct. 14	Sat. Oct. 14	No Collection	No Collection
Fri. Oct. 13	10	Sat. Oct. 14	Sat. Oct. 14	Sat. Oct. 14	Sat. Oct. 14

Questions? Call the Whitby Operations Centre at 905.668.3437, Monday through Friday from 7:30 a.m. to 4:00 p.m.

Get the Waste Buddy App at whitby.ca/waste



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BROOKLIN OPTOMETRIC CENTRE

Local Traffic Scofflaws? Consider DRPS Road Watch

Traffic safety is a major concern to residents in Whitby. On numerous occasions, residents have expressed their concerns to elected officials and the police about drivers operating their vehicles in an unsafe or aggressive manner.

The residents believe, and rightly so, that the actions of these drivers tended to reduce the quality of life in their neighbourhoods and caused fear and anxiety about road safety. Many citizens have asked, "What can we personally do to help make our streets safer?"

ROAD WATCH is a community-based, traffic safety initiative that

enables individuals to confidentially report incidents of unsafe or aggressive driving.

How Does ROAD WATCH Work? Use the ROAD WATCH Citizens Report Form to note the particulars of the incident you witnessed. Record as much information as possible. Be assured your personal information is for statistical use only and will be kept in strictest confidence.

Citizen Report Forms can be completed online at the Durham Regional Police ROAD WATCH program website.

The Citizen Report Forms can also

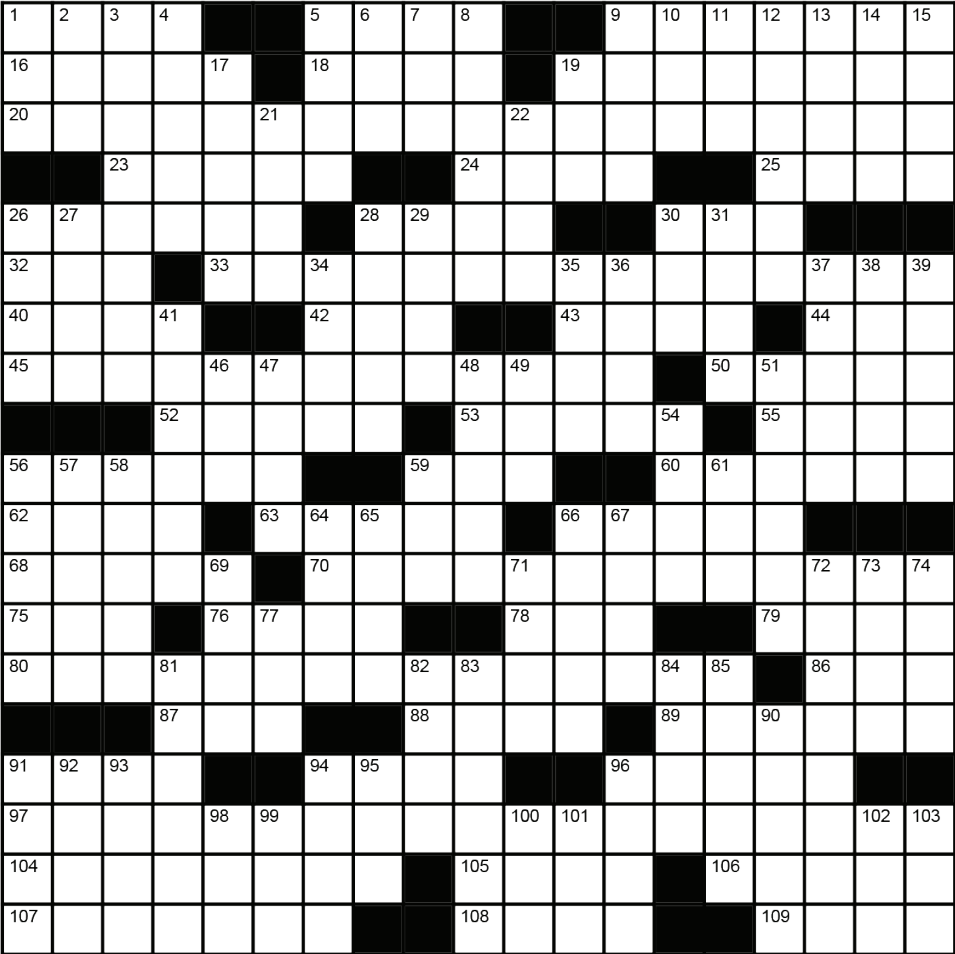
be dropped off at secure ROAD WATCH drop box locations listed on the ROAD WATCH Citizens Report Form. Additional forms may be obtained at any drop box location. The registered owner of a reported vehicle will receive a letter from the police describing the unsafe or aggressive driving that was witnessed.

If a vehicle is reported more than once, the police will make personal contact with the owner, either by telephone or in person. Subsequent incidents may result in enforcement action by the police. ROAD WATCH gives you an opportunity to help make our roads safer - the very



roads you use everyday. Additional Information For more information on the program, please contact us or check the Durham Regional Police ROAD WATCH program website.

Brooklin Bafflers: by Liz Lowe Crossword



Across

- 1 Barber's motion
- 5 It's under a foot
- 9 An ice-skating jump
- 16 Hoisted, nautically
- 18 Old Chinese money
- 19 (zoology) of or resembling a goose
- 20 Genus of dinosaur
- 23 Flight segment
- 24 Barfly's binge
- 25 Makeup, e.g.
- 26 Wicked
- 28 Horsefly
- 30 Elmer, to Bugs
- 32 Actor Alastair
- 33 Dinosaur name meaning "long-toothed snake"
- 40 "By yesterday!"
- 42 Moray, e.g.
- 43 Diamond Head locale

- 44 Batman and Robin, e.g.
- 45 Any accounting period of 12 months
- 50 All in
- 52 Camelot, to Arthur
- 53 Aromatic solvent
- 55 Dash
- 56 Gym wear
- 59 Bleat
- 60 It forms the coloured portion of the eye
- 62 Charge
- 63 Electric dart shooter
- 66 Mexican bread
- 68 Fits
- 70 Military operation to strengthen a military force or aid in the performance of its mission
- 75 Finish, with "up"
- 76 Beach item

- 78 "Gimme ____!" (start of an Iowa State cheer)
- 79 Falling flakes
- 80 Government revenue from domestic sources
- 86 Kind of approval
- 87 Big Apple initials.
- 88 Ancient greetings
- 89 Least risky
- 91 Bust, so to speak
- 94 Bucks
- 96 Downing Street distance
- 97 Type of variable (mathematics)
- 104 His wife was sounded by the ____ man in the 1993 movie "The Fugitive"
- 105 Grasslands
- 106 Hose material
- 107 A hybrid bush rose
- 108 A-Rod, for one
- 109 Adjusts, as a clock

Down

- 1 Small pouch
- 2 ____ power
- 3 Native or inhabitant of the Emerald Isle
- 4 Kind of bean
- 5 Christmas tree topper
- 6 Furniture wood
- 7 Floral necklace
- 8 Jubilant
- 9 Nasal mucus
- 10 Beast of burden
- 11 Grassy area
- 12 Used by disabled person
- 13 Put on the payroll
- 14 Blame
- 15 Left on a map
- 17 Hymn
- 19 Earlier
- 21 Informal greeting
- 22 Canceled
- 26 The airforce of the United States of America
- 27 Not yet final, at law
- 28 Half-and-half half
- 29 Lounge
- 30 Cry from Homer Simpson
- 31 Musical composition
- 34 Archaic: To line or finish a

- 35 surface, as of a wall, with plaster.
- 35 Wyle of "ER"
- 36 Container weight
- 37 "Don't get any funny ____!"
- 38 Postal scale unit
- 39 Jottings
- 41 Memorial Day event
- 46 After expenses
- 47 Actors
- 48 Long
- 49 In-flight info, for short
- 51 Optical devices having a triangular shape and made of glass or quartz
- 54 Reduced instruction set computing
- 56 Master
- 57 Part of a train
- 58 Blow
- 59 Drone, e.g.
- 61 ____ v. Wade
- 64 "Mi chiamano Mimi," e.g. 65. Unload, as stock
- 66 Cornbreads often made without milk or eggs
- 67 "____ Brockovich"
- 69 Active
- 71 Favourite (slang)
- 72 Exhaust
- 73 Acceptances
- 74 A man who is a stupid incompetent fool (British)
- 77 Mandela's org.
- 81 Ingratiate
- 82 A rapid series of short loud sounds
- 83 In equal amounts or shares
- 84 ____-friendly
- 85 Dine at home
- 90 Brawls
- 91 Brawl
- 92 "Green Gables" girl
- 93 "I had no ____!"
- 94 "Trick" joint
- 95 Make sense, with "up"
- 96 Conceal
- 98 Ace
- 99 Dash lengths
- 100 Oolong, for one
- 101 Delivery vehicle
- 102 Auction offering
- 103 Coast Guard officer: Abbr.

Meet Your Local Merchant

Oxford Learning

New school year, new goals!

Start the year off fresh when you enroll at **Oxford Learning Brooklin** and help your child have a successful start to the school year. **Oxford Learning Brooklin** can give your child the tools they need to take learning to the next level, from A+ to beyond.

Trisha Dosaj, Owner/Director at **Oxford Learning Brooklin** has been successfully helping children achieve their goals in Brooklin since August, 2015. She started working at Oxford Learning in Richmond Hill following completion of her B.Ed. from UOIT in 2007 and has seen first hand the degree of success the program offers.

“I have seen students flourish,” Dosaj says enthusiastically, “There is a moment of clarity when they realize they can do it, whether it’s reading instructions independently or solving that complicated word problem. We want to ensure we can help everybody; to make sure students have the right strategies to transfer from Oxford into their school and homework.”

Getting good grades is more than sharpening pencils. Oxford Learning helps kids establish the proper learning skills beyond academics and, most importantly, the confidence they need to reach their goals.

Before being enrolled, your child is given a personalized Dynamic Diagnostic Assessment of his or her academic and cognitive levels to devise an individual learning program. “This is an incredible tool that helps us and the parent see just how your child learns and thinks,” says Dosaj. “This assessment is not just about success in school; it’s also about success in life-long learning skills.”

As your child’s needs may change, Dosaj and her awesome team meet with parents on a regular basis. They also offer to meet or talk to the teachers at the schools. “It’s a partnership. We must all work together to help children achieve their full-est potential,” she explains.

As a parent, Dosaj also understands the importance of giving your child every possible edge. That’s why she wants to offer them the best. “For me, there’s an added layer,” she says. “Just as I want success for my own child, I want all children at **Oxford Learning Brooklin** to succeed.”



Oxford Learning offers programs to students to enrich their understanding of reading & comprehension, math, grammar, spelling, and writing as well as homework and study skills. All these skills are provided in both English and French at the Brooklin location.

This year, see what your child can accomplish! Oxford Learning programs range from all ages, grades, and subjects: Little Readers Preschool Program (Ages 3-6), Beyond Tutoring (Grades 1-8), Advantage (Grades 8-12), French (Grades 1-12), and the **newly redesigned SAT/ACT Prep**.

Oxford Learning Brooklin is located at 5969 Baldwin Street South. For more information about Oxford, to book a centre visit, or to book an assessment, call **(905) 655-9500**.

Friend us on Facebook! We are always posting great tips for parents to like and share. You can also visit our website at **oxfordlearning.com/brooklin** for further information.




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Our Councillor's Report *by Rhonda Mulcahy*
North Ward Councillor, Town of Whitby • mulcahyr@whitby.ca

Council update



Next week at our council meeting, you will see the culmination of our last couple of meetings.

Brookvalley

At planning, we saw the site plan application for the Brookvalley Development at the corner of Baldwin Street and Way Street. You may recall this came before planning last year. There were some minor revisions to the plan and we set the conditions for approval for the site.

As a refresher, this is a two storey multi-unit commercial building. There is a second storey walkway between the two buildings and the parking is at the back along Price Street. The zoning permits the intended use of a banking establishment, a restaurant, and other smaller retail and office spaces.

The plan has been vetted through Central Lake Ontario Conservation Authority (CLOCA), the Town of Whitby Heritage Committee (LACAC), the Ministry of Transportation (MTO), Durham Region Works Department and Whitby Public Works Department. There always seems to be more to a project than we could ever anticipate but, if passed, it seems to be coming to a point where we may see more than dirt moving soon.

Public Meetings

We also saw a report to make changes to our public meeting process. For those who rarely attend Town Hall, we currently have the proponent speak first, then the public give comment. Then we pull the proponent back to the table to answer the questions posed by the public.

If passed at council, we will have planning staff present the application, the proponent will address the committee and the community will have the last word to comment and ask questions. Staff will then work with the proponent after the public meeting to address the public's concerns. If you have ever attended such meetings, I would be eager to hear your feedback on this. The community engagement on applications is an important part of the process for us as your representatives. We want to hear from you and have you comfortable coming forward with your concerns.

Signs

Finally, the PLEASE SLOW DOWN signs have allowed me to speak directly with many of you who didn't know anything about Whitby Road Watch. I would encourage you to read the page 6 article about it or visit the DRPS site. This is a great program that can have the speeders taking accountability for their actions. Check it out.

Plant-Based Eating *by Sheree Nicholson*



Tips to get started

This past year I've seen a huge surge in interest in plant-based eating. It seems that more and more people are considering cutting back on animal products or eliminating them completely. Just last week I spoke at Lakeridge Health and they had their largest turnout ever for a "lunch and learn." I'm excited about the increased interest, so in preparation for the Lakeridge Health talk, I came up with these handy tips to going plant-based, fully or partially.

Ready to try a plant based lifestyle? Here are some tips to get you started:

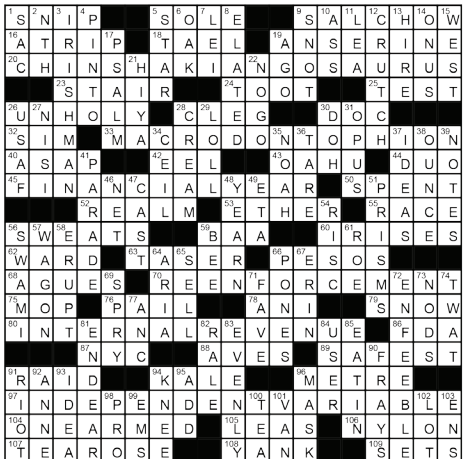
- Swap regular cow's milk for unsweetened nut milks.
- Breakfast is easy: try oatmeal, smoothies, high quality breads like Ezekiel Bread, with nut butters. Try meatless and/or cheeseless meals a few nights a week.
- Find recipes with simple ingredients.
- Go ethnic; many cultures eat little or no meat.
- Leafy greens are the key to great energy and health.
- Plant-based proteins are amazing. Top sources are broccoli, peas, legumes, lentils, quinoa and hemp seeds.

- Follow plant-based bloggers. They're a great source of inspiration and recipes.
- Be gentle on yourself.
- Going out for a dinner? Call ahead and let the chef know you are plant-based; most quality restaurants will have an option for you.

My favourite breakfast?

Toasted Ezekiel Bread (this bread is a complete protein), topped with 1/2 a mashed avocado (good fats). I sprinkle a bit of nutritional yeast (fortified with B12) on the avocado and top it with some micro greens. I first tried this at the Little Organic Kitchen in Whitby and it soon became one of my go-to breakfasts.

Sheree's Hack: Store avocados in the refrigerator so they don't all ripen at once.



The Real Estate Market Has Shifted...
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Despite current GTA policies, sales numbers went up in August.

The existing housing policy regime in Ontario has not stopped sales activity from intensifying in Toronto, a development that has in turn contributed to sales volume growth on a national basis last month. According to statistics released last week by the Canadian Real Estate Association (CREA), national home sales rose by 1.3 per cent from July to August. Ontario sales posted a 14.3-percent month-over-month increase in the same time frame, despite the dampening presence of the foreign home buyers' tax and the Ontario Fair Housing Plan. "Experience shows that home buyers watch mortgage rates carefully and that recent interest rate increases will prompt some to make an offer before rates move higher, while moving others to the sidelines," CREA president Andrew Peck said. "Time will tell whether the monthly rise in August sales activity marks the beginning of a rebound, particularly in the Greater Golden Horseshoe region and other higher-priced urban centres," CREA chief economist Gregory Klump added. "The picture will become clearer once mortgages that were pre-approved prior to recent interest rate hikes expire." Meanwhile, the number of new listings nationwide fell by 3.9 per cent in August, marking a third straight monthly decline. "The national result largely reflects a reduction in newly listed homes in the GTA, Hamilton-Burlington, London-St. Thomas and Kitchener-Waterloo, as well as the Fraser Valley," CREA reported.

The market is showing signs of heating up!
For updated market info go to our blog at KingHomeTeam.com



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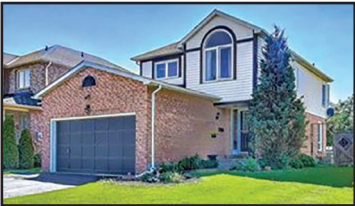
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and ensuite. 3 bedroom. Numerous upgrades, Sunroom, Eat-in kitchen, separate Dining & Living Rms. Vaulted ceiling, Finished Rec Rm & Bar. Walking to amenities. 407/412/401.

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Sunken Family Room with Gas Fireplace. Large Private Treed Yard, Master Ensuite Soaker Tub & Separate Shower. Huge Walk-In Closet. Main Floor Laundry.

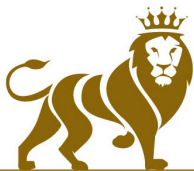
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Updated 5 Bedroom Home

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