

## FAMILY POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 5:00am-8:15am	Open Swim 5:00am-8:00am	Open Swim 5:00am-8:15am	Open Swim 5:00am-8:00am	Open Swim 5:00am-8:15am	Open Swim 6:00am-8:30am
Water Aerobics 8:15am-9:15am	Water Aerobics 8:00am-9:00am	Water Aerobics 8:15am-9:15am	Water Aerobics 8:00am-9:00am	Water Aerobics 8:15am-9:15am	Swim Lessons 8:30am-10:00am
Water Aerobics 9:30am-10:30am	MGH 9:00am-12:00pm	Water Aerobics 9:30am-10:30am	MGH 9:00am-12:00pm	Water Aerobics 9:30am-10:30am	Open Swim 10:00am-4:45pm
Water Aerobics 11:00am-12:00pm		Water Aerobics 11:00am-12:00pm		Water Aerobics 11:00am-12:00pm	
Open Swim 12:00pm-4:00pm	Open Swim 12:00pm-4:00pm	Open Swim 12:00pm-5:30pm	Open Swim 12:00pm-8:45pm	Open Swim 12:00pm-5:30pm	
Swim Lessons 4:00pm-5:00pm	Swim Lessons 4:00pm-5:00pm	Swim Lessons 4:00pm-5:00pm	Live Y'ers 4:00pm-5:00pm		
Water Aerobics 5:30pm-6:30pm		Water Aerobics 5:30pm-6:30pm		Water Aerobics 5:30pm-6:30pm	
Open Swim 6:30pm-8:45pm	Open Swim 5:00pm-8:45pm	Open Swim 6:30pm-8:45pm		Open Swim 6:30pm-8:45pm	

- Hi-lighted times are OPEN SWIM times.

- The Family Pool is CLOSED for Swim Lessons, MGH and Water Aerobics at the times listed above.

- Schedule subject to change without notice. Please contact Aquatics Director with questions.

## LAP POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 6:00am-4:45pm
					Swim Lessons 9:30am-10:00am
Swim Lessons 4:30pm-5:00pm	Swim Lessons 4:30pm-5:00pm	Swim Lessons 4:30pm-5:00pm			

## OCTOBER



# AQUATICS AND WATER FITNESS SCHEDULE

### AGE REQUIREMENTS:

- **Age 6 and under**  
A parent or guardian, 18 years or older, must be in the water within arm's reach at all times. Proper swim attire is required.
- **Age 7-11**  
A parent or guardian, 18 years or older, must be on the pool deck at all times.
- **Ages 12 and up**  
May use the entire Aquatic Center without parent.

