College Community Services Wellness Center Central Advisory Board MEETING MINUTES

Friday, January 15, 2016 – 1:00pm to 3:00pm Wellness Center of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Heidi Sweeney, Anthony Pflaum, Kristen Pankratz, Babu Pillutla, Frank Williams and, Adam Goldman

Guest: Sohail Eftekharzadeh, Dansha Soto, and Patti Pettit

I. Call to Order – 12:57pm

- a. Welcome Heidi Sweeney welcomed MAB members.
- b. Approval of Agenda The agenda for January 15, 2016 was approved by Anthony Pflaum and seconded by Kristen Pankratz.
- c. Approval of Minutes The minutes from December 18, 2015 was approved by Kristen Pankratz and seconded by Heidi Sweeney.

II. Reports

- a. Program Director Report Patti Pettit
 - i. Patti Pettit spoke of highlights of program for the month of December.
- b. President's Report Heidi Sweeney
 - i. Heidi Sweeney thanked each and every board member for their dedication and hard work for the past year.
- c. Sub-Committee Reports

Health and Wellness (Heidi Sweeney)

Arts and Music (Anthony Pflaum)

Data Outcomes (Heidi Sweeney)

Evaluations and Survey's (Adam Goldman/Babu Pillutla)

Special Events (Heidi Sweeney)

Membership Outreach (Heidi Sweeney/Kristen Pankratz)

Comments and Suggestions (Heidi Sweeney)

III. Unfinished Business

a. Adam Goldman and Susan McCoy were to be voted in as a board alternates on January 15, 2016, however, there were not enough MAB members present for a quorum. The MAB will vote on Adam Goldman and Susan McCoy becoming alternates at the February 19, 2016 meeting.

IV. New Business

The meeting was adjourned early as the board members chose to continue to celebrate in the Holiday MAB Party Festivities.

V. Upcoming Calendar

- a. Black History Month Friday, February 25, 2016, 1:00pm to 4:00pm
- b. Next Meeting Friday, March 18, 2016, 1:00pm to 3:00pm
- c. Health Fair Thursday, March 17, 2016, 1:00pm to 4:00pm

VI. Adjournment

a. Heidi Sweeney adjourned the meeting at 2:00pm