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Established 2006

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Edition 165

July-August 2023

THE MEDVIL MESSENGER

WHAT SUMMER SOUNDS LIKE IN MEDVIL



The guys in Medvil's own D Street Band offer these free concerts at intervals over the season. This one was in May. The lyrics of one of the numbers they performed that evening spoke wistfully about being on the cover of the "Medvil News." Well, these guys are so nice to offer of their time and talents to provide entertainment for their neighbors, we are inclined to reward them thusly. So here they are!

Photo by Donna Duford

COMING ATTRACTIONS



*15 July
Ice Cream
Social*

*29 July
Burgers, Brats
& Beer*



*9 August
9-1-1 Cares*

*19 August
Chicken
Barbeque*



SEE CALENDAR FOR MORE INFO!

FROM THE BOARD

MEET WITH A BOARD MEMBER

The following schedule will be in effect for the months of July and August:

The first Tuesday of the month at Noon
Partridge Lane Club House

The second Wednesday of the month at 5:00 PM
Donald Drive Club House

The third Thursday of the month at 1:00 PM
Donald Drive Club House

If none of these scheduled times aren't convenient for you, the board is always available by appointment. Please call the office at 603-497-4440, ext. 5 for the board of directors and leave your message.

HAPPY
4th of July



Golf Cart Parade
2 PM

**Golf Carts, Cars, Scooters, and
Bicycles meet at the Donald
Drive Clubhouse.**

All are welcome!



Board members may not always be available; sometimes life gets busy, and we have doctor's appointments, grandchildren to pick up from school, all things everyone can relate to. If we're not at the club house to meet with you on the dates and times listed above, please consider coming back or calling the office to make an appointment.

Thank you.

OPERATIONS

Summer is officially here, and Don and his team have done a great job of sprucing up all the common areas with fresh mulch. The pond at the clubhouse needs some more attention. That will be addressed in the next week or so to get the pump working properly and to clean up the back side a little better.

The tree program is complete for this year except for a few trees that need trimming, and we will be looking into to what extent we can do more with tree maintenance in the future. Medvil does its best to eliminate pine trees from shading homes in the winter and to add deciduous trees to shade homes in the summer. Many of the maples that were planted in front of homes in the early days of our community are close to the road and have roots that are starting to interfere with roads and foundations. Those that are posing a threat will likely be replaced with species that don't grow so large, to ensure that the beauty of our community is maintained.

The Bocci Court is refinished and ready for the summer players. Several drainage issues have been addressed with several more still in the works, the bigger projects done by an outside contractor.

Quotes are being gathered for the materials needed for the replacement of the glass slider doors at the Partridge Lane Clubhouse with windows that will reduce the cost of energy for the clubhouse. That project will begin in the next few weeks. As that project gets started, we could use some volunteer help if you can swing a hammer. As the saying

goes, "many hands make for light work." Let me know if you can spare some time this summer. For those who have submitted work orders, you can attest that most are done within a day or two as Don is running a very efficient schedule even with the lack of a full-time assistant. We still are looking for that full time position without any applicants to date, so if you hear of anyone with the skill set of snowplowing and handyman skills, send them our way.

The flag retirement ceremony went very well this year with a few sprinkles but that didn't spoil the event. A couple residents brought their grandchildren which was a great education for them while a few even learned how to properly fold our national emblem. Thanks much to Bob Blais and Rich Marchand, who also participated in making this a great educational event.

That's it for this month, enjoy your summer and watch for the announcement of Bocci Ball games coming soon.

Kim Capen

GENERAL NOTICES

RECEPTION OFFICE HOURS

Monday ~ 9:00 am to 4:00 pm

Tuesday ~ 9:00 am to 4:00 pm

Wednesday ~ 9:00 am to 12:30 pm

Thursday ~ 9:00 am – 12:30 pm

Friday ~ closed all day

We are currently looking for four additional volunteers to fill the open time slots. If you are interested in volunteering, call 603-497-4440 and leave your name and phone number.

Sign-up sheets for upcoming events will be made available in the lobby during the times the office is closed.



If you wish to pay your monthly pool when the office is closed, you can reach out directly to Irene Gagne at 603-622-1869.

Incoming packages will be logged in on Fridays and Saturdays and you will be notified of their arrival.

COMMITTEES

EVENTS COMMITTEE

The Events Committee works hard to bring you fun things to do, great food to eat and, occasionally, something that helps you in your day-to-day life. We host breakfasts, fish fries, and spaghetti suppers just to name a few of the events we host on a rotating monthly basis. You will find posters in the Medvil Messenger and in each mail house describing the month's event along with information on the cost (some are free to Medvil residents) and how to sign-up. Events are also listed on the monthly calendar attached to each edition of the newsletter.

We meet the first Wednesday of every month at 6:00pm in the lower level of the Donald Drive Clubhouse. If you think you might like to join our committee, please stop by at one of our meetings.

Our upcoming events include an Ice Cream Social on Saturday, July 15th with a special performance by the Ukulele Songsters! You won't want to miss this. On Saturday, July 29th we'll be having one of our very popular Burgers, Brats & Beer cookouts and last but by no means least, we'll end the summer with a Chicken Barbeque featuring special guest performer April Cushman on Saturday August 19th. Flyers with all the pertinent information are attached to this newsletter.

Debbie Cyr



Contact Irene Gagne at 603-622-1869

Committee Members –

We are a committee of six since we lost Kathy Parry, who was one of the original committee members. We are looking for **more** members. Call Irene if you are interested in finding out about the committee.

We purchased 40 audience chairs for the DDC conference room.

Fundraising Pool— The winner for 6/1 was Pauline Gauthier for \$250. All numbers are being played with a guaranteed winner. There are three residents on the wait list at this time but we would like to have more. **Call Irene Gagne to place your name on the list.** It's only \$5/month and you can play more than one number.

Yard Sale 9/30--Our next yard sale is on 9/30 and will include the crafters.

We had many donations from the leftovers from the community-wide yard sale – thank you to all who donated. Our closet is full as well as several boxes in the garden house. As we weed out the items we may have space for small items. However, we do not take electronics, TV's, large appliances, furniture, or exercise equipment.

Please do not place any items in the mail houses or libraries.

Consignment store – The consignment store sold 16 of the 20 items brought in on 4/14 and already sold eight of the 12 items brought in on 6/8.

Ideas Needed – You don't have to be a committee member to give us suggestions for projects to use our funds. We purchase items that benefit the Medvil community – call Irene with suggestions and costs, etc. or ideas for a fundraiser.

Irene M. Gagne





RESOURCE COMMITTEE

The Resource Committee Senior Discounts Informational Packets are available in the Donald Drive Clubhouse Mailroom. If you have not signed up for your Dine Out Club Card, the application is in the packets. Any questions, please call Dorrie at 603-289-3143.

Dorrie Kossuth



REAL ESTATE COMMITTEE

The Medvil Real Estate statistics from May 16, 2023 through June 19, 2023: Two closings, two showings and two listings with Purchase and Sales pending. No other activity.

If you are thinking of selling your home, the first step is to fill out the Intent to Sell form. This form can be found on our website at: medvilcooperative.com. The Intent to Sell can be filled out online and printed, then dropped off at the Board Office for the Office Admin, in the mailbox on the wall by the door 30 days before listing your property. The second step is to locate a realtor. Please consider letting Medvil Real Estate help you sell your home. Sales benefit Medvil community.

Medvil RE Committee - 603-384-2819
Website: www.medvilcooperative.com Homes for Sale

Dorrie Kossuth, Chairperson



It is not uncommon for a person to find themselves in need of a little help from time to time.

If you could benefit from a little friendly assistance, don't hesitate to reach out to The Helping Hands Committee.

Need a prescription picked up? Maybe a few groceries? Or even a ride to/from a doctor's appointment?

If you need help or have any questions about the Committee and what they do, please reach out to Anita O'Brien at:

Medvil21@comcast.net

Or by phone at: (603) 494-4246.



Join us for our 15th annual outdoor art show and sale! Over 40 talented regional artists, makers, and authors are slated to participate. Check out the great offerings at the Uncommon Art raffle tent, and the ever-popular Uncommon Bling is back once again! Proceeds benefit the Goffstown Main Street Program and the Art Team.

Your neighbor,
Linda Kinville
60 Rachael Circle
Lindayumich50@gmail.com



♪ ATTENTION MUSIC LOVERS! ♪

Did you know summers in New Hampshire are full of free outdoor concerts? Two series we know about happen in Manchester and Henniker. See below for some fun-filled afternoons and evenings:

Stark Park Concert Series—Sundays 2-4 PM
650 River Road, Manchester

- July 2 New Legacy Swing Band
- July 9 Debby Larkin/ Jeff Stout Quintet (jazz)
- July 16 Brass Force (eclectic funk 1940s-present)
- July 23 Another Tequila Sunrise (Eagles Tribute)
- July 30 Love Dogs (R & B)
- Aug 6 Reminisants (oldies cover band)
- Aug 13 Swing Times Five
- Aug 20 Wolverine Jazz Band
- Aug 27 Compaq Big Band
- Sept 10 Compaq Big Band (Rain Date)

Henniker Concert Series—Tuesdays 6:30-8:30 PM
Angela Robinson Bandstand, Community Park
57 Main Street, Henniker

- 4 July The Dobros (Americana and Swing)
- 11 July Audrey North & the Raiders (rock, funk, jazz)
- 18 July Frankie Boy & Blues Express with Great Groove Theory (**special time** 5-8:30 PM)
- 25 July Rebel Collective (Irish Rock)
- 1 August Not Fade Away (Grateful Dead tribute)
- 8 August Emily's Garage Band (funk, soul)
- 15 August Cold Chocolate (funk, folk, bluegrass)
- 22 August Kotoku Brass (global party music)
- 29 August Nick's Other Band (rock & roll dance band)

IN SYMPATHY

Heartfelt condolences to those who have recently lost a loved one:

- Jan Soucy on the loss of her husband Armand
- Eveleen Barcomb on the loss of her husband Ronald
- The Parry Family on the loss of Kathy Parry
- Thomas Hujsak on the loss of his wife Beverly



We meet them in the lives they've shaped. We enjoy them in the jokes and wisdom they've passed down. Be active in the community they've built. It is a way of walking with them into the future. It is a way of never losing them.

Linda Robinson, Sunshine Lady (603) 851-5209

TASTY TIDBITS by Cat Pragoff

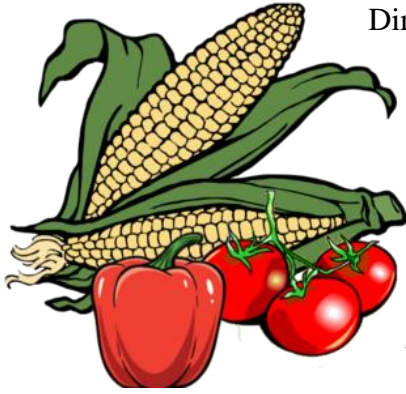
Summer is here at last, and now it's time for salads—and lots of them. And maybe a few goodies on the grill, too. Here are a selection for you to choose from for the upcoming holiday, as well as to enjoy for the rest of the season. Have fun!

Black Bean and Corn Salad
(makes 6 servings)

Ingredients:

- 1/4 cup olive oil
- 1/3 cup fresh lime juice
- 1 clove garlic, minced
- 1 tsp. salt
- 1/8 tsp. ground cayenne pepper
- 2 (15 ounce) cans black beans, rinsed and drained
- 1-1/2 cups frozen corn kernels
- 1 red bell pepper, chopped
- 2 tomatoes, chopped
- 6 green onions, thinly sliced
- 1/2 cup fresh cilantro, chopped





Directions:

- In a small lidded jar, mix the olive oil, lime juice, garlic, salt, and cayenne pepper. Cover and shake the jar well until the dressing is thoroughly mixed.

- In a salad bowl, combine the beans, corn, bell pepper, tomatoes, and green onion.
- Give the dressing another good shake, then pour over the salad.
- Top the salad with the cilantro and mix well. Serve.

Watermelon Cucumber Salad
(makes 16 servings)

Ingredients:

- 1 cups seedless watermelon, cubed
- 2 English cucumbers, halved lengthwise and sliced
- 6 green onion, sliced thinly
- 1/4 cup fresh mint, minced
- 1/4 cup balsamic vinegar
- 1/4 cup olive oil
- 1/2 tsp. salt
- 1/2 tsp. pepper

Directions:

- In a small bowl, whisk together the vinegar, olive oil, salt and pepper. Set aside.
- In a salad bowl, combine the watermelon, cucumbers, green onion and mint.
- Pour the dressing over the fruit. Serve immediately or can be chilled, covered, for up to 2 hours in the refrigerator.
- For added zest, toss in a handful of feta cheese before serving.

Chickpea Garden Salad
(Makes 4 servings)

Ingredients:

- 1 tsp. cumin seeds
- 1/2 cup chopped tomato
- 1/2 cup lemon juice
- 1/2 cup olive oil
- 1 clove garlic, minced
- 1/2 tsp. salt
- 1/2 tsp. cayenne pepper
- 1-1/2 cups canned chickpeas, rinsed and drained
- 2 medium carrots, julienned
- 2 small zucchinis, julienned
- 4 scallions, thinly sliced
- 1 cup parsley, coarsely chopped
- 1/2 cup radishes, thinly sliced
- 1/2 cup crumbled feta cheese
- 6 Tbs. chopped walnuts
- 6 cups spring salad mix

Directions:

- To start the dressing, in a dry skillet, toast cumin seeds over medium heat, stirring frequently until aromatic. Transfer to a small bowl and stir in tomato, lemon juice, olive oil, garlic, salt, and cayenne pepper.
- In a medium bowl, combine chickpeas, carrots, zucchini, scallions, parsley, radishes, cheese, and walnuts. Stir in 2/3 cup of the dressing.
- To serve, divide salad mix onto 4 plates, top with chickpea mixture and drizzle with remaining dressing.

Grilled Peaches and Berries
(makes 6 servings)

Ingredients:

- 6 medium ripe peaches, halved and pitted
- 2 cups fresh blueberries
- 4 Tbs. brown sugar
- 4 Tbs. butter
- 2 Tbs. lemon juice



Directions:

- Place two peach halves, cut side up, on three double layers of heavy duty foil. Top with blueberries, sugar, butter and lemon juice.

- Fold foil around peach mixture and seal tightly.
- Grill over medium-low heat for 18-20 minutes or until tender. Be careful when opening foil to allow steam to escape.

- Enjoy!



Your
Medvil
Messenger
wishes you
a happy
summer!




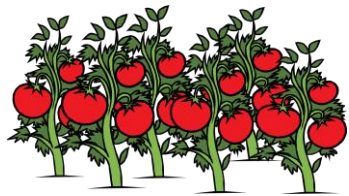
We will
resume
publication
with the
September
issue.

The Medvil Messenger is always looking for more material! Family recipes, helpful hints, reminiscences, jokes, poems, gardening advice, reviews of your latest vacation and day trip discoveries, hilarious tales of your pets' antics—just about anything. Please keep it upbeat and positive. Original material will take precedence over reprints from other sources, including printouts of email pass-arounds. If you submit previously published material, please try to cite a source.

We reserve the right to reject material that may offend, divide our community or cause political arguments. Please submit your items to our email: medvilnewsletter@comcast.net Or place a copy in the Messenger mailbox in the Reception Office in the DDC. Deadline for submissions is noon on the Thursday after the Board Meeting. (BOD meets on the 3rd Tuesday of the month.)

Medvil Messenger Staff: Debbie Cyr and MB. Wulf
Additional Proofreading: Irene Gagne and Sue Soule



July 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 10 Exercise PLC 6:30 Cribbage PLC	4 INDEPENDENCE DAY 	5 10 Exercise PLC 10 Pool PLC 12:30 Knitting PLC 6 Events Comm DDC	6 6:30 Bingo DDC	7 6 Cribbage PLC non-league	8
9	10 10 Exercise PLC 6:30 Cribbage PLC	11 10 & 7 Play Pool PLC	12 10 Exercise PLC 10 Pool PLC 12:30 Knitting PLC	13 6:30 Bingo DDC	14 6 Cribbage PLC, non-league	15 8:30 Coffeehouse PLC 2 PM Ice Cream Social DDC
16	17 10 Exercise PLC 6:30 Cribbage PLC	18 10 & 7 Play Pool PLC 6 BOD Mtg DDC	19 10 Exercise PLC 10 Pool PLC 12:30 Knitting PLC	20 6:30 Bingo DDC	21 6 Cribbage PLC, non-league	22
23	24 10 Exercise PLC 6:30 Cribbage PLC	25 10 & 7 Play Pool PLC	26 10 Exercise PLC 10 Pool PLC 12:30 Knitting PLC	27 6:30 Bingo DDC	28 6 Cribbage PLC, non-league	29 4 Beer, Burgers & Brats Cookout DDCH
30	31 10 Exercise PLC 6:30 Cribbage PLC	Metal Pick-up: 1st Monday of the month, beginning at 8 AM * Trash & Recycling Pick-up: Every WEDNESDAY beginning at 7 AM * Yard Waste Pick-up: Every Thursday until 1 December ** Please have your items curbside by that time. 				

It's time for our annual

FREE ICE CREAM SOCIAL!



Saturday, July 15th

2:00 - 4:00 pm ~ Donald Drive Club House

With a special performance by the
Ukulele Songsters



The Ukulele Songsters is a group of about 15 ukulele players that come from all over (NH; MA). They first got together at the NH Veterans Home in November, 2022 and had so much fun that they decided to stay together. At present, two of their members are Medvil residents! They are just "playing for the love of it all."

And don't forget the 50/50 Raffle!!!

The Events Committee would like to thank the residents of Medvil for their continued support of all the activities we host throughout the year; all of which allows us to offer low cost/no cost events and helps defray the cost of our annual Christmas party.



Beer, Burgers & Brats

and don't forget the French fries and onion rings!

All of this for just \$5.00!!

Saturday ~ July 29th
Donald Drive Club House

Happy Hour starts at 4:00 pm
Dinner is served from 5:00 - 6:00 pm

Make your reservations and pay at the Medvil Reception Office
Monday & Tuesday 9:00 am - 4:00 pm
Wednesday & Thursday 12:30 - 4:00 pm
Closed all day Friday



And don't forget your raffle money!

The Events Committee would like to thank the residents of Medvil for their continued support of all the activities we host throughout the year; all of which allows us to offer low cost/no cost events and helps defray the cost of our annual Christmas Party.

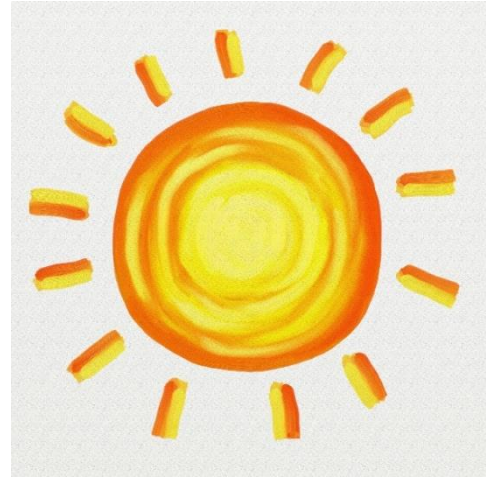
August 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 10 Exercise PLC 6 Events Comm DDC	3	4	5
6	7 10 Exercise PLC 6:30 Cribbage PLC	8 10 & 7 Play Pool PLC	9 10 Exercise PLC 10 Pool PLC 12:30 Knitting PLC 3-7PM 911 Cares DDC	10 6:30 Bingo DDC	11 6 Cribbage PLC non-league	12 8:30 Coffeehouse PLC
13	14 10 Exercise PLC 6:30 Cribbage PLC	15 10 & 7 Play Pool PLC 6 BOD Mtg DDC	16 10 Exercise PLC 10 Pool PLC 12:30 Knitting PLC	17 6:30 Bingo DDC	18 6 Cribbage PLC, non-league	19 1PM Chicken BBQ/Concert DDC
20	21 10 Exercise PLC 6:30 Cribbage PLC	22 10 & 7 Play Pool PLC	23 10 Exercise PLC 10 Pool PLC 12:30 Knitting PLC	24 6:30 Bingo DDC	25 6 Cribbage PLC, non-league	26
27	28 10 Exercise PLC 6:30 Cribbage PLC	29 10 & 7 Play Pool PLC	30 10 Exercise PLC 10 Pool PLC 12:30 Knitting PLC	31 6:30 Bingo DDC		

Metal Pick-up: 1st Monday of the month, beginning at 8 AM *
Trash & Recycling Pick-up: Every WEDNESDAY beginning at 7 AM *
Yard Waste Pick-up: Every Thursday until 1 December

**** Please have your items curbside by that time.**



It's time for a
**Summer
Spectacular!!**



Saturday ~ August 19th

Donald Drive Club House Picnic Area

For the low price of just \$5.00 each, we'll be serving
grilled chicken, Caesar salad and corn on the cob.

Make your reservations and pay at the Medvil Reception Office

Monday & Tuesday 9:00 am - 4:00 pm

Wednesday & Thursday 12:30 - 4:00 pm

Closed all day Friday

Dinner is served starting at 1:00 pm

Entertainment between 2:00 - 4:00 pm



**Special Guest Performer
April Cushman**

You've seen her with Medvil's own
D Street Band and she's returning to
entertain us again. Check her out at
www.aprilcushman.com.



New Hampshire
911
C.A.R.E.S.
Citizen Assistance Registry for Emergency Services

**Presented by the
Goffstown Police
Department**

**Wednesday ~ August 9th
3:00 – 7:00 PM
Donald Drive Club House**

Most people know that when you dial 911 from your home phone, the enhanced computer screen shows the caller's name, address, and telephone number. Most people don't know, however, that your telephone number is technically known as ANI (Automatic Number Identification) and the location of the phone (aka your address) is known as ALI (Automatic Location Identification).

New Hampshire 911 has the unique ability to add supplemental or additional information about permanent medical conditions or hazardous materials specific to YOUR location or address. Perhaps the most overlooked 'enhancement' of New Hampshire's 911 system is the 911 CARES database.

Here's how it works:

- 911 maintains this database which is separate from the 911 database. This special database is reserved for permanent medical conditions and hazardous materials on site.
- It is driven by the customer's phone number(s).
- If a customer wanted to add information to the database, they would fill out the 911 CARES form. The form asks for the customer's name, address, telephone number(s) and either the permanent medical condition (described in a few brief words) or the hazardous material information associated with the customer's address.
- Once the form goes through the appropriate processing steps, the information is entered into the database.
- From that point forward, if a 911 call were to be placed from that customer's telephone, this supplemental information will pop up on the 911 EMDs screen and they will pass this important information along to the local responders.

If you or one of your family members has a permanent medical condition or if you have hazardous/dangerous materials (such as bottled oxygen) at your home that you would like entered into the 911 CARES database, please join us on August 9th. You'll be able to sit down with a representative from GPD who will go over the program and assist you in completing the necessary enrollment forms.

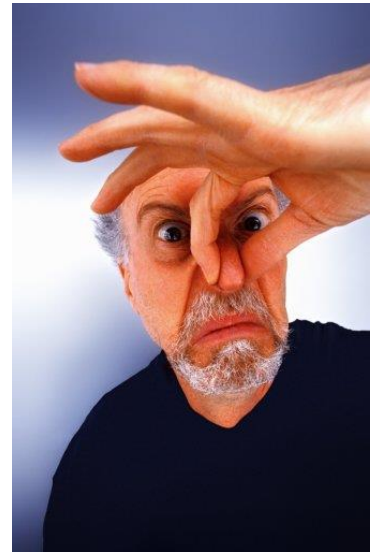
***The program is FREE but we are asking folks to sign up.
Call the office at 603-497-4440.***

***If you are unable to attend, you'll find forms in the mail room at the DDCH.
Completing these forms could help save your life.***

Summer is here and with it comes **STINKY GARBAGE CANS!!**

PLEASE WASH OUT YOUR GARBAGE CANS.

It's easy...turn them on their side, hose them out, add bleach, swirl the bleach around inside the can, hose them out again and let them air dry. If you don't have bleach, any household cleaner will do.



As our Maintenance Team and Volunteers pick up trash, they are not only dealing with the smells coming from these cans, but in some cases, they are also finding maggots.

And you know what keeps maggots out of your garbage cans? Moth balls!! You can buy them at Walmart and just toss a packet into bottom of a **CLEAN** garbage can.



So please, take a moment to make sure nothing is living at the bottom of your garbage can.

Thank you.