

Cascade Invitational

Girls 5K Fillmore Fairways Golf Course - Cascade, IA 9/14/2018 Mostly Sunny, Wind SSE 5-10mph & 86°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	Iowa City Regina	2	4	5	16	19	22	23	= 46	1:52:57.8	22:35.6	2:03.8
2	Monticello	3	9	12	17	33	35	37	= 74	1:57:42.6	23:32.5	4:53.8
3	Cascade	6	7	13	24	26	32	42	= 76	1:58:29.0	23:41.8	3:03.3
4	Anamosa	10	11	15	25	27	28	30	= 88	2:00:00.8	24:00.2	2:49.0
5	Beckman Catholic	8	14	29	41	49	50	53	= 141	2:10:17.4	26:03.5	8:01.0
6	Davenport Central	20	21	31	36	38	40	43	= 146	2:09:10.1	25:50.0	3:01.0
7	Southwestern-Benton-Cuba Ci	1	34	44	45	48			= 172	2:11:37.9	26:19.6	10:27.3
8	Durant	18	39	46	47	51	52		= 201	2:21:05.5	28:13.1	8:38.5

Incomplete Teams: Maquoketa Valley, Prince of Peace

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Kayci Martensen	FR	Southwestern-Benton-Cuba City	18:57.9	6:06
2	2	Annalee Bartles	SO	Iowa City Regina	21:47.9	7:01
3	3	Karle Kramer	FR	Monticello	21:48.9	7:01
4	4	Maeve Dunne	SR	Iowa City Regina	21:53.2	7:03
5	5	Josie Voss	FR	Iowa City Regina	22:00.5	7:05
6	6	Madeline Rhomberg	SR	Cascade	22:25.9	7:13
7	7	Madison Kelchen	SR	Cascade	22:31.7	7:15
8	8	Emma Squiers	SR	Beckman Catholic	22:35.8	7:16
9	9	Gabrielle Steiner	JR	Monticello	22:38.0	7:17
10	10	Liz Riniker	SO	Anamosa	22:51.1	7:21
11	11	Maddy Heims	SO	Anamosa	23:01.7	7:25
12	12	Lydia Recker	FR	Monticello	23:03.5	7:25
13	13	Emma Oswinkle	SO	Cascade	23:07.7	7:27
14	14	Nicole Schmitt	SR	Beckman Catholic	23:17.8	7:30
15	15	Natalie Hersom	SO	Anamosa	23:20.1	7:31
16	16	Josie Pursley	FR	Iowa City Regina	23:24.6	7:32
17	17	Emily Schlarmann	JR	Monticello	23:29.5	7:34
18	18	Ellie Berry	SR	Durant	23:31.6	7:34
19	19	Mary Catherine Graff	SR	Iowa City Regina	23:51.7	7:41
20	20	Emma Berger	SR	Davenport Central	24:11.9	7:47
21	21	Tessa Goodwin	SR	Davenport Central	24:13.6	7:48
22	22	Molly Vittetoe	SR	Iowa City Regina	24:19.8	7:50
23	23	Kennedy Scott	JR	Iowa City Regina	24:33.6	7:54
24		Kaelyn Goodsman	FR	Prince of Peace	24:36.0	7:55
25		Sophie Griffin	SO	Prince of Peace	24:43.8	7:58
26	24	Marie Knepper	SR	Cascade	24:54.5	8:01
27	25	Dakota Bierer	JR	Anamosa	25:07.8	8:05
28	26	Shannon Morris	SO	Cascade	25:29.2	8:12
29	27	Lily Rogers	SO	Anamosa	25:40.1	8:16
30	28	Lilly MacHart	SO	Anamosa	25:46.7	8:18
31	29	Isabelle Kluesner	SO	Beckman Catholic	26:16.0	8:27
32		Ava Ruden	SO	Prince of Peace	26:16.4	8:27
33	30	Lyndsay Gienapp	JR	Anamosa	26:29.7	8:32
34	31	Baylea Hamer	SR	Davenport Central	26:35.0	8:33
35	32	Harley Bradtke-Stelken	FR	Cascade	26:37.4	8:34
36	33	Gabby Guilford	SO	Monticello	26:42.7	8:36
37	34	Annie Cerjak	SR	Southwestern-Benton-Cuba City	26:43.9	8:36
38	35	Dru Kramer	SO	Monticello	26:51.7	8:39
39	36	Autumn Thurman	SO	Davenport Central	26:56.8	8:40
40	37	Triniti Etzel	FR	Monticello	27:11.6	8:45
41	38	Grace Hopkins	FR	Davenport Central	27:12.8	8:46
42		Madison Anglese	SO	Prince of Peace	27:19.2	8:48
43		Bree Balke	SR	Iowa City Regina	27:23.9	8:49
44	39	Krynan Liske-Rochholz	JR	Durant	27:26.2	8:50
45	40	Kylee McCrery	FR	Davenport Central	27:30.1	8:51
46		Emma Dales	FR	Anamosa	27:30.6	8:51
47	41	Olivia Thier	JR	Beckman Catholic	27:31.1	8:51
48	42	Skylar Dolphin	JR	Cascade	27:35.5	8:53
49		Allison Hein	FR	Iowa City Regina	27:49.2	8:57
50	43	Ellianna Revell-Beck	FR	Davenport Central	28:03.2	9:02
51	44	Madeline Brant	JR	Southwestern-Benton-Cuba City	28:06.4	9:03
52	45	Dida Chaux	FR	Southwestern-Benton-Cuba City	28:24.6	9:09
53		Sophie Cornish	SR	Davenport Central	28:40.6	9:14
54		Faith Bower	SO	Cascade	28:49.2	9:17
55		Ally Greving	FR	Iowa City Regina	28:56.6	9:19
56	46	Ella Mundt	FR	Durant	28:57.0	9:19
57	47	Heidi Wolf	JR	Durant	29:00.8	9:20
58		Lizzie Petersen	JR	Monticello	29:08.7	9:23
59		Lauren Kimani	SR	Iowa City Regina	29:13.2	9:24
60		Kriya Atwell	FR	Maquoketa Valley	29:18.2	9:26
61	48	Molly Schmitt	SO	Southwestern-Benton-Cuba City	29:25.2	9:28
62		Jaelyn Graver	SO	Monticello	29:36.1	9:32
63		Callie Lynch	FR	Cascade	29:42.6	9:34
64		Emma Welter	JR	Iowa City Regina	30:06.5	9:41
65		Emily Trumm	SO	Cascade	30:14.7	9:44
66		Clarissa Balk	FR	Davenport Central	30:23.7	9:47

Cascade Invitational

Girls 5K Fillmore Fairways Golf Course - Cascade, IA 9/14/2018 Mostly Sunny, Wind SSE 5-10mph & 86°

Place	Score	Name	Year	School	Time	Pace mpm
67	49	Addie McDermott	SR	Beckman Catholic	30:36.7	9:51
68	50	Morgan Hermesen	SO	Beckman Catholic	30:39.6	9:52
69		Katie Bracken	SR	Iowa City Regina	30:57.1	9:58
70		Anna McDermott	SO	Cascade	31:07.9	10:01
71		Maddie Knapp	SO	Cascade	31:37.8	10:11
72		Faith Hansen	FR	Monticello	31:43.1	10:13
73		Sophie Lawton	FR	Davenport Central	31:59.6	10:18
74	51	Ellie Fuller-Long	FR	Durant	32:10.1	10:21
75		Reece Mensen	SO	Maquoketa Valley	32:30.6	10:28
76		Ci'Ann Richardson	JR	Maquoketa Valley	32:33.1	10:29
77	52	Kerrigan Johnson	SR	Durant	33:00.4	10:37
78		Haley Nelson	SR	Anamosa	33:24.1	10:45
79		Sydney Park	FR	Davenport Central	34:27.5	11:05
80		Alisa Pursley	SR	Iowa City Regina	35:49.7	11:32
81		Alex Spies	FR	Iowa City Regina	35:56.6	11:34
82		Jayden Ellis	SO	Anamosa	36:57.2	11:54
83	53	Sydney Reiter	FR	Beckman Catholic	37:35.9	12:06
84		Nishimwe Triphoza	SR	Davenport Central	38:01.4	12:14
85		MacI Hagen	JR	Davenport Central	39:53.1	12:50
86		Jayne Arreola	FR	Davenport Central	40:04.6	12:54
87		Ella Miller	SO	Davenport Central	40:39.0	13:05
88		Savannah Oberbroeckling	SO	Beckman Catholic	46:50.0	15:04

Cascade Invitational

Girls 5K Fillmore Fairways Golf Course - Cascade, IA 9/14/2018 Mostly Sunny, Wind SSE 5-10mph & 86°

Place	Name	Time	mpm	Place	Name	Time	mpm
1) Iowa City Regina				Score = 46			
2	Annalee Bartles, SO	21:47.9	7:01	6)	Davenport Central	Score = 146	
4	Maeve Dunne, SR	21:53.2	7:03	20	Emma Berger, SR	24:11.9	7:47
5	Josie Voss, FR	22:00.5	7:05	21	Tessa Goodwin, SR	24:13.6	7:48
16	Josie Pursley, FR	23:24.6	7:32	31	Baylea Hamer, SR	26:35.0	8:33
19	Mary Catherine Graff, SR	23:51.7	7:41	36	Autumn Thurman, SO	26:56.8	8:40
22	Molly Vittetoe, SR	24:19.8	7:50	38	Grace Hopkins, FR	27:12.8	8:46
23	Kennedy Scott, JR	24:33.6	7:54	40	Kylee McCreery, FR	27:30.1	8:51
	Bree Balke, SR	27:23.9	8:49	43	Ellianna Revell-Beck, FR	28:03.2	9:02
	Allison Hein, FR	27:49.2	8:57		Sophie Cornish, SR	28:40.6	9:14
	Ally Greving, FR	28:56.6	9:19		Clarissa Balk, FR	30:23.7	9:47
	Lauren Kimani, SR	29:13.2	9:24		Sophie Lawton, FR	31:59.6	10:18
	Emma Welter, JR	30:06.5	9:41		Sydney Park, FR	34:27.5	11:05
	Katie Bracken, SR	30:57.1	9:58		Nishimwe Triphoza, SR	38:01.4	12:14
	Alisa Pursley, SR	35:49.7	11:32		MacI Hagen, JR	39:53.1	12:50
	Alex Spies, FR	35:56.6	11:34		Jayne Arreola, FR	40:04.6	12:54
					Ella Miller, SO	40:39.0	13:05
2) Monticello				Score = 74			
3	Karle Kramer, FR	21:48.9	7:01	7) Southwestern-Benton-Cuba City			
9	Gabrielle Steiner, JR	22:38.0	7:17	1	Kayci Martensen, FR	18:57.9	6:06
12	Lydia Recker, FR	23:03.5	7:25	34	Annie Cerjak, SR	26:43.9	8:36
17	Emily Schlarmann, JR	23:29.5	7:34	44	Madeline Brant, JR	28:06.4	9:03
33	Gabby Guilford, SO	26:42.7	8:36	45	Dida Chauvez, FR	28:24.6	9:09
35	Dru Kramer, SO	26:51.7	8:39	48	Molly Schmitt, SO	29:25.2	9:28
37	Triniti Etzel, FR	27:11.6	8:45	8) Durant			
	Lizzie Petersen, JR	29:08.7	9:23	18	Ellie Berry, SR	23:31.6	7:34
	Jaelyn Graver, SO	29:36.1	9:32	39	Krynan Liske-Rochholz, JR	27:26.2	8:50
	Faith Hansen, FR	31:43.1	10:13	46	Ella Mundt, FR	28:57.0	9:19
				47	Heidi Wolf, JR	29:00.8	9:20
				51	Ellie Fuller-Long, FR	32:10.1	10:21
				52	Kerrigan Johnson, SR	33:00.4	10:37
3) Cascade				Score = 76			
6	Madeline Rhomberg, SR	22:25.9	7:13	Incomplete Teams:			
7	Madison Kelchen, SR	22:31.7	7:15	Maquoketa Valley			
13	Emma Oswinkle, SO	23:07.7	7:27	60	Kriya Atwell, FR	29:18.2	9:26
24	Marie Knepper, SR	24:54.5	8:01	75	Reece Mensen, SO	32:30.6	10:28
26	Shannon Morris, SO	25:29.2	8:12	76	Ci'Ann Richardson, JR	32:33.1	10:29
32	Harley Bradtke-Stelken, FR	26:37.4	8:34	Prince of Peace			
42	Skylar Dolphin, JR	27:35.5	8:53	24	Kaelyn Goodsman, FR	24:36.0	7:55
	Faith Bower, SO	28:49.2	9:17	25	Sophie Griffin, SO	24:43.8	7:58
	Callie Lynch, FR	29:42.6	9:34	32	Ava Ruden, SO	26:16.4	8:27
	Emily Trumm, SO	30:14.7	9:44	42	Madison Anglese, SO	27:19.2	8:48
	Anna McDermott, SO	31:07.9	10:01				
	Maddie Knapp, SO	31:37.8	10:11				
4) Anamosa				Score = 88			
10	Liz Riniker, SO	22:51.1	7:21				
11	Maddy Heims, SO	23:01.7	7:25				
15	Natalie Hersom, SO	23:20.1	7:31				
25	Dakota Bierer, JR	25:07.8	8:05				
27	Lily Rogers, SO	25:40.1	8:16				
28	Lilly MacHart, SO	25:46.7	8:18				
30	Lyndsay Gienapp, JR	26:29.7	8:32				
	Emma Dales, FR	27:30.6	8:51				
	Haley Nelson, SR	33:24.1	10:45				
	Jayden Ellis, SO	36:57.2	11:54				
5) Beckman Catholic				Score = 141			
8	Emma Squiers, SR	22:35.8	7:16				
14	Nicole Schmitt, SR	23:17.8	7:30				
29	Isabelle Kluesner, SO	26:16.0	8:27				
41	Olivia Thier, JR	27:31.1	8:51				
49	Addie McDermott, SR	30:36.7	9:51				
50	Morgan Hermsen, SO	30:39.6	9:52				
53	Sydney Reiter, FR	37:35.9	12:06				
	Savannah Oberbroeckling, SO	46:50.0	15:04				