

Circulating File

SUICIDE
(Suicidal Urges, Past Life Influences, and Mental Illness)

**A compilation of Extracts
from the Edgar Cayce Readings**

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5125-1, Female 30, 5/19/44

Volunteered by Edgar Cayce: A new vibration! Very good. Quite an interesting fact about people born here [Bokhoma, Oklahoma?]. One out of ten thousand would ever commit suicide. Something in the soil; get it between your toes and you'll never commit suicide.

610-1, Female Adult, 7/19/34

For, each soul should know, because the body has laid aside the shell, because the soul has been released from those bonds, those taxations of the material things, this has not changed the problems of any soul. They are - as knowledge, as truth, as understanding - a GROWTH in those things that have and do become problems for the mental body of any entity.

1567-2, Female 52, 5/26/38

Then we say, when our loved ones, our heart's desires are taken from us, in what are we to believe?

This we find is only answered in that which has been given as His promise, that God hath not willed that any soul should perish but hath with every temptation, every trial, every disappointment made a way of escape or for correcting same.

3954-1, Female 71, 11/5/43

Yea, pray oft for those who have passed on. This is part of thy consciousness. It is well. For, God is God of the living. Those who have passed through God's other door are oft listening, listening for the voice of those they have loved in the earth. The nearest and dearest thing they have been conscious of in earthly consciousness. And the prayers of others that are still in the earth may ascend to the throne of God, and the angel of each entity stands before the throne to make intercession.

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Suicide

(Suicidal Urges, Past Life Influences, and Mental Illness)

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Excerpts from the Edgar Cayce Readings on Suicide

1175-1, Female 61, 5/18/36

(Q) Why is suicide considered wrong? Have we the right to leave the body?

(A) So long as there are those that depend upon the body! And how hath it been given? No man liveth to himself, no man dieth to himself. No man hath been so low that SOME soul hath not depended upon, relied upon same for strength.

Thus we find while there may be those experiences, these are rather of a selfish nature. But remember He gave, "Those that would offend one of these, my little ones, better that a millstone were hanged about his neck and he were cast into the depths of the sea."

Then, when thine whole body and the purposes of thine mind as to do EVIL, well that they be separated from the channel or the means of bringing offence.

1246-2, Female 52, 8/9/36

(Q) Must I go on living?

(A) Life is eternal. It is in Him, and merely to change through God's other door has only changed the outlook. But as we prepare the self for the vistas of the various consciousness upon the stages of development, we become a part of that - if our pathway is being led aright.

2540-1, Female 24 (Model and Showgirl), 7/22/41

(Q) Why is the thought always with me to kill myself?

(A) Self-condemnation. For, not enough of that seeking to manifest God's will has been manifested. When this thought occurs, let thy prayer be as indicated:

"LORD, HERE AM I - THINE! USE ME IN THOSE WAYS AND MANNERS AS THOU SEEST, THAT I MAY EVER GLORIFY THEE."

5276-1, Female 56, 6/17/44

(Q) Why do I feel responsible for my sister [...] committing suicide? Would my return to England have prevented this?

(A) Not responsible, but these are condemnations, as has been indicated, arising from experiences in the earth; but leave them where they belong. Let the dead past bury its dead.

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5488-1, Female 52, 7/22/30 (Her husband had died recently)

(Q) What advice as to how to take up life again?

(A) In the application of self to the vicissitudes of life - in the midst of life one is in the midst of death, for death is but the beginning of life, as life is but the BEGINNING of an opportunity to manifest that as is INNATELY built within the soul of an individual itself. To lose faith, hope, in self and in those forces which must keep for the whole of the operative forces in life, is to lose hold and to lose CONFIDENCE in self and in self's heritage, as is given; for all are BOUGHT with the price, and in the application of self in service to another will one find that the APTITUDES of life are but the stepping stones to the better UNDERSTANDING of the conditions as each and every individual meets to make for them that development necessary, that they may join with those in the expressions of the divine forces as are made applicable in the lives of each and every individual. Applying self, then, in some DEFINITE, some individual service - not as a service that is to be seen of men, but with a service eye-single to that of manifesting that faith, that hope, that expression as was given in Him, in "As oft as ye do it unto the least of these, my little ones, ye do it unto me"; for in Him is the life, and the light, and without Him there is NO life AT ALL.

(Q) Where would be the best, considering all things, for the entity to live?

(A) That would be best chosen in self. Where the greatest service, and where the losing of self IN service may be best accomplished, there live.

(Q) Is there any message you could give regarding her husband, who has passed beyond, that would help her?

(A) These, as we may find, may best be had through that introspection of self in those periods when one may turn to the within and seek that counsel, that at-oneness with those whom are in the borderland; for ALL is well in the oneness of the purposes as may be accomplished in this material force through the mental changing, or guiding, that the SPIRIT may work aright.

69-6, Female 62, 6/25/43

(Q) What specific work did I come to this planet to do, and how much longer do I have to stay?

(A) You have to stay so long as there are the needs for the unfoldment of those that have come to rely upon the entity! Where failure has come, - not failure, but rather the neglect to hold to the opportunity presented at times. How long remain in this sphere? This alone may the inner consciousness dedicate, or indicate.

1554-3, Female 47 (Housewife, Translator), 3/25/38

(Q) Regarding M. Naville in Paris, who has considered suicide: What is the best way for me to help there?

(A) Life is one; meeting self, opportunities. Not that line as of abuse to self or others but of MEETING self! That which has been used is well; keep it there.

3503-1, Female 44 (Housewife), 12/15/43

(Q) How best can I deal with an infidelity problem in my home?

(A) As ye would that others should do to you, do ye even so to them. These are problems that may be met first in self and self's ideal; then so lived that it demands the respect ye give thine own ideal.

(Q) Is there danger of a suicide from this condition?

(A) Always danger, but it's a lack of judgment. Be consistent.

136-54 Female 22, Housewife, 1/14/27

EC: Yes, we have the body, the enquiring mind, [136]. This we have had here before. The dreams come to this entity in the ways and manners as have been outlined, and are for the edification and the understanding of the entity, if they will be applied in the way and manner as is seen by the development of the entity. For only to that mind that is awakened, through the phases of that portion of the entity as has been outlined, do dreams, visions, or the understanding of same, come. Ready for dream.

(Q) Morning of December 27, 1926. Dreamed Emmie committed suicide.

(A) This shows to the entity, through this correlation of mental forces of the body-mind itself and those of the body-mind of Emmie, that such conditions had passed through this mind - contemplation of such conditions, see? They have passed.

(Q) Is Emmie contemplating any such act as suicide? Will she carry it out?

(A) They have passed.

(Q) How did [136] get this information about Emmie in dream?

(A) Correlation of subconscious minds that contact through thought, for thoughts are deeds and may become crimes or miracles. Just as given in the introduction, as it were, here dreams are the correlation of various phases of the mentality of the individual, see? and individual meaning of that entity. Dreams are those of conditions wherein there may be taken into the body-physical that of elements that produce hallucinations, or the activity of that induced in the system in itself attempting to take on its individual force produces hallucinations, nightmares, or abortions to the mental forces of an individual. See how the connection becomes then between the individual mind and that producing same? The same as we find, there may be conditions from the mental mind of an entity, by deep study or thought, wherein the experiences of the individual entity are correlated through the subconscious forces of the entity - the latent forces of the entity - the hidden forces of the entity - and correlating same in a vision or dream. Often these are as symbolic conditions, each representing a various phase to the mental development of the entity.

Others there are, a correlation between mentalities or subconscious entities, wherein there has been attained, physically or mentally, a correlation of individual ideas or mental expressions that bring from one subconscious to another those of actual existent conditions, either direct or indirect, to be acted upon or that are ever present, see?

(continued on the next page)

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Hence we find visions of the past, visions of the present, visions of the future. For to the subconscious there is no past or future - all present. This would be well to remember in much of the information as may be given through such forces as these.

Reports of Reading 136-59 (same woman as before)

4/9/27 Husband [900]'s letter:

“At about 4: 45 P. M. Monday afternoon April 4th, under the start of a new moon in its 4th day, our entity of angels in the physical form of baby [142] was born. On the evening of April 6th while at dinner celebrating my birthday and baby's birth the family came in to tell us...[[136]'s and [3816]'s father] had died suddenly that day. We learned that he had committed suicide. Naturally [3816] hurried home and I will send her reading to her [3816-1, taken on 4/6/27], together with a letter to guard against such a condition arising as is indicated in the enclosed dreams [See interpretation in his reading 900-311 on 4/11/27]. I hope my feeble efforts in the letter will avail. Poor kid [3816], she is in terrible shape.

“As for [136], for the baby [142]'s sake, the milk you see - injury to mammary gland due to mental - we have not told her. It is so pitiable, so tragic - the poor kid. She is only 22 years old, is so happy with her little baby. She is all dressed up now in her pink kimona and feels so proud as all come to see her baby. Everyone up here is just horror struck, and sometimes as she talks of taking her baby to see its granddad in ..., La., we have got to fight hard to keep back the tears from coming right in front of her. He wrote her a letter just before, on April 6th, congratulating her, etc. We told her that [3816] was called home on account of serious illness of [3816]'s mother-in-law. I don't know if this is right or not - the doctor says she can't know - we are doing what we think is right - I hope we are right. Maybe the reading will touch on this. It is going to be a terrible shock when it comes and of course not telling her is only postponing it, even if it will be worse by virtue of our present story. We feel she will be better able to stand it physically and I can only pray the Lord that it does not affect her milk then, for the child's sake.

“That poor soul [her father] that so acted is suffering terribly now, as is indicated [in the dreams - see 900-311], and I only beg and pray that he will find peace and rest, for the Father will give to him, as we know, another chance in earth. In a period of 14 months these two poor girls [[136] and [3816]] have lost both mother and father, the latter at a time that is terrible. I know all will be well, but much advice and comfort may come through the interpretation of the enclosed and therefore I send it to you [See dreams interpreted in 900-311 on 4/11/27]...

136-70 Female 22, 9/5/27 (same woman as before)

(Q) That of August 29th or 30th. Both my mother [139] and father appeared to me, and were so glad to see me. They told me about [3816] my sister, that she committed suicide, or killed herself.

(A) This is the manner presents to the entity, or to the body - consciousness, the mother and father giving to this body the understanding of the working, as it were, of the mind of

the sister, and the inept way, or the inability of that body to give that correct application to the conditions in the life that satisfies same. And - as is seen - the bodies (the ethereal body or astral body) depend upon the physical body here, [136], to so instruct, to so direct, to so counsel the body - [3816] the sister - in the way and manner that the better understanding, and that the growth in the spiritual sense, may come to the body, rather than those of the nature that bring deterioration to the development of the body, see? for these conditions are held in the mind. Remembering, then, thoughts are deeds in the spiritual sense, for they make or mar the actions of inner being.

314-1 Female 2-days-old, Protestant background, 4/20/33

(Past Life Issues)

In the one before this we find that the entity was in that period when there were those persecutions in that land known as the Roman, when those peoples were being persecuted for their beliefs in the spiritual lessons that were being given during those periods.

The entity then was among those of the household, or of the courtiers or cour des aides, of the rulers in that land; yet never wholly losing sight of the innate purposes in the experience of those that suffered physically through the activities of the rulers.

Then, though often rebuked by associates during that period, the entity led rather the life of one that courted favor and that asked for many of those experiences to be changed or altered; yet throughout the experience kept self ABOVE those even of its surroundings, and NEVER submitted of self to those indulgences as did many of the associates through the period.

Gaining then, and losing only when the associations in the marriage were FORCED upon the entity - and the entity lost faith in those that brought about these conditions. And the entity, REBELLING in same, brought destructive forces to her OWN being, through the manner of LEAVING the earth in that experience.

In the present, then, there may be seen in the developing years those periods of sullenness; yet of cheerfulness to carry one's own point.

In the latter portion of the present experience, these influences will make for cheerfulness; as well as the abilities to succor, aid, comfort and bring cheer to the experience of many.

A study of such things - this aside, [a side remark by EC] to be sure - will give many an individual an insight as to what is meant by re-incarnated influences of karmic influences builded; for karmic influences are more of the spiritual than of an earth's experience, for what we create in the earth we meet in the earth - and what we create in the realm through spiritual forces we meet there! And getting outside of the realm of the material does not mean necessarily angelic, or angelic influence!

2897-1, Male 33 (Conductor, Band Leader, Pianist, Catholic Background), 12/15/29
(Past Life Issues)

In the one before this we find in that of Antonio D'la Vinci [?], in that period when there was both music, song, painting, and the like, in the entity's endeavors, and the entity brought to self in that experience much of that in the period that brought consternation, through the gratification of selfish desires, and to the aggrandizement of selfish interests, BELITTLING the body through that experience to the satisfying of the elements that act through the imaginative forces of selfish interests; bringing into the experience of the entity those of dissatisfying influences, ending in the manner - as was seen - in self's own destruction. Bringing then, as it does in the present, those of the influences that bring dissatisfaction at times with individuals, and with those influences that would bind in any manner, as relating to BOUND relationships with individuals; yet GAINING in the experience IN the ability to apply self in a PHYSICAL manner as to any of the arts. As the entity then called the great artist, so today he may be called - in this experience - the artist in more than one direction.

1468-6, Female 49, 4/13/40

(Past Life Issues)

After the birth of the second child (which has been in another experience a portion of the entity's activity), the entity destroyed self, - in the fjords or waterways.

Thus we find the influences arising in the experience of the entity in the present, - as the periods of what may be called melancholia, disappointments, discouragements....

(Q) Has the domination on the part of the entity now known as Mrs. Beth Dearborn (formerly Beth Evans) been due to a close association with her in a past life, if so, when, where and how, and what caused the break in our friendship here and should it be patched up?

(A) She was the mother of the entity in that Norse land. The break then was due to the differences of opinions concerning the courses to pursue in relationship to the companion, as well as to the offspring; bringing about the separations by the road of self-destruction.

In the present experience we will find that it will be well LATER for the friendship to be renewed; for the greater development of each.

369-3, Female 22 (College Student, Protestant Background), 11/3/27
(Past Life Issues)

In the urges as are seen from the experiences in the earth's plane, we will find many of those conditions that often bother the entity in the PRESENT experience. Hence those injunctions that may be given here, and through the experience and urge that to develop the entity must hold ever first and foremost that of Oneness with the Creative Energy in life, in death, in the inter-between - for it is not all of life to live, nor all of death to die [Bartlett's Familiar Quotations, James Montgomery's [1771-1854] THE ISSUES OF LIFE AND DEATH, Stanza 2: 'Tis not the whole of life to live, Nor all of death to die];

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for one is the birth of the other when viewed from the whole or center, and is but the experience of the entity in its transition from and to that universal center from which ALL radiation is given.

In the appearances then:

In the one before this we find in that period when the western country now known as Chicago was then a fort. [GD's note: French & Indian Wars? The fort later known as Dearborn?] The entity then among those who sought refuge there from the wars without and within. Not only of the mental and moral conditions, but of the physical forces as applied to those settlers. The entity then the companion of Bainbridge [294] in the escape from that fort, losing the life in the waters of that river known as Ohio. The urge as is seen from same, the loathsomeness to even VIEW those portions of the country, seeking rather the eastern or far western portion of this land; yet that innate feeling that WERE the entity to see, view, experience any living act in this portion there would come something not satisfactory; yet the love of outdoors and of nature is the conflicting urge from this experience. Gaining - losing - gaining - losing - through this experience. Gaining through those things suffered for a principle. Losing through holding of malice and of the determination to get even. Can't be done! [Rom. 12: 19] [10/19/27 See EC's dream reading 294-101 saying he should protect [369] this time, in thought-purpose.]

In the experience before this we find in that land when Charles the Second [of England] was the exile in France. The entity then among those who gave aid and succor to that ruler, and the entity then in the name Charmain, gained much favor with that ruler, bringing much good to the life and to the experiences of those whom the entity contacted in the way of succor to the faithful and to the unfaithful mercy, and the entity gained through this experience, though the entity was treated badly, in the manner, by this ruler, yet the even not holding malice or thought of being mistreated brought to the entity not only the help of others but development in that period.

In the one before this we find in that Trojan period when there was war made in the land and the city was besieged. The entity then among those who ministered especially to the keepers at the gates. Then in the name Pamn, and the entity gained through this experience, finding much in peoples, positions, conditions, to study and wonder about; yet keeping true to that desire set in self - to remain unspotted from the world though beset on every hand, yet remaining true in every sense to self and to others. Gaining, then, through this experience.

In the one before this we find in that period when there were the wars in the land when Xenophon led the peoples into the Arabian land. The entity was among those taken in the charges and working to the defense of land and peoples wrought havoc among the peoples that were invading. Then in the name Isael, and the entity lost through this experience. Though giving self in service of others, yet to the confounding of self's own principles, and the loss of confidence in men in high places, in low places, in power and in high stations, brought much to the detriment of the entity. The urge again seen in the present through that of wonder often at the acts and causes of actions in others. WELL - from this experience - that the entity abstain in body from that which would baffle the brain.

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In the one before this we find in that land when the nomads entered into the land of Croesus and took those of that land as hostage for the tribes. The entity then the ruler's daughter, and in that school or that place so raided by the peoples, and the entity then taken as the hostage for Uhltd, [294] the leader in this raid, and held as same by this leader until taken from him by the next in charge [195] and there remained. In the experience of the entity then in the name Elia, that horror of being forced into any action, whether of mental, physical, political, or any condition of subject to another's will. The entity lost through this experience, to the detriment of self, to the low dreg that of taking life in the way to satisfy self; not in defense of principle or of self, country or position; yet in the early portion of the life giving much to many in many ways.

In the one before this we find in that land when the divisions rose in the land. The entity then the lawful wife of the priest [294] who forsook those that had been set in the right way for those conditions set in the temple. The entity then in the name Asua. In the development the entity lost and gained and lost through this experience. Faining then to gain that lesson that was made by the ruler and the scribe to those that brought these conditions in the experience of the entity, for the entity then lost faith in self and in those who made profession to lead others toward that knowledge of the higher forces in earth through man's relation to the Creator. In the urge as is seen, LITTLE of religious thought that may not be reasoned from the vision of the entity's experience. Hence that injunction that faith must be builded in self, would the entity [if the entity would] create or radiate faith for others.

In the abilities then, there are seen many conflicting conditions in the entity's experience; yet, as is seen, when all are weighed - that in the gathering of that in mental or in physical force that brings succor, aid, understandings, or the better relations of self toward good for GOOD'S sake, and that that good may be turned into, that condition of making each entity One with the Creative Energy from which all come and all go, unless through self's OWN will becomes separated from Him.

Keep that faith in self and in Him, for in Him comes strength, through applying that KNOWN to be right. Gain knowledge, then, of Him through those forces that set thee near to him [[294] - EC] through whom the faith was lost in self, bringing to others that faith through those lessons gained and given to those who seek - through counsel - to understand those relations of man to Creator and Creator to man, for all are One in Him, and we of the faith must be in Him. Keep that committed unto thee against that day.

We are through.

Reports of 369-3 (same woman as before)

11/50 Gina Cerminara's book, MANY MANSIONS (William Sloane Associates, Inc., N.Y.) had her analysis of [369]'s case on pages 162-165:

The next case of loneliness presents the same basic pattern, [as Mrs. [1468]] though details differ markedly. It concerns a woman of English descent who teaches kindergarten but who has always longed to be married. She was the only child of middle-aged parents, both of whom died when she was very young. She was reared in a staid

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and conservative manner by two elderly aunts. As a result she has had great difficulty in adjusting to other people of her own age. Throughout her life she has felt lonely and set apart from others, and she has developed marked introvert tendencies.

There was one love affair in her life, but the attraction was purely a physical one. As the psychological incompatibility became more and more apparent, the incident closed. Since then her life has seemed to her to be frustrated and empty. She enjoys her work and is professionally successful; she is efficient, competent, intelligent. At recurring intervals, however, she is engulfed by a depression which lasts for several weeks and then gradually subsides. During these fits of depression she has contemplated suicide. One would never imagine her to be subject to such a profound dejection, as she is an attractive woman with a positive manner.

According to her reading the outstanding event in her history was suicide in the Persian period, four lifetimes back, when Bedouin tribes made a raid on her country. At the time she was a daughter of the ruler, and was one of those taken hostage by a Bedouin sheik when the raid was made. Afterward she was transferred to the man next in charge, by whom she had a child. Soon after the birth of this child - a girl - she committed suicide. The daughter was thus left to the tender mercies of the warlike people among whom she lived, and fared very badly until she was picked up in an emaciated condition by a traveling religious teacher and brought back to health.

The reading indicates that the mother committed suicide only because she so fiercely resented being subject to another's will; and "the entity lost through this experience, to the low dreg of taking its life only to satisfy itself - not in self-defense or in defense of principle or of country." Further details the reading does not give; but one reads between the lines and senses that she was proud, haughty, arrogant, self-willed, and that she destroyed herself rather than suffer humiliation to her ego.

In view of her present temperament - a marked independence of manner, which seems almost as brusque, and self-sufficient as that of any man - it seems likely that the psychological sin of her Persian life is the very thing that casts up a barrier between herself and men in the present. It is a certain lack of pliancy, a refusal to renounce her self-determination, which perhaps frightens men away from her now.

Curiously enough, she has, in this life, always longed for a child. Had it not been for the difficulties raised by one of the elderly guardian aunts, she long ago would have adopted a baby girl. Another curious carry-over is the fact that she has frequently thought of suicide. Since obtaining her reading, which gave her a reasonable explanation for her situation, she no longer considers suicide as a way out, knowing that what she does not meet now she will have to meet at another time.

In another one of her readings she was told, however, that she could still expect marriage in this incarnation, but later in life; that she should meanwhile try to make herself helpful in every way possible to all those with whom she came in contact. When she asked how soon she might expect this happy consummation, she was told, "When you have proved yourself it will come about." She was given clearly to understand, in several places, that this is a testing period for her. When she asked, "Why have the last five years of my life been so entirely devoid of all contact with men?" she was told, "It has been a testing period of that which is your basic purpose for this incarnation."

Here, then, are two cases where suicide involving the abandonment of a child has resulted karmically in loneliness and the lack of a husband. (continued next page)

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5/24/57 She phoned Miss [288] that she was thinking seriously of joining [391] in Calif. where he had gone 3 weeks before. She really loved [391] and wanted to be with him, but preferred that he return to her here. She was having much trouble sleeping, and it was hard for her to secure the tranquilizers she had come to depend on. Miss [288] thought she sounded more optimistic than she had sounded for some time [11:30 P.M.]. However, eighteen hours later her body was discovered in her car in the garage, no gas, dead battery, ignition on, closed doors indicating she had got in car, started motor and passed out. Who knows whether it was accidental or planned? Her subconscious took over and acted on past desires.

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BACKGROUND OF READING 911-7 F 24

B1. 11/29/32 Questions submitted.

TEXT OF READING 911-7 F 24

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 2nd day of December, 1932, in accordance with request made by self - Mrs. [911], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 10: 55 to 11: 40 A. M. Eastern Standard Time. ..., N.Y.

1. GC: You will please give EXPLICIT counsel and instruction for the physical and spiritual sustenance of the body, [911], at ..., N.Y., stating why she feels so poorly and how she can hold mental and physical stability under her present conditions. Please direct her as to what course to follow, what place to go at the present time, or in the near future, to bring her health, calm, and contentment. Specify plainly what her daily program should consist of, for health, security, peace and advancement. Also please answer her questions relating to her mental and physical well-being, as I ask them:

2. EC: Yes, we have the body and those conditions physical and mental that disturb this body; these we have had before.

3. Now, as we find, there are many conditions to be considered in advising or counseling with the body; for the changes that are apparent since last we had same are not all for the betterment of the body.

4. There may be definite lines, rules or programs set out for the body, but to be bound by any SET definite period of activity, whether mental or physical, is one (among many) of the conditions in the experience of the body that has so often caused the rebellious forces to arise within the body mentally, and - necessarily physically.

5. Then, among the first considerations, the body should make up its own mind as to whether it is willing to pay the price in mental (and at times physical anguish) to reach the point where those conditions may be for the betterment and for the eventual awakening of the body, mental and physical, for the manifestations of the abilities that have been given and are apparent in the attributes and in the surroundings of the body, mentally AND physically.

6. That disorders are existent physically is so well known to the body, there is little or no question about same. With the associations and contacts with the information that has been presented to the body, in so far as it has adhered to the suggestions given there have been periods when the hope, the outlook, the attitude of the body has been physically and mentally improved through same.

SUICIDE CIRCULATING FILE

7. With the arising of rebellious forces, or some physical pains that were minor in themselves and necessary to be met by the filling of self WITH the hopes and the desire to overcome (and these being so overcome by the desires that have been allowed to be builded), the body has assumed the attitude: "I will break over this time, and the next time I won't. I will eat this because it pleases me at the present. I will take this, for I don't want to suffer right now, and next time I won't." This has been done until self loses such holds ON self as to become in a manner the slave to self's own INDULGENCES, in mental, physical and material things!

8. These conditions, then, require that there be made by self a definite stand to be taken; that is: "If there is given me a definite program to follow I will - I WILL - I WILL adhere to it, no matter WHAT I may suffer mentally or physically! I will TRUST in the DIVINE forces innate (and now submerged often) within my inner self for the STRENGTH to ENDURE, for the ability to say NO when I should!"

9. With such a definite stand taken, there may be followed that program which has been outlined so well for the body; as this:

10. "First, I know a diet is necessary in my physical condition. I will adhere to that I KNOW is not harmful. I WILL adhere to the use of only that which is beneficial now and hereafter for my welfare. I will take such medicinal properties only that WILL ADD TO MY PHYSICAL WELL-BEING! I will take such mental and physical exercises that add to those things administered in the adjustments and in the medicinal properties for my well-being. I will so conduct my own reading, my own studying, my own associations, in such a manner as to be beneficial to my physical and mental well-being."

11. Now these, in minutia, have been given the body from time to time. Will the body meet these, or will it have them FORCED UPON self? or will it continue to be combative with those things that don't suit for the MOMENT, without respect of the future or the well-being of the body physically or mentally? for the body should remember the visions that have been experienced time and again, that "I can - through the powers within me, with the aid of helpful association and administration by others - reach that place where I may not ONLY be dependent upon my own abilities, mentally AND physically, but I will meet also my responsibilities in such manners as I am in duty bound to others! I will THINK, I will act, I will consider OTHERS' needs BEFORE MY VERY OWN - even in my ministering to that within myself that requires adjustment mentally and physically!"

12. Where, then, may this be accomplished? First that determination must be found in self's OWN mind, heart and soul; for, as the body knows, it is not ALL of death to die, neither is it all of life JUST to live! but to be of a service to someone else is the ONLY way that life is made to be such as to bring contentment, and to find the joy, the pleasure in living.

13. Then, when such a determination has been reached, choose that surrounding (WHEREVER it may be) which is most conducive to bring those conditions in the

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experience of the entity. THERE make the PHYSICAL stand, that “Though the heavens may fall, though MY BODY MAY BE RACKED WITH PAIN, I WILL CONQUER IT HERE AND NOW!”

14. Only with such determinations may the body find that peace, that hope, that place where shadows do not fall, where joy and pleasure in well-being is the lot of the mental and material body.

15. Ready for questions.

16. (Q) How can I desire to live more than to die, especially during two weeks or more of every month?

(A) It is known by the body that this condition has been allowed to gradually increase by not doing things the body should, and by doing many things the body should not. Then, to meet these, the FIRST consideration MUST be taken in hand! The SPIRIT is willing, the FLESH is weak. CRUCIFY (if necessary) the flesh and the body, but SAVE the soul; save the spiritual self! and this may be accomplished through DESIRING first to AWAKEN that! Hold fast to that thou knowest in self is able TO OVERCOME these conditions! physically acting, physically doing those things that have been outlined that are conducive to INDUCING and producing the physical effects; and that which must be met mentally in torture of body, meet it with a SMILE! knowing that it can be - it MUST be - it WILL be overcome!

17. (Q) When I desire death more than life, how can I use my will?

(A) When desire for death and the desire for life is presented, what is it that makes the life go on? The will! The spiritual life, the essence of God itself! Would the body be so weak as to crucify that it worships, rather than that which is only tagged on - in desires? Make thy life ONE WITH His love! When such desires, such thoughts, even, find lodgement, look about self and see the struggle so many souls are making to keep body and soul together. How hast thou in ANY manner ministered to making THEIR burden lighter?

In lightening the burden of another thine own is lightened twofold. In lightening the burdens of another the whole of will's power is strengthened manyfold.

18. (Q) How can I desire to be well, to accomplish and to fight in spite of such inner and outward conditions, difficulties - family opposition, frustrations, etc?

(A) Only by the sheer will is there the desire to make beautiful the spirit of truth and life that gives animation to any desire of the body, the mind or the eye; and these conditions may ONLY be met BY that which has so oft been given: Not in self, but in the INNER self - the God that speaks within, and in GIVING that, in thought, in act, in desire, for the welfare of others - NOT OF SELF! Become SELFLESS! and there will grow that which makes the body, the mind, STRONG - and able to meet every obstacle in the physical conditions, in the social surroundings, in the family circles, with a smile; knowing that “If my life is one with Him the rest matters NOT,” and MEAN it! and DO it! and BE it!

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19. (Q) What is life for and what is expected of me?

(A) Use that thou hast to the glorifying NOT of self but of the Spirit that gives Life itself, that ye may BE a companion with that source of Life that impels every thought, every desire, when not of a selfish nature.

Using that thou hast for the satisfying of self's desires, self's own troubles, self's own conditions that arise, is being so self-centered as to destroy the good that may come to self.

20. (Q) Please give me some universal truths that will best meet and help my consciousness and aid me in the material life.

(A) Study in body, mind and soul to show thyself approved unto God, that gives eternal life; becoming less and less aware of the needs or DESIRES that gratify the CARNAL forces in the body, and show that thou hast - by thine prayer, thine meditation - reached into the inner self sufficient to make self less and less NEEDFUL OF the material things; for what is life, that ye gain power, position, wealth, and satisfy the longings of the flesh? Are ye but to lose thine own soul by so doing? It is in thine keeping! He stands ready to help, if ye will but LET Him help! but if self bars the door to thine consciousness, then indeed sad becomes the end!

21. (Q) What foods can be best taken care of by this body, at the present time, and are there any foods that this body should always do without?

(A) These have been so often outlined for the body! There have been ministrations to the needs of the physical body as the changes have taken place, and changes have been suggested for the different conditions in the body. Rebellest thou against that own better self? Thou knowest indeed that to meet the needs! To give that which IS necessary, follow CONSISTENTLY that which has been and is being outlined for the body from day to day, week to week. Eat those foods that are helpful; not those that are TEMPTING and that will require the inducing of those influences to meet the idiosyncrasies and the WEAKNESSES of the body! Rather make it thine BUSINESS to DO that thou KNOWEST! Thou knowest to do right, yet tempts own self - often!

22. (Q) Am I sexually normal?

(A) It has been indicated for the body that the very conditions which have been necessary, for the requiring of stimuli to the various organs of the body, tend to MAKE the body OVER sexed. This must be met in the same way and manner as every other condition that brings FOR the body those HARMFUL conditions, or conditions that tend to make it HARDER for the ills to be passed. Not that these desires are not to be gratified to the extent that makes for the developments in a normal manner, but to gratify ANY desire in the carnal forces OF the body - rather than in the satisfying of the spiritual life that comes of creation itself in such emotions - is to become such an one as to make for the pricks that are to be kicked against time and time again. Self well understands that such gratification has been and is conducive and inducive to those periods of torments that arise at times; while with the applications in foods, in activities, with the outlets of self mentally and physically, these associations may be brought to mean much. Cultivate the SPIRITUAL, the mental and physical desire, rather than those carnal desires that are gratified only for the moment.

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23. (Q) What is my vocational bent and what work could I love and gain in, and give most satisfactory results in?

(A) Designing, or in that which pertains to modeling, or design modeling. In these lines might the body succeed in no small measure.

24. We are through for the present.

REPORTS OF READING 911-7 F 24

R1. 8/25/34 Mr. [257]'s letter: “[911] no longer diets but says she is okay; has taken up Christian Science - says she owes her whole remaking to you.”

R2. 6/38 Mr. [257]'s letter: “Did I tell you [911] committed suicide? Write Mrs. [2118]; she is too broken hearted to write you, but said she will.” [See correspondence, sympathy, etc., between EC and [911]'s mother, Mrs. [2118].]

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INDEX OF READING 3415-1 F 22

DEMENTIA PRAECOX

Doctors: Buck, Edgar C.: M.D. Par. B3
: Schuster, Fred E.: D.C. Par. B2

Gynecology Par. 3, 7-A

Hospitalization: Still-Hildreth Par. 5

INJURIES: SPINE: COCCYX: AFTER EFFECTS

OSTEOPATHY

PELVIC DISORDERS: ADHESIONS: DEMENTIA PRAECOX

Prophecy: Personal: Longevity Par. 5
: Prognosis: Dementia Praecox Par. 2
: Suicide? Par. 5

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BACKGROUND OF READING 3415-1 F 22

B1. 9/13/43 Father's letter: "We have a daughter, [3415], age 22, single, about whom we are greatly worried. For the past 2 wks. she has had mental aberrations for which we cannot account, the most persistent being the notion that she is being used as the subject of experimentation for the advancement of science. She resents this 'experimentation' and has had a reproachful attitude towards us for not discussing it with her. She is not violent nor has she any eccentricities or abnormalities of habit or behavior. The family physician says she is well physically.

"Questions: What has caused this mental condition? Why does it persist? What treatment is necessary for a cure? If a cure results, what can be done to prevent a relapse?"

B2. 10/25/43 Father's letter: "We had placed [3415] in a Rest Home in Cincinnati where she remained 2 wks., during which time she was interrogated by psychiatrists, and also was given about 6 shock treatments to the head. She was very unhappy there among nervous and mental patients and as her trouble did not improve, we brought her home. "The following week we took her to a chiropractor, Dr. Fred E. Schuster who x-rayed her spine and gave her about 7 adjustments to correct a severe displacement of vertebrae at the base of the skull, and also of those that affect the thyroid. However, as [3415] is of the opinion that she does not need any sort of treatment, she refuses to continue having adjustments. She is better and her hallucinations have appeared less often and have less importance to her than formerly. She even worked, against her will, for a week at her former position of comptometer operator in a huge, noisy office of a local chain-grocery corporation. She dislikes to be thwarted or crossed... She read the article about you in the Coronet magazine and was very much interested in you."

B3. 11/16/43 Father's letter: "I have inserted the name of Dr. Edgar C. Buck in the application where recommendation is requested. He was the M.D. in attendance and treated her for nervousness and hysteria last summer during the first outbreak of her trouble. I am certain he will cooperate wholeheartedly if the services of a medical doctor be required... The medical doctors have diagnosed her trouble as 'psycho-neurosis', but we feel certain there is some physical cause for the development of this mental illness.

TEXT OF READING 3415-1 F 22

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 24th day of November, 1943, in accordance with request made by the father - Mr. [...] - new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by Dr. Edgar C. Buck, M.D.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.)

R E A D I N G

Time of Reading 4: 10 to 4: 15 P. M. Eastern War Time. ..., Ohio.

(Physical Suggestion)

1. EC: Yes, we have the body here.

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2. As we find here, there are definite disturbances in the physical organs of the body that are causing the hallucinations as well as those reflexes to the mental body.
3. Here we find, under a sympathetic gynecologist, there would be found such adhesions in the organs of the pelvis and the activity of the genital organs as to produce these disturbances.
4. These arise from an injury to the end of the spine.
5. If there is the inability to obtain such consideration in the present environs, do have the body examined at Still-Hildreth in Macon, Missouri. If this condition is taken in time, we find that this body can be saved from a life of confinement. For the cycle of life here will run long, unless there is self-effacement.
6. Do that.
7. (Q) Then this is not a hereditary condition?
(A) It is purely a physical condition, from a pressure existent in the coccyx end of the spine, affecting directly the organs of the pelvis.
8. We are through for the present.

REPORTS OF READING 3415-1 F 22

R1. 12/29/81 GD's note: We never heard further regarding this case. At the time, Mr. Cayce was asked to mail the reading to a friend's home, since they did not want it coming to the house. I'm making a note to myself, at this late date, to try to communicate with the parents or the friend of the family who was in sympathy with them getting the reading for Miss [3415]. IF the father wrote shortly after receiving the reading the letter may have been lost in the deluge of mail he was getting. Mr. Cayce was already ill himself and not able to handle his correspondence although he did his best to continue giving readings for the most needy cases - until Aug. '44.

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INDEX OF READING 3662-1 F 28

Appliances: Wet Cell: Dementia Praecox	Par. 11--14, 18-A
Chiropractic: Dementia Praecox	Par. 20-A
Conception: Dementia Praecox	Par. 15
DEMENTIA PRAECOX	
Doctors: Blankinship,Rex: M.D.	Par. B1, R1
Electrotherapy: Vibrator: Dementia Praecox	Par. 8, 20-A
Glands: Leydig: Dementia Praecox	Par. 5, 15
Healing: Nursing	Par. 6, 10, 21-A
Hospitalization: Home: Dementia Praecox	Par. 4, 7, 19-A
Osteopathy: Dementia Praecox	Par. 20-A
Physiotherapy: Massage: Camphorated Oil: Dementia Praecox : Peanut Oil:	Par. 9, 20-A Par. 9, 20-A
Possession: Dementia Praecox	Par. 4, 22-A
Prophecy: Prognosis: Dementia Praecox	Par. 15, 16
Religion: Christianity: Dementia Praecox	Par. 6
Sedation: Not Recommended: Dementia Praecox	Par. 4

BACKGROUND OF READING 3662-1 F 28

B1. 2/14/44 Mrs. [3662]'s husband, a Navy captain stationed in this vicinity, came to the A.R.E. office to be present for his wife's reading. That morning, he gave the following information:

"My mother-in-law told me that when my wife was 5 years old, she fell from a bridge on a bed of rocks, cutting the back of her head in such a way as to require several stitches. Subsequently she became very nervous and high-strung. By the time she attended high school, she preferred studying to school activities, was unfriendly and had developed an antisocial attitude. During our courtship, she was an attractive, considerate young woman, yet withdrawn and moody at times. At the age of 27, she suffered a nervous breakdown, and became so violent that it was necessary to commit her to a sanatorium. My mother-in-law and I decided that it would be best for her safety. In due course, she apparently recovered. The following diagnosis and prognosis of my wife is given in Dr. B. L. A.'s letter of 8/2/43:

"...In regard to Mrs. [3662], she was admitted to ... Sanatorium ..., Va., on 3/2/43. She was in a very excited state, under increased pressure of activity, talkative, irritable and abusive. She quieted down rather rapidly, and was discharged 4/11/43 to return home. Diagnosis: manic-depressive psychosis; manic state. Condition on discharge: recovered. Prognosis: good for recovery, but unfavorable for re-occurrence. Her laboratory work was all within the range of normalcy...'

"We took her home, and her condition seemed to improve. The latter part of 1943, she became restless and could not sleep. An additional factor developed at that time with regard to our marital relationship: her moodiness expressed itself in extremes of sexual frigidity or excess; while in the midst of one extreme, she would suddenly change into the other. For example, the following is a letter she wrote me on 1/29/44, while I was away from home on a two-weeks' leave:

"I'm playing like this isn't Saturday and just hope next week flies, but since thinking about it, believe you said you had the duty 2 weeks straight. Can't stand it. I adore you. Just think, this is Jan. 29, and we may get the apartment the 1st or 2nd week in Feb... Mother and I are going down town this afternoon, and do some shopping and then we'll go to a show. I washed my hair last nite and listened to a few programs and was really sleepy by 10 o'clock. I wrote Dr. B. L. A. a letter, will tell you all about it when I talk to you. I see so clearly how I do control mother and dad's feelings. I have always known, until I was sick that I did control yours to a certain extent, but I never knew how much until now. If you think you're happy now, just wait until we get our apt. I'll bet now you never did think I would change like this. I realize you had always hoped I would change in some respects such as considering little things, and not forgetting you in a crowd. You've told me that so many times and I would really think about it at the time and intended to do it but never did. You've always said we would learn more and more about each other as time went on, and that there would always be little things we would find out as the years went by, and now I know that too. You have taught me so much about life, love and the understanding of people in the 4 years we've known each other, but I did so little talking to you then about such things, but you knew me and loved me so much that you knew I had good qualities if I would ever let them out.

Darling, I'll never be content to just cease trying to learn new things and improving my mind as the years go by, and I know you won't because you've never stopped - whereas, I

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did for a while. I've never been able to understand until now, why you loved me so deeply, because I've always felt you were far superior to me intellectually, and guess you know now why - because you had been to college and I hadn't. Wasn't that foolish? We have presidents that have never been to school and I have made myself feel inferior because I didn't go to college. This little mind of mine has really thought a lot of foolish things in my 28 years, but I'm so fortunate that I finally opened my eyes, because so many people never do, and I never would have if I hadn't had you, my precious... I love you and you know it, thank goodness, and please always trust me. I have too much pride to ever be cheap, and I know you realize it. I truthfully don't mind you wearing the watch now, but know you realize now you should never have worn it around me while I was in the state of mind I was in, but there are so many things about mental or nervous cases we never knew until now, and I know God was with me all the time, because He never did let me even attempt suicide but once, and then C. H. R. came to the door with the groceries, so He was watching over me then. I had it in my mind a whole lot, as you knew at first, and I never did look for poison any more after that time you took that away from me here at the house. I'm glad you told mother to watch me, because when she had to go to town she would rush right back, so I knew I wouldn't have a chance to do a good job of it, so just finally forgot all about it. I would never have believed it, until it happened to me, that people having a nervous breakdown could remember all they had done and said, like I did. In some respects, it would have been better if I could have forgotten something - because that jail business worried me to death, that was one of the reasons I didn't go up town, I felt like every policeman was looking at me, and I felt like all the people I had known looked at me with the thought in mind that I was crazy and had been in an institution, but your love and patience made me finally wake up. I can just write on and on, but have to stop. Take care of yourself - I worship you - your wife always. Want to kiss you so bad.'

"When I returned home, I told her that I had received orders to report for overseas duty. Her reaction to this information resulted in a complete collapse, and again she became violent, and on Feb. 2, 1944, it seemed best to return her to ... Sanatorium in ..., Va.

"On Feb. 7, 1944, Dr. B. L. A. wrote me as follows:

"Mrs. [3662] remains excited and disturbed and has not quieted down much since her admission. I do hope she will soon show some improvement, and that I will have a more favorable report to forward to you!"

B2. 2/14/44 Husband's written questions submitted previous to reading, 4 of which are listed at end of 3662-1: "(1) Diagnosis? (2) Treatment? (3) Will having a baby help or hurt her after recovery?"

TEXT OF READING 3662-1 F 28

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 14th day of February, 1944, in accordance with request made by [3662]'s husband - Captain [...], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by article in "Coronet".

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.) [3662]'s husband.

R E A D I N G

Time of Reading 10: 35 to 10: 55 A. M. Eastern War Time. ..., Va.

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1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time, giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions as I ask them:
2. EC: [After repeating suggestion in an undertone]: Yes, we have the body here, [3662].
3. As we find, there are disturbances pathological and psychological that are preventing the better physical functionings in this body.
4. These can be materially aided, yet we find it should be under entirely different conditions from those existing in the present. There should be more of the personal interest than that from the institutional or collective applications. For here sedatives, that are the main portion of the treatments, will only make for less possibility of this disturbance being fully eliminated and the preventing of its re-occurrence. For unless proper corrections are made, there must eventually be caused a full possession or such a deterioration of the gray tissue or cell matter in the spinal cord as to set up deterioration in brain reflexes and reactions.
5. For as we find, there are those pressures existing in the coccyx, and in the lower lumbar and sacral areas, that have prevented and that do prevent the normal closing of the lyden [Leydig?] gland in its activity through the body. Thus we have those periods when the body is averse to body-passion and again is as if being possessed by same, causing mental aberrations and imaginations, with the sensory system in its reflexes bringing an illness of whatever nature is indicated in any conversation about the body. These cause fears, dreads and such conditions throughout the body.
6. There should not necessarily be needed a trained nurse, but a Christian person or a sympathetic Christian nurse with practical religious tendencies; not a fanatic, but practical, applying that she professes, rather than professing that others should apply in their experience.
7. Then, such an environment is needed in a more open surrounding, or at home, or at some quiet place where there can be a great deal of companionship, of study, of reasoning, yes of spiritual reasoning together.
8. Also there should be twice each day the electrically driven vibrator over the area of the coccyx, the sacral and the lumbar, for 10 to 15 to 20 minutes.
9. Immediately following the use of the vibrator, give the body a gentle massage over the same areas with an equal combination of camphorated oil and peanut oil.
10. This may at some period, during the first, second or third, or even to the 12 or 15 treatments, apparently cause some excitement, some abnormalcy to the body. This is why the treatment should be given by a practical nurse.

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11. For 30 minutes only 3 times each week for this body, preferably when the body is prepared for retiring in the evening, we would use the low Wet Cell Appliance to carry Chloride of Gold vibratorially to the body, in the proportions of one grain to each ounce of distilled water.
12. Make the Appliance regular strength.
13. The copper plate would be attached to the 4th lumbar center. The larger plate, through which the Gold Solution passes vibratorially, would be attached to the lacteal duct and umbilical center, which on this body will be the width of 3 fingers from the navel center to the right, and 2 fingers up from that point.
14. Do disconnect and take the connection from the solution when not in use. Put together about 20 minutes before it is to be attached to the body. Keep the U-shape wire in the solution and the attachment plates very clean. Rub them off with the emery paper each time before attaching to the body, and each time when taking them off from the body.
15. Do these and we may bring conditions such that conception would be a helpful influence to the body, while under present conditions, it would not only be detrimental, but would be practically assuring that there would not be a correction of the disturbance. For these cells must be closed, must be functioning normally before creative energies through the system would be made manifest.
16. Do these and we will bring near to normal conditions for this body.
17. Ready for questions.
18. (Q) How long should these treatments be kept up in this manner? [Conductor's question for clarification]
(A) At least 90 days, changing the Gold Solution and the Charging Solution every 30 days.
19. (Q) Is her home the best place for her after leaving the sanatorium?
(A) As indicated, either the home or some quiet rest home.
20. (Q) Will this condition continue to recur?
(A) Read what has just been indicated. It will, unless corrections are made, and these will be made not necessarily by chiropractic or osteopathic changes, but by massage with the properties indicated and the character of treatment suggested. Use the cup applicator of the electrical vibrator, stimulating the segments in the coccyx, the lumbar and sacral, that the circulation may be correctly affected. Even 30 minutes may not be too long to give the vibrator treatments. Do not use the hard knob or flat applicator, but the cup, that is fairly stiff, you see.
21. (Q) Can her mother help her recover completely?

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(A) She may help, but there should be a companion nurse for at least half the time or longer.

22. (Q) Is there danger of suicide, as before?

(A) Not if we do these things. Without - well, the body is not responsible, as indicated. This is possession, you see. But this comes and goes. Do these things and we will bring near to normal conditions for this body.

23. We are through with this reading.

REPORTS OF READING 3662-1 F 28

R1. 5/44 Comment by IMG: "Mrs. [3662]'s husband came to the office for further consultation about his wife's case. He told me that he showed his wife's reading to Dr. B. L. A. of ... Sanatorium ..., Va. The doctor's reaction was that a permanent cure was questionable, and that the Sanatorium was not in a position to follow the treatment outlined in the reading. However, the doctor did not discourage the husband from following the suggestions in her reading. The problem was the following: He could either leave his wife in the Sanatorium, or he could take her home to live with his mother-in-law, who would have to bear the entire responsibility. He would not be available, as he was being sent overseas. I expressed my opinion that for the best interest of his wife's recovery, an effort should be made to secure a person such as described in the reading in order to help his mother-in-law care for his wife. When he left the office, he had not decided on a definite course of action.

R2. 12/44 A.R.E. records do not show that the Wet Cell Appliance was ordered from Mr. A. M. Godfrey.

R3. 10/25/45 Husband's letter: "Have just returned to States. Believe I owe you a small amount. Am sending this anyway, to be credited to my account or used for research.

R4. 10/29/45 A.R.E. form letter: "We have just received your generous gift ..." P.S. by GD: "Thank you for the \$5 which apparently is to be applied on the reading for your wife. We would appreciate a report on her case, at your convenience... Enclosed is a membership card. Kindly let us have your permanent address."

R5. 5/23/44 and 6/4/46 Second class test mailings. Whereabouts unknown.

R6. 7/7/52 No record of verbal or written contact on this case since 10/25/45.

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BACKGROUND OF READING 4432-1 M ADULT

None.

TEXT OF READING 4432-1 M ADULT

This psychic reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 25th day of November, 1928, in accordance with request made by self - [4432].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno. Dr. Thos. B. House, Mr. [4432] present in EC's living room.

R E A D I N G

Time of Reading 4: 20 P. M. Eastern Standard Time. ..., Va.

(Physical Suggestion - [4432] present in the living room of this house.)

1. EC: Yes, we have the body here - [4432]. Now, in the physical forces of the body we find there are conditions that nominally would be called purely MENTAL. We have conditions that, viewed from the psychiatrist standpoint, are of a MENTAL. We have conditions as viewed from the psycho-analytical condition would be called suppression; yet these are NOT correct, yet all would be correct.
2. In the condition then existent, we find there are physical functionings that have been not so much suppressed as so OVERTAXED as to cause enlargements that produce in the functioning of the sympathetic and cerebro-spinal system those of incoordination, or not proper returns from impulse; or that of FEAR supplanted often by that of depression following same.
3. By analysis and by examination there will be found an engorgement in the 1st and 2nd cervical, or at the base, where through the gland there (pineal) to the brain centers, we find the reaction such as to produce an improper condition, or that state that has reached that of where even scar tissue (may be termed) has formed in centers of the brain; though not in a nature that could not be assisted or REMOVED were these taken or handled properly.
4. Now the question arises, where or what produced such conditions. There will be seen in the history of the body and its development, those conditions wherein through forces that deal with the continuity of life, the application of self towards self as respecting conditions happening in or through the leydig glands, and with that of the endocrine glands, and with those that affect the end of the pineal, those that caused this over-activity through the genitourinary system. This, then, in its reaction brought about these engorgements. Then that suppression through the activity of the body as respecting such relations. Then that of sorrow, sadness, and fear entered with this pressure. Now there is seen, by relieving the pressure along the cerebro-spinal system, especially in the region of those centers governing the leydig and the glands about the capsule of the kidney that add to the activity of those that engender in the genitourinary organism those activities in generation which act directly with the forces of the pineal centers, going to and through that of the medulla oblongata, these form the connection where, as given, relief may be temporarily

SUICIDE CIRCULATING FILE

had by the relieving of these conditions; yet there not being in the system that which will add TO that of the cellular forces as would replace the body activity in development as is reached after the age that is necessary for the engendering into the system of those principles that are added in the activity of the leydig gland, these are only temporary.

Now the condition having reached so far, necessary to add to the system that which will produce in the system that of hypnosis to the sympathetic and cerebro-spinal - these are hardships to be met. Had this been taken from six to seven years ago, easily might this have been corrected. Had there been added to the system those properties or those vibrations that would respond to the gentation, or to the replenishing in the system of that stability of replenishing in cellular vibration. Yet these may be added to bring about bettered condition, and would the body RESPOND to these, these may be kept continually so, until we would find within six months to sixteen months a response that would bring bettered conditions, provided there were not the continuation of those narcotics in the system. So we have two conditions to combat. One entirely differing from the other. These may be added, then, through the addition of the vibration as would be set by the Radio-Active Appliance carrying Gold into the system, see? These should be given at least once each day, preferably just before retiring, or it may be taken in the afternoon and the dosage of the narcotic or hypnosis gradually reduced until the vibrations from the Radio-Active forces would be given in its stead. The manipulations should be gentle each day, and stiff or deeper every third day, see? Two days gentle, one day then the deeper. Continue with these until they are able to reduce the amount of the narcotic or the hypnosis, or this may be CHANGED to a capsule that would assist in relieving the pain or the depression, and which would be EASIER removed, though of necessity there will have to be those of common judgement used, else we will find self-destruction coming to the front in same. In these capsules we would use this, as a liquid, and this in each dose:

Eucalyptol, Oil of.....1 minim,
Creosote.....1/2 minim,
Turpentine, Extract of.....1 minim,
Canadian Balsam.....1 minim.

Needn't make more than two or three of these, for they will not last. These should not be given more than one every other day, see? This will of necessity not be begun until the dosage of the hypnotic is reduced to a very nominal or normal; but in sixteen months, with this careful training, this careful activity, the body should be near normal. We are through for the present.

REPORTS OF READING 4432-1 M ADULT

None.

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BACKGROUND OF READING 4853-1 F ADULT

B1. 4/16/31 Sister's letter: "I am enclosing application blank with check. I am most anxious to help my sister who is suffering with melancholia for three years. Her only desire is to die. Several doctors have been consulted but none have found her trouble. My hopes and prayers now lie with you and I trust God you can help her find contentment again."

B2. 4/21/31 GD's letter to [4853]'s sister: "Mr. Cayce will be very glad to attempt to help your sister, and we are making an appointment for the reading for the morning of Thursday, April 30th, between the hour of 11: 00 and 12: 00 o'clock Eastern Standard Time.

"If you desire that this reading be made, it will be necessary for you to let us have your sister's full given name, also just the exact address where she will be during the time set. It would also be well for you to make a list of questions to have asked in the reading concerning her condition.

"Hoping to hear from you soon, and that we may be of service..."

B3. 4/23/31 Sister verifying appointment submitted questions. This question submitted as #1 was answered in the reading without being asked: "What caused my sister's occasional spells of melancholia after she reached puberty?"

TEXT OF READING 4853-1 F ADULT

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 30th day of April, 1931, in accordance with request made by her sister, Mrs. [...].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 11: 15 A. M. Eastern Standard Time. ..., N.Y.

(Physical Suggestion)

1. EC: Yes, we have the body and those conditions as surround same, [4853].

2. In giving that that may be of aid in the present, in correcting the disturbances, we find it will be necessary that the causes of the disorders be understood - and these conditions, as we find, may not be pleasant to some. There existed a prenatal condition from the condition of the sire, or father, that brought into the system those effects in the nervous system as related to the genitive organs and genitive relations those forces as made for a weakening of the associations or connections in the nervous system; so that, as the body reached that age wherein nature was to discharge in the system those forces as made for creative energies in the system, these failed to respond in their proper way and manner. This brought about a suppression of the whole nervous system, especially as related to the sympathetic system, making for those of imaginations, screaming out in the night, suppression of the urine, again an over-activity of same; nausea arising during those periods when there was an over-activity of the gastric forces in the digestive system themselves - this produced by the call upon nature's forces in the body to supply those necessary elements to create those needs as were forced to be active through the organs themselves' functioning in this particular developing force of the body itself. THESE, as

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we find, HAVE brought about - DO bring about - those tendencies in the present. Unless there be supplied those forces in the vibrations or make-up in the body itself, not only to SUPPLY the needs but to destroy that tendency of the muco-effect in the plasms of the nervous forces to the organs of genitration, and effect to the brain centers and to those of the glands as act with same - in the pineal, the pituitary, the adrenal, the secretions in those of the active forces in assimilation - or the lacteals; ALL of these must be supplied, with a changed vibration - and will we be able to create same in such a way and manner as to bring about coordination, we may overcome those activities that produce for the system those effects in the body as are acting on the sensory system, so that the body has those spells of wanting to be alone, desiring even to destroy self, desiring to tear and break things, desiring to be rid of the eyes or the watching of others, imagining people are watching the body when they are not; these are natural results from the character of the disorder, as which the body itself NOT responsible! To go deeper into the conditions, then, it would be asked WHY, within the body. These would be with the metaphysical forces, as has been meted by the entity or the body itself - and these might be seen from the approach from a different angle.

3. To meet these in the present, necessary - then - that those who may apply those forces in the activities of a human body take warning by the conditions as exist in this body, and aid THIS body in gaining a normal equilibrium in its mental balance, in its physical balance, in its reaction throughout.

4. These, as we would find, would be the manners to approach this in the present:

5. This will of necessity be a persistent, a consistent, application. Do not begin unless there is the full expectancy and determination to see this through to where the body may be its normal self again, even in its earliest teen ages.

6. In the applications, then, we would apply those forces as may be found in the wet cell appliances, that carry one of nickel the other of copper in the anode - see? and these are to pass through the gold solution in one treatment and through the silver solution in the next treatment, and these would be given, we will say, on Tuesdays the gold solution and on Thursdays the silver solution - THAT ratio, see? In the applying same to the body, we would apply that anode first as has NOT the medication or medicinal properties passing through same in its vibration, to the 11th and 12th dorsal area. That carrying the solution, apply to the umbilicus center - and this should be taken for - in the beginning - thirty minutes, each one. After the tenth or twelfth day, the time may be increased to sixty minutes.

7. If these are given in this ratio, then on Mondays and on Wednesdays there should be the thorough manipulations and massage of the whole body; these given that the capillary circulation, structural portions of the body - be given osteopathically, but as a GENERAL massage throughout, making the corrections as will be necessary from time to time along the cerebrospinal system, but carrying same to the extremities as well as to the torso of the body and to the radial axis of nerve plexus - following them all out.

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8. Keep the eliminations good as related to the alimentary canal, these more by diet and by the use of the excavations - or those of colonic irrigations - than by medicinal properties or cathartics.

9. The diet should be that of a general one, keeping stamina and stability through the whole system.

10. Keep this for - as the one or first application from the plain battery itself will last - thirty-six days; THEN we would give the necessary changes for the corrections in this body. Ready for questions.

11. (Q) What caused her derangement of mind six months after she was married?

(A) The same effects as seen from those conditions existent in the system, only become accentuated by the activities of the imaginative system - through the forces as has been seen in system, from incipency of the conditions.

12. (Q) What caused her to fall into comas during and after pregnancy?

(A) This same reaction, with the system attempting to adjust itself. This, as seen, not produced from - that is, in the system itself, see - not produced from that as the more violent stage of those conditions in a body, but that that is more OFTEN considered as slight and of little moment.

13. (Q) What is causing her extreme nervousness and melancholia at the present time?

(A) The inability of the system to adjust itself for proper coordination, as has been outlined. Do as we have given if we would bring the conditions. Be persistent, be consistent, and we will - within the next twelve to eighteen months - bring about a near normalcy for this body. We are through for the present.

REPORTS OF READING 4853-1 F ADULT

R1. 4/30/31 GD's letter to [4853]'s sister: "We are enclosing a copy of the reading obtained for your sister this morning at the appointed time.

"If there is anything you do not understand in regard to this reading, please write us about it - as we now have a department for the interpretation of readings.

"It seems that the first step is to decide whether or not you will 'see the thing through' and carry out this treatment for your sister. If you decide to do so, then write us and we will give the order for the preparation of this wet cell battery mentioned. It would be the main treatment, followed by the osteopathic manipulations, diet, and general eliminations - then, as suggested in the reading, after following such an outline for thirty-six days there should be a change to another mode of treatment which would be outlined through these sources.

"Hoping that this reading will create enough faith in the treatment suggested for you to desire to carry it out to the letter, so that your sister may be helped, I am..."

SUICIDE CIRCULATING FILE

R2. 5/4/31 Sister's telegram to GD: "WISH START TREATMENT AT ONCE PLEASE GIVE ORDERS FOR PREPARATION BATTERY MENTIONED ALSO IDEA COST BATTERY"

R3. 5/4/31 GD's letter to [4853]'s sister: "Your wire just came, and the young man in charge of our mechanical appliance department is making up the battery in accordance with the directions given for your sister in the reading. It will go forward just as soon as he can get the materials together and prepare it for you. The price of this battery is \$25.00. It will come to you with full directions as to its use.

"The young man suggests that in the meantime you can save quite a delay by catching a gallon and a half of rain water, in a GLASS container - for this will be necessary to charge the battery when you receive it. If it is impossible for you to obtain the rain water (it must not be caught from a roof or have any contamination of metals whatsoever), then you should obtain a gallon and a half of laboratory glass distilled water.

"If there is any part of the treatment you do not understand, either now or after you receive the battery, please don't hesitate to question us - for we are only too glad to help wherever possible.

"Assuring you that we will get this battery to you just as quickly as possible, and hoping that we have been and may be of service to your sister..."

R4. 5/11/31 GD's letter to [4853]'s sister: "Today we are expressing to you direct the wet cell battery which has been prepared for your sister. We are enclosing directions for the setting up and use of this appliance. If there is anything not quite clear to you, please write us at once and we will try to explain as clearly as possible through letter.

"The silver nitrate solution is already made up. Just put it in the container vial. Packed in the battery you will find a fifteen grain ampule of chloride of gold. Break the ampule and dissolve contents in fifteen ounces liquid distilled water. This quantity will last for quite a while, as only a small amount is used in vial between the times of the recharging of battery - the directions for which are set up in the enclosed outline.

"Hoping you will let us keep in touch with you from day to day, and that by the time the next reading is necessary you will see a change in your sister's condition..."

R5. 5/14/31 [4853]'s sister's letter to GD: "The battery came yesterday and I am glad to say we have it fixed up alright. Your instructions were very clear and I am sure I understand how to apply it to my sister according to the reading. I am enclosing a check for battery made out to Mr. Cayce.

"As I understand it I am to write within about twenty-two days for more chemicals; also there is to be another reading. Will you inform me when this is to be? And am I to assume it will be at the end of thirty-six days as mentioned in her first reading? I am very much interested in every detail of this as you can appreciate how anxious I am to see my sister her normal self again. I have the greatest faith in the readings and treatments I can assure you.

"Thanking you for your kind help so far..."

"P.S. My sister is now with me and will be for quite some time, as the address at the head of this letter will be hers for future reading."

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R6. 5/18/31 GD's letter to [4853]'s sister: "Your letter of the 14th enclosing check for the battery was received, for which we thank you very much. I am certainly glad to know that the instructions were clear to you and that you understand how to apply the battery to your sister according to the reading. It is just recently that we have begun to send these batteries away. Formerly these treatments were only given in the hospital here, where the reactions could be watched carefully and scientific notes made as to results from their use. I am sure, though, that with your faith and constant application of the suggestions given in the readings, the results will come as quickly as they could were the treatments followed here; perhaps sooner - for the constant prayer and great desire of the one making the applications surely must have much to do with the changes being brought. "It seems from your sister's reading that these first applications from the battery would last thirty-six days. So, I would advise that you write for the check reading in about twenty days - then we could be sure to get it in time. In the meantime, of course, she should be having the osteopathic treatments, the colonic irrigations, and the diet outlined; but I'm sure you understand all that.

"Expecting to have your request for the check reading, then, shortly before the chemicals are used up, and hoping you will write us in the meantime if there is anything you want to know about the treatment..."

R7. 5/21/31 [4853]'s sister's letter to GD: "It just occurred to me that it might be a good idea to tell you just how I am using the battery for my sister.

"The reading as I interpret it says she is to have two treatments a week, on Tuesdays and Thursdays. I've been doing this but perhaps I am making a mistake by not giving one every other day. Do you think Mr. Cayce meant this or I am right in giving just the two a week on the days mentioned?

"When giving her the treatments I first fasten the plate that goes to the 11th and 12th dorsal and then I attach the one that goes on her stomach. I am quite sure I am right about this but would appreciate your checking me up on it.

"There is another thing I want to mention and that is, after I finish giving her a treatment where the silver solution is used, I notice the lead wire is considerably thinner. Is this to be expected? And if it gets so thin that it will break, what am I to do?

"I might say that she is having two osteopath treatments a week; also that the other suggestions are being carried out.

"In your last letter you said the battery treatments were to last thirty-six days and then she was to have a check reading. I understand that part alright, but in the letter you sent when you sent the battery, you mentioned that I may need new chemicals in about twenty-two days to recharge the battery. Is this correct?

"Trusting I am doing things right..."

"P.S. When should I change to solutions in the vials? (The gold and silver)."

R8. 5/27/31 GD's letter to [4853]'s sister: "As far as I can judge from the reading, you are applying the battery exactly right as you outlined in your letter.

"I talked with Mr. Cayce regarding the lead wire getting thinner when the silver solution is used, and he says this is due to the fact that the silver solution is a little strong - and he would suggest that you add to the silver solution you have prepared about one ounce more of the distilled water. Should the wire break, just return it to us immediately and we will send you another.

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“I would suggest that the vials be filled with a new solution of gold and silver after every three treatments with each. It may be that you will run out of these solutions before the thirty-six days are up. If so, let us know and we will send more immediately. Of course, you can tell within a week or so of the time whether it is going to last or not.

“Hoping this is all quite clear, and that we may hear from you again whenever there is anything you want to know...”

R9. 6/6/31 [4853]'s sister's letter to GD: “As I figure it, my sister is to have a check reading on or about the 19th of June. This is just thirty-six days from her first battery treatment. By writing you now, I feel it will give you plenty of time to arrange the appointment. I want to mention now that she will be at the address on this letter at the time of her reading, which is my home of course.

“My sister has gained six pounds in the four weeks I've had her. She is less nervous but still very depressed.

“I will expect to hear from you, Miss Davis, as to when she is to have her reading. Will you also let me know what the fee is for this check reading...”

R10. 6/13/31 GD's letter to [4853]'s sister: “We are making the appointment for your sister's check reading for the morning of next Friday, the 19th, between 11: 00 and 12: 00 o'clock Eastern Standard Time. Is that satisfactory? If so, please let us know just where she will be during that time.

“Did you receive the chemicals which the man in Norfolk came out and got for you? I am so glad to know that your sister is some better, and I am sure she will continue to improve under your careful attention. If you keep up the treatment I am sure you will get the results promised.

“Please let us hear from you in time for the reading next Friday.”

“P.S. Check readings are \$10.00.

“P.S.#2. Please send a list of any questions you would like to have asked in the reading regarding your sister's condition, or as to the treatment.”

R11. 6/15/31 [4853]'s sister's letter to GD: “...My sister will be at the above address at the time of her reading on Friday morning.

“I received the chemicals alright and thank you for sending them. I will include my remittance for them in my enclosed check.

“There is one thing that puzzles me about my sister's condition and I would like to ask about it in the reading. About twice a day and sometimes three times a feeling of blackness comes over her. It frightens her exceedingly and it takes her an hour or more before it passes off entirely. She claims, when she has one of these attacks that everything seems unreal and strange to her; even I do. I don't know just how to word a question covering this. Perhaps you could help me out and ask it some way. I would appreciate it so much.

“In the first reading it said the battery would last for thirty-six days. Am I to understand by that, that she is to discontinue the use of it after that time?

“Enclosed you will find my check for reading and chemicals...”

R12. 6/9/31 See 4853-2.

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BACKGROUND OF READING 4853-2 F ADULT

B1. See 4853-1.

TEXT OF READING 4853-2 F ADULT

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 19th day of June, 1931, in accordance with request made by her sister, Mrs. [...].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G At her Time of Reading sister's home, 11: 50 A. M.
Eastern Standard Time. Scarsdale, N.Y.

(Physical Suggestion)

1. EC: Yes, we have the body here - this we have had before. Now, we find there are general improvements in the physical forces of this body. While there is not the full coordination as there should be in the mental and the physical, and the organs as are active with the reactions and retractory forces of the body, these are gradually upon the improve.
2. We would add TO that of the battery appliance those of the general manipulation over the whole system, rather in the nature of the NEUROPATHIC application, following out to the nerve ends from their sources in the cerebrospinal system, especially in those of the upper dorsal and the cervical region. We would also straighten, gradually, those conditions that exist in the coccyx region. This will be done by gradually SPRINGING, or adjusting these bone ends that make for pressure, that causes periods of almost coma for the body; that tendency of LOSING self, of dizziness through the system, comes from the attempt of the nerves to make their proper coordination through the lumbar AND sacral region, finding reflex action in the upper dorsal and cervical, that make for a rush of the blood TO and from the brain.
3. With the applications of the battery forces, or low electrical vibration, we will find this will change the activity of nerve energy and bring about a near normal force for this body.
4. Ready for questions.
5. The neuropathic treatments we would give each day, a general one. Every second or third day make adjustments with the manipulations. They may be given by those of the neuropathic school, or by the osteopathic school that will FOLLOW those of the neuropathic MOVEMENTS - see?
6. (Q) What causes the feeling of blackness that comes over her two or three times a day, when everything seems unreal and strange to her?
(A) The pressure as has been described in the coccyx region, acting reflexly on the hypogastric and pneumogastric plexus to the brain centers themselves, producing that flow OF blood, or flow of blood FROM the brain - to or from the brain. These come in different reactions.
7. (Q) Should present treatments be continued?
(A) Those of the battery appliance should. Add TO those, those of the NEUROPATHIC manipulations and adjustments.
8. We are through with this reading.

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REPORTS OF READING 4853-2 F ADULT

R1. 6/19/31 GD's letter to [4853]'s sister:

Mrs. [...] ..., N.Y.

Dear Mrs. [...],

We are enclosing a copy of your sister's check-reading, which was gotten this morning. You will see from this, that the battery treatment is to be continued. There should be added the NEUROPATHIC massage, and the gradual correction neuropathically of the pressure in the coccyx region causing her whole trouble. Your present osteopath, if in sympathy, might be able to give these neuropathic treatments. If not, it would be well for you to engage a good neuropath instead.

Hoping that this reading is clear to you, that you will keep us informed, and that your sister will continue to be on the improve, I am

Sincerely, [signed] Gladys Davis, Secretary to Mr. Cayce

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BACKGROUND OF READING 5302-1 M 35

B1. 11/30/43 Letter: "I am suffering from a bad psychoneurosis. I have a total lack of confidence in my dealings with others especially. The psychiatrists would call me an extreme introvert. This thing started growing on me some years ago and now it seems I can't break it. I know I can if I find the key to the solution to my trouble. This fear, this timidity makes me die a thousand deaths a day. There are so many things involved in this, that it is very confusing. I believe once I clear up the mental aspects the other things will be taken care of. I've been suffering with arthritis, but I believe it is caused by my outlook on life."

B2. 5/17/44 "I am so self-conscious, nervous and feel so inferior that it interferes with my living."

TEXT OF READING 5302-1 M 35 (Marine Electrician Helper)

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 28th day of June, 1944, in accordance with request made by self - Mr. [5302], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by the article in Coronet (?).

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Jeanette Fitch, Stenos.

R E A D I N G

Born May 8, 1909, in San Francisco, Calif.

Time of Reading Set bet. 10: 30 to 11: 30 A. M. Eastern War Time. ..., Calif.

1. GC: You will give the relations of this entity and the universe, and the universal forces; giving the conditions which are as personalities, latent and exhibited in the present life; also the former appearances in the earth plane, giving time, place and the name, and that in each life which built or retarded the development for the entity; giving the abilities of the present entity, that to which it may attain, and how. You will answer the questions as I ask them.
2. EC: Yes, we have the records here of that entity now known as or called [5302].
3. In giving the interpretations of the records, there is much to choose from and while that which may be given here may appear as condemning, this takes not from the latent and the manifested abilities which are manifested in this entity; yet there are those tendencies for this entity to see only the dark side of any experience. The entity is pessimistic as to the outcome of any venture.
4. These should be rather replaced with the mind building to see the lessons in pointed stories, or in those told more in the manner of dispensation of periods, or when changes are wrought in the experience.
5. Thus, as we find, there may be made those associations, those connections wherein the entity will read a great many funny papers, or the whole attention of the mind should be turned to Creative Forces which would bring about the opportunities for the possibilities which are latent and manifest in the experiences of this entity.
6. These experiences are too oft allowed to be pushed aside or be considered, "Well, that's what he thinks."
7. Think, then, for self; know God is not mocked and whatsoever a man soweth, that must he reap. If ye feel sorry for self, is there any help? If ye would be a man, be manly! If ye would have friends, act friendly! If ye would have love, manifest same in thy

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relationships with others! and these bring fruits which may be the greater contributing factors in the entity finding itself.

8. The abilities are indicated in regard to activities in correspondence. Conditions which would turn to Creative Energies which would apply to electrical forces will be portions of the entity's experience. Follow through with these, if there would be brought into the experience and into the life's activity those associations of ideas and ideals which would bring bettered conditions for this body.

9. As to the appearances in the earth, these have been quite varied. While all may not be indicated, here is given the pattern as to how, through whom and where, the entity might do better in self. Think straight, express self well, manifest love to gain even that which would be helpful for the entity.

10. Before this we find the entity was in the land of the present nativity and these bring into the entity the desire for at times, "ending it all." These must be kept far, far from the composition of the entity, in building for helpful experiences in the lives of others, in activities for others.

11. For the entity was then in the name Carlot Higgensen. In the experiences the entity acted in helpful parts to many.

12. As a teacher, as a minister, as an active influence in bringing interpretations of the lives and activities of others, may ye be active in the line of endeavor that others of thy friends, others of thy neighbors may come to know ye walk and talk oft with God.

13. Before that we find the entity was in the French land during those periods when Charles II was in exile in that area. The entity was among those acquainted with that entity; not exactly the body-guard nor the friend in whole-hearted sympathy with the undertakings, and yet placed in the position of standing between those who would "make over" and those who would humble themselves before this ruler.

14. The entity was then in the name of Cexelu. In the experience the entity lost, for there were many who should have remembered, who forgot, as in self.

15. Forget not to remember the good things which may bring greater harmony in the loves and life of others.

16. Before that we find the entity was in the Egyptian land during those periods when there were those corrections through the Temple of Sacrifice. The entity offered self, the entity was active and yet turned from those things which were the greater abilities for expressing self to others, and thus the drudgery that living is to the entity.

17. The name then was Herved.

18. As to the abilities of the entity, then, first:

19. DO NOT become so much the introvert who thinks only for self's own indulgences, but the activities in which greater and greater may be the better application of the tenets and the truths of the life within.

20. Ready for questions.

21. (Q) What line of work would I be most successful in?

(A) As has been indicated, that which would have to do with Creative Forces applied to material doings and things.

22. (Q) Specifically what kind of job would this be?

(A) As has just been indicated.

23. (Q) What is the cause of my fear and how may I overcome it?

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(A) By seeing the ridiculous and yet the funny side of every experience. Knowing and believing in whom ye have trusted, in the Lord; for without that consciousness of the indwelling, little may ever be accomplished.

24. (Q) What is the cause of my fear?

(A) Self-condemnation.

25. (Q) How may I gain confidence to such a degree that I may undertake new adventures?

(A) Trust in Lord, Jesus Christ, and not in [5302]!

26. (Q) Why am I unable to meet people with confidence?

(A) Read what just has been given.

27. We are through with this Reading.

REPORTS OF READING 5302-1 M 35

R1. 7/12/44 [5302]'s letter: "I'm afraid I do not understand some of it...the information isn't very specific. As I have no recollection of my former existences, the information is vague. Please do not think that I am complaining, however, as I would like a Life Reading [Physical Reading?] and that perhaps will give me further information. I am deeply interested in all psychic manifestations. I have read most of Stewart Edward White's books on the subject. I wish I had your psychic development."

R2. 7/17/45 "In regard to the paragraph on bottom of first page [5302-1, Par. 5], the only funny papers I read are in the evening news, like millions of other people do. No doubt it is a subtle way of saying that I fritter my time away. If I see only the dark side of every experience, and am pessimistic about the outcome of every venture, there must be a reason for it. What I want to know is, what is the reason, and how may I overcome it? One answer reads, 'Trust in the Lord Jesus Christ and not in [5302]'. Altho I have been trying hard lately, I admit I'm not very religious. And why is that? It says that, in my last appearance, and in the land of my present nativity (I suppose that is ..., Calif.), I was in the name Carlot Higgenson. I can't make out the next paragraph here. The words 'may ye be active' and 'neighbors may come to know,' I don't know whether to connect this with Carlot Higgensen or that I may become these things in the future. If I was a minister or teacher why is it that it does not influence my religious side now? Also it states that because I was in the land of my present nativity, is the reason for the desire to 'end it all'. My past experiences are so vague that I can't possibly connect them with the present. It would seem we do not carry over from one incarnation to the other any of the lessons learned, because it says on the last page, when I was in the Egyptian land, and my name was Herved, that I turned from the greater abilities for expressing myself to others, and thus the drudgery that living is today. In short, I'm suffering for something today that I failed to do thousands of years ago. I hope, Mr. EC, you will not think me bitter. Really, I'm only trying to make heads or tails of this thing. You see I'm still drifting along in mental turmoil. I haven't worked since last Xmas because of a chronic gout condition. So life is drudgery alright. I've dabbled quite a bit in psychology, metaphysics and things esoteric. I think the reading is too abstract... If you think additional readings will help, then I'm for it."

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BACKGROUND OF READING 4242-1 F ADULT

B1. 2/25/26 [779]'s letter to EC: "...I have a first cousin [4242] now at ..., Ala. that is in a very very bad condition and has been for some time, but she has been living in Calif. for several years and just been back about 10 days. Her sister Mrs [...] of ... has her at her home now, she went to Los Angeles, Cal. to take her out of the hospital and the asylum and brought her home, so my mother just from ..., today has told Mrs. [...] about your work and what I thought of it, so Mrs. [...] requested that I write you and ask that you please give a reading just as soon as possible, of which I hope you will soon do. Now I know this is a sure enough bad case, but I believe it can be helped at least we'll know if there can be any hope. So I am going to do my best to see that this given as per reading as I know this is what I will call a test case, unless I am badly fooled. Please arrange to give reading [4242] (physical and mental) soon as you can arrange to do so. If you do not have time to advise me date of reading, please wire me date at my expense, and I shall call Mrs. [...] and give her hour and date so that her sister be at her home. Please let me know a few hours before reading so I can have time to phone Mrs. [...]. You will also please mail reading to me at ... and I will take same over and help them out, at which time I shall collect for same and send you. Say by the way can you send me some of those request cards for reading that you send out to be signed? If so, send me a few as it can save time. I am sending enclose a few questions that will please be asked..."

No. 1 - If this body is not improved how long can she live or when will she die? No. 2 - Can & will this body be well again, if so how long should it take to make strong under treatment? No. 3 - At times this body threats to take her life. Will she do this and in what way? No. 4 - What would be a better way to control this body than that of strapping & dopping her as has been done by others? No. 5 - Is it likely that this body will hurt or harm those about her? No. 6 - What is this condition called by medical doctors?

TEXT OF READING 4242-1 F ADULT

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 11th day of March, 1926, in accordance with request made by Mr. [779].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G At the home of Mrs. Time of Reading [...] on the ... Rd.,
11: 25 A. M. Eastern Standard Time. ..., Alabama.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time. You will diagnose the case thoroughly, giving the cause of the existing conditions, also the treatment for the cure and relief of this body. You will answer the questions regarding this body that I will ask you.

2. EC: Yes - Now, we find there are MANY abnormal conditions in this body, and from the pathological study of same there much might be gained into how the physical, spiritual and mental of the body, PHYSICAL, occupy that one and same body, and in how these function through the system. However, this, as we see, needs the attention of the psycho-therapist, for the physical, the mental, must both be considered in bringing any physical help to this body, for the hallucinations as come for the body to destroy self comes from that as is received through physical condition as has been brought to the body, through conditions that affect directly the nerve plasm in its attempt to rebuild

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incentives in cellular active force in system. Hence, the physical mental MIND of the body must be submerged, as the treatments are accorded the system. These, we see, have to do with the Littre (?) gland, or with the genitive system, and affects directly the pineal gland, and THESE, in their turn, affect (occasionally, when there is spasmodic reactions through the sympathetic system) the lacteal; that is, the digestive system (as is seen in the body, how it REFUSES conditions for help for self); also gives to the brain centers, in the glands, those improper reactions to that known in the physical sense as improper conduct, mode or act, see?

3. Then, such an one that is a psycho-therapist, or MECHANO and psycho-therapist, with the ability of manipulating at the same time, relieving the pressure in these various centers along the spine, would find the body would react with animal magnetism, see? also with the physical, spiritual and mental. Such an one as A. C. Layne, Griffin, Ga., see? treatments there, or by that individual, for the individual fully capable of directing the full; though he may give the psycho-analytical, and psycho-therapeutic, the physical may not be given by this entity; yet the treatments may be accorded the body while under the control of that body.

4. Then, we would suggest as this: Either through SUCH AN ONE receive conditions for the body - else very bad - three to six months.

5. We are through.

REPORTS OF READING 4242-1 F ADULT

R1. [779]'s letter to EC: "...I went over to [...]s sister Mrs. [4242]. I found her much better than I had expected, much better since she came from Calif. Mrs. [...] says that it will be impossible for her to take her sister to Griffin, Ga., so I can see the reading will not be much help to them. I ask Mrs. [...] to send check direct to you, of which she promised she would. Kindly advise me if she done this, as I feel responsible that your get pay for it. Also advise me if the price she sent is satisfactory. If not I will stand the difference..."

R2. 3/26/26 EC's letter to [779]: "...No, I have not heard anything from Mrs. [...]. I'm very sorry that she finds it impossible for her sister [4242] to get the treatments. Perhaps Mrs. Stone [Elise Stone, N.D.] could help out in this case. I would suggest that she show her the reading at least and see what she thinks about it..."

R3. 3/30/26 [779]'s letter to EC: "...I am much surprise at Mrs. [...] in not sending anything for the work for her sister, [4242]. I shall not be satisfied until she do this, if she don't I know I will, as I done this fully expecting her to do this. Anyway, in a short while I want to be sending something in on this..."

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BACKGROUND OF READING 5056-1 M 22

B1. IMG's note: In 1943, Mr. [5056] served as a sailor in the Navy and was stationed near Virginia Beach. At that time Mr. and Mrs. Harmon H. Bro were at A.R.E. Headquarters. Miss [...], a mutual friend, wrote the Bro's suggesting that they contact Mr. [5056], saying that they would be keenly interested in the young man's unusual talent as a pianist. Shortly thereafter, the Bro's followed the suggestion. As a result, Mr. [5056] came to the A.R.E., met Mr. Cayce and the office staff, and was an occasional visitor on the premises. In the spring of 1944, he was discharged from the Navy and returned to Iowa. This development distressed him so much that he wrote to Mr. Cayce requesting a reading.

B2. 4/22/44 [5056]'s letter to Harmon H. Bro: "...I'll have to rush this as I have to get down to the store to start the day's business of selling men's haberdashery. There's not much business and it drives me nuts just standing around. I'm supposed to play for a WCTU banquet tonight, but I haven't practiced once. I'll just get up and do some imitations.

"Below are the questions to be asked in my reading. If you can think of any more pertinent ones, slip them in. You will be present during the session, won't you? Please be my proxy."

1. What should my life work be? (Where and with whom should I study piano after graduating from Iowa State Teacher's College?) 2. Am I am homosexual? (Whew - that was hard to write.) What was my relationship in a previous life or lives with [...], now of ..., Long Island? Also any information about involvements in previous incarnations that are apt to carry over into this life; also a cure, if any. 3. Should I ever get married? Who or where is the right girl? Is it [...] now of ..., Illinois?...

B3. 4/27/44 [5056]'s letter to Harmon H. Bro: "There's another question I'd like to stick in if I may: Found out yesterday I could be a Watkin's man and earn \$100.00 a week (presumably) which I would save up for years of future education. Now I don't know whether to do that or start school in June. See if the forces will answer that one. That fourth question on the envelope sounded peculiar. I have considered myself saved but Mother said she doubted it. Even asking the question shows spiritual ignorance. And I would like to know in what way I can improve my piano playing, either technically or interpretatively.

"Yesterday was Mother and Dad's Silver Wedding Anniversary. We had a dinner party with a Catholic friend and his family. He and I had a most stimulating discussion as he is a very broadminded Catholic..."

B4. 5/5/44 Harmon H. Bro's letter to Miss [...], [5056]'s friend: "...Your letter arrived in hand with one from our mutual friend [5056]. He is to have his Life Reading tomorrow, if all goes well and was sending his questions. You bet we had a good time with him. His musicianship is thrilling and his humor can be the life of the party. Sometimes we had to bawl him out, too, but I think he knows that he has become almost a member of the family to us. Not only to us; all the girls who work here, married and unmarried, have taken an interest in him. He is so brash and good-natured that he makes friends quickly. They ask about him often and interest is high over his reading tomorrow... Give my regards to [5056] and keep up the good work. He's a swell guy, and if he can get his rudders at the right angle, he should be able to climb and climb..."

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TEXT OF READING 5056-1 M 22 (Pianist; Protestant)

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 6th day of May, 1944, in accordance with request made by the self - Mr. [5056], new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by Harmon H. Bro.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, J. Fitch, Stenos. June and Harmon Bro.

R E A D I N G

Born April 18, 1922, in Chicago, Illinois.

Time of Reading Set bet. 3: 30 to 4: 30 P. M. Eastern War Time., Iowa.

1. GC: You will give the relations of this entity and the universe, and the universal forces; giving the conditions which are as personalities, latent and exhibited in the present life; also the former appearances in the earth plane, giving time, place and the name, and that in each life which built or retarded the development for the entity; giving the abilities of the present entity, that to which it may attain, and how. You will answer the questions, as I ask them:

2. EC: Yes, we have the records here of a very unusual personality, being also an Atlantean. This experience may make or break the entity in its search for that which is to answer those spiritual interpretations or the carnal forces in the experience of the entity through the earthly sojourns.

3. Then, as indicated, we have those unusual experiences in the earth by the entity and the definite urges which are at variance to the general activities in the sex relationships. For in the experience in the Atlantean land, the entity sought to be both and wasn't very successful at either.

4. In giving the interpretations, then, of the records as we find with this entity; these are urges latent and manifest:

5. Music should be the career, should be the purpose of the entity in its activity but should be accomplished by its own efforts within itself for the very love of music itself and should be only of the classic and operatic nature.

6. For the entity was a student under Saint Cecilia, who attained to the realms close to infinity, or able to interpret the music of the spheres and yet failing in some respects, for the entity became enamored of the Saint and you can guess what happened.

7. In the application then of self there must be the attaining of that spiritual awakening such that the influences, relationships, activities, are not other than save that of searching for an answer to the voices of the night, the rhapsody of the moon upon the water and the voice of a sunrise. These and similar actions in nature itself, which take the

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entity out of the realm of physical emotions, should be stressed, so that only the mental and spiritual emotions take their place.

8. The entity should, then, work towards making or engaging in a year's service or work, save every penny, spend every penny, only for music and lessons, but make of and for itself the physical hardships. Sleep on a hard, hard bed. Don't eat too much, don't indulge in things such as sweets, or add to the body, nor engage in those activities in which the movies (such as are shown today) are a part of the activity. Refrain from same. Oft go for days only on bread and water, but do it of thyself if ye would succeed, and ye may become even a greater pianist than Hoffman. [GD's note: Hauptmann?, Hofmann, Josef Casimir?]

9. As to the activities in the earth, as has been indicated, these are far and wide and yet give and show the pattern of this unusual entity; but with an opportunity in the present experience to outshine materially, as well as spiritually, many an individual; yet most of all finding its true relationship to the infinite.

10. As in the experience before this, in the name then Giovana Bactioo, the entity sought the activities in its music with the Saint. As the activities progressed, the music was forgotten in the desire physically for the Saint and it eventually destroyed itself.

11. Before that we find the entity was in the activities in the Temple of Solomon in Jerusalem when there was the choosing by David of those who were to be prepared for the service of music in the Temple which was yet to be built. David chose young men and they were given the physical as well as the mental and spiritual training through the activities in the preparations in the school as had been undertaken or begun by Elijah in Carmel.

12. Thus the entity in the name Apsha was among those who were in the temple service when the activities were begun through those periods of Solomon's reign. Those were the periods when there was the great amount of what today would be called notoriety, or during those periods when the Queen of Sheba visited Solomon the entity was chosen as the one to make music for Solomon to make love by, to the Queen.

13. The entity was lacking in some material as well as spiritual undertakings, and yet these are those influences which are to be parts of the entity's experience.

14. DO NOT, then, make an early choice of companionship! For this would be thy undoing. DO NOT wed before the thirty-second year of age! DO NOT wed, then, until at least ye have conquered thyself in the full training of the body, the hand, the mind in thy music! Use the piano alone!

15. Before that we find the entity was in the Atlantean land and in those periods before Adam was in the earth. The entity was among those who were then "thought projections", and the physical being had the union of sex in the one body, and yet a real musician on pipes or reed instruments.

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16. As to the abilities of the entity, then, that to which it may attain and how:

17. There is nothing impossible for the entity to attain in fame or fortune or in its spiritual unfoldment and yet these will NOT be easy until the entity has conquered self.

18. Ready for questions.

19. (Q) Should I take the position as a "Watkins Man" or start school in June?

(A) If that is the desire. Whatever may be the choices. DO work for same and don't let anyone give you anything.

20. (Q) Where and with whom should I study piano after graduating from Iowa State Teacher's College?

(A) With some piano school in New York. But when you go to New York, beware!

21. (Q) Am I homosexual?

(A) Read what has been given.

22. (Q) What have been my previous relationships with [...] of ... Long Island?

(A) You were good Atlanteans together but not very good people.

23. (Q) Any further mental and spiritual advice?

(A) Decide in self which you will choose, for there is here set before thee good and evil, life and death, choose thou and know ever within self: If ye are one in and with the Lord in His purpose, naught can be against thee.

24. We are through.

REPORTS OF READING 5056-1 M 22

R1. 5/9/44 Harmon Bro's letter to [5056]: "...I couldn't begin to tell you how overjoyed we all were to get your reading. Not only because it held such wonderful promises, but because it seems to be what you need to get hold of yourself... What it says about music being your career was said slowly and emphatically, as was most of the reading... Study over and over again the paragraph beginning: 'In the application then of self...' [5056-1, Par. 7] - it was so beautifully given that it brought tears to our eyes...a phrase that was said most meaningfully was: 'yet most of all finding its true relationship to the infinite' [5056-1, Par. 9].

That last answer was at first very stern, and then like a benediction. We were all so moved that at first we didn't know what to say, and then everybody started talking at once. Even Mr. Cayce, in his sleepy state, got interested. Do write and tell us what you are going to do. We are not interested in whether you 'liked' the reading (although Mr. Cayce would like to hear that). The rest of us want to know what you are going to do about it. Write soon..."

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R2. 6/12/44 Miss [...]’s letter to Harmon Bro: “...I had a grand time with [5056] yesterday. You know how he is. The longer I live the surer I am that my feet are guided by a power not human. That he was sent to Norfolk, that I had the foresight to know what you might do for him, and in the end for me, through the whole thing. He has probably written you by now, though he said last week that he had neglected it. In any case you will want to know that he is back in school, and doing the work as he has never bothered before. He is practicing seriously and finally with a purpose, I think. The reading was really what he needed though no one can ever be sure it will last. Luckily, he is in an environment here that has always encouraged the profitable life. The practical part of what he has told me of his reading, impresses me with its common sense. I knew it two years ago when I first met him. For him I thought the reading was necessary, for he was so confused and would neither believe his own inner urges, abilities, conscience, or anyone else...”

R3. 6/15/44 [5056]’s letter: “Dear Folks: Forgive me for not writing months sooner... First of all, let me thank everyone of you for your helpfulness and consideration and interest. And you, IMG, for sending that telegram. Frankly, I didn’t expect to get a reading because my faith isn’t in very good working order yet. So I was overjoyed when the girl read it to me over the phone. And the memory will always remain of the following Saturday when the reading arrived. Curiously enough, some of the things it advocated had already taken place. While still at ..., Va. I used to eat three candy bars a day. Haven’t had one since returning home. And for years, I have slept on a hard bed, and I’ve become quite loath to spend time in the movies. However, there are a number of things I don’t understand. I’ll think those over and then write Harmon Bro...”

R4. 7/8/44 EC’s letter to [5056]: “...I am in hopes that as you study over your reading that you will find something more and more worthwhile. If we can be of help to you in interpreting it, we will be very glad to do so...”

R5. 12/4/44 [5056]’s letter to Gladys Davis: “...I know I should have written sooner to give you a report on the reading, but I’ve been so mixed up and so variable, changing attitudes from one day to the next, and sometimes becoming furious with the situation, that I’ve made no progress at all - just gone whizzing around in circles, and thus there was nothing to write about. The reading has been a decided comfort, for I didn’t know whether or not to go into music. But it seems to me the reading gets one or two things mixed up. For example, I’m supposed to work my way and accept nothing from anybody, [5056-1, Par. 5, 8; 19-A] and of course, walk the straight and narrow morally. And then that lovely paragraph concerning my interpreting the voices of the night [5056-1, Par. 7]. As I see it now, those two are mutually exclusive. Also, I believe that art and sex are closely related and to completely repress the latter, as I am supposed to do, plays havoc with the former. I spend all my strength resisting the devil and have none left over with which to do anything constructive. In fact, I’ve stopped studying the piano. Just struggling along trying to finish the last three months on my B.A. and teaching 9th grade English through the college and privately for money...”

R6. 7/31/49 [5056]’s letter: “...Enclosed is a money order for \$1.50. Would you please send me the book A SEARCH FOR GOD. Also, please tell me how to obtain a

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copy of my reading which Mr. Cayce gave around May, 1944. The original was lost after my mother died and the house was broken up. Thank you..."

R7. 8/4/49 HLC's letter to [5056]: "...The book is being mailed to you under separate cover and enclosed you will find a copy of your reading..."

R8. 4/24/50 Questionnaire-letter sent to [5056]. No reply.

R9. 10/14/50 Excerpt from 'The ... Daily Statesman' [re 5056]: "A Review: Mezzo-soprano...American born and trained star of opera and concert stage, opened...new recital season... A word for Mr. [5056] at the piano: Here was a young accompanist and pianist whose assistance to the artist was both brilliant and positive. He stole no scenes, but one will always remember that he was there. His Rachmanioff preludes and his encore, Clair de Lune, were markedly excellent..."

R10. 10/26/50 [5056] visited A.R.E. and gave a report to IMG: "I joined the Baptist Church at the age of 14, under some emotional stress and with a feeling of guilt, since masturbation preceded my joining the church by one day. I was very successful in getting many others to become members. At that time, I prayed to be free of this urge to masturbate. Since my prayer was not answered, I had no further desire to pray to anyone for help. Further, I concluded that a vow many times broken was not more damaging than once broken. This feeling of guilt persisted throughout my teens. Once I asked a clergyman whom I respected very much, to tell me whether it would be all right to have intercourse outside of marriage. The clergyman thoroughly disapproved of such a relationship. I felt that if at that time, I had such an experience, it would have changed the entire course of my emotional life.

"Today I am of marriageable age and yet I cannot bear the thought of the relationship of marriage. However, I am seriously considering marrying a Lesbian, in order to be free from the approaches of women. I really believe that intercourse outside of marriage is a sin. Further, I am skeptical of marriage because of my observations in that direction, especially in connection with my immediate family.

"I feel that music and sex go hand in hand. To eliminate one would be to destroy the other. I have made spasmodic attempts to discipline myself sexually. Once I abstained for five months and felt that I was in danger of losing my mind. It wasn't worth taking the chance. However, I am more discriminating now in my choice of companions. I used to eat three candy bars a day. Now I have lost interest in that and other rich foods.

"I have spent from five to seven hours in one practice period to perfect the technique of one finger for a particular number and constantly work at new finger techniques. Today my favorite composer is Rachmaninoff. At present I am an accompanist for Miss [...] on a concert tour. I have no interest in any other instrument outside of the piano. I prefer to play in small communities where I can take liberties interpreting the music without the fear of critics. I dislike being asked to play on the spur of the moment - it excites me sexually. I need at least four hours to prepare myself mentally and physically before I give a concert. I am determined not to let anyone give me anything that I have not earned, and I know that I must solve my problem myself, without resorting to prayer. I still question the theory of reincarnation, but I cannot entirely reject it."

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R11. 10/30/50 IMG's note regarding [5056]'s 10/26/50 Report: "We talked especially about his Italian and Atlantean incarnations. He was very much interested to learn that he was a woman in the Italian incarnation and did not understand the implications involved. He wondered how he could have been so foolish as to ever have taken his life in that period, and said he was determined that it would never happen again. He told me that his mother died in 1945 and although he was not too fond of her, he felt adrift since then. He mentioned something about incest in connection with his mother in his early life. He seemed more alert than I remembered. Although his humor was keener, he was more subdued. When I spoke to him about his great talent as a pianist, I was impressed by his humility."

R12. 5/23/51 Mr. [3132]'s letter to Harmon Bro: "...We had a musical with some women in the evening and afterwards [5056] played the piano; much talent and very good... He was on T.V. yesterday..."

R13. 1/24/72 General Questionnaire sent to [5056] and returned by him 7/20/72:

Q-1. What jobs have you held since your reading? (In chronological order) A-1. "In the field of music: Accompanist, soloist and teacher (private and in college). In leaner times: Chauffeur, typist, secretary, farm worker, church organist." Q-2. Have you ever spoken with Edgar Cayce? How well, if so, did you know him? A-2. "Not at all well. I tended to stay out of his way because those blue eyes saw too much." Q-3. Do you feel that Edgar Cayce's source or information depicted you accurately? A-3. "Yes."

Q-4. At the time of the reading, did you have confidence in his counseling? A-4. "Yes."

Q-5. Do you feel that the reading helped you? How? A-5. "Yes. It reassured me as to my life's work."

Q-6. As you look back, do you see patterns that were shown in the readings that you didn't see before? Please explain. A-6. "I'm afraid not; am still rather dense about the meaning of the reading."

Q-7. Do you think that your life could have been made better by following the advice more closely? A-7. "Yes."

Q-8. If Edgar Cayce were alive would you refer people to him for help? A-8. "Yes."

Q-9. Did any of his predictions manifest themselves? (Granted that you followed his advice.) A-9. "I won't know that until I pass out of the body. Predictions about professional success possibilities have not worked out. That is my fault."

1/24/72 Questionnaire Part Two:

Q-1. Did you have a career in music? With the piano? A-1. "Yes [to both questions]; also some church organist work."

Q-2. Did you marry before your 32nd year? A-2. "No. The reading quite underestimated my basic antipathy to marriage (a state referred to in psychology textbooks as 'horror feminae')."

Q-3. Did Cayce help you to "find yourself"? A-3. "It (the reading) supported me during the difficult days of following a difficult profession."

Q-4. Did you have any serious doubts as to the validity of his (Cayce's) source? A-4. "No."

R14. See Source File Key #5056 for Encyclopedia Britannica articles describing Saint Cecillia and Josef Casimir Hofmann re 5056-1.

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BACKGROUND OF READING 5437-1 M ADULT

None.

TEXT OF READING 5437-1 M ADULT

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 10th day of January, 1930, in accordance with request made by his wife, Mrs. [5439], via his sister, Mrs. [98].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno. Mrs. [5439] and David E. Kahn.

R E A D I N G

Time of Reading 3: 30 P. M. Eastern Standard Time. New York City.

1. GC: You will give a physical and mental reading for this body, with suggestions for the improvement of either, and you will answer the questions which I will ask you regarding these.
2. EC: Yes, we have the body here, [5437]. Now, in giving the conditions as surround this body, regarding the physical and mental conditions - those of the physical should be considered in that manner in which the mental of this body considers same. In the physical there are disturbances that cause conditions that, in their reaction, produce definite reactions in the mental. There are status quota of certain mental conditions that produce in the physical certain definite results or reactions. Then, these must be considered as a whole, would there be brought those near normal conditions for this body - and we find they may, as we find same.
3. These, then, are the conditions as we find them, physical, with this body - [5437] we are speaking of:
4. IN THE BLOOD SUPPLY, here we find evidences not only of the distortions that often beset the mind, or the mental forces as regarding itself, but definite conditions as are a result of the MANNER of thinking; for these are evidenced in the character of the drosses as are created in the system when there is the condemning of self and self's position in the material, social, physical plane. In the physical body the blood supply shows the effect of the tautness under which digestion and assimilation takes place, and the variation in the pressure produced in heart's action is definite in the ganglia as control the cardiac circulation, but are of the SYMPATHETIC nature, taken from the pathological standpoint. Hence the variation produced comes more in the physical from that existent in the pancreatic reactions.
5. IN THE NERVE SYSTEM, rather here SYSTEMS (for many of the conditions, physical and mental, are exhibited more in the nerve system, and systems, than in any PHYSICAL reaction):
6. The tautness in the cerebro-spinal comes much from the fear as is from within, and this acting upon the ganglia of the sympathetic and cerebro-spinal system often changes the reactions of the physical organs themselves. Not as of wrath; not as of that of malice - but rather that of FEAR, does the reaction show in the system. Being, then, those

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conditions as distort the effects as are created by the drosses in system to the sensory system, so that those conditions as come from same are the expressions of the nerve system attempting to alleviate the condition through the normal physical manner, it is often found - under the stress - accumulations being brought to the centers, rather than being eliminated. Hence the ELIMINATIONS as related TO the nerve systems are distorted, as related to the functioning ORGANS as SYMPATHETICALLY act or react with the body - finds also distresses. These being evidenced SPECIFICALLY in the ganglia in the 8th and 9th dorsal, the 3rd and 4th dorsal, the 3rd and 5th cervical. These being the centers from which the radial plexus to the sympathetic becomes most apparent.

7. In the conditions produced physically in the FUNCTIONING ORGANS:

8. Brain forces of this body are very good, though often - as has been indicated - there are improper reactions to the attributes of the mental body with the physical body, and discriminations are not always in order with this body. Being eccentric in manner is not of the body's own making. Rather of the MENTAL REACTIONS to the body.

9. In the organs of the sensory system, drosses from the reaction in nerve centers often are indicated here.

10. The condition in throat, from the effects as come about, is apparent in the reactions to the mental and physical, and these cause much worry at times.

11. The lungs and bronchia only are affected as reflex.

12. The digestive system - here, as indicated, much disorder at times appears. As is seen from the sympathetic reaction to the digestion, the lack of the proper eliminations, the lack of proper assimilations, and then specifics there cause distress.

13. The liver under stress and strain, as is also the hepatic circulation - yet at times there has been, and there comes about, that which for the time releases the body, as it were, from the worry. Then conditions are bettered - then again these appear and distraughtness mentally comes about.

14. In meeting the needs of the body at the present, both physical AND mental CHANGE would be necessary in the outlook upon life in this material plane. This must be brought about by both physical and a mental reaction in the body. We would first take into the system those vibrations as may be had in that as will release within the physical functioning of the body more oxygen, that segregations in the lymph and lymphatic circulation - and into the emunctories as they function in the system - may be brought about. These we will find in that of the medicated ash, taken only once each day in the beginning, one-eighth grain. This is NOT a narcotic. It is NOT habit forming. It does release within the system those of more energies than may be had in any of another character of stimuli, but to gain the greater stimuli we would add - at least every third day, oftener if desired - those of the ultra violet ray, as may be applied DIRECTLY to the solar plexus center, in that region from the 11th or 12th dorsal to the brachial plexus, or to the 2nd dorsal. Also the massage - not osteopathically, nor chiropractically - but that of the Swedish, or the neuropathic - FOLLOWING the bath. These should be THOROUGHLY done.

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15. In the mental body, with the change in working at a definite program for self's own change, much may be accomplished in the mental in this direction.

16. When this has been applied for three to five weeks, we would change the physical OUTLOOK by a change IN the environment. Ready for questions.

17. (Q) What is cause of constant throbbing of temples and chin, and how may it be corrected?

(A) By the change in those activities in the digestive system, where there is seen that the lacerations produce the speeding up of the circulation to the upper portion of body, and with the application of the ultra violet - WITH that in the system of the ash will retard, or will COORDINATE the circulation in this system.

18. (Q) What should the attitude of his wife be towards him?

(A) Let's work for a while WITH the body at gaining a physical outlook on self. That for the present, at least.

19. (Q) Why has the patient a fear of the future? Why does he not want to live?

(A) The natural tendency of the gnawing from within, and the natural pressure created in the upper portion of system from same, distorts the VIEW of the body, as well as those of depressions from the associations ABOUT same, but with a PHYSICAL outlook changed, the whole outlook of body - mentally AND physically - will also be changed. Will these but be applied, we will see great CHANGES in this body, mentally and physically, in three weeks. Not perfectly well, no - for then, as has been given, there should be a change in the PHYSICAL outlook, or a change in the physical surroundings for a time.

20. (Q) What is the cause of his sleeplessness?

(A) That condition existent in the stomach proper.

21. (Q) What will help this?

(A) That as has just been given!

22. (Q) Why does this man have great intolerance and impatience towards people? a great rudeness shows itself.

(A) This from the variation in the attitudes of that others would choose to fill his place and niche in the affairs physically, the affairs materially, the affairs in the social way. These are FEARS, and have had MUCH to do - as has been given - with the PHYSICAL CONDITIONS EXISTENT in the body. These will be overcome with a different outlook from the physical standpoint; for one may not make a beautiful speech, one may not act congenial to one's neighbor, with the liver in a bad shape. Not particularly as this condition in THIS body, but rather the digestion and the nervousness, as POUNDS - POUNDS - POUNDS to the upper portion of the body, filling the throat often to where the body is as DUMB before those whom he would speak; yet in BUSINESS - or in activity as an executive, quick in act, in mind, in deed.

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23. (Q) In reference to his business, has he taken the right attitude toward the Brooklyn Edison Co? What will be the result?

(A) There will be some disputes as regarding this. The proper attitude is taken by THIS body, and will be PROVEN to be correct in the end.

24. (Q) Shall he sell his business?

(A) Not at present.

25. (Q) What should his wife's attitude be toward him?

(A) This, as has been given, for the PRESENT - at least - interest self in the interesting OF the body in self's physical condition for a purpose, sure - for the outlook that the body will have upon life. Not as a part, but as a whole. DO that. Then, when the three weeks of this application is followed, we would give further instructions. We are through for the present.

REPORTS OF READING 5437-1 M ADULT

R1. 1/11/30 Wife [5439] obtained a Physical Rdg. for herself.

R2. 5/16/30 Letter from an acquaintance [See 5439-1 Reports] indicated that she had gone to The Reilly Health Institute, so no doubt she had her husband [5437] go there for treatment according to his reading.

R3. GD's note: In the summer of 1930 Mr. [5437] spent several weeks with his brother [5438] recuperating in Virginia Beach.

INDEX OF READING 294-183 (Edgar Cayce) Male 58

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BACKGROUND OF READING 294-183 M 58

B1. See 294-8, 294-19, 294-161 in re Troy.

TEXT OF READING 294-183 M 58

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 10th day of July, 1935, in accordance with request made by the self - Mr. Edgar Cayce, Honorary Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Helen Ellington, Margaret Wilkins, Ruth LeNoir, Edith and Florence Edmonds, Myrtle Demaio, Austin Rice, L. B. and Hugh Lynn Cayce.

R E A D I N G

Time of Reading 3: 20 to 3: 50 P. M. Eastern Standard Time. ..., Va.

1. GC: You have before you the soul entity of the body known as Edgar Cayce, present in this room; especially that phase of its experience on earth known as Xenon, as presented through these sources. We ask that the Creative forces, the I AM presence of this entity, review of the activities of the experience of Xenon, tell us HOW and WHY this entity failed, or lost, when according to the information through these channels this entity Edgar Cayce, as Uhltd and Ra-Ta, had manifested in a marvelous manner. Tell us in an understandable manner how this entity may meet these failures NOW, and attain to the former estate as Uhltd or Ra-Ta.
2. EC: Yes, we have the entity now known as or called Edgar Cayce, and those experiences of the entity in the earth as Xenon.
3. In giving a review of that experience of the entity, that there may be a better understanding of the activities during the experience and of what happened to the entity that there came the experience which to the present mental concept of the entity was a failure in its activity, it is well that the conditions surrounding same be reviewed, as it were; at least in part.
4. The period, as man would count time, was eleven fifty-eight to ten twelve B.C. (1158 to 1012 B.C.); at a period when many of those who had been in the activities of the Atlantean, Lemurian and Og age were entering, at that period or cycle in the affairs of man. For there has ever been during a period of fifty-eight ('58) a cycle, unit, age, year, period or era when there has been the breeding, as it were, of strife.
5. So in that experience strife was bred among the Grecians and Trojans, who were at the period those units of power that sought a justification; or an excuse that there might be a meeting of the strength as to that condition or experience that is ever combative. No matter what terms may be used for the expression, there is ever the combativeness between Right and Wrong, or Power and Strength, or the irresistible and immovable; they are ever and constantly vying one with another.
6. Into such an environ came Ra-Ta, Uhltd, for those experiences that should have brought - or were to bring - the strength, the power of resistance in the face of adversity, or that strength necessary in the face of the ups rather than the downs - those of affluence.

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7. For as may be indicated in those experiences of the entity, ever was there conflict about or around the entity; yet the ENTITY withheld from its personal activity.
8. In that period the entity was first the student; the student of chemistry, the student of mechanics, the student of those things in the arts that pertain to the activities of the period, the activities of those with whom the entity was associated.
9. Yet the entity was forced, against its OWN will, into active participation in an open conflict.
10. There had been little or no opportunity of the forces breaking through, for the gates which were prepared against the invaders had withheld any or all the assaults; because of the power given to the entity, who had proven to the defenders during the stress that there was the power within the activities of the entity to GUARD - in body - the gate.
11. But then there arose conditions to weaken this power, through the subtlety - which had not been the experience of the entity. These, by the trust in that which had been from the material experience, brought to the entity shame in the material sense, dishonor in the mental self.
12. And these oft have proven, do prove to be, the stumbling-stones over which many an individual may find his undoing.
13. So, the entity found self without the strength in the abilities of self to maintain that at-oneness; for he had come to depend rather upon the abilities of self - which is too oft the undoing of a soul!
14. In THIS manner, then, did the entity fail. And with the failure came the experience of being an outcast, as one dishonored, as one thought little of; at last losing self through self-destruction in those periods when there arose again the conditions or activities of those in power, when Achilles rose to the strength to meet the needs in those particular experiences.
15. And hence there was brought the falling away. This is how; this is the manner.
16. Then, in considering those necessary influences that are in the experience of the entity, or the needs of the entity:
17. We have indicated that many of those the entity contacted as individuals then would be met in the present, and that many would become again stumblingblocks in this or that manner; that many would make for experiences when again there would come the urge for self-effacement from the experiences in the material or manifested way and manner.
18. And this is the GREAT barrier, the great experience which the entity must meet in the present, the one thing MOST needed in the experience first; that is, a regeneration from that experience.
19. As to the manner or way, then, in which the entity may meet same:

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20. It is ever set before each and every soul. In Him put thy trust, and not in the strength of thine own MIND, nor of thine associations in a material world, nor of thine affiliations in this or that experience; but rather in Him.

21. As there was the failure then, so may the grace be through Him to whom, of whom the entity failed then in that experience; that there may be given the spiritual awakening to many.

22. For, as we have said oft of the entity's experiences in the earth, EVER must and will they be judged according to the spiritual import AND OUTWARD MANIFESTATIONS of the entity regarding its SPIRITUAL life.

23. Hence in that manner, in that way, may this temptation be overcome which is ever before the entity for failure, for shame, for success or for trouble - self-effacement.

24. As to how or in what manner the entity may rise to that power as apparent in the activities of Uhltd or Ra-Ta:

25. Here we find a variation in the relativity of the experiences of each and every individual.

26. For to many the power, the help, the aid which has come in their experience in the present has not only equaled but has surpassed any that was experienced in the period of either Ra-Ta or Uhltd.

27. For body-mind help has come to those in the present in no uncertain terms. That it is not heralded or spoken of is the lack OF that in the MENTAL atmosphere of those to whom such has come.

28. Then, as to how the ENTITY - AS an entity - may regenerate or re-purify the BODY-PHYSICAL from those experiences:

29. This is a matter of form by consecration of the Mind, the Soul, the Body, to the Creative Forces that may manifest through each and every soul that has and does put on the whole armor of a RISEN Lord.

30. For HE hath shown the way; not by some mysterious fluid, not by some unusual vibration, but by the simple method of LIVING that which is LIFE itself. THINK no evil; speak no evil; HEAR no evil. And as the Truth flows as a stream of life through the Mind in all its phases or aspects, and purifies same, so will it purify and revivify and rejuvenate the body. For once this effacement urge is overcome, then may there begin the rejuvenation.

31. We are through for the present.

Is Any Death a Form of Suicide?

2533-6, Male 37, 10/31/42

For, as may be told by any pathologist, there is no known reason why any individual entity should not live as long as it desires. And there is no death, save in thy consciousness. Because all others have died, ye expect to - and you do! These are a part of thy consciousness, in what? In the mental, in the spiritual, - and the physical reacts to same. . . .

But remember, just as that expectancy - because your great, great, great, great grandfather died you will die too - is there, and is part of the expectancy of every cell of your body! It can be eradicated, yes. How? By that constant activity within self of expectancy that this condition does not HAVE to happen to you! . . .

And if you set your life to be a hundred and twenty, you can live to be a hundred and twenty-one!

1408-2, Adult Female, 7/15/37

GC: You will have before you the circumstances and conditions surrounding the death of [1408], ..., Penna., June 8, 1937; together with the various members of her family and the questions resulting from her sudden death; especially the questions of [...], her daughter, who requests a Reading on these conditions. You will give that which may be helpful to the family at this time and answer the questions which they have presented.

EC: Yes, we have those circumstances and conditions attending the separation of the body and soul of [1408]....

The body was so tired from the cares of the material world that the physical reactions were in the heart; that had been so ready to open itself to the needs of each, not only of the family but to all that knew, that even were acquainted with the body.

Yet it grew so weary with these cares that He, in His love, saw fit to let the separation come; that the soul might in peace REST in the arms of Him who is her Savior - JESUS!

Hence you each should take the lesson of that courage, of that patience, of that forbearance, of that longsuffering, as a part of YOUR own lives; and let it become - as she manifested - the EXPERIENCE of the everyday life, in the dealings and in the associations with the fellow man.

The physical condition that wrought the change was the engorgement of the arteries between the heart and the liver. The dregs of hardships, of trials, became heavy....

Prayers for Those Who have Passed Over

3416-1, Female 39, 11/23/43

(Q) The entity has had the experience of awaking at night and feeling the presence of her brother - would appreciate an explanation of this.

(A) This is a reality.

(Q) On June 2, 1942, the entity heard her brother calling her - was this the exact time that he passed on?

(A) Not the exact time, but when the entity could - and found the attunement such as to speak with thee.

(Q) Was there something he wanted her to know?

(A) Much that he needs of thee. Forget not to pray for and with him; not seeking to hold him but that he, too, may walk the way to the light, in and through the experience. For this is well. Those who have passed on need the prayers of those who live aright. For the prayers of those who would be righteous in spirit may save many who have erred, even in the flesh.

3954-1, Female 71, 11/5/43

Yea, pray oft for those who have passed on. This is part of thy consciousness. It is well. For, God is God of the living. Those who have passed through God's other door are oft listening, listening for the voice of those they have loved in the earth. The nearest and dearest thing they have been conscious of in earthly consciousness. And the prayers of others that are still in the earth may ascend to the throne of God, and the angel of each entity stands before the throne to make intercession. Not as a physical throne, no; but that consciousness in which we may be so attuned that we become one with the whole in lending power and strength to each entity for whom ye speak and pray.