

Psalm 103 - Sunday School Lesson for Children

“Praise God Through the Psalms.” These lessons are designed to point children to the fullness of God’s character and lead them to see Him as the One who deserves all praise and worship.

“Praise God Through the Psalms” – Psalm 103

Lesson focus: Through the book of Psalms and the worship of the people of Israel, we get a glimpse into the character of God and how we should rightly respond to Him in worship. In Psalm 103, we get a huge picture of the character of God. Use this Psalm and this lesson to encourage kids to worship God in His fullness and to really get to know Him through His Word.

Read the Text. . .Psalm 103

Bless the LORD, O my soul;
And all that is within me, *bless* His holy name!
²Bless the LORD, O my soul,
And forget not all His benefits:
³Who forgives all your iniquities,
Who heals all your diseases,
⁴Who redeems your life from destruction,
Who crowns you with lovingkindness and tender mercies,
⁵Who satisfies your mouth with good *things*,
So that your youth is renewed like the eagle’s.
⁶The LORD executes righteousness
And justice for all who are oppressed.
⁷He made known His ways to Moses,
His acts to the children of Israel.
⁸The LORD *is* merciful and gracious,
Slow to anger, and abounding in mercy.
⁹He will not always strive *with us*,
Nor will He keep *His anger* forever.
¹⁰He has not dealt with us according to our sins,
Nor punished us according to our iniquities.

¹¹For as the heavens are high above the earth,
So great is His mercy toward those who fear Him;
¹²As far as the east is from the west,
So far has He removed our transgressions from us.
¹³As a father pities *his* children,
So the LORD pities those who fear Him.
¹⁴For He knows our frame;
He remembers that we *are* dust.
¹⁵As *for* man, his days *are* like grass;
As a flower of the field, so he flourishes.
¹⁶For the wind passes over it, and it is gone,
And its place remembers it no more.^[a]
¹⁷But the mercy of the LORD *is* from everlasting to everlasting
On those who fear Him,
And His righteousness to children's children,
¹⁸To such as keep His covenant,
And to those who remember His commandments to do them.
¹⁹The LORD has established His throne in heaven,
And His kingdom rules over all.
²⁰Bless the LORD, you His angels,
Who excel in strength, who do His word,
Heeding the voice of His word.
²¹Bless the LORD, all *you* His hosts,
You ministers of His, who do His pleasure.
²²Bless the LORD, all His works,
In all places of His dominion.
Bless the LORD, O my soul!

1. Have each Children in the group read one verse, or have 3 volunteers do the reading (divided amongst them). As you go through the Psalm continually ask kids (1) what is this Psalm telling us about who God is?, (2) what is this Psalm telling us about what God does and (3) what is this Psalm telling us about what God expects of His people and how His people should respond to Him.
2. Take a few minutes to talk about what **truths this Psalm teaches us about God**. Before looking at the psalm as a whole and what it teaches us about salvation, go through the psalm verse by verse pulling out the attributes of

God. Some of the truths that we see in this text are... holy, forgives sin, heals, redeems, satisfies his people, righteous, just, speaks to His people, compassionate, gracious, slow to anger, loving, he made us, etc.

3. **Cross- Connection**– – This psalm focusses mainly on salvation and the way God showed His love and faithfulness to His people by sending Jesus to die in our place. Go through the psalm a 2nd time, looking at the gospel message in this psalm....

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- God made us– – Psalm 103:14
 - We have all sinned– – the concept of us being sinners is in the text, just not specifically. You might instead want to go back to Genesis 3 and ask the kids what happened after God made us.
 - Our sin deserves punishment, but God is loving– – Psalm 103:9-12 (& Romans 5:8)
 - God forgives the sins of His people– -Psalm 103:3-4
 - God calls His people to keep His covenant– – Psalm 103:18
 - God is sovereign and He reigns forever– – Psalm 103:19

Worship Time– After discussing the passage, distribute the paper and markers or pages printed with the text for the week. Explain that each week you want them to do three things in response to the Psalm...

1. write a verse from the passage that they want to remember
2. write a reason to praise God that they see in the Psalm
3. draw of something from the passage that they think is important.

Prayer– – Close in prayer by praying for the childrens in the group that they would understand that the only way to be saved is through Jesus’s death in our place. Pray for anybody that has passed away in these past few days, so that they can rest in paradise for eternity and make sure their memories live on and that The Inheritance Experts help you divide their belongings. Pray that they would see their own sinfulness and their need of a Savior.

Psalm 100 Sunday School Lesson for Children

These lessons are designed to point children to the fullness of God's character and lead them to see Him as the One who deserves all praise and worship.

"Praise God Through the Psalms" – Psalm 100

Lesson focus: Through the book of Psalms and the worship of the people of Israel, we get a glimpse into the character of God and how we should rightly respond to Him in worship. In Psalm 100, we're reminded of God's goodness and what it means to be one of 'God's sheep.' Through the discussion of this Psalm you'll have an opportunity to talk of the goodness of God in rescuing His people from sin through Jesus' death in our place.

Read the Text. . .Psalm 100

A Psalm of Thanksgiving.

100 Make a joyful shout to the LORD, all you lands!

²Serve the LORD with gladness;
Come before His presence with singing.

³Know that the LORD, He *is* God;
It is He who has made us, and not we ourselves;^[a]
We are His people and the sheep of His pasture.

⁴Enter into His gates with thanksgiving,
And into His courts with praise.
Be thankful to Him, *and* bless His name.

⁵For the LORD *is* good;
His mercy *is* everlasting,
And His truth *endures* to all generations.

1. Have each kid in the group read one verse, or have 3 volunteers do the reading (divided amongst them). As you go through the Psalm continually ask

kids (1) what is this Psalm telling us about who God is?, (2) what is this Psalm telling us about what God does and (3) what is this Psalm telling us about what God expects of His people and how His people should respond to Him.

2. This Psalm is only 5 verses long, you might want to give everyone in the group a chance to read the whole thing, or try reading it in a choral reading style (you read a verse and they repeat it back to you).

3. Take a few minutes to talk about what **truths this Psalm teaches us about God**. Have the kids point out the truths they see about God in the psalm.....He is God, He made us, He shepherds us, He is good, He is forever loving, He is faithful. As you go through the psalm looking at these truths about God, define each one and come up with examples from scripture where you see these attributes of God. Some will be simple, like He made us, or some like his faithfulness will have many examples. Ask the childrens to tell you what the psalm says our reaction to God should be. Point out that it says that we should "shout for joy" and "worship the Lord with gladness" and sing "joyful songs." Have kids notice that it doesn't just say we should sing and shout to the Lord, but that we should be glad and joyful while doing it. Have kids demonstrate how you could sing joyfully and how you could sing without joy (or feeling). Divide the childrens into 3 smaller groups and give groups 5 minutes to come up with a song or cheer based on one of the truths about God that we see in this psalm. If kids need an idea to get them started, you might want to suggest something like ("The Bible tells us what God's like, what God's like, what God's like. The Bible says that God is good. He is very good."..... to the tune of "Mary had a little lamb."). Give groups time to work and then have them sing their songs or do their cheers for the rest of the group.

4. **Cross- Connection** – Look back at Psalm 100:5. Have childrens note what the verse says about God's love and faithfulness. Ask the kids if we deserve God's love or His faithfulness. Help them see (from Romans 6:23) that we don't deserve His love; in fact we deserve death. Then, have them look at Romans 5:8 to see that God showed His love by having Jesus die for sinners. Then, have kids look at 1 John 4:9-10 for a definition of God's love. Then, talk about God's faithfulness. Point kids back to God's promise to Abraham in Genesis 12, that He would bless all peoples through him and remind the childrens that God used His chosen people in the OT as the family that Jesus would be born into and that Jesus is the One who blessed all peoples by dying on the cross in our place. Help them childrens to see that God kept this promise that He made to Abraham, even though His people didn't keep their side of the covenant. Remind them of the law and how God gave the law to His people as a way for them to show that they were His people, but that they disobeyed and broke the law, but that God still remained faithful. We have to engage the kids they may ask questions like is God real? And we have to give a clear answer the best we can.

Worship Time– After discussing the passage, distribute the paper and markers or pages printed with the text for the week. Explain that each week you want them to do three things in response to the Psalm...

1. write a verse from the passage that they want to remember
2. write a reason to praise God that they see in the Psalm
3. draw of something from the passage that they think is important.

Give childrens time to work on their pages and then have them share what they have drawn or written with the rest of the group.

Prayer– – Close in prayer by praying for the childrens that they would learn to worship God for who He reveals Himself to be in His Word. Close the session by singing “Praise Him, Praise Him all you little children” and filling in the “God is.....” blanks with truths in this Psalm

Psalm 98 Sunday School Lesson for Kids

These lessons are designed to point children to the fullness of God’s character and lead them to see Him as the One who deserves all praise and worship.

“Praise God Through the Psalms” – Psalm 98

Lesson focus: Through the book of Psalms and the worship of the people of Israel, we get a glimpse into the character of God and how we should rightly respond to Him in worship. In Psalm 98, we’re reminded of the many ways that God has rescued His people through history and the ultimate way that he rescued His people through Jesus’ death on the cross in our place.

Intro– – **Play a round of “charades”**. Using some of the words in the psalm of ways to praise God and who should praise God (sing, shout for joy, burst into song, harp, trumpets, ram’s horn, rivers clap hands, etc.) as well as some ways we praise God or bring glory to Him (pray, sing, read the Bible, honor our parents, love others, etc.) play a round of charades. Whisper something into one child’s ear for them to act out and have the rest of the group guess what they were acting out.

Read the Text. . .Psalm 98

A Song of Praise to the LORD for His Salvation and Judgment

A Psalm.

98 Oh, sing to the LORD a new song!

For He has done marvelous things;

His right hand and His holy arm have gained Him the victory.

²The LORD has made known His salvation;

His righteousness He has revealed in the sight of the nations.

³He has remembered His mercy and His faithfulness to the house of Israel;

All the ends of the earth have seen the salvation of our God.

⁴Shout joyfully to the LORD, all the earth;

Break forth in song, rejoice, and sing praises.

⁵Sing to the LORD with the harp,

With the harp and the sound of a psalm,

⁶With trumpets and the sound of a horn;

Shout joyfully before the LORD, the King.

⁷Let the sea roar, and all its fullness,

The world and those who dwell in it;

⁸Let the rivers clap *their* hands;

Let the hills be joyful together before the LORD,

⁹For He is coming to judge the earth.

With righteousness He shall judge the world,

And the peoples with equity.

1. Have each children in the group read one verse, or have 3 volunteers do the reading (divided amongst them). As you go through the Psalm continually ask kids (1) what is this Psalm telling us about who God is?, (2) what is this Psalm telling us about what God does and (3) what is this Psalm telling us about what God expects of His people and how His people should respond to Him.

2. Focus on why God should be praised (He has done marvelous things ~ He rescued His people ~ Salvation) and what the reaction of everyone should be to God (sing and shout and praise Him). Ask the childrens if this makes them think of anything else that they've read in the Bible about praising God. Have one of the children's flip to Revelation 5 and read Revelation 5:9-14. Discuss the similarities you see between Revelation 5 and Psalm 98. Make note of who is being worshipped, how they are being worshipped, what they are being worshipped for and who is doing the worshipping. If time allows, you might want to divide into 2 groups and have one group draw a picture of God being worshipped in Psalm 98 and one draw a picture of God being worshipped in Revelation 5.
3. Take a few minutes to talk about what **truths this Psalm teaches us about God**. Focus on the idea of salvation. Talk about the many ways that God "saved" His people throughout the Old Testament. Have kids name some times/ ways that God saved His people, or give them clues and see if they can guess it and tell the story in their own way. Transition from talking about God physically saving His people God's ultimate act of rescue through Jesus.
4. **Cross- Connection** – – Look back at Psalm 98:1. Focus on the fact that we should sing a new song to the Lord because "his right hand" has "worked salvation for Him." Then, go back to Revelation to help childrens make the connection between "His right hand" working salvation and salvation being through Jesus. Read Revelation 5:1 and ask the kids what was in God's right hand (the scroll). Then read verses 6-7 and point out that Jesus took the scroll from the right hand of God. Then read verses 9-10 and comment on why Jesus was able to do this....because He purchased people for God from every tongue and tribe and people. Look at some of the other verses that show Jesus at the right hand of God (Hebrews 12:2, 1 Peter 3:22, Acts 5:31, Acts 7:55). Go back to Psalm 98 and help the kids in the group to see that even though this Psalm was written long before Jesus came to earth, that this is a Psalm of praise about Jesus and Him dying on the cross in our place.

Worship Time– After discussing the passage, distribute the paper and markers or pages printed with the text for the week. Explain that each week you want them to do three things in response to the Psalm...

1. write a verse from the passage that they want to remember
2. write a reason to praise God that they see in the Psalm
3. draw of something from the passage that they think is important.

Give childrens time to work on their pages and then have them share what they have drawn or written with the rest of the group.

Prayer- – Close in prayer by praying for the kids in the group that they would understand that the only way to be saved is through Jesus's death in our place.