

MacInnis Dermatology

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Biopsy Post Op Care Instructions

1. Clean your biopsy site **twice daily** with one part hydrogen peroxide/one part water. Using a Q-tip swab is helpful for quick cleaning. If you had sutures placed, be sure to **gently scrub** around the sutures to remove any debris that is stuck around the biopsy site.
2. Apply Polysporin, Bacitracin or Vaseline to site following cleaning of the wound. **Avoid Neosporin.**
3. Apply band aid to cover. You may also use Telfa or any other non adherent dressing sold over the counter followed by paper tape if your skin is sensitive to adhesives.
4. Continue wound care until area is completely healed, usually 1-2 weeks depending on the biopsy. Keeping the wound clean and covered will allow it to heal quicker and help prevent infection.
5. Please call our office if you feel that your biopsy is not healing as it should be.

Cryosurgery/Liquid Nitrogen/Freezing

1. Your treated spots will turn red, get a little inflamed, crust, and may even blister after treatment. This is considered normal. After 5-7 days, these spots will scab over and start to peel off. Avoid premature peeling or picking. The peeling process can take anywhere from 2-4 weeks depending on how large the spot was that was treated.
2. You may want to consider applying Vaseline to keep the areas moist for faster healing, but nothing special is required.
3. Avoid harsh scrubbing or rubbing. Use gentle soaps while washing in the shower until areas have peeled.
4. Avoid direct sun exposure. If you plan to be in the sun, try to cover areas with sunscreen or clothing.