

To My Patients,

It is with a heavy heart that I write this letter. I am writing to inform you that I am leaving Psychiatric Care and Research Center.

I have decided to embark on a new journey. As many of you know, my wife and I have three adult children who have moved on to start lives of their own. Unfortunately, none of them have decided to continue to call St. Louis home. Because of this, we have decided to move closer to our son who lives in Seattle.

This will be a big move for us! We did not expect to make this move but opportunities for my wife and myself presented themselves and made this decision possible. My wife has found a position with a practice in Seattle to continue her work as a Reproductive Endocrinologist. As for me, I have accepted a position with an Interventional Psychiatric practice where I will act as Medical Director.

We will be moving to Seattle this summer, making my last day here at PCRC May 30, 2025. The team here at PCRC has hired a Nurse Practitioner to take over my patients. With that being said, many of my patients are currently taking stimulant medications which Nurse Practitioners cannot prescribe. The hope is that for those of you prescribed stimulant medications, you will be able to continue that therapy with a primary care provider and see the Nurse Practitioner for all other psychiatric needs. I know this transition may be difficult. I would love to see as many of you as I can over the next four months.

It has truly been a pleasure and an honor to have treated you all over the years. I have been in practice in St. Louis for twenty-five years and many of you have been with me since the beginning. The therapeutic relationships I have developed with you are truly the joy of my practice. I have often been entrusted with treating multiple generations within a family and I hope that I have lived up to the expectations placed upon me. It has been especially rewarding to see young people develop into the individuals they were meant to be. I have enjoyed getting to know each and everyone of you and wish you all the best.

Sincerely,

Howard Ilivicky, M.D.