

Pat Fulgham, M.D.
Urology Clinics of North Texas
8230 Walnut Hill Lane #700
Dallas, Texas 75231
(214) 691-1902

Post-Prostate Biopsy Instructions

SYMPTOMS REQUIRING URGENT CARE:

If you experience excessive rectal bleeding have someone drive you or come by ambulance to the emergency room at Presbyterian Hospital immediately and notify our office. **DO NOT DRIVE YOURSELF TO THE HOSPITAL.**

Call the office at 214-691-1902 if you experience a fever > 101.5 or have excessive or unusual muscle aches.

IMMEDIATELY AFTER THE BIOPSY

- Go directly home and rest
- Do not do anything strenuous for next 48 hours
- You should not be sexually active for 4 days
- Drink plenty of fluids
- Take the antibiotic as instructed

POTENTIAL SIDE EFFECTS OF THE BIOPSY

- It is normal to experience some bleeding from the rectum or to have blood in the urine for a few days after the procedure. You may notice blood in your ejaculate for 6 to 8 weeks following the procedure.
- **If the bleeding is excessive have someone drive you or take an ambulance to the Presbyterian Hospital of Dallas Emergency Room immediately and notify our office. Do not drive yourself to the hospital.**
- You may take Extra-Strength Tylenol (acetaminophen) if you experience pain in the rectal area. Follow the directions on the bottle. If this does not control your pain please call the office.
- **Do not take aspirin or ibuprofen** or any product containing aspirin (acetylsalicylic acid) or ibuprofen for at least 4 days after the biopsy as this may increase the risk for bleeding.

BIOPSY RESULTS

It generally takes 7 days for the pathology results to be reported back to Dr. Fulgham.

Dr. Fulgham will notify you of the pathology results as soon as he has reviewed them.

If you have not received a call from Dr. Fulgham by 7 days after your biopsy please call the office and ask to speak with Katy.

FOLLOW-UP APPOINTMENT

- **Negative for cancer**—If your prostate biopsy pathology is negative (there is no cancer), you will need to schedule a follow up appointment for about 3 months following the biopsy.
- **Positive for cancer**—If your prostate biopsy shows cancer you will need to do the following.
 1. Schedule scans if recommended by Dr Fulgham. The scans need to be completed before your cancer consult. Katy can help you schedule these. Call her at **214-580-1422**.
 2. Call **Katy 214-691-1902** to schedule a **CANCER CONSULT APPOINTMENT** with Dr. Fulgham. This is a 45 minute appointment that is **only done at 8 a.m.**, the first appointment of the day.
 3. Prior to your appointment watch the prostate cancer video on Dr. Fulgham's website <http://www.patfulghammd.com>. It is located on the prostate cancer page. Also the educational materials may be helpful.
 4. Consider attending the monthly prostate cancer support group meeting at Presbyterian Hospital, second Tues. of the month at 6:30 pm. Call Angela Clark 214-345-5030 for more info.