



College Community Services  
Wellness Center Central Advisory Board  
MEETING MINUTES

Friday, June 19, 2020 – 11:00am to 12:30pm  
Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866  
REMOTE MEETING, Conducted on WebEX  
Meeting Number: 145 366 3497

Attendees: Debbie A., Kimberly J., Deanna L., Justine P., Deloise M., Robin G.  
Guest: Sohail E., Julia A.-K., Alycia W., Lana T.

**I. Call to Order – 11:05 am**

- a) Welcome and Introductions
- b) Approval of Agenda – The agenda was read to everyone who did not have the ability to access the agenda online. (Sohail E.)
  - i. Agenda was approved by Kimberly J., seconded by Deanna L.
- c) Approval of Minutes – Minutes were approved by Kimberly J., seconded by Deanna L.

**II. Reports**

- a) Program Director Report-Sohail E.
  - i. Sohail read the Program Director's Report.
- b) President's Report- Johnny Case, not in attendance. No report given.
- c) Vice President-Deanna L., called upon to give report
  - i. WCC, per the last meeting, is still working on getting facemasks and hand sanitizer.
  - ii. Some groups will be in the living room upon return to center
  - iii. The Wellness Center is still getting things in order to reopen.
  - iv. Deanna is working with Johnny C. to get a cellphone so he can attend the meetings.

**III. Unfinished Business**

- a) Reading a portion of the MAB bylaws
  - i. Sohail read MAB Article 1
- b) Open Position for Peer Specialist
  - i. The 32 hours position has been filled. The new staff will start as of July 1<sup>st</sup> and is currently a peer specialists at WCS. (Sohail E.)
- c) Inquiries by Members regarding Center re-opening
  - i. WCC still does not have a timeline for return. (Sohail E.)
  - ii. It will probably not be for a while, as we want to ensure it is safe to return. We are waiting for direction for the county. (Sohail E.)
  - iii. Once we are ready to return we will announce and include everyone with the information when the return will be. (Sohail E.)
- d) What are the safety plan when the center re-opens?

- i. The use of the building will be modified a bit to ensure it is safe. Purchasing sneeze guards, hand sanitizer stations, and 6 foot physical distancing markers. The bathrooms faucets are also being modified by the county to be automatic. (Sohail E.).
- ii. Pathways number one priority is safety of the members. All of the county, state and pathways guidelines should match to ensure that people are safe to return. Want to ensure both staff and members to feel safe to return. (Sohail E.)

#### **IV. New Business**

- a) Wellness Center Central MAB roster
  - i. Need to get everyone's updated information. Prior to the next meeting, you will be contacted to get updated information. Will share this information at the next meeting so everyone has the information. (Sohail E.)
- b) Inviting WCS MAB to our next MAB Meeting
  - i. Spoke to WCS MAB last week. (Sohail)
  - ii. Suggested that we invite WCS to our next MAB meeting so they can get to know the WCC MAB. (Deanna L.)
  - iii. WCS will be invited to the next WCC MAB meeting. (Sohail E.)
- c) Wellness Center South transition plan
  - i. WCS was previously operated by MHA, but was awarded to Pathways as of July 1<sup>st</sup>. (Sohail E.)
  - ii. This transition will bring some fear and anxiety to the South members. They have built relationships with staff and other members and as WCC we want to be supportive to them. (Sohail E.)
  - iii. There will be a gap in virtual classes at South during the transition, the members will be invited to join WCC. (Sohail E.)
  - iv. Even though the wellness centers are operated by different organizations we are all very similar programs which each serves and covers different parts of Orange County. (Sohail E.)
- d) How to Support Wellness Center South Members during transition
  - i. We have invited members of WCS to come to our community meeting next week on 6/24 to meet all of our facilitators and get more comfortable with us, please come if you're able. (Aly W.)
- e) Virtual cooking class
  - i. One of the comments and suggestions was to see if we can have a cooking class online. Any suggestions from the group? (Sohail E.)
  - ii. Members would be interested in the cooking class and would attend if it was offered. Will collect what type of cooking class fellow members would like to have. (Kim J.)
  - iii. Concerned about members who can only call in, and don't have video capabilities. (Deanna L.)
  - iv. Received the calendar in the mail, if you plan out the recipe for the class ahead of time that could be included in the mailer so that members can still participate via

the phone and can just prepare ahead of time. Also including some of the resources that are on the blog for those who don't have access. (Debbie A.)

**V. Announcements (MAB Members)**

- a) Attaboy and attagirl to everyone who is attending the MAB meetings even during this time. (Deanna L.)
- b) Appreciates having the MAB meeting on the phone so can participate (Kim J.)
- c) Would like to invite the county monitor, Chrissy, to next meeting since we haven't met yet. (Debbie A.)
- d) Will invite both Chrissy and Carlos from OCHCA Central Services. (Sohail E.)

**VI. Open Forum (Visitors)**

- a) There will be a virtual art class available next month by contractors Nyra and Will (Aly W.)
- b) Working with contractor Pat to get an online Music Academy class going for next month. (Julia A.-K.)

**VII. Upcoming Calendar**

- a) WCC Art Fair, July 22, 2020 1:00-3:00 (TBD)
- b) Next meeting, Friday July 17, 2020 11:00-12:30

**VIII. Adjournment**

- a) Sohail adjourned the meeting at 12:17pm