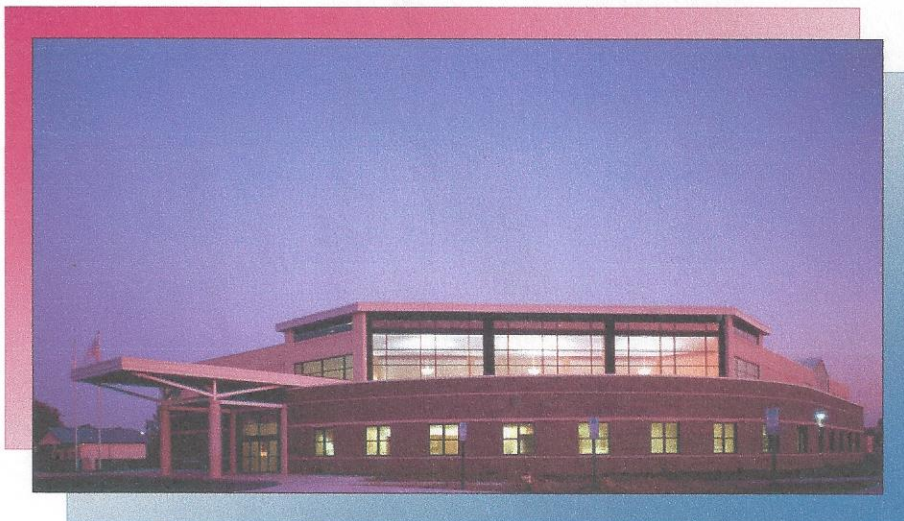


A creative ownership/operations structure involving a hospital, a state college and the local park district, has resulted in the development of a \$11.8 million health and fitness complex in Chicago Heights, Illinois.

By combining agendas and sharing the financial burden of this facility, each partner as well as the community has benefited from this community project. This 64,000 square foot center opened in March, 2000 represents the first time three such partners have come together in the medically based fitness area. The process by which this partnership was structured represents an invaluable model for hospitals and other community organizations to reference.

In December, 2006 this center added an additional 7,500 square feet creating a 72,000 sf community asset. The addition included a full service medi-spa and a second womens' locker room offering its members even more amenities.



Chicago Heights, Illinois

THE FITNESS COMPLEX
 a partnership with
 Chicago Heights Park District
 Prairie State College and
 St. James Hospital & Health Centers

Physical, cardiac & orthopedic rehabilitation

15,000 sq. ft. field house/
 gymnasium

8 lap indoor walk/jog track

Aquatics center with 25m lap pool
 and warm water therapy pool

Group exercise studios

Cardiovascular & free weights
 equipment

Multi-purpose room with demo
 kitchen

Heart healthy café, pro shop & medi-
 spa

Men's, women's, family lockers with
 sauna, steam room and whirlpool

Wellness Programs

Child care service with daily activities