Dentistry at Millennium Park, Chicago
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INSTRUCTIONS FOR PATIENTS FOLLOWING TOOTH - FILLING / BUILD-UP / BONDING

1. If anesthetic was used: Do not eat or drink until the "NOVOCAINE" feeling is gone.
   (CAREFUL THAT YOU DO NOT BITE YOUR CHEEK, LIPS OR TONGUE)

2. If the gums are Sensitive, Rinse Gently: USE: ½ Teaspoon of Baking Soda in ½ Glass of warm water
   (Rinse 3 – 4 times per day)

3. Slight bleeding is normal, in deep cavities below the gum line and should be gone within 2 hours after treatment.

4. The tooth that was worked on today may be sensitive:
   That is due to deep decay / filling removal or fracture / crack / breakage of the tooth that is close to the nerve within the tooth.

NOTE: FRACTURED / CRACKED / BROKEN / DEEPLY DECAYED TEETH OCCASIONALLY ARE SO SEVERELY DAMAGED THAT THEY ARE NOT SAVEABLE AND MAY REQUIRE IMMEDIATE OR FUTURE EXTRACTION.

   A) This sensitivity may be mild to moderate depending upon the amount and depth of the decay / breakdown present
   B) This sensitivity may be brought on by chewing or by hot or cold temperatures.
   C) This sensitivity is typically controlled by analgesics such as:
   (only use if you can tolerate them and are not allergic)

ASPIRIN	(BAYER, EXCEDRIN, ANACIN)
ACETOMINOPHIN	(TYLENOL, EXTRA STRENGTH TYLENOL),
IBUPROFIN	(NUPRIN, ADVIL, MOTRIN IB)
NAPROXIN SODIUM	(ALEVE)

   D) **DO NOT DRINK ALCOHOLIC BEVERAGES WHEN TAKING ANY PAIN MEDICATION**
   E) **DO NOT TAKE ANY PAIN MEDICATION ON AN EMPTY STOMACH.**

5. There is always the possibility that teeth with deep fillings / build-ups / prior deep decay / prior fracture **MAY REQUIRE ROOT CANAL TREATMENT**, especially if they remain sensitive after extended periods of time.

6. It is not unusual for a patient to call for a subsequent appointment for additional bite adjustment or restoration polishing – as it is often difficult for patients to determine these factors when they are "NUMB".

7. Please call for any adjustment or evaluation of sensitivity.

If a subsequent appointment was made, please keep this appointment or be sure to call and re-set if you are unable to make it.

BONDING SHOULD BE CONSIDERED A SEMI-PERMANENT RESTORATIVE MATERIAL. IN AREAS OF HIGH STRESS, HEAVY BITING FORCES, TEETH WITH CHIPS, FRACTURES OR CRACKLINES, THE BONDING MATERIAL MAY NOT BE DURABLE. IF THE BONDING SHOULD POP OFF OR IF A PORTION OF TOOTH SHOULD CHIP, FRACTURE OR CRACK, THEN A DIFFERENT AND COSTLIER TYPE OF RESTORATION WILL BE NECESSARY AND WOULD BE DETERMINED AT THE TIME OF TREATMENT. [PORCELAIN (CUSTOM CERAMIC) CROWNS, GOLD RESTORATIONS OR CERAMIC OR GOLD INLAYS / ONLAYS ARE OFTEN THE RESTORATIVE OPTIONS]

******** FOR ANY EMERGENCY******** CALL THE OFFICE,

WHEN CALLING AFTER HOURS, LISTEN TO THE VOICEMAIL MESSAGE, THEN ENTER THE EMERGENCY **MESSAGE BOX #4** AND **PRESS 1** THEN *CLEARLY* STATE YOUR NAME AND TELEPHONE NUMBER, I WILL RETURN YOUR CALL SHORTLY. This system calls my cellular phone directly – and is subject to cell conditions. (If you are not called back within ½ hour, please call back and re-state your emergency message)