



Atlantic Kitchen & Bath Winter Newsletter

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What's New!

Atlantic Kitchen & Bath continues to move forward with the remodel of our new showroom. Hopefully we will be ready to open by Spring. In the meantime, you can visit our temporary showroom where we have a wide range of options for flooring, cabinets, countertops and more. If you are thinking about starting a remodeling project, this is your one-stop-shop to find everything you need. Also, since we are a custom building company, we can create anything that you envision.

Why wait? Get started now.

Atlantic Kitchen & Bath specializes in custom kitchen and bath designs as well as renovations, sunrooms, closet systems, outdoor kitchens, additions and restorations. Give us a call today at 302.645.8500 to schedule an appointment or look us up on the web at www.AtlanticKB.com

We can design and build anything for you. Just read our reviews!

Atlantic Kitchen and Bath did a super job on my bathroom remodel. Their design ideas were helpful and the materials high quality. Tony, the project manager was there everyday making sure the contractors did a comprehensive good job and other times doing the work himself. He constantly checked with me on where I wanted things placed, made quality suggestions and overall was very helpful. They are clean, timely and do great work.

Joyce / Nassau area / Fall 2017





Thinking about a kitchen remodel?

Here is advise from top interior decorators we have put together for you to consider:

Kitchen Cabinetry. We highly recommend you invest your dollars in the **best cabinetry you can afford**, and worry about things like appliances later. In other words, don't sacrifice the quality of your cabinets for new appliances if budget is an issue. Instead, delay purchasing your dream appliances. Why? Long after you've replaced your refrigerator and dishwasher, your cabinets will be standing, and they are the foundation for a beautiful kitchen. The advantage of using true custom cabinets vs. typical stock cabinets that can be configured in different combinations is two-fold. First, custom cabinets can be fitted perfectly to your kitchen, filling the space precisely and making the best use of corners, spaces between windows and any height or length of wall. Second, custom cabinets can achieve looks that stock cabinets can't, especially when integrated with other features such as a banquette seating or kitchen island. This is especially important when going for a sought-after transitional style, where cabinets are desired to be seamless but not uniform. Plus, although white tends to be the most in-demand shade, custom cabinets can be any hue you choose.



Drawers instead of doors. Given the choice, always choose drawers over doors on base cabinets. It's so much easier to organize and find things when you can pull out a drawer instead of having to squat down to dig around deep inside the cabinet. **Tip:** Extra-deep drawers are great for storing dishes, pots and pans. Also try to fit as many wide (36-inch) cabinets in as you can, because these can hold all manner of items yet still be within easy reach.



Quartz counters. Quartz is a designer's dream to work with for many reasons. It's made using actual stone, so it echoes the natural appeal of materials such as granite or marble. But it is also processed and manufactured in ways that make it strong, nonporous and color-customizable to create many different looks with good color predictability (as opposed to a stone slab, which can

contain more unexpected surprises compared with the sample). As far as price, it is a little more expensive than stone, granite or total synthetics, although the price will vary depending on composition and manufacturer. But for low maintenance and durability, quartz is the new must-have in your dream home.

Hands-free faucet. This is a wish-list item everyone should have. The faucet which you can turn on and off by touching anywhere on the faucet. There are other brands which you turn on and off with the wave of a hand in front of a sensor embedded in the neck of the faucet. It's responsive, doesn't randomly turn off or on, and doesn't make a wet mess on the sink deck.



Single-bowl granite composite sink in a dark color.

Darker in color, these lower-maintenance gray or black granite composite sinks are durable and require minimal work to keep them looking clean. They come in many shapes and sized but we are fans of the large single-bowl sink, as it can easily fit larger pots and pans for soaking. If you get this as an undermount you will have even easier cleanup.

Let us expertly help you design/build your kitchen

On time and within budget!

For more information, visit our website at www.AtlanticKB.com or give us call at 302.645.8500

Thinking Remodel?



A Recipe for You!



3 tablespoons olive oil
1 tablespoon butter
2 pounds beef stew meat
1 clove garlic, minced
1 medium onion, diced
1 can or bottle beer
4 cups beef broth, more as needed
1 tablespoon Worcestershire sauce
2 to 3 tablespoons tomato paste
1 1/2 teaspoons sugar
1/2 teaspoon paprika
1/2 teaspoon kosher salt
Freshly ground black pepper
2 carrots, roughly sliced
2 parsnips, roughly sliced
1 small turnip, roughly sliced
2 tablespoons all-purpose flour, optional
Minced fresh parsley, for garnish
1 cup barley
2 1/2 cups water



Warm Root Stew

Great for cold winter nights—easy in the crockpot
Directions

Heat the oil and butter in a pan and brown the beef. Remove the beef from the pan, throw in the garlic and onions and cook until softened, about 3 minutes. Pour in the beer, beef broth, Worcestershire sauce, tomato paste, sugar, paprika, salt and some pepper. Then return the beef to the pan, cover and simmer on a low heat until the meat is very tender, 1 1/2 to 2 hours. If the liquid level gets too low, add more broth as needed.

Add the carrots, parsnips and turnips and continue to simmer until the vegetables are tender and the liquid is reduced, about 30 minutes.

The meat should be very tender; if it's tough, let it continue to cook. In a separate pan bring 1 cup barley and 2 1/2 cups water or broth to a boil – lightly season with salt. Reduce heat to a simmer; cook, covered, until tender and most of the liquid has been absorbed, 40 to 50 minutes. Let stand 5 minutes.

To finish, add a scoop of barley to one side in the bowl then ladle the beef stew, garnish with chopped parsley.

Communicating with your Remodeler/Builder

Communication is important in all relationships and your relationship with your remodeler is no exception. Effective communication between client and builder will reduce concerns and stress before, during and after the building process. Here are some tips for keeping the lines of communication open at key points.

1. When selecting a remodeling contractor—The best time to explore your level of comfort with a builder's communication style is while you are deciding on which contractor to use. Builders who are effective communicators will share information openly, encourage your questions and provide satisfactory and prompt answers.
2. After you make a decision—Make sure you understand how you and your builder will discuss the project and its progress. A good builder will maintain contact with you so you know your progress, any changes and the actual job schedule. Find out how the builder feels about informal meetings, phone calls and emails and ask how quickly you can expect a response if you have a concern.
3. Schedule—The builder should present a detailed proposal that outlines the construction process. Many builders use software to help keep clients informed and involved in their remodeling process. This is very beneficial if you are not going to be present when your remodel is being done but you want to stay involved in the progress.
4. When working with change orders—An essential part of owner-builder communication is the change order, which is the builder's procedure for making changes after a contract has been signed and construction has begun. Few projects are completed without some changes along the way and in remodeling there are many times that a builder will not know the complete scope of work that needs to be done until demolition has started. Older homes can have bad wiring or other things that need to be brought up to code, there can be mold issues to deal with and even structural issues that cannot be detected until the walls are opened up. Make sure to find out about your builders change order process before your remodel starts.

In searching for your builder (remodeler) keep in mind that successful builders have systems and staff in place for communicating effectively with clients before, during and after construction. At the same time, your needs, preferences and comfort level matter. Good communication is a key to a predictable building process that provides you and your family with the outcome you desire and deserve.

Good Advice





It is that time again – Winter – time to get things ready.

With those in cold regions preparing for snow, plus holidays and social gatherings everywhere you turn, the first of winter is a notoriously busy. But with a little preparation, you can savor the best of the season, from winter walks to hot cocoa. Check off these tasks for a less hectic, more harmonious month.

Things to Check Off Your List in an Hour or Less

Disconnect hoses. If it freezes in winter where you live, now is the time to shut off the water supply to your outdoor faucets. After shutting off the water, turn on the faucets outside to allow any water left to drain out. Then disconnect garden hoses, drain the water and roll them up to store indoors until spring.



Keep an eye on trees. A buildup of heavy snow on tree limbs can make them more prone to breaking. Brush snow off tree limbs after each big snowfall, using a broom to extend your reach. If a limb does fall, have it removed as soon as the weather permits.



Make space for winter coats, boots and scarves. With

winter weather come bulky coats, boots and all sorts of mittens and scarves that seem to multiply when you're not looking. Clear out the closet nearest your main entrance to make room for those extra winter layers, or supplement a hall with coat hooks and a tray to corral mucky boots.



Simplify your holiday. If you tend to feel overwhelmed at this time of year, take a timeout to set some intentions for your holiday season. Focus on a few meaningful activities that you really enjoy, and give yourself permission to say, "No, thank you" to events or activities that stress you out. And if you will be hosting a major holiday event this year, do what you can to prepare in advance (and delegate some responsibilities to other family members) so that you can avoid last-minute stress.

Get ready for winter storms. Check the condition of your snow shovels, gloves and window scrapers, and replace as needed. Store snowy-weather supplies near the door where you can access them easily in a storm, and mark the sides of your driveway and other key places with reflective poles, to help the snow plowers see where to go. And even if it doesn't snow where you live, keeping the pantry stocked with food, bottled water, candles and flashlights in case of power outages is always a good idea. It's also a great idea to keep some board games, blankets, lanterns on hand just in case the power is out for a while. And having a back up generator is always a great idea.



Did you know that Atlantic Kitchen & Bath uses BuilderTrend for staying in touch with our customers. This is a cloud based interactive construction software that also has an App for phones. Our customers can easily access their job documents, get updated schedule information, receive regular photo updates, be able to share photos to Facebook or other apps and easily stay in touch with our building project manager and office staff. It's a great tool and our customers love it.



Give us a call

302.645.8500