



An early intervention guide to Tele-Bursts

Since we use everyday activities as the focus of our visits, as providers and families turn to tele-intervention to support child learning, flexible schedules are a must. But how do EI providers make dosage decisions for televisits?



What about bursts?

While not every family needs a burst of support, and providers should not provide them just based on their availability, this is a great time to consider the benefits for some families. We've outlined a few below:

- 1. New routines and activities:** Life looks different under quarantine. As families have more time together and encounter new routines such as home-schooling older siblings, EI providers can provide a quick burst of support to ensure that young children can learn and participate in new routines and activities.
- 2. New caregiver roles:** Families are spending more time together, which may mean that more caregivers are interacting with infants and young children. A burst of support can help a caregiver learn strategies to use throughout routines and activities quickly.
- 3. Changes in practice:** Some families may have more opportunity to try between visit plans when children and caregivers spend all day together. In this case, families may be ready to learn new strategies sooner.



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