



# First Day Checklist Preschoolers

In this folder is all of the paperwork you will need to complete your child's enrollment at the center. You may bring it in on your first day or you're welcome to send it in earlier so we can check it over before your little one starts. You should have:

- Parent Handbook – please read it carefully and speak to us about any questions
- Admission Agreement
- All About Me
- Permission to Participate in Center Activities
- Emergency Card
- Health Inventory – Part I is completed by you and Part II by your pediatrician
- Getting to Know Us (please send in with a family photo)
- Medication Authorization Form – many parents like to keep one on file for things like Tylenol or Motrin
- Photo Release Form
- Snack Permission Slip
- Topical Medication Form – for things like sunscreen or insect repellent

In addition to the paperwork, you will want to send in the following things:

- Daily lunch in a soft-sided, child-sized lunchbox
- 2 complete changes of clothes, including socks, and an extra pair of shoes
- Optional lovey (stuffed animal or blanket) for rest time

Please make sure everything you send in to the center is labeled with your child's name. Please also remember that we cannot give your child any medications (even over the counter) without a Medication Authorization Form completed by your pediatrician. Additionally we will need an Allergy Action Plan completed by your pediatrician if your child has any known food allergies.

If you have any questions, please email us at [qualacare@gmail.com](mailto:qualacare@gmail.com) or call our office at 410-859-3200. Don't forget to participate in our private classroom groups by visiting us at [www.Facebook.com/QualaCare](http://www.Facebook.com/QualaCare)