

# Bella Frutteto Express & Catering To-Go Menu

## Appetizers

### Caprese Risotto Cakes

Breaded Risotto / Fire Roasted  
Tomato / Basil / Fresh  
Mozzarella / Tomato Cream 11

### Apple Ravioli

Cheese Ravioli / Amaretto Granny  
Smith Apple / Golden Raisin /  
Roasted Fig / Sage Butter 12

### Zucchini Planks

Breaded Zucchini / Grated  
Parmesan Marinara / Parmesan  
Ranch 11

### Beans and Greens

Cannellini Bean / Spinach /  
Light Spicy Garlic Sauce 10

### Add Italian Sausage 4

### Banana Peppers

Banana Pepper / Italian Sausage /  
Mozzarella Cheese / Marinara 12

### Add Baked Mozzarella 2

## Soups

### Italian Wedding Soup

Chicken / Meatballs / Carrot / Onion  
/ Spinach / Orzo  
5 cup - 8 bowl - 10 quart

### Soup of the Day

House-Made Soup Changes Daily  
5 cup - 8 bowl - 10 quart

### Lobster Bisque

A rich creamy lobster soup  
7 cup - 10 bowl - 13 quart

## Salads

### Caesar

Romaine / Crouton / Parmesan  
Cheese / Caesar Dressing  
Side Salad 7 Entrée Salad 14

### Mixed Green

Field Greens / Tomato /  
Cucumber / Red Onion / Crouton /  
Feta / Balsamic Vinaigrette  
Side Salad 7 Entrée Salad 14

### Beet Salad

Field Greens / Beet / Candied  
Pecan / Goat Cheese /  
Citrus Vinaigrette  
Side Salad 8 Entrée Salad 17

### Wedge Salad

Iceberg / Tomato / Dried Cranberry  
/ Bacon / Red Onion /  
Crumbled Blue Cheese /  
Blue Cheese Dressing 11

### Prosciutto and Fig

Field Greens / Prosciutto / Roasted  
Fig / Red Onion / Walnut / Goat  
Cheese / Balsamic Vinaigrette  
Side Salad 8 Entrée Salad 17

### Parmesan Ranch Chicken

Grilled Chicken / Field Greens /  
Tomato / Red Onion  
Cucumber / Mozzarella / Ranch  
17

### Harvest Salad

Cranberry-Glazed Chicken or  
Salmon / Field Greens /  
Toasted Pumpkin Seed / Cranberry /  
Sweet Potato Fries / Cheddar /  
Balsamic Vinaigrette  
Chicken 18 Salmon 20

### Add a Protein

Grilled Chicken 5 / Blackened  
Chicken 6 / Crispy Chicken 6 / Filet  
Tips 11 /  
Scallops 13 / Sesame Crusted Tuna  
12 / Jumbo Shrimp 11 / Salmon 12

## Lunch

### Chicken Salad Sandwich

Chicken salad with dried  
cranberries, golden raisins,  
diced apples, and almonds  
Field Greens / Tomato / Brioche  
Bun 13

### Frutteto Burger

All beef burger / Choice of  
American / Provolone / Cheddar  
Field Greens / Tomato / Onion /  
Brioche Bun 14

### Chicken Pesto Sandwich

Seared Chicken Breast /  
Provolone / Fire Roasted  
Tomatoes  
Field Greens / Tomato / Onion /  
Brioche Bun 14

### Meatball Hoagie

Meatballs / Marinara /  
Provolone / Hoagie Roll 14

### Chicken Parmesan Hoagie

Breaded Chicken / Marinara /  
Provolone / Hoagie Roll 14

### Harvest Chicken Panini

Chicken Salad / Cheddar Cheese  
/ Sweet Potato Fries /  
Cranberry Glaze / Grilled  
Italian Bread 14

### BBO Chicken Sandwich

Seared Chicken Breast/ BBQ  
Sauce/ Cheddar/ Bacon/  
Lettuce/ Tomato/ Onion/  
Brioche Bun 14

### All sandwiches served with choice of side:

House Made Potato Chips /  
French Fries / Sweet Potato  
Fries

### Substitute the following for an additional \$4

Mixed Green Salad / Caesar  
Salad / Wedding Soup /  
Soup of the Day

## Entrées

### Cranberry Almond Salmon \*

Almond Breaded Salmon / Dried  
Cranberry / Herb Butter Glaze /  
Herb Butter Broccoli / Yukon  
Mashed Potato 25

### Mediterranean Salmon \*

Grilled Salmon / Fire Roasted  
Tomato / Roasted Red Pepper /  
Capers /  
Artichoke / Sage Butter Sauce /  
Herb Butter Broccoli / Yukon  
Mashed Potato 25

### Sesame Crusted Ahi Tuna\*

Sesame Coated Ahi Tuna / Sweet  
Chili Glaze / Green Onion /  
Linguine /  
Spicy Oil & Garlic 25

\*NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish and eggs may increase your risk of food borne illness.

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## Tomato Basil Chicken

Herb Breaded Chicken / Tomato  
Cream Sauce / Parmesan /  
Fire Roasted Tomato Basil Risotto  
24

## Balsamic Chicken

Grilled Balsamic Chicken /  
Balsamic Glaze / Herb Butter  
Broccoli /  
Yukon Mashed Potato 19

## Classic Entrées

### Zucchini Parmesan

Breaded Zucchini Planks /  
Mozzarella / Linguine / Tomato  
Cream 20

### Lasagna

Spicy Italian Sausage / Beef /  
Mozzarella / Ricotta / Marinara /  
Alfredo 20

Choose any of the  
below entrées with  
*Veal 24 or Chicken 22*

### Parmesan

Breaded Veal or Chicken /  
Mozzarella / Linguine / Marinara

### Piccata

Sautéed Veal or Chicken / Capers /  
Lemon Butter Cream /  
Spaghetti / Herb Butter Alfredo

## Pastas

### Sausage Stuffed Chicken

Breaded Chicken / Spicy Italian  
Sausage / Mozzarella / Linguine /  
Tomato Cream Sauce 22

### Steak Gorgonzola\*

Sautéed Steak Tips / Spinach /  
Gorgonzola Crumble /  
Penne / Gorgonzola Cream Sauce /  
Balsamic Glaze 24

### Spicy Shrimp and Scallop

Jumbo Shrimp / Scallops /  
Spaghetti / Spicy Lobster Cream  
Sauce / Spicy Breadcrumbs /  
Green Onion 30

### Seafood Bake

Crab Meat / Jumbo Shrimp /  
Scallops / Roma Tomato /  
Fresh Mozzarella / Radiatore /  
Pink Vodka Sauce 32

## Apple Ravioli

Cheese Ravioli / Amaretto Granny  
Smith Apple / Golden Raisin /  
Balsamic-Roasted Fig /  
Sage Butter Sauce 22

## Pastas

### Lobster Ravioli

Lobster and Cheese Ravioli /  
Pink Vodka Sauce /  
Goat Cheese 26

### Butternut Squash Ravioli

Sautéed Butternut Squash /  
Pumpkin Seed / Sage Butter Sauce /  
Butternut Squash Ravioli 20

### Meatball Bake

Two Meatballs / Spaghetti /  
Marinara / Baked Mozzarella 19

### Mediterranean Chicken Pasta

Sautéed Chicken / Artichokes /  
Roasted Red Peppers / Spinach / Fire  
Roasted Tomatoes / Kalamata  
Olives / Spaghetti / Feta-Lemon  
Cream Sauce 24

## Pick Your Own Pasta

### Choose a Pasta:

Linguine / Penne / Spaghetti /  
Brown Rice Penne 15

Cheese Ravioli / Gnocchi 17

### Choose a Sauce:

Marinara / Alfredo / Tomato Cream  
/ Pink Vodka / Butter  
Spicy Marinara / Oil & Garlic

\*Bolognese Meat Sauce add 4

### Add a Protein:

Grilled Chicken 5 /  
Crumbled Italian Sausage 5 /  
Filet Tips 11 / Salmon 12 /  
Jumbo Shrimp 11 / Scallops 13 /  
Sesame Crusted Tuna 12 /  
Meatball 2

### Add a Vegetable:

Spinach / Portabella Mushroom  
/ Banana Pepper / Broccoli /  
Fire Roasted Tomato

Per Vegetable 2

### MAKE IT A BAKE

Pasta Topped With Baked Shredded  
Mozzarella Cheese 3

## DESSERTS

### MINI CHOCOLATE PEANUT BUTTER BOMBE

Chocolate cookie crust stuffed with  
peanut butter  
mousse on a chocolate peanut  
butter brownie.  
Topped with a peanut butter cream.  
3

### MINI TIRAMISU BOMBE

Mocha cookie crust stuffed with  
mascarpone cream  
mousse on an espresso soaked lady  
finger -brownie.  
Topped with a espresso cream. 3

### MINI CHOCOLATE BOMBE

Oreo cookie crust stuffed with  
chocolate mousse  
on a chocolate brownie. Topped  
with a Amaretto cream. 3

### CANNOLI

Crispy cannoli shells filled with  
sweet Ricotta and cream cheese  
capped with chocolate chips. 8

### COLOSSAL CARROT CAKE

A giant slice of carrot cake with  
walnuts layered with cream  
cheese icing and topped with  
caramel sauce. 12

### CRÈME BRULEE

House made rich custard base  
topped with  
hardened caramelized sugar. 8

### STRAWBERRY LAYER CAKE

Vanilla cake layered with white  
chocolate, strawberry  
jam, and vanilla cream. 8

### CHOCOLATE LAYER CAKE

Chocolate cake layered with  
white chocolate cream,  
chocolate cream, and chocolate  
ganache. 8

## Catering

Now accepting reservations for all of your meetings, parties  
and special catering needs. Our chef can even create the  
perfect finish to all your events with our delicious house  
made desserts. Ask your server for more details and a copy  
of our catering menu or call us at

724-940-7777.

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