

NASHVILLE ACADEMY OF REFLEXOLOGY
Professional Reflexology Certification Program – Accelerated Schedule

EVENING CLASS CALENDAR 2023

Starting Date: May 1, 2023 Ending Date: November 21, 2023

	Time of Class	Hours
MAY 2023		
M – May 1	6:00 – 10:00 p	2 O 2 A
T – May 2	6:00 – 10:00 p	4 R
M – May 8	6:00 – 10:00 p	4 R
T – May 9	6:00 – 10:00 p	4 R
M – May 15	6:00 – 10:00 p	4 R
T – May 16 (end of 20 Hr CES)	6:00 – 10:00 p	4 R
Sat. - May 20 Optional Event to Practice and Promote Reflexology	9:00 a – 7:00 p Galactic Expo Fairgrounds	Sign up for Shifts
Sun. May 21 Optional Event to Practice and Promote Reflexology	10:00 a – 5:00p Galactic Expo Fairgrounds	Sign up for shifts
M – May 22	6:00 – 10:00 p	4 R
T – May 23	6:00 – 10:00 p	4 A
M – May 29 – Memorial Day		
T – May 30 – Break		
JUNE		
M – June 5	6:00 – 10:00 p	4 R
T – June 6	6:00 – 10:00 p	4 A
M - June 12	6:00 – 10:00 p	4 R
T - June 13	6:00 – 10:00 p	4 A
M – June 19 – Juneteenth holiday		
T – June 20	6:00 – 10:00 p	4 A
M – June 26	6:00 – 10:00 p	4 R
T – June 27	6:00 – 10:00 p	4 A
JULY		
M – July 3 – Holiday Break		
T – July 4 – Holiday Break		
M – July 10	6:00 – 10:00 p	4 R
T – July 11	6:00 – 10:00 p	4 A
M – July 17	6:00 – 10:00 p	4 R
T – July 18	6:00 – 10:00 p	4 A
M – July 24	6:00 – 10:00 p	4 R
T – July 25- Practice Clinic	6:00 – 10:00 p	4 C
M – July 31	6:00 – 10:00 p	4 A

Abb
revi

ations: O = Orientation

R = Reflexology (end of 20-hour CE class; end of 36-hour CE class)

A = Anatomy & Physiology

C = Clinic

H = Hand Reflexology Classes 1, 2, and 3

B = Business Practices & Marketing

L = Reflexology Law & Ethics

G = Graduation

AUGUST		
T – August 1 – First Clinic	6:00 – 10:00 p	4 C
M – August 7 - Hand 1	6:00 – 10:00 p	4 R
T – August 8	6:00 – 10:00 p	4 C
M – August 14 - Hand 2	6:00 – 10:00 p	4 R
T – August 15	6:00 – 10:00 p	4 C
M – August 21 - Hand 3	6:00 – 10:00 p	4 R
T – August 22	6:00 – 10:00 p	4 C
M – August 28	6:00 – 10:00 p	4 A
T – August 29	6:00 – 10:00 p	4 C
SEPTEMBER		
M – September 4 – Labor Day		
T – September 5 – First Clinic	6:00 – 10:00 p	4 C
M – September 11 - Reflexology Test	6:00 – 9:00 p	3 R
T – September 12	6:00 – 10:00 p	4 C
M – September 18	6:00 – 10:00 p	4 A
T – September 19	6:00 – 10:00 p	4 C
M – September 25	6:00 – 10:00 p	4 A
T – September 26	6:00 – 10:00 p	4 C
OCTOBER		
M – October 2 - A&P Test	6:00 – 8:00 p	2 A
T – October 3	6:00 – 10:00 p	4 C
M – October 9	6:00 – 9:00 p	3 B
T – October 10	6:00 – 10:00 p	4 C
M – October 16	6:00 – 9:00 p	3 B
T – October 17	6:00 – 10:00 p	4 C
M – October 23	6:00 – 9:00 p	3 L
T – October 24	6:00 – 10:00 p	4 C
M – October 30	6:00 – 9:00 p	3 B
T – October 31 – Halloween		
NOVEMBER		
M – November 6	6:00 – 10:00 p	4 C
T – November 7	6:00 – 10:00 p	4 C
M – November 13	6:00 – 10:00 p	4 C
T – November 14	6:00 – 10:00 p	4 C
M – November 20	6:00 – 9:00 p	3 C
T – November 21 – Graduation	7:00 - 9:00 p	G
TOTAL HOURS		
Orientation		2
Classroom		123
Clinic Hours		75
TOTAL PROGRAM HOURS NEEDED FOR CERTIFICATE		200