

N.B. This translation contains errors due to the insurmountable language differences between German and English

UV Rays

(From 241st Contact between Billy and Ptaah. Monday, Feb 3, 1992, 11:33 p.m.)

Billy: ...Instead maybe you could explain to me why the human body turns brown from the sun's rays. My question refers to the tanning of fair people's skin.

Ptaah: Tanning of the skin is the body's defense reaction.

Billy: Are you saying that the body's tanning process is a defense reaction against the UV rays?

Ptaah: Certainly.

Billy: Interesting. This means that tanning in the sun, i.e., through the UV rays, is therefore more dangerous than is generally assumed.

Ptaah: You are quite right. The tanning process holds tremendous danger even when the ozone layer is intact. The danger of becoming afflicted with melanoma or other ailments inflicted by UV rays exists even at times when the ozone layer is intact, that is, fully effective. Unfortunately, people on Earth believe that the sun's rays are harmless for the human body when the ozone layer is intact. Their reasoning capacity is not sufficient to comprehend the actual truth, I am sorry to say.

Billy: belief and reasoning exclude each other, even though some philosophers erroneously claim that belief and reasoning do not.

Ptaah: These are more or less empty words from individuals who do not reason very far ahead, and are intended to deny the truth in the form of false teachings – even though such individuals call themselves theologians, ministers, priests, philosophers or the like.

Smoking

(From 241st Contact between Billy and Ptaah. Monday, February 3rd, 11:33 p.m.)

Ptaah: ...Let me explain then a few things regarding the dangers of smoking. To paraphrase my daughter Semjase's past explanations to you on June 6th, 1976: Smoking is not only a vice and an addiction, but it presents also a great danger and health hazard, even though there may be a few advantages to smoking as my daughter explained to you at the time. These advantages, however do not in any way outweigh the dangers and harmfulness to one's health. Not only does smoking destroy vitamin C, it also robs the immune system of this vital substance because the poisonous chemicals and noxious gases of tobacco smoke directly attack the immune system. Both strongly impair its functions, even if one were to smoke herbal tobacco goods, etc. The body's own defense system is therefore impaired and harmed, causing infections, allergies and diseases that are frequently fatal, without the individuals ever knowing that smoking was the singular reason for their death. As of now we are aware of the fact that 47 diseases are exclusively induced or expedited by smoking, in addition to numerous allergies excluded in this figure. Inflammations of wounds or internal body organs are also expedited by smoking, with pneumonia, the inflammation of the lungs, being one of the most common diseases resulting from smoking. Various poisons, such as nicotine and benzol, throttle the influx of oxygen to the blood, while tar particulates in the lungs tend to stop the flow of oxygen as well. Blood vessels supplying the blood to all body parts are also impeded by particulates that hamper the blood flow, potentially causing infarcts and the atrophy of limbs, other body parts or sections of the brain. The most well-known ailment is probably the so-called "Raucherbein" in German ("peripheral vascular disease" in English). Under certain circumstances, smoking may also impair one's vision and lead to blurred vision, among other things. Smoking also causes various types of carcinoma. Smoking may even lead to the impairment of one's consciousness in certain cases, resulting in a confused state of consciousness that possibly leads to suicide. Terrestrial scientists have, already known the fact that babies may suffer very serious health impairment when the mother is a smoker, for some time. The fact, though, that a father's tobacco addiction can harm his offspring's health, still remains completely unknown. Even if the parents were to stop smoking at the time of their child's conception, the baby could still experience severe health impairment. To widely exclude any impairment of their offspring's health, parents would have to refrain from vice and addiction at least 18 months prior to the child's conception. They would have to be careful at the same time to abstain from smoking until the moment of birth, for giving in to the urge in the interim even once would jeopardize everything. Simply one cigarette would cause as much damage to the tobacco addict's health as though he or she had never stopped.

Billy: Many people would like to give up smoking but they simply cannot do it. For this reason also there exists a great trade with questionable anti-smoking devices, in addition to schemes involving hypnosis and acupuncture. They are all meaningless, I think, because one only stops to smoke if one really endeavors to do so and then proceeds to realize this

resolution. Anti-smoking devices are rubbish, lies and fraud. Regarding bona fide hypnoses and acupuncture, on the other hand, I would like to say that it is possible to become cured, but in no way whatsoever through those bogus hypnotists who always advertise in the papers or offer their services by word-of-mouth propaganda.

Ptaah: I am of the same opinion. You were a chronic smoker yourself for 33 years. But you strove to end this vice when your health demanded it.

Billy: Well, I could handle it. But look here. I saw this newspaper clipping a few weeks ago in *Blick* and cut it out. Would you look it over and tell me whether the information is correct?

Ptaah: If it means this much to you. What is it all about?

Billy: It also deals with smoking. They give data on the time frame and the results if one stops to smoke.

Ptaah: Let me have a look at the article then.

Billy: Here, please...

Ptaah: It is amazing what they have written here, but I would like to say that the order of the various points has been well chosen. Unfortunately, our research data does not agree with some of this information because this data is misleading and euphoric in part. If you would like, I could request our research data on this matter.

Billy: That would be nice.

Ptaah: Well then, please be patient for a moment [he busies himself with a small, 2" x 3" (5x10 cm) unit, which he takes from his belt]... These specifications here need to be replaced with the following data: 28, 11, 3 days, 5 days, after 5 months, 3-18 months, 3 years, 7 years – heart attack risk drops by 50% after 7 years: lung cancer risk drops by 50% after 11-17 years. Any regeneration and normalization is in effect after 35 years. As of yet, all of this information cannot be verified by the appropriate terrestrial scientists to the same extent as we are capable of doing, because we possess the required super-precision tools and super precision devices that are vital for finding these facts. The vales mentioned in this newspaper clipping are only very basic and unreliable. They do not even mention in any way the findings on the final normalization and regeneration of the body and its organs after having been impaired by smoking.

Billy: Earthlings are simply not as advanced as you are by a long shot.

Ptaah: Of course not. But my words were not intended as a reproach.

Second-hand Smoke

(From 241st Contact between Billy and Ptaah. Monday, February 3rd, 11:33 p.m.)

Billy: I just remembered another question regarding smoking: What is the story on the dangers of 'blue fumes' for the so-called second-hand smokers, the non-smokers, who are actually forced to partially inhale the active smokers' blue fumes? And what about the diseases the offspring are burdened with when they have parents who smoke?

Ptaah: let me answer your last question first. I would like to say that terrestrial scientists are already familiar with a certain number of diseases caused by smoking, along with those diseases children of smokers suffer from. Such afflictions and diseases, with which they are born range from asthma, lack of concentration and deformations of various types, all the way to severe allergies and a malfunctioning of the consciousness, etc. Regarding second-hand smoke, it must be said that it is not harmless by any means. On the contrary. It can have consequences that are even more severe than those caused by the act of smoking. However, I must explain that this danger exists only when the smoke is deeply inhaled. The stronger the concentration of second-hand smoke, the greater the danger of second-hand smoke consequences. The denser the smokes' concentrationm the more it binds environmental pollutants to it. Those are then inhaled which leads to even greater harm, of course. If the concentration is less dense, it lowers the danger, which is only logical. Nevertheless, second-hand smoking is a serious danger to one's health.

AIDS

(From 241st Contact between Billy and Ptaah. Monday, February 3rd, 11:33 p.m.)

Billy: ... Here are two questions: The AIDS epidemic had its origin in animals, in monkeys to be more specific. According to Quetzal's previous explanations, the origin of the AIDS epidemic that has infected many people, lies with the green, long-tailed monkeys (*Cercopithecus*). Quetzal's data shows that sodomists performed deviant, that is, sexual activities with infected long-tailed monkeys. In so doing, the sodomists infected themselves with the AIDS virus. Through further sexual relations of a heterosexual and homosexual nature, the epidemic spread very rapidly across Africa and was

brought to Haiti by homosexuals, from where it spread to America and then throughout the world. Primarily homosexuals and drug addicts must be blamed for this. In the meantime, however, it is the heterosexuals who are mainly spreading the epidemic, for it has gained access to all levels of society. You told me once that a cure against AIDS will probably not be found until the year 2005. It may still take a very long time before such medication will be found. Now then, here's the question on this subject: Do you people know how long the AIDS epidemic has already existed on Earth and how many types of viruses there are?

Ptaah: Your comments are absolutely correct, and I can herewith also reconfirm Quetzal's data. Regarding your question, I can tell you the following: As of now we are aware of 14 virus strains, while scientists on Earth are only speaking of 6. The epidemic itself has already existed in various forms on Earth and among animals for 11,364 years, primarily involving monkeys and cats. They are only carriers of the AIDS virus, as a rule, having an immunity against it, however, which is especially pronounced in the green, long-tailed monkeys. It is completely erroneous, therefore, to assume that the epidemic was caused by people through gene manipulations or accidents in laboratories and such. This is not the case by any means. First and foremost, the blame goes to sodomists with homosexual tendencies who have infected bisexuals with the epidemic, who, in turn, then infected a great number of women and men, until the epidemic could spread rapidly.

Billy: For 11,364 years. Are you really sure?

Ptaah: Absolutely. This result corresponds to our research data, which we have gained through research trips into the past.

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