

Gymnastics on the Grand
2025 Invitational Dec 5-7
Grand Rapids, Michigan
 Friday, December 5

	Exhibit Hall					Ballroom	
	Blue Gym	Red Gym	White Gym	Fun Meet Gym	Purple Gym	Silver Gym	Gold Gym
Session 8:00 AM Open Stretch: 8:00 am March In: 8:20 am Timed Warm-Up: 8:30 am	1B: Xcel Bronze All That Athletics Boyne Area Cyclone Epic Flip Tuck NorthPointe Off Season	1R: Xcel Gold Capital City Flips Downriver Exceleration FIT GTC Gym America Northstar	1W: Girls Level 7 & XP Level 7 Capital City Flips Flipside / FlipSpot Great Lakes Elite Gymnastics Michiana Hartland Indiana Elite / Kiki's Midland / NorthPoint PIM / Stuck Troy / X-Treme Platinum AGI Capital City Flips Gymnastiks Unlimited Hartland / Infinity	1F: Fun Meet All That Athletics Champion USA PAX Westwind Rising Starz	1P: Xcel Silver & Level 3 Silver ChalkHeadz Epic Extreme Flip Tuck GRG Level 3 Extreme Flipside Hartland KGI	1S: Xcel Diamond American Allstars AGI Champion Cheer & Tumble Cutting Edge Euro Stars GTC / Gym America Gymnastiks Unlimited Infinity KGI / Kiki's Midland Northstar Skye High Stuck Summit	1G: Girls Level 10 & Xsa Level 10 All American Flames Flytz Great Lakes Elite Gym America GTC / GU Infinity Power In Motion Splitz / Summit Vortex X-Treme Sapphire Downriver / GRG LaPorte Phoenix
Session 12:30 pm Open Stretch: 12:30 pm March In: 12:50 pm Timed Warm-Up: 1:00 pm	2B: Xcel Bronze Euro Stars Great Lakes Elite Gymnastiks Unlimited Lake Side Elite Rising Starz	2R: Girls Level 4 All American Flames Flipside Great Lakes Elite Gym America Gymnastiks Unlimited GymTactics Hartland	2W: Girls Level 7 All American Flames AGI GTC Gym America Infinity KGI / LSA Maximum OGI Phoenix R Athletics Splitz Vortex	2F: Fun Meet Flipkins Flipside For the Kidz Kiki's Water's Edge	2P: Silver & Level 3 Silver Flip Starz Gonyon's Gym Jesters Gymnastiks Unlimited MPGA Level 3 Euro Stars Flip Starz Great Lakes Elite Gymnastiks Unlimited GymTactics Showtime	2S: Girls Level 8 All American Flames Branch Capital City Flips Great Lakes Elite Gym America GTC Gymnastiks Unlimited Hartland Infinity R Athletics Vortex	2G: Girls Level 8 AGI Epic Exceleration Flipside Flipspot FLYTZ / GRG Indiana Elite KGI / LSA Mills NorthPointe OGI Phoenix Splitz Sterling Summit Troy X-Treme
Session 5:00 pm Open Stretch: 5:00 pm March In: 5:20 pm Timed Warm-Up: 5:30 pm	3B: Xcel Bronze ChalkHeadz Extreme Flipkins Gym Jesters L.A. Gymnastics MPGA Showtime Skye High	3R: Girls Level 3 All American Flames Branch Gym America Gymnastics Michiana Mills	3W: Girls Levels 6 & 7 Level 6 Branch Capital City / Downriver Epic / Exceleration FIT / Flipspot GTC / Gym America GU / LSA Phoenix Level 7 Branch Exceleration / FIT FLYTZ GymTactics Mills Summit	3F: Fun Meet Flip Starz Hastings Flip Club Kiki's Lake Side Elite NorthPointe Off Season Sterling	3P: Xcel Silver & Level 3 Silver Gym America Hartland Infinity Level 3 GTC Infinity Kikis Midland	3S: Girls Level 9 All American Flames AGI FlipSpot Gym America Gymnastics Michiana Infinity OGI R Athletics Summit Troy Vortex X-Treme	3G: Girls Level 9 & XD Level 9 CCF / Exceleration Flipside / FIT FLYTZ / GRG GLE / GTC GU / Indiana Elite KGI LSA / Midland Mills / Phoenix Xcel Diamond All That Athletics Downriver Exceleration / FIT FLYTZ / GRG GLE / Gym Jesters LSE / LaPorte Phoenix / X-Treme

Gymnastics on the Grand
2025 Invitational Dec 5-7
Grand Rapids, Michigan
 Saturday, December 6

	Exhibit Hall					Ballroom	
	Blue Gym	Red Gym	White Gym	Fun Meet Gym	Purple Gym	Silver Gym	Gold Gym
Session 8:00 am Open Stretch: 8:00 am March In: 8:20 am Timed Warm-Up: 8:30 am	4B: Xcel Bronze & Silver Bronze For the Kidz Flip Starz PAX PIM Silver Champion Cheer & Tumble Champion USA FIT Great Lakes Elite L.A. Gymnastics	4R: Xcel Platinum ChalkHeadz Epic Downriver FIT Flipside / Flipkins Flip Tuck Gonyon's GLE / GRG Midland NorthPointe Phoenix PIM Sterling Stuck	4W: Girls Level 5 All American Flames Branch Capital City Flips Downriver Epic Exceleration FIT / Flip starz Great Lakes Elite GTC Gym America Gymnastics Michiana Kiki's LSA Mills Splitz Summit	4F: Fun Meet Extreme Hartland KGI Rise Showtime	4P: Xcel Silver & Girl's Level 3 Silver American Allstars NorthPointe Northstar Level 3 Epic GRG Maximum Power In Motion	4S: Xcel Gold All That Athletics American Allstars Cutting Edge Evanston Flip Starz For the Kidz Gonyon's GRG Gym Jesters NorthPointe PAX X-Treme	4G: Girls Level 6 GRG Infinity KGI Midland Mills OGI PIM Stuck Sterling Summit Vortex X-Treme
Session 12:30 pm Open Stretch: 12:30 pm March In: 12:50 pm Timed Warm-Up: 1:00 pm	5B: Girls Level 4 Champion USA Evanston Extreme GTC KGI Phoenix Troy Water's Edge	5R: Xcel Platinum All That Athletics American Allstars Cutting Edge Eurostars FlipSpot Gym America / GTC KGI Lake Side Elite Rising Starz Skye High Splitz X-Treme	5W: Girls Level 4 AGI Branch Capital City Flips Euro Stars Exceleration Flipspot Maximum R Athletics	5F: Fun Meet Epic GRG GRG Stars MPGA	5P: Xcel Silver & Girl's Level 3 Silver Midland Power in Motion Sterling Level 3 AGI Troy Water's Edge	5S: Girl's Level 6 AGI Extreme Flipside FLYTZ GLE GymTactics Hartland Indiana Elite R Athletics Splitz Troy	5G: Girl's Level 4 Epic GRG Gymnastics Michiana LSA Midland Mills Power in Motion Showtime Sterling Stuck Summit
Session 5:00 pm Open Stretch: 5:00 pm March In: 5:20 pm Timed Warm-Up: 5:30 pm	6B: Xcel Gold & Girls Level 4 Xcel Gold Cyclone / FlipSpot Hastings Flip Club Kiki's Lake Side Elite / LaPorte Level 4 Downriver Indiana Elite / Infinity Kiki's	6R: Xcel Gold Flipkins GU Midland Mills MPGA PIM Skye High Splitz Sterling	6W: Xcel Silver AGI Boyne Area For the Kids KGI Kiki's PAX Stuck			6S: Event Finals	6G: Event Finals

Gymnastics on the Grand
2025 Invitational Dec 5-7
Grand Rapids, Michigan
Sunday, December 7

	Ballroom	
	Silver Gym	Gold Gym
Session 8:00 am Open Stretch: 8:00 am March In: 8:20 am Timed Warm-Up: 8:30 am	7S: Xcel Platinum Cyclone Exceleration Flip Starz For the Kidz Gym Jesters LaPorte Mills NorthStar PAX	7G: Xcel Gold AGI Boyne Area Gymnastics Branch ChalkHeadz Champion Cheer & Tumble Epic Euro Stars Flipside
	Silver Gym	Gold Gym
Session 12:30 pm Open Stretch: 12:30 pm March In: 12:50 pm Timed Warm-Up: 1:00 pm	8S: Xcel Silver & Girls Level 3 Silver Evanston GTC Phoenix Skye High Level 3 Capital City Flips Champion Evanston Sterling / Stuck	8G: Xcel Silver Eurostars Hastings Flip Club Lakeside Elite Rising Starz Splitz
	Silver Gym	Gold Gym
Session 5:00 pm Open Stretch: 5:00 pm March In: 5:20 pm Timed Warm-Up: 5:30 pm	9S: Xcel Silver ATA Branch Capital City Flips Cyclone Exceleration Flipkins	9G: Xcel Gold Extreme Great Lakes Elite Hartland Infinity KGI Rising Starz Stuck

Gymnastics on the Grand
2025 Invitational Dec 5-7
Grand Rapids, Michigan
MEN'S GYM

Exhibit Hall B		
	Friday, December 5	Saturday, December 6
Session 8:00 am Open Stretch: 8:00 am March In: 8:20 am Timed Warm-Up: 8:30 am	1M: Levels 8-10 Level 8 Branch / Cyclone Gymnastics Michiana Integrity Level 9 Branch / Epic FlipSpot / GRG Gym Jesters / GU Integrity / PIM Sterling / Troy Level 10 Branch / FlipSpot GRG / Integrity Sterling / Troy	4M: Level 3 All American Flames Branch Capital City Flips GRG Gym Jesters Indiana Elite Integrity PIM Showtime Sterling
	Friday, December 5	Saturday, December 6
Session 12:30 pm Open Stretch: 12:30 pm March In: 12:50 pm Timed Warm-Up: 1:00 pm	2M: Levels 5-7 Level 5 All American Flames / Branch Capital City Flips / Epic Cyclone / GRG Gymnastics Michiana / Integrity Showtime / Sterling Troy Level 6 Troy Level 7 Branch / Epic FlipSpot / Cyclone GRG / GU Integrity / PIM Sterling / Troy	5M: Event Finals
	Friday, December 5	Closed
Session 5:00 pm Open Stretch: 5:00 pm March In: 5:20 pm Timed Warm-Up: 5:30 pm	3M: Level 4 All American Flames Branch Epic Exceleration Cyclone GRG Gym Jesters Gymnastics Michiana Indiana Elite Integrity PIM Sterling Troy	