



Chocolate, Walnut and Maca Energy Bites



"Don't be upset with the results you didn't get from the work you didn't do!"



INGREDIENTS

6-8 large pitted Medjool dates
3/4 cup chopped walnuts
1/2 ground hemp seeds
1/4 cacao powder
3T maca powder

Looking for a quick and easy snack packed with energy and chewy chocolate goodness? Maca is good for our endocrine system, it balances hormones, and works equally well for men and women. Just mix well, form into balls and ENJOY!

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