

VitaDophilus—Good, “Friendly”, Live Bacteria...

Sunrider's superior lactobacillus acidophilus powder supplies the body with a minimum of 20 million live culture bacteria to help break down food and bring bacterial balance to the lower intestinal tract. Friendly bacteria produce B vitamins in the body. Medical scientific data shows a high rate of cancer when the intestinal tract is lacking healthful bacteria. Encased in a tasty, protective apple coating, ***VitaDophilus*** gets the good, live bacteria all the way into the small intestine, instead of the healthful bacteria breaking down when it hits the stomach acids, as with many acidophilus products on the market. These friendly bacteria help the body maintain proper digestion and break down food, so the body can efficiently absorb the nutrients in the digestive tract. It can help decrease non-beneficial micro-organisms, some of which can lead to fermentation, thereby causing bloating and gas.

Do not heat, as this would destroy the live cultures. It's delicious added to cold beverages or smoothies, or, for best results, eat right out of the package on an empty stomach. ***VitaDophilus*** eaten 30 minutes before meals promotes healthful digestion. For maximum benefit in intestinal tract and to promote good elimination, eat one package every hour for two days or until normal elimination is resumed. Suggested maintenance would include one package upon arising and one at bedtime. Those with Candida yeast overgrowth and resultant conditions may choose to eat ten packages a day for ten days or so -then down to 4-5 a day for weeks. It can also be added to smoothies or cold beverages. It tastes like apple candy -- it is absolutely delicious!

Ingredients: Apple Powder, Apple Flake, Acidophilus Bacteria.