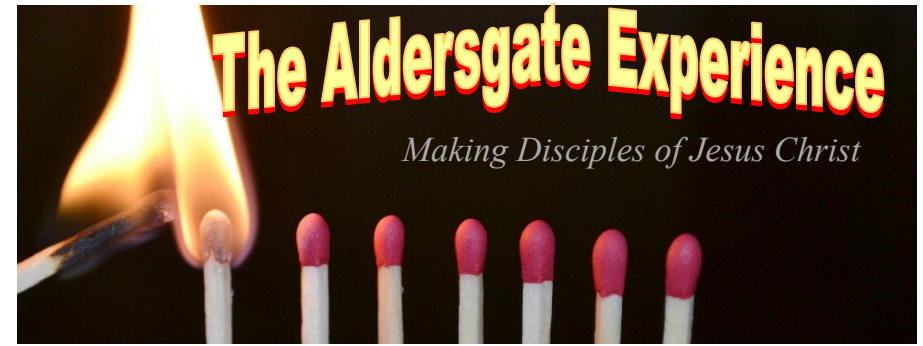
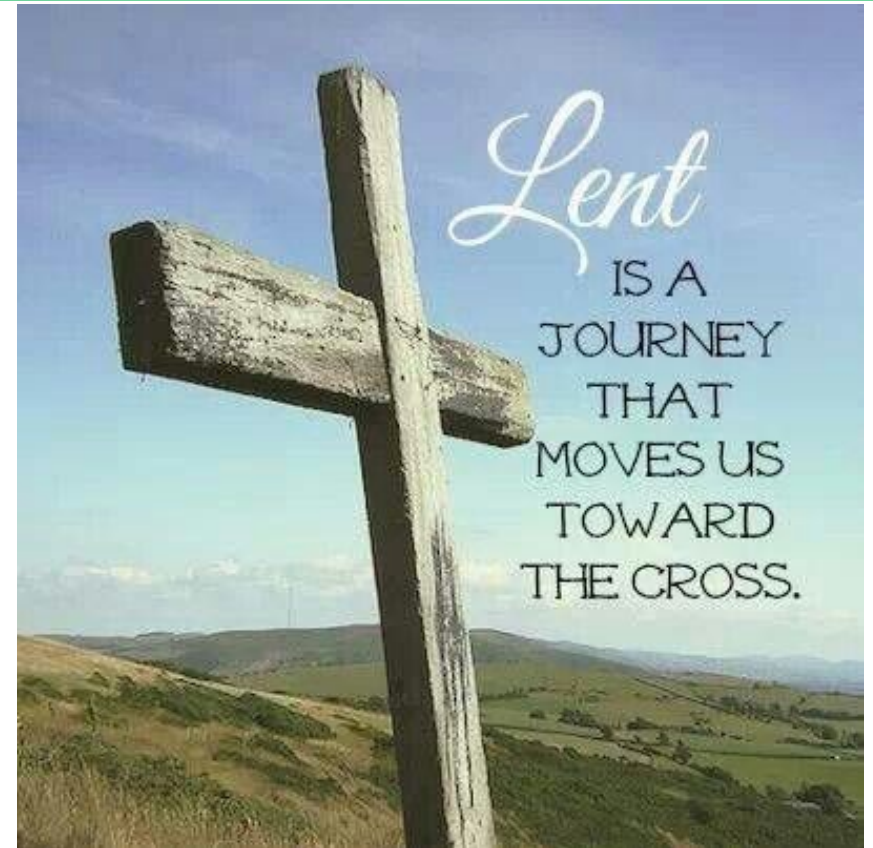




Aldersgate United Methodist Church  
5767 Sellger Drive  
Norfolk, Virginia 23502-5239



March 2020 Vol. 23 Issue 3



*Come, take the journey with us  
Each Sunday at 11 AM*



### “March to the Movement!”

A small town church had just met their new pastor. An elderly woman started a conversation with him about church growth. She said, “Pastor, we want the church to grow...but we don’t want to change anything.”

We don’t like change...but we cannot have growth without some form of change. We exist as a church to make disciples of Jesus Christ. That’s a life long journey of continuous change. And that is not just individual change. It is communal change. It’s also not just change for those in the church family. It’s change for those outside it. Jesus calls the Church to be the epicenter of change for the whole world. And God provides us with the wisdom and power to do just that. There is only one factor that stands in the way. It is our willingness to do our part.

So, are you willing? Are you on a daily pursuit to know and obey Jesus as your Lord? Are you continuously inviting people to follow Jesus? Are you engaged in coaching new disciples to become better disciples? I challenge you to be on guard against the temptation of complacency. God has called you to be a part of an unstoppable movement that will not fail. That’s a change worth living for, and dying for. If you have slipped into complacency, dare to take three steps:

1. Change your mind. Decide whether you are willing to follow Jesus, or not.
2. Change your attitude. Declare your love for God’s presence even more than his provision.
3. Change your actions. Dedicate yourself to fully participate in making disciples of Jesus.

God desires to work through every one of us to change lives. As we enter the month of March, let’s continue to march to the movement Jesus started.



*May the road rise up to meet you.  
 May the wind always be at your back.  
 May the sun shine warm upon your face,  
 and rains fall soft upon your fields.  
 And until we meet again,  
 May God hold you in the palm of His hand.*

— Old Irish Blessing



## The Aldersgate Experience

Aldersgate United Methodist Church  
“Making Disciples of Jesus Christ”

5767 Sellger Drive, Norfolk, Virginia 23502  
Phone: 757-466-8999 Fax: 757-466-8999  
Parsonage: 757-461-3201

Email: [joyce@aldersgateumcnorfolk.hrcoxmail.com](mailto:joyce@aldersgateumcnorfolk.hrcoxmail.com)  
Web page: [www.aldersgatenorfolk.org](http://www.aldersgatenorfolk.org)  
“Like” us on Facebook

Bishop.....Rev. Sharma D. Lewis  
 District Superintendent...Rev. Wayne Snead  
 Pastor..... Rev. Lee J. Crosby  
 Lay Leader..... Kathleen O’Hara  
 Music Director.....Cindy Crosby  
 Church Secretary.....Joyce Russo

Office Hours.....8:30-12:30 PM  
 Sunday School.....9:30 AM  
 Worship Service/Kid Zone...11 AM  
 Worship Team Rehearsal - Wednesdays.....6:30 PM

# Joyful noise



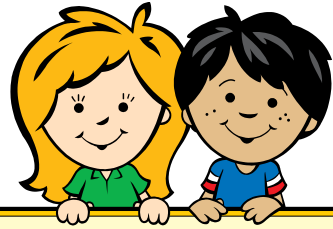
Use your voice and this hand-crafted percussion instrument to make joyful noises to the Lord.

### What you need:

- Dry beans (about one Tbsp)
- Plastic Easter egg
- 2 plastic spoons
- Masking tape
- Markers and stickers

### What you do:

1. Place the beans inside the egg and snap it closed.
2. Set the egg in a spoon and cover it with the second spoon so the spoons are holding the egg.
3. Tape the spoons to the egg. Also wrap tape around the spoons from top to bottom to make a shaker handle.
4. Decorate your shaker and use it as you sing praises to God.
5. Experiment with sounds by filling other eggs with coins, rice, and so on.




## KIDS PAGE



## MAKE MUSIC TO THE LORD

People of the Bible used many different instruments to worship God through music.

Directions: Using the clues, unscramble the names of instruments found in Psalm 150. Then write the circled letters in order in the spaces below to complete verse 6.

	A type of horn	___ _ _ _ _ <input type="checkbox"/>	MURTEP
	Played by King David	<input type="checkbox"/> _ _ _	PRHA
	Plucked to make sound	_ <input type="checkbox"/> _ _ _ _	IGSNSTR
	Similar to a tambourine	_ _ _ <input type="checkbox"/> _ _	MRBELIT
	A type of harp	_ _ _ <input type="checkbox"/>	ELRY
	Blown through to make sound	_ _ <input type="checkbox"/> _	EPPI
	A percussion instrument	_ _ _ _ _ <input type="checkbox"/> _	YBLACMS

Le\_ everyt\_ing tha\_ has \_r\_ath  
\_raise the \_ORD. Psalm 150:6, NIV

Answer: trumpet, harp, strings, tamborel, lyre, pipe, gymbals; Let everything that has breath praise the LORD. Psalm 150:6, NIV



Saturday,  
March 7th  
Before going to bed

Time to Spring Forward—  
Turn your clocks ahead 1 hour on Saturday, Mar. 7th.

This is also the perfect time to check your smoke alarm batteries.

### Check it out!!!

New Sermon Series for Lent

Spring Ahead –Time Change

Helping Hands meeting change

Lay Ministry for March

New Small Group Study



## NEWS FROM THE PEWS

Christian Sympathies are extended to the **Keim** family and their loss of husband and father Paul.. Paul and his lovely wife, Barbara recently joined our church family. We barely had time to welcome Paul when he passed away. The following note is from Barbara and her mother, Wilma.

“From the family of Paul Keim to Aldersgate UMC”

Thank-you for your kindness, generosity and beautiful reception on February 8th. Words cannot express our gratitude in knowing that we have such a loving church family. We especially thank the “kitchen crew” and those wonderful people who set up and served.

Barbara Keim and

Billie Young

THANKS  
from the  
HEART

### Prayers of Praise and Thanksgiving

Ben Hogwood—Ben’s surgery went well and recovery is going well. He and Barbara will be back with us very soon.

Dewey Hanson is home from the hospital and doing well.

God has gifted both John Floyd & Brittany Ballo with a great blessing. The two are happy to announce that they are engaged and will be married in the fall of 2020.



Special thanks to our Trustees for all of their work at keeping our church building in running order.

Some do not realize how many hours they spend here each week—either working on the boilers, changing light bulbs, cutting the lawn or being the plumbers. The next time you see one of the members of the Trustees—just say thanks.

Looking for something to do on Tuesday, March 17th? See Kathy O’Hara or Bill Bunch.

They will be at the Union Mission and may need a new volunteer or two.



“To get a fire glowing”—your participation may help to grow this outreach ministry.

*Thank You!*

Special Thanks to Barbara Keim and Billie Young for the donation of all of those wonderful books.

If you are looking for some books on religious topics, easy reading or general Christian information – check out the book shelves in the church Library (Lounge).



### **A Little Reminder**

Are you a member of the Finance Committee?  
How about an Administrative Board Member?  
If you can answer YES to either one of these questions then you have a meeting on

**March 16th at 7 PM**

If you are unable to attend please contact either Gary Albertson (Finance) or Kevin Floyd (Board Chair).

Thanks



Helping Hands Group have decided to change their meeting day from the 4th Tuesday to the **LAST TUESDAY** of each month. Time will still be 10 AM.

Next Meeting  
Mar. 31st



**Helping Hands Group**

# UNSHAKEABLE: The Life of Daniel



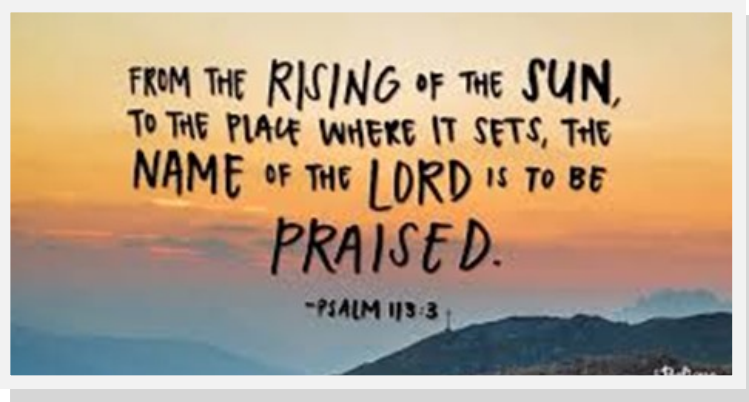
**NEW Lenten Sermon Series—**

**Begins March 1st**

# Worship Team News

## March Schedule

4 March	6:30 Rehearsal
11 March	6:30 Rehearsal
18 March	6:00 Rehearsal
25 March	6:30 Rehearsal



**Come on out—invite your friends and neighbors every Thursday at 5:30. It's a great meal, no cooking, no cleaning, and a casual way to get to know your community!**



## *Valentines Day Winners*

We had a fun time at the Valentines Day spaghetti dinner with candy prizes. The winners were Claudia Ganaden, Norma Tipora, Gary Albertson, and JoBeth Strong.

We also had another great meal and a special dessert of rich chocolate cake with cherries and hearts—thank you to all the cooks and helpers for a very nice evening.

If you haven't come out yet for a spaghetti meal, why not bring a friend and we'll see you there!



On January 15 we welcomed Denise Smith to the District office as the District Administrator.

Denise is a native of Queens, New York. She and her family are stationed in Virginia Beach. Denise is a former Air Force and currently a Navy wife of 13 years.

Her husband Kevin and she have three children, Kevin (12), Imani (11), and Evabelle (7). They currently attend Courthouse Community United Methodist.

In her free time, you find her at her oldest son's football games, her middle child's track meets, or the youngest's violin recitals.

As you call or come to the office, please introduce yourself and welcome Denise.

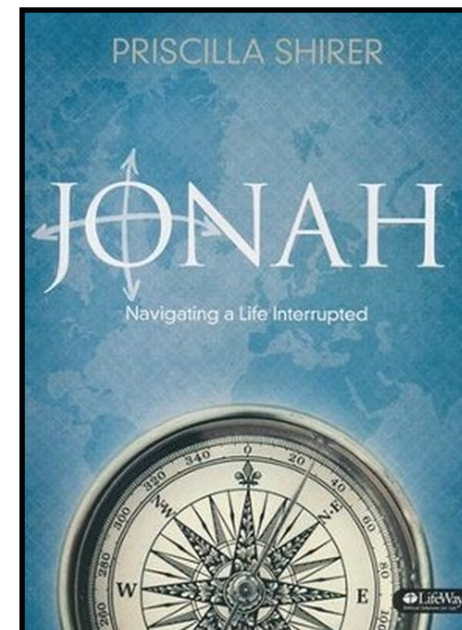
We wish Debbie Hanson the best as we celebrate her last 17 years with us.

Rev. Wayne Snead, DS



*New Session  
begins*

*March 12th*



**Jonah — by Priscilla Shirer**

*Thursdays Small Group, 7pm, New Hallway*

What do we do when God interrupts our lives? Many times, like Jonah, we run! In this 7-session Bible study, Priscilla redefines interruption and shows that interruption is actually God's invitation to do something beyond our wildest dreams. When Jonah was willing to allow God to interrupt his life, the result was revival in an entire city.

For questions or to sign up please see:  
Anna Lee Long, Facilitator



## Birthdays



3/12 Cynthia Stanley  
3/18 Kevin Floyd  
Jo Beth Strong

3/22 Shirley Henley  
3/30 Norma Tipora  
Marguerite Windley



## Anniversaries

We currently have no anniversaries for March. If you were married during the month of March—please let the church office know.

## Remember in Prayer

Home: Ben Hogwood, Barbara Jenkins,  
Phyllis Day, Greg Dziagwa's mother.

Sentara Village: Rosemont Rd— Shirley Henley  
Dominion Village Asst. Living—Cora Vernon

If you know of others in the congregation who need to be included on this prayer list, please call the church office.



## Ushers

John Floyd, Jimmie Powers

## Counters

3/1 Greg Dziagwa, Jimmie Powers  
3/8 Debbie Supper, Bill Bunch  
3/15 Millie Hanson, Gary Albertson  
3/22 Neal Windley, Michele Floyd  
3/29 Kevin Floyd, Ben Hogwood



## Lawn Maintenance



3/2 Team 3  
3/9 Team 1  
3/16 Team 2  
3/23 Team 3  
3/30 Team 1

## Calendar Highlights

3/1 Join Us for New sermon series

3/7 Turn Clocks Ahead 1 hour

3/8 3 PM CRT Meeting

3/12 7 PM New Small Group Begins

3/16 7 PM Finance Committee and Admin. Board Meeting



**Newsletter Deadline**  
**Sunday, March 15th**  
**for the April issue.**

You do not have to wait until the deadline to submit your articles. You can email the office at any time or leave it on my desk....



“How can anyone know God exists?”

“Did God create evil?”

## *Spiritual Discussions:*

Exploring questions about GOD



What questions are on your mind?

Join the discussion on topics you pick.

Starts Thurs. March 12th, 7 pm (4 wks.)

Meet in the Social Hall

Also: FREE Spaghetti Dinner @ 5:30 pm



Saturday, April 4th

Check your bulletins and emails for more information on this exciting event for the children in our community.

## Care Response



Meeting—March 8th—3 PM

Interested? See Cindy Crosby