PANGBOURNE MAGAZINE

ISSUE 150

MAY/JUNE 2019



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THE PANGBOURNE MAGAZINE

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Front cover picture by: Ian Crimp, Pangbourne resident.

GUEST EDITORIAL:

Mandy MorrisFoot Health Practitioner

The Village of Hope Bandaging Units, East Delhi

This year saw the third consecutive year that Ali Clark-Morris (our local Podiatrist), had the opportunity to work in the bandaging units at the Village of Hope, East Delhi. The Village of Hope is a village set up as a Leper colony. The village provides homes for 4,000 people. It has helped families build a life that would not have been possible outside of the village. It provides a safe environment for children, schools, medical facilities and teaching programs to help people get jobs. All of this has helped the sufferers and their family get off the streets. Now only 5% of the children are used to beg outside of the village, however if found they could lose their home.

This year both myself (I work with Ali as a foot health practitioner) and Millie (a friend's daughter who is taking a gap year after completing her degree in animal science) travelled with Ali.

We decided the three of us would be most effective if we worked as a team especially in the prevention of foot ulceration by educating the leprosy patients about good, regular foot care. After a very welcoming greeting we were put straight to work. Patients had heard that we would be arriving and many had queued up early to be treated. Our first day was so busy, we treated feet, hands, ankles and knees. After myself and Ali assessed the patients many wounds were discovered, debrided and dressed. Thankfully we still managed our time to get the patients motivated in their homecare, we taught them how to file the areas of callus/hard skin as this will prevent ulcers from forming and how to keep the skin soft and flexible by applying Vaseline. We made them foot files to take away. Just as important we could show Vijay and Jolly (the two staff members), how prevention is key to the bandaging unit. The



LOCAL NEWS

bandaging unit is desperate to keep the running costs down, explaining to them how to prevent wounds will save them time and money. It costs £600.00 a month to the run the clinics, this includes staff and materials, it's a huge expensive each month for Apem, who runs the village to find.

Millie took to her role like a true professional, she was responsible for making bespoke shoe insoles. The insoles reduce pressure on vulnerable areas. She also kept a record of the work we were doing and took lots of photos.

In total we saw 166 people, prevented approximately 94 wounds but debrided and dressed at least 400 wounds, treated 43 pairs of hands and Millie made 49 pairs of insoles.

There were so many highlights during the two weeks. I shall always think of Delhi with a smile. The sounds, sights, people, food, roaming animals, rubbish and



dust all add to the charm but it was World Leprosy Day that was the biggest highlight. With the support of our patients, family and friends and local Rotary Clubs, we managed to raise funds to donate 57 tricycles on the day. The tricycles give independence and mobility to amputees and to those with foot ulceration who should be resting to allow their wounds to heal. There were lots of happy tears this day. A simple action of being able to take your child to school using a tricycle was so rewarding for us to see.

Each tricycle costs £100 and despite funding the 57 there is still a waiting list of at least 60 people.

Our future plans are to continue to help support the bandaging units and raise on going funds for more tricycles. Ali is also raising awareness of the Village of Hope within her profession, we hope to inspire others to visit and put their skills to use. Of course we wouldn't be able to do this if we didn't have the support from our wonderful patients at For Health Chiropractic clinic and Theale Wellbeing Centre. Thank you for supporting our fund raising events and donations when visiting the clinics.

I also have a very personal goal to help five children get to school. I have asked 10 of my friends and family to donate £5 a month – the cost of a coffee. The £50 will get all five of them to school. I can't wait to see them next year in their school uniform.

Mandy Moore

DOUBLE AWARD FOR CHEESE ETC

SOUTH EAST REGIONAL WINNERS AND CHEESEMONGER OF THE YEAR AT THE FARM SHOP AND DELI AWARDS

Cheese Etc, The Pangbourne Cheese Shop has scooped two wins at this year's Farm Shop and Deli Awards. The Awards commend retailers' success in speciality food sectors and regions respectively. Awards were up for grabs across 11 different categories including specialist cheesemongers and Cheese Etc came top, not only winning their food category, but also were crowned regional champion across all sectors in the South East.

Ali and Jen Grimstone-Jones have owned Cheese Etc, The Pangbourne Cheese Shop for the past three and a half years. Jen says "we are absolutely thrilled to be recognised with both of these prestigious awards. Winning Cheesemonger of the Year is such an accolade and we are numb with delight that Cheese Etc has then won South East Regional

Champion across all food sectors too. It is really humbling to even have made the final shortlist of these hotly contested awards, as we know how much hard work and dedication each of the finalists will have given to their businesses, so to have scooped the double is just amazing.

We are passionate about our cheeses and try and fill our shop with a range of tasty delights. Customer service is paramount and is at the heart of our business. We try and brighten up everyone's day. Pangbourne is such a super location, with a range of specialist shops and the River Thames nearby that it offers something for everyone. We are so grateful for the support of all our customers, many of whom are local, but some travel quite a distance or use our delivery service to have cheese delivered to their door."



THE FANNY MARIA KEMP WELFARE FUND

The Fanny Maria Kemp Welfare Fund originates from the 1894 purchase of the Breedon Estate by Sir Benjamin Baker. One of his daughters was Fanny and another Mona whose sons and their short lives are commemorated by the set of gates at the entrance to St James the Less. Fanny's father set up the Sir Benjamin Baker charities, and Fanny donated funds to both the Westminster Hospital and the Royal Berks Hospital to establish the 'Benjamin Baker Bed'. Fanny also took positive steps to improve the health of the local villagers by instituting a group of village nurses. Various houses around the village were designated as 'Nurses Houses' – only one of these can now be positively identified and this is Kemp Cottage in Meadowside Lane.

The Fanny Maria Welfare Fund was established to continue Fanny's good works for the benefit of persons resident in Pangbourne and its environs. Specifically, the purpose is to provide relief for those in need, hardship or distress by making grants of money to provide in-house support services or equipment calculated to reduce the need, hardship or distress of such local residents.

Local residents who believe that they, or a person known to them, are invited to contact the Fanny Maria Welfare Fund so that consideration can be given to their application. Letters should be sent to The Treasurer, Victoria House, Riverview Road, Pangbourne RG8 7AU.

We have available a Red Pride Go Go Traveller Plus 4 (4 miles per hour) and has been maintained and serviced annually. It dismantles for easy transportation in a car boot and would include blue colour change panels. Anyone interested should contact 07711 564152.

ROYAL BERKSHIRE FIRE AND RESCUE SERVICE

Are you eager to serve your local community, responding to emergencies and providing vital safety advice?

Are you living or working within 6-8 minutes of your local on-call fire station?

If the answer is yes, you should come to our *Have a Go* event on Saturday 21 September, where you get an opportunity to try out some of the physical and written entry tests that you would need to pass to become an on-call firefighter. You will also have the chance to meet some of the local firefighters who are already in the role.

Still not sure if it's for you? Take a look at our YouTube page where you can get an idea of what the role is like: https://www.youtube.com/watch?v=N2v2uZMhFXM &list=PLDCxKxdtYbwqj1lcle649nxl2yz4oDByk

For further information, please visit our website: http://rbfrs.co.uk/on-call-firefighter.

A PINCH OF SPICE – BALWINDER KAPILA

What a wonderful start to my birthday to receive this cookbook hot off the press!

Balwinder is a local resident and I had heard plenty about *A Pinch of Spice* before its publication. Many friends had helped test the recipes and helped her with its production and I was looking forward to seeing the book.

As an enthusiastic cook who uses Indian cookbooks I was interested to see how this would compare to the others that I use regularly. These range from out-of-print books that have no pictures and tell you to 'cook until ready' to those that are so detailed that it's almost impossible to follow the recipe exactly.

A Pinch of Spice is a very high quality production, from the vibrant cover to the stunning photography, with every recipe having a colour picture. But the proof must be in the recipes – are the results tasty, are the instructions straightforward, do they use spices already in my store cupboard, are the ingredients easy to find?

The book contains a wide variety of recipes and is divided into sections including snacks and starters, meat and fish, vegetables, pulses and desserts, so you can choose from a range of quick snacks to more complicated main dishes.

Having had it a short while I've only cooked a few recipes, including vegetable samosas and rogan gosh. The recipes are uncomplicated, the instructions are clear and easy-to-follow and the results delicious. It's obvious the recipes have been tested thoroughly and refined to ensure consistent results. I love the mix of dry and fresh ingredients. I didn't need to buy any extra spices. I especially like the tips to change the ingredients to your taste. The recipes would suit all levels of experience, from someone like me who cooks Indian food regularly to perhaps someone who would like to experiment with new recipes.

I'm sure some of the recipes will become family favourites, with the book becoming a well thumbed, food spattered addition to the kitchen bookshelf.

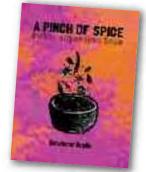
I know huge effort has been given to the production of this book, a labour of love for many people including Balwinder, her family and friends. I hope it will inspire you to experiment and try the recipes, but even if you're not a keen cook, it's beautiful just to look

at the sumptuous photos, and interesting to read and enjoy her family anecdotes.

It's more than just a cookbook; it's a celebration of food, family and friends.

Jenny South

A Pinch of Spice, published by Matador, is available to buy from Balwinder's website www.balskitchen.com



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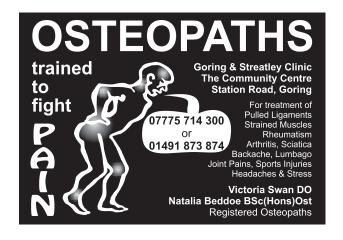
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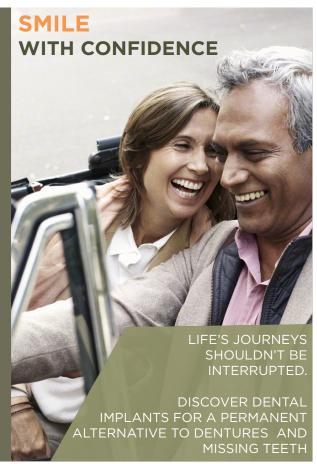
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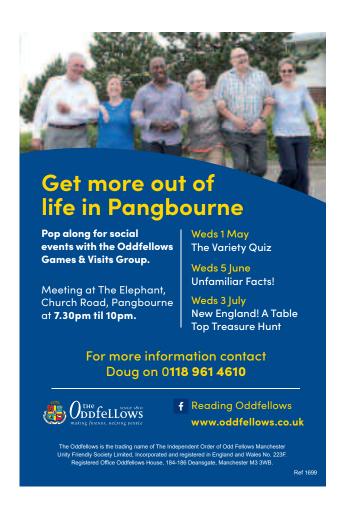
All the details are here **www.singlesport.com** or call Ruth 0118 9842755

PANGBOURNE SPORT & SOCIAL CLUBS

All these groups offer a warm welcome to newcomers. Please contact the organiser if you would like to join.

00.20	T D :	C C C C C	D 1 1:
09.30	Boxercise	Gareth France – 07853 381449, gareth.france@sky.com	Dolphin
09.30	Yoga	Helma – 078104 25593, yogabyhelma@gmail.com	George Hotel
10.30	3D Pilates	Vicky – 07775 638611, info@themovementclinic.co.uk	Movement Clinic
11.30	Pilates (mixed ability)	Vicky – 07775 638611, info@themovementclinic.co.uk	Movement Clinic
14.00	Coffee and Craft	0118 9844117, pangbournelibrary@westberks.gov.uk	Pang Library
15.30	Draw/Paint	Jean – 07500862025, art-course@hotmail.com, www.drawing-painting.com	Dolphin
18.00, 19.00	Yoga (2 classes)	Helma – 078104 25593, yogabyhelma@gmail.com	Whitchurch VH
18.30	Zumba	Rachel – 07885 444510, rachelzumba4043@gmail.com (VH in holidays)	Pang Primary
19.30	Badminton	webmaster@pangbournebadminton.club, www.pangbournebadminton.club	Pang College
19.45	Pilates (intermediate)	Vicky – 07775 638611, info@themovementclinic.co.uk	Movement Clinic
Tuesday			
09.30	Hand Bell Ringers	Len Palfrey – palfrey62@btinternet.com	Various homes
11.30	Otago Fall Prevention	Daniela – 07900 307520, d.capasso67@gmail.com, www.yogawithdaniela.co.uk	Pang VH
11.30	Yoga	info@pangbourneclub.co.uk	Pang WMC
16.00	AC Pilates		Pang VH
		Anna – 07754 598627, actraining@hotmail.com, www.acpilates.co.uk)
17.00, 18.15, 19.20	Pilates (3 classes)	Julia – julia@tilehurst-pilates.co.uk	Dolphin
18.30	Tennis	Louise – 07554 432216, info@pangbournetennis.org	Pang Tennis Club
19.30	Radiant Body Yoga	Joy – 07956 620868, joy.golding30@gmail.com	Movement Clinic
Wednesday	, ,		
09.30	Circuits	Gareth France – 07853 381449, gareth.france@sky.com	Pana VH
			Pang VH
09.30	Pilates	Julia – julia@tilehurst-pilates.co.uk	Dolphin
09.30	Radiant Body Yoga	Joy – 07956 620868, joy.golding30@gmail.com	Movement Clinic
10.00	Keep Fit 50+	Jo Cassells – 01491 578076, jo.cassells@live.co.uk	Whitchurch VH
13.00	Art Group	margharita.wade@gmail.com	Pang VH
18.15	Zumba	Rachel – 07885 444510, rachelzumba4043@gmail.com	Pang WMC
19.00	Hatha Yoga	Helma – 07810 425593, yogabyhelma@gmail.com	Whitchurch Artcafe
19.15	Vocal Locals Choir	Claudia – 07796 776461, c@claudgibson.com	Pang Primary
19.30	Dance Fitness Class		,
		Andrea – 07717 023007, turners.the@icloud.com	Pang Primary
19.30	Langtree Sinfonia	nrkiff@tiscali.co.uk, www.langtreesinfonia.co.uk	Langtree school
20.00	Camera Club	Alan – 01491 681471, alan@alancopeland.co.uk, www.whitchurchhillcameraclub.co.uk	Whitchurch VH
20.00	Pangbourne Band	Stewart – 07786 694491, www.pangbourneband.org.uk	Pang VH
Thursday			
08.15, 09.30	Pilates (2 classes)	julia@tilehurst-pilates.co.uk	Dolphin
10.00	Draw/Paint		Pang VH
		Jean – 07500 862025, art-course@hotmail.com, www.drawing-painting.com	
10.30	3D Pilates	Vicky – 07775 638611, info@themovementclinic.co.uk	Movement Clinic
11.30	Pilates (mixed ability)	Vicky – 07775 638611, info@themovementclinic.co.uk	Movement Clinic
19.30	AC Pilates	Anna – 07754 598627, actraining@hotmail.com, www.acpilates.co.uk	Pang VH
19.45	Pilates (intermediate)	Vicky – 07775 638611, info@themovementclinic.co.uk	Movement Clinic
20.00	Bingo	info@pangbourneclub.co.uk	Pang WMC
20.00	Bell Ringing		St James
	Deli Kinging	Len Palfrey – palfrey62@btinternet.com	Sudames
Friday			
		Gareth France – 07853 381449, gareth.france@sky.com	
09.30	Kettlebells		Pang VH
16.15	Kettlebells Junior Tennis		Pang VH Pang Tennis Club
16.15	Junior Tennis	Richard – juniors@pangbournetennis.org	Pang Tennis Club
16.15 19.30			
16.15 19.30 Saturday	Junior Tennis Tennis	Richard – juniors@pangbournetennis.org Louise – 07554 432216, info@pangbournetennis.org	Pang Tennis Club Pang Tennis Club
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Compiled by Ruth Paul. If you would like to add a group to this list please email ruth@singlesport.com.







THURSDAY CLUB WELCOMES



Vintage Jazz & Swing Singer



Thursday 16th May 2:00 till 3:30

The function room, The George Hotel, Pangbourne

Sponsored by CRAVITY PERSONNEL

and supported by The George Hotel and Green's of Pangbourne

For more information contact Gill 9841122 or Di 9842473



Monday 20th May and 17th June

2pm to 4pm

£2 Entrance

(Every third MONDAY)



Dorman Rooms
St Bernadettes Church
Horseshoe Road, Pangbourne

Contact Di 0118 984 2473

TEA CLUBS

A reminder of the Tea Clubs that happen in Pangbourne every month, where all are welcome to come along and share tea, sandwiches, cake and a good natter. On some occasions there is a quiz or other form of entertainment.

On the second Monday of each month (13th May, 10th June etc.) the Tea Club is held in the Dorman Rooms at St Bernadette's Church in Horseshoe Road. On the fourth Tuesday of each month (28th May, 25th June etc.) another Tea Club is held in the Village Hall. If your mobility is such that you may struggle to get to either venue please contact us and we shall try to arrange suitable transport for you with one of our volunteers. Both clubs begin at 2 pm and finish at 3.30 pm.

The contact for the Monday Club is Doreen on 0118 971 5350 and for the Tuesday Club please contact either Cherry on 0118 984 2636 or Jill on 0118 984 2698.

Iill Palfrey

As part of Dementia Action Week we are delighted to be hosting

CONNIE'S COLANDER

Tuesday 21st May, Pangbourne Village Hall
Curtains up 7.30pm • free of charge
Duration of play 50mins, followed by Q&A session



Connie is a retired domestic science teacher. Emily, her daughter, is enjoying hosting her first TV cookery show: Connie's Colander, bringing her mother's recipes onscreen and up to date. Sensitively, with humour and

tenderness this newly written play traces the evolving relationship throughout their lives, and the impact of Connie's Alzheimer's. Can their relationship, and the TV show, survive?

In recognition of Dementia Action Week, Pangbourne Dementia Forum invites you to an evening of informative humour, *Connie's Colander* has received some wonderful reviews for their sensitivity in portraying the changing relationship between mum and daughter, and of course goes without, saying father and son.

AUDIENCE FEEDBACK:

Brilliantly pertrayed with

The play was extremely well

writter and superbly acted.

Thank you! I wish I had seen

this play three years again

the year three years again

the year

PANGBOURNE FETE RETURNS, SATURDAY 8TH JUNE 2019

We hope you are looking forward to a fun day by the river! Taking place on the beautiful Pangbourne Meadows, it's set to be fun for all the family.

ACTIVITIES AND ENTERTAINMENT

- There will be heaps to get involved with, whatever the weather:
- The Dragon Boats will be racing on the river and lots of fun to watch if you haven't managed to get a boat yourself. To enter a boat, get a team of 17 together and email pangfete@gmail.com
- The Dolphin Centre are opening their climbing wall for those who want to have a go and reach high!
- The arena has a fun filled schedule including the dog show, plus we are bringing back the tug of war. We will be sharing the plan on our Facebook page closer to the day. Don't forget to bring your four-legged friend to get involved in the dog show fun!
- The beer tent and live music will be there for your enjoyment.
- The circus skills tent and bouncy castle are back, so there is activity for all ages.



FOOD AND DRINK

With all this activity you're bound to work up an appetite. 1st Purley and Pangbourne Scouts will be cooking up a storm, so come and support a good cause and fill yourself with their tasty food, including traditional barbecue grub, plus their chicken fajita wraps and halloumi wraps which were so popular last year!

There will be plenty of other yummy treats at the Fete to enjoy as well, so save some room for a crêpe from the Twinning Association, or an ice cream!

SHOPPING AND STALLS

Make sure you bring some pennies to enjoy the selection of stalls which will be open all afternoon. We have plenty of local community groups with fun ways to fundraise, so come and play some games and know you are supporting a good cause! There's also some great shopping to be done, so take the chance to treat yourself.



PANGBOURNE FETE IS TAKING PLACE AGAIN ON PANGBOURNE MEADOWS, OPEN TO ALL!

Saturday 8th June, 12pm-5pm

We are looking for some volunteers to help erect and dismantle tents this year.

Please turn up at the following times to help, we pay in beer!

Friday 7th June between 4pm-7pm

Saturday 8th June between 5pm-7pm.

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Pangbourne Parish Council is delighted to welcome back The Watermill Theatre this June with its production of Our Church by Marietta Kirkbride, directed by Nik Partridge.

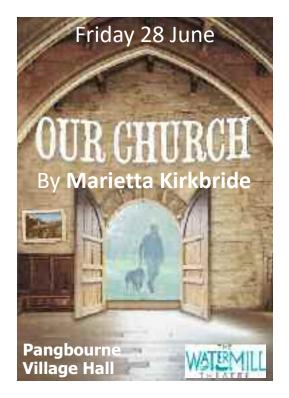
In some people's lives there is a moment when something goes wrong, when they do something very bad, something that poisons their life for good.

In a small village, the last remaining members of the dwindling church committee gather to discuss its future. At this critical meeting, Tom, a contentious nomination to join the committee, is put forward. Caught with indecent images of children on his computer, Tom has been to prison and is now on the sex offenders register. Whilst many of the community can't forgive him, one committee member proposes that Tom is given a second chance.

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Tickets: £15 available from the Watermill Theatre box office – www.watermill.org.uk/booking or 01635 46044.

Profits from this performance will go towards the continued upkeep and running of Pangbourne Village Hall.



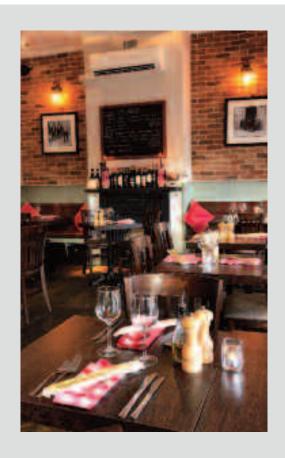
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Thursday Tidmarsh Village Hall, Reading, RG8 8ER 18.00 – 19.30 (Hatha Yoga) £9.50 per class

Friday

Hampstead Norreys Village Hall, RG18 OTR Class 1: 09.10 - 10.10 (Vinyasa Yoga) Class 2: 11.00 - 12.30 (Hatha Yoga) £9.50 per class

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2nd Sunday Holy Communion St Laurence, Tidmarsh

3rd Sunday Family Worship St Nicholas, Sulham

Please check our website for any changes or additional services www.pangbournechurches.org.uk



If you are a member of the Church of England, or would like to be, why not join us to find a common vision for the church in this parish?

Take a look

www.anglican.oxford.org www.churchofengland.org

Tuesday Teas

for seniors monthly in Pangbourne Village Hall on the fourth Tuesday each month from 2pm

Church Teas at Pangbourne Fete

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St Bernadette's Catholic Church 0118 971 5350 Horseshoe Road, Pangbourne www.douaiparish.org.uk

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Tea and chat for older folk and those living alone; **2nd Monday** of every month, 2pm to 3:30pm. All welcome!

Choir Practice: Thursdays 8pm

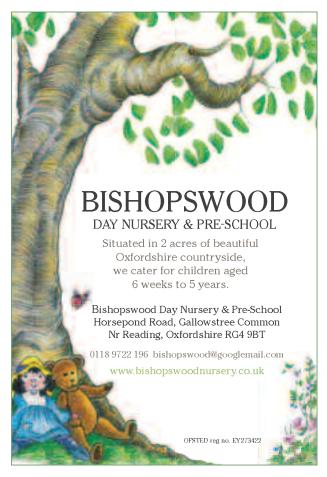
First Communion prep. starts in June. To register contact Fr Peter by **31 May**

Christian Meditation Group, Thursdays at 7:30pm

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PURLEY PATHFINDERS – WALKING GROUP FOR LADIES

Although named Purley Pathfinders there are several members who live in adjoining parishes such as Pangbourne and Tilehurst so I thought I would write a little bit about us in the Pangbourne magazine incase any ladies reading may be interested in a group such as ours. Firstly how the group came to be. In May 1999 I decided to take a walk up to Sulham Woods as I knew the bluebells would be stunning at that time. However, once inside the wood I began to get familiar jitters as, instead of enjoying the bluebells, I looked around nervously, feeling very vunarable on my own among the trees. Disapointedly I went back home where feelings of frustration took over and soon I was penning an article for the Purley Parish Magazine asking if any ladies would like to join me on ocassional walks. Well the phone began to ring and ring and within two weeks 40 ladies had shown an interest which grew to 100 within a few months! So – from my plea for a couple of ladies whom I could walk with now and then for safety and companionship Purley Pathfinders was born!

Our programme is made up of walks which are held on various weekday mornings and vary in length from 4 miles to 6 miles so finish between 12noon and 1pm. We walk in a wide area around Purley on Thames and a lift share is operated to reduce the numbers of cars and also so ladies can chat and get to know each other on the journey. Over the years the group has gained a reputation for friendliness with ladies swapping positions regularly during the walks so they get to chat to many of the members. Often can be heard the sound of laughter and also many a worry has been dispelled during a chat within the healing surroundings of the countryside! As well as keeping fit we do like to pause to enjoy the views, flowers, lambs, pretty cottages etc. Our walks often end with an optional pub lunch which is preordered before we set off, or sometimes we have a picnic while, those who need to get back, can do so.

Sometimes walks offer an 'add-on'. In the past we have gone strawberry picking, visited the wolves at Beenham, been given a tour of the Watercress beds at Ewelme, explored a Flower Farm with a Flower Arranging demo, visited a garden which has been opened especially for us, been given a tour of a Reserve to discover orchids – and so the list goes on!

Four times a year we take a day trip to walk in a different area and experience some of the attractions it offers. Over the years we have walked in The Cotswolds, The New Forest, The Forest of Dean, Stratford-upon-Avon, Greenwich, Hampshire, Wiltshire, Oxfordshire etc. After a walk we have enjoyed a variety of experiences such as visiting National Trust properties, taking Boat Trips, watching Cheddar Cheese being made, taking Open-Top Bus Tours, visiting an Open Garden – the list is long and often each trip ends with a Cream Tea!



Each year has a theme for example History, Waterways, Village Life, Flora and Fauna to name a few. This year we celebrate our 20th anniversary with the theme, Favourite Places. Our local walks and our trips involve some of the favourite places we have visited over the years. Our Spring trip will see us walking in The Cotswolds on Rodborough Common, eating Winstones award-winning ice cream, visiting Slimbridge Wetlands Trust and ending with a Carvery Dinner at a nearby Mill. Our Birthday trip will see us sailing across to Brownsea Island to walk amongst its delights watching out for red squirrels. Afterwards we will enjoy the sea, sand and shops in Bournemouth before ending with a Fish & Chip supper. Our Summer trip will begin with a wander amongst the stunning Lavender Fields of Snowshill before a walk in gorgeous countryside around Chipping Campden. Then off to have free time in Stratford-upon-Avon finishing with a Boat Trip and a Cream Tea. For the Autumn trip we will savour the gorgeous autumn colours in the New Forest during a walk. Afterwards we will visit a Bird of Prey Centre where there will be plenty to see plus we will be treated to two wonderful flying displays. We'll end with a Cream Tea.

So, as you can see we are quite a lively group of ladies of various ages. If you think you would like to know more about the group and perhaps look at the forthcoming programme of walks then please contact me as I would love to chat to you more about Purley Pathfinder Ladies Walking Group. Thankyou for reading.

Nicki Woodward 07768 986 799, www.purleypathfinders.co.uk



PANGBOURNE HERITAGE GROUP

MAY/JUNE REPORT

The photograph from our archive (with thanks to Jane Rawlins) shows the lending library at WH Smiths, 4 The Square in the 1950s. WH Smith as a retail business started at Pangbourne Station, moved to the Reading Road in 1907, then the Square on the site of the present Coop in 1927, and to the present site postwar. The love of reading and the importance of books has been a feature of Pangbourne life for many years, and the library has moved from one place to another within the village. (It is good to know that we still have a library up and running for all to enjoy.)

This love of books was exemplified at our February meeting, when we brought along objects or memories from our childhood. Books in various different languages were produced, as well as games, puppets, dolls, photographs, a piece of petrified wood, and many verbal memories. How lucky that so many have survived over the years, and been treasured by their owners.

In March we had a talk by Mike Hurst from Goring, this time about Saunders of the river, a quite remarkable engineer and boat builder, who subsequently became involved with the Saunders Roe company at Cowes on the Isle of Wight.

The April talk (as yet to take place) is on the subject of Tracing a Berkshire Ancestry, to be given by Dr Jameson

Wooders, who comes from a long line of Berkshire based farmers and agriculturalists.

The talk on Wednesday 8 May is on Victorian Fairmile, and we shall look forward to hearing about another aspect of our local history. In June, we are visiting Reading Abbey remains, to learn about the restoration project which has taken place there over the last few years. This has such important links from many different aspects that we are grateful to the staff and to Ellie Thorne who have made the visit possible. This will take place in the afternoon of Wednesday 12 June, and if you are interested in going, please contact one of the committee beforehand, so we can know how many members to expect. The afternoon gathering will take the place of our usual Wednesday evening meeting in June, and the same will apply in July when we visit the Greenham Common Control Tower building in Newbury, more of that in the next bulletin.

Please come along to the Rosewood Hall at 7.30pm for our next meeting, we are always delighted to welcome visitors who would like to know more about the group.

> Lesley Crimp, Jane Rawlins, Ellie Thorne, Siw Randall



PANGBOURNE TWINNING ASSOCIATION

BONJOUR aux visiteurs français!







On the 3rd of May many families from Pangbourne will be opening their homes and entertaining almost 50 visitors from the stunning medieval village of Houdan (just outside Paris) which has been linked to Pangbourne for over 30 years! The weekend will once again bring together friends old and new purely for the enjoyment of cultural exchange. There will be opportunities to learn about each other's lives and our cultural similarities and differences. Time to chuckle at our attempts to understand our different humour and language and numerous possibilities to try British speciality foods and wines, maybe even the chance to buy some tasty English cheese from the local cheese shop. We will be showing off our picturesque River Thames on a boat trip and enjoying a traditional British "pique-nique" together. If you see some of our friends in the village, please do stop and say "Bonjour."

If you and your family are interested in all things French or just want to know more about other people and other cultures why not consider joining us on our return trip to beautiful Houdan in May 2020. Maybe you would like to stay with a French family and join in some of our events. Or why not come along to one of our social events held in and around Pangbourne to find out more. Our popular French film nights will be back again at the village hall in the autumn. Join us on the last Sunday of the month and enjoy some beautiful classic films ably provided by Steve Harris and his team. Our first film in October will be "The Guardians" (Les Gardiennes) set in rural France during the first world war. Look out for the posters around the village or for more information check out our Pangbourne Twinning Facebook page.

Perhaps take a short pause from your Saturday morning shopping and relax with some "café et gateau" at the Art Café in Whitchurch, July 20th, September 21st & November 9th. We will of course be at the Pangbourne village fete on June 8th cooking delicious crepes and serving French wine. Do drop by for a glass or two and a chat with one of our members.

We are keen to widen our membership and we would like to find new ways to provide activities throughout the year that cater for families and young people. We are keen to share our love of the French language and culture and are now considering ways to include other types of exchanges maybe through music or sport. We are open to suggestions and ideas and would welcome input from new members.

See our website www.pangbourne-twinning.org or contact Alison Hill 0118 9841401

PANGBOURNE YOUTH FOOTBALL CLUB

WILDCATS GET READY TO ROAR ON THE FOOTBALL PITCH

It wasn't too long ago that if your daughter said she wanted to be a footballer when she grew up it was unlikely her aspiration would ever be realised. But not so now. Women's football is in the ascendancy and the success and professionalism that has swept through the women's game is trickling down to grassroots clubs.

Pangbourne Youth Football Club, which already runs a number of successful boys' teams, is keen to harness this growing enthusiasm. With funding from the FA, girls aged 5-11 can give football a try for themselves at the SSE Wildcats girls' training sessions at Pangbourne recreation ground starting on Wednesday afternoons in May. The sessions which will be delivered by qualified coaches are designed to be fun, develop fundamental skills and hopefully lay the foundations for a lifelong love of the sport.

Boosted by the recent announcement that Barclays is to become the Women's Super League first ever title sponsor and the expectation that the England Women's team is among the favourites to win the FIFA World Cup in France this Summer, our girls have certainly got some great role models to follow and aspire to. So come on girls, lace up your boots and join in the fun.

There's no termly sign-up fee, just come along on a Wednesday afternoon in term time and pay £2 per session. For more information contact: shannonhobson66@gmail.com



1ST PURLEY & PANGBOURNE SCOUT GROUP

Our Project Africa Explorers have been having a very busy time raising money for their international summer ventures. The team are continuing to sell hot breakfasts at the local Farmers' Markets, which is proving very popular, and they also held a fantastic Easter Family Fun event at the Memorial Hall in Purley, running stalls and activities for all the family. There were hat decorating competitions, a treasure hunt, a disco and arts and crafts for all to enjoy.

The ambition of our young people doesn't stop there, however, and they have teamed up with Scout Radio to produce a weekend of radio for Pangbourne and Purley-on-Thames over the weekend of 10-12 May 2019.

Planned, conceptualised and run by some of our Explorers (with support and guidance from their leaders and the fantastic people at Scout Radio), they will be broadcasting non-stop for 36-hours from Friday evening until Sunday morning.

Intended as a celebration of Scouting in our villages, as well as an ambitious fundraising opportunity for our Explorers, "Three-Six Radio" will feature live instudio guests, music, competitions, shout-outs and pre-recorded content that showcases the best of our wonderful Scout Group.

Just as importantly, our younger sections have been busy too and have spent a good deal of time in the great outdoors this term, from Beavers walking in the woods and collecting sticks to make rafts to sail on the Pang, to Cubs learning outdoor skills with other Cubs in the area, and Scouts heading off on the 17 mile selfnavigated Three Towers Hike. We even had intrepid youngsters out camping in January! We've also been out and about in both villages, supporting the Parish Councils by delivering reports and going out litter picking.

If you'd like to get involved in any capacity we would love to hear from you. There will be a role to suit you! We are in need of adult help across all our sections – Beavers (6-8), Cubs (8-10.5), Scouts (10.5-14) and Explorers (14-18) – in order to support the unprecedented level of interest in Scouting that we are fortunate to have in our community. You might also have a skill, interest or talent that could support our programme.

Getting involved in Scouting is hugely rewarding – for young people and adults alike. So what are you waiting for . . ?

gsl@1stpurleyandpangbourne.co.uk

















WHITCHURCH HILL CAMERA CLUB

MAY

Wed 1st – *Gaudi, Barcelona and Puglia.* Our member Rachel Paton shares her images of Spain and Italy, two contrasting and much loved destinations. So much better than a postcard.

Wed 8th – *Picture of the Year.* Judge Jeff Lawrence LRPS CPAGB, chooses the winner of winner's from the best of this season's four Ladder Comps.

Wed 15th – *Three Weeks in Japan.* John Sexton ,one of the club's finest natural history photographers takes the time. We expect the detailed, the awe inspiring, the enviable – shucks.

Wed 22nd – *In the footsteps of Shackleton.* Eddy and Pam Lane revisit to introduce us to the Falkland Islands, South Georgia and Antarctica, the extensive wildlife, bleak landscapes and the history of the exploration of this area. We are in for 'a meaty' evening.

Wed 29th – *Monochrome Digital Image Competition*. Roger McCallum is our judge. Don't you just love this format, done well, the best.

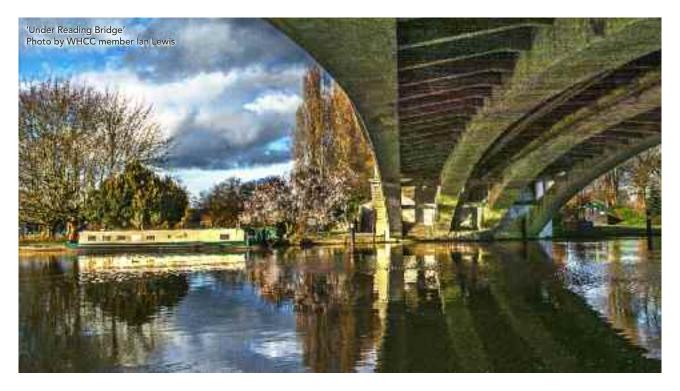
JUNE

Wed 5th – *A.G.M.* We get to analyse and critique our year's performance, share an idea, make suggestions – and take that bow.

Wed 12th – *Mix and Match Competition.* A fun evening, two teams each armed with a projector, a laptop, a screen and their images. Our Chairman Alan Copeland (LRPS APAGB) will try to keep order.

Wed 19th – *The Winners Enclosure & Trophy Presentation.* An evening of photographic excellence. Prints and digital images by this year's trophy winners and the high scorers coupled with a few of the stories behind their capture.

Wed 26th – 8 x 10 Evening. 8 members take 10 minutes max. Result a good mix of subjects but no judging of the images, no marks, just good clean fun to end our season.



We exhibited a few of our images at the Art Café recently in support of APT Community Trust. Well attended from the start, wonderful cakes baked by their supporters, a welcoming atmosphere and the sun shone for them. What a good venue and a great concept for fund raising.

So what's next? The Club continues to meet in July and August, we take the opportunity to visit local venues in a series of field trips organized by the members themselves. Good locations in good company and the guidance of like minded fellow members – followed by a jar.

Our 2019-20 season starts on the 11th September, a Wednesday. We meet at the Village Hall, Manor Road, Whitchurch on Thames. www.whitchurchhillcameraclub.co.uk.

Lyn Higgs



PANGBOURNE WI



JANUARY, FEBRUARY AND MARCH 2019

In January the meeting was an open one and one husband came along. Les Peters gave us a demonstration on Circle dancing. A good few WI members joined in and one husband wished he had. The members seemed to thoroughly enjoy themselves. Circle dance, or chain dance, is a style of dance done in a circle or semicircle to musical accompaniment, such as rhythm instruments and singing. Circle dancing is probably the oldest known dance formation and was part of community life from when people first started to dance.

In February we welcomed Simon Williams an ex Police Officer of over 35 years who gave a very thorough and interesting presentation on numerous Cons, and conmen and how to avoid them. Simon was very humorous, jovial and his presentation was not only extremely interesting but also very beneficial in bringing awareness to the many dangers we all face on a day to day basis. Simon involved audience participation and he persuaded one of our members to help him demonstrate a few amazing tricks, which seemed to go down very well. Simon passed onto members his vast knowledge of cons and con men and gave some very useful hints and tips on how to avoid being taken in.

The March meeting was our AGM and opened with the presentation of the Treasurer's Financial Report and the President's Annual Report, followed by voting of the Committee members for 2019/2020 and appointment of President. All members are delighted that Judy Schurer will retain her current Presidency for the upcoming year.

Members were also invited to participate in the Rosekilly Cup competition. Members were asked to create and bring along to the meeting a piece of collage/artwork of their choice. The competition was well supported by members with entries such as flower arrangements,

grandchildren, handicrafts, a poem, needlework and a beautiful beach/sea painting. Members were asked to vote for their favourite collage with a silver coin. The winner was the beautiful beach/sea painting created by Liz Ford. Liz will retain the cup for a year and was awarded with a £10 Marks & Spencer voucher. Proceeds of the coins to enter/vote will be going to the Associated Country Women of the World (ACWW).

March's meeting, members were also asked to bring along good quality clothing and accessories for a Bring and Buy Sale. Members did not disappoint and donated a wide selection of beautiful items including, dresses, jackets, coats, jumpers, scarfs and jewellery. Many members picked up some real bargains.

Long service milestone awards (20 years) were presented to Dora Lucy and JudySchurer.

Any readers wishing to join our fun, friendly and active group in Pangbourne, Judy our President will be only too pleased to discuss and can be contacted on 07812 381005.

Spring is well and truly in full swing and is clearly visible by the wonderful array of blooms including pansies, crocus, lily of the valley, daffodils and tulips evident wherever you may travel.

Caz Parris

It was with great sadness that we learned that our dear friend Morag Bowran, who wrote her lively article for us over many editions, has passed away. Morag was a much loved and popular member of Pangbourne WI and she will be sadly missed.

Judy Schurer

GORING GAP BOAT CLUB

OPEN DAY – SATURDAY, 15TH JUNE 2019

With Spring now very much underway rowing at Goring Gap Boat Club (GGBC) is a great way to keep fit in the fresh air and enjoy watching the riverside come alive for summer. With winter rowing now behind us we are ready to announce plans for our Open Day. To be held on Saturday 15th June, the GGBC Open Day is an opportunity for anyone in the local and surrounding communities to come and find out some more about us and for us to thank our local community for all their support.

The Open Day will run from 11am-3pm and will include:

- "Go Row" taster sessions coxed and coached by seasoned GGBC members with no more than two novice rowers per crew of four, this is a great opportunity to get an introduction to a sport that you may just find could be the one for you.
- A mini tour and introduction to what our club is about.
- Refreshments will be available, weather allowing this could include a BBQ, but whatever the weather there will be cake. GGBC is known for its love of cake!

For general information about anything to do with GGBC please do check out our website www.goringgapbc.org.uk. With Spring now very much underway rowing at GGBC is a great way to keep fit in the fresh air and enjoy watching the riverside come alive for summer.

Goring Gap Boat Club . . . Get on Board . . . Recreational Rowing for the Community

ACTION FOR PANGBOURNE TOILETS COMMUNITY TRUST



In March we held our second AGM where 30 of our registered supporters attended to hear the Trustees report back on our fundraising and other activities in 2018. It was wonderful to see so many supporters at the meeting and we are very grateful to everyone for their ongoing interest and encouragement.

Also in March APT was one of three local causes for the Waitrose green token scheme at the Oxford Road store in Tilehurst. Our thanks go to Waitrose, to everyone who added to what was a big pile of tokens by the end of the month,

and to Lyn Higgs for organising our participation. We await the final fundraising figure and we will report on this in the next edition of the Magazine.

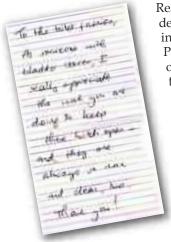
We rounded off a busy month by hosting the Art Café on 30th March at Whitchurch Barns, where Lyn Higgs also curated a exhibition of images by Whitchurch Hill Camera Club. We raised a whopping £351.60 towards the running costs of the toilets and we thank our volunteer helpers, those who donated a raffle prize, the volunteer cake bakers and everyone who came along on the day.

Meanwhile our Trustees and supporters have been busy buying and selling tickets for the new West Berkshire Lottery, which has been set up by West Berkshire Council to support local good causes. Tickets cost £1 per week and 40% of your ticket money supports APT. A further 10% goes to a general



fundraising pot for all the causes who have registered as beneficiaries with the rest going to the prize pot. With a jackpot prize of £25,000 each week and almost 80 local causes set to benefit it's a great way to support Station Road toilets all year round. You do not have to live in Berkshire to take part so a lottery ticket for a friend or relative would make a good gift if you are stuck for ideas! Find out more at https://www.westberkshirelottery.co.uk/support/action-for-pangbourne-toilets-community-trust

On the fundraising front APT continues to enjoy support from our neighbouring parish councils for which we are very grateful. In March Purley-on-Thames Parish Council donated the very generous sum of £750 towards our running costs for 2019-20 and our thanks go to the Parish Councillors there for supporting us again this year.



Readers of *The Times* and *The Telegraph* may have seen recent articles highlighting the ongoing decline in the number of public toilets across the country, and the subsequent letters published in both newspapers from local residents drawing attention to what has been achieved in Pangbourne. Residents of the village and the surrounding parishes should be rightly proud of the collective effort made over the past three years to re-open and to run Station Road toilets on behalf of the community and we know your efforts are appreciated by everyone who uses them. As an example, one grateful user recently left a note for us to express her thanks and we will pass on her compliments to the staff who do a great job in keeping the toilets clean each day.

And finally, if you're a keen gardener and would like to help us to transform the shrubbery beds at the front of the toilet block, please drop us a line to join Lyn's team of volunteers.

Keep in touch with us at actionforpangbournetoilets@gmail.com – you can also find us on Facebook www.facebook.com/APTCommunityTrust/ and on Twitter @pangbourneloos.

We remain 'at your convenience'! – the APT Community Trust team (the 'Toilet Fairies'!)

THE WHITCHURCH & DISTRICT THEATRE CLUB

We visit musicals, plays, ballets, operas, classical concerts etc. once a month or more. Salisbury, Windsor, Guildford, Stratford and Chichester, amongst others, are often visited.

Major London venues and productions. Mainly matinees in the week, but sometimes evening performances and weekends. Holiday trips away.

Tickets purchased at group/concessionary rates. Coaches depart from Pangbourne.

For our forthcoming programme please check the Whitchurch-on-Thames Website.

Subscriptions: £14 per annum but £12 if paid online.

Organiser: Christine Martin, "Sonia", Goring Heath Road, Whitchurch Hill, RG8 7PG Tel: 0118 9844252 email: whitchurchtheatreclub@gmail.com

RNLI

The beginning of March this year had no snow. So fortunately, the RNLI Race Night was not postponed as in 2018! (Although in July when we held it, there was a heat wave!)

At 7.30 prompt, after a welcome and explanation of the running order for the evening by our chairman, Andy Best, proceedings began.

Bidding to be the owner of one of the horses in the coming race took off at a pace followed by the opening of the "Tote" for betting on said horses. After "the off", the crowd – some wearing magnificent head apparel that would give Ladies Day at Ascot a run for their money! – encouraged their chosen steed to the finish line. It was noisy to say the least! They could probably be heard in Newbury!!

After a couple of races, a welcome break was had with a supper of Fish and Chips – The Lemon Plaice in Tilehurst yet again supplying first class fayre – and then it was back to more raucous racing!

The raffle was drawn, yielding some very handsome prizes, and the bar did a roaring trade – evident in the amount of noise generated throughout the evening!

We must thank West Berkshire Brewery for their generous donation of a crate of beers and guided trip around the brewery which were auctioned off raising more cash for the stash!

Thanks to all our wonderful race goers who through their generous bidding and betting, (and drinking!), raised a magnificent £1977! However, due to a generous donation from our President and his wife, the coffers were swelled to an amazing £2002!

The evening was great fun and money raised for a wonderful cause. If you'd like to be part of this great evening next year, keep an eye on the articles in this magazine and look out for the posters in the village for the exact date!

Forthcoming events include Pangbourne Fete, September/October Quiz Night and back by popular demand – "How Well Do You Know Your Decades?".

Please don't forget, we really appreciate any offers of help during the year and especially at any of our events. Please contact any committee member or phone 0118 984 5065 for details. Thank you.

Denise Saunders, RNLI Committee



PANGBOURNE BOWLS CLUB

Our open day was held on April 13th which was very well attended. We welcomed quite a few new guests who have shown an interest in joining our bowls club. New members are able to attend our coaching sessions, held on a Monday evening at 6 o'clock down at the bowls club, they will receive first class coaching from our own coaches. We also hold a Points session every Monday afternoon when they can practice in a competitive environment against our own club members.

All though we didn't finish that high up in the league last year we were nipped at the post on quite a few matches, had the wind been in the opposite direction the score line would have been different. We are hoping for better results this season.

As we said last year it's not a game just for the older generation but all generations. We have played against teenagers, who have become quite competitive at times, folk who have full time jobs who can play in the evenings and weekends and of course the older folk who play when their bodies let them, me included. There is an opportunity for everybody to develop their bowling skills.

Throughout the drought last season our Green Team managed, against all the odds, to keep and maintain an excellent green, to be fair ,I don't think there was another green as good as ours. A Big thank you must go to the "Green Team" who are down at the bowls club three times a week tending to the green, mowing, weeding and trimming.



Pangbourne Bowlers prepare to attack the opposition

Membership fees have risen slightly this season to £85.00 for members and special offer for new members 50% reduction £45.00 If you would like a taster then a nominal fee will be charged and should you wish to take up membership then this will be deducted from your membership fee.

For further information log on to our website www.pangbournebowls.co.uk call Alan on 01491 681471 or Di 984 2473.

PANGBOURNE ALLOTMENTS ASSOCIATION

As I write, spring has been a bit slow in starting, but the allotments have been a hive of activity recently – particularly on Saturday 6 April when a large working party gathered to spring-clean the allotments: to fill the skip, burn the rubbish and move the young hedgerow plants to safety, in preparation for fencing works. Delicious refreshments were provided by Davina Griffiths and Di Williams.

The Parish Council has now voted through funding for the long western fence to be replaced (at present very rickety Heras panels) and so work should start on that soon. We hope that we won't lose so many crops to marauding deer and badger this year!



Twenty four people attended the AGM on 10 April when we said farewell to our Chairman, Andrew Lawrence, who has moved out of the village. Thanks were also given to Antoinette Solera (who has done a sterling job keeping up our profile on social media and in the Pangbourne Magazine), and to Derek Chant for his services to the committee. John Postlethwaite was also thanked for his hard work in applying for grants through The Good Exchange. We have just heard that we've been awarded £1,750 by The Greenham Common Trust, which will go towards fencing the south side of the allotments.



Our next event is the annual plant sale outside Garlands on the Reading Road. This will be held on Saturday May 11 from 10.00 – 12.30 on the pavement outside Garlands in the Reading Road. It's a great opportunity to stock up on wonderful plants at very reasonable prices. Put the date in your diary, and tell your friends!

Lastly, if anyone is thinking of turning vegetarian or vegan – or just wants a healthy hobby – why not apply to relkin@pangbourne-pc.gov.uk for an allotment, or phone Jo Power on 0118 984 5898. You need to be a Pangbourne resident or live within a mile of its boundaries – but the waiting list is short and the cost is low (from £10 per year).

PURLEY HORTICULTURAL SOCIETY

TRADING

The Store in the Memorial Hall car park is now open from 10-11am Saturdays and Sundays until the end of October, also Wednesdays 5-6.30pm April to June.

AGM

This was held on 20th February in Purley Memorial Hall. Paul Humphreys was re-elected as Chairman, together with the existing Committee. We were also pleased to welcome Mag Dray onto the Committee and she will be sharing the Treasurer's duties with Wendy. After the official business was completed we were all able to enjoy the "Bring & Share" Buffet and a quiz.

PLANT SALE

On Saturday, 11th May the Society will have bedding plants and vegetable plants for sale in the car park of Purley Memorial Hall from 9.30-11.30am.

LATE SUMMER SHOW

This will be held on Saturday 7th September in Purley Memorial Hall, Glebe Road and open to the public from 2.30-4pm.

R.H.S.

As an affiliated Society we hold a card that provides entry for one paid up member of P.H.S. and one adult guest at a 30% reduction on the normal adult entry rate to any of the RHS gardens. If you require further details or would like the card, please contact Wendy Chapman on 9429067.

If you are interested in more information on the Society's activities you can visit the Purley-on-Thames website, www.purleyonthames.org.uk/Phs.

I hope you will all have a successful gardening season. *Marion Dabbs* – 9422349



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BRADFIELD COLLEGE SPORTS COMPLEX

PLAY TENNIS AT PANGBOURNE THIS SUMMER!

The tennis club is now in full swing for the summer season, with coaching for adults and juniors and club play all underway.

We ended last year with our now traditional quiz night at the end of March. It was a hard fought contest, with more than 50 people spread over eight teams vying for the title of Club Champions. Nick Bell and his team, the reigning champions, won again by a narrow margin. The evening was a great success and raised more than £500, which will pay for smart new nets for all three courts. Thank you to everyone who supported the club.



Nick Bell (far left) and team display their (very small!) trophy

BACK TO TENNIS PROGRAMME – STARTS TUESDAY 14TH MAY

New for this year is a dedicated course for anyone keen to get back into tennis, or take the first steps to play. Maybe the last time you played tennis was at school, or you've not been on court for many years, or you've never played but want to learn a new sport? Our Back to Tennis programme is for you. Run by our club coach Damian Lane who is very experienced in developing players of all standards, the eight week course will (re)introduce you to the basics of tennis in a supportive environment. The course starts on **Tuesday 14th May** at 6.30pm and runs to 2nd July. The fee for the course is £65 for members and £105 for non-members.

Get in touch at **info@pangbournetennis.org** to find out more and register your interest.

JUNIOR TENNIS COACHING

The first week of the junior coaching programme took place on Friday 26th April for children from four years and upwards. Starting at 4.15pm for the youngest children up to 6.30pm for teenagers, each session is 45 minutes under the expert coaching of Damian Lane. If you have not yet registered your children, please do get in touch at <code>juniors@pangbournetennis.org</code> to see if there are any places left. This year we are particularly keen to encourage teenagers to come along to develop their tennis.

pangbuurne tennischub



March can be perfect for tennis! Members taking part in Sunday coaching.

ADULT TENNIS COACHING AND PLAY

We are running two sessions for adults this year from 7.30pm to dusk:

- Friday evening sessions from 26th April to 5th July
- Tuesday evenings from 14th May to 2nd July

Damian will be running skills coaching and drills, followed by match play. The standard fee is £10 per session, with discounts for advanced booking. Members not involved in the coaching are very welcome to join at $8.30\,\mathrm{pm}$ for the match play (for free, of course!)

Places for coaching are limited. Register your interest and book your place now by emailing info@pangbournetennis.org.

CLUB OPEN AFTERNOON: SUNDAY 19TH MAY 2-5PM

Not sure if tennis is for you? Do your kids want to have a go but you're not sure how to get started?

Come down to the club on Sunday 19th May for our open afternoon. There'll be the chance to get on court with Damian (racquets will be available), play some fun games (adults and children!) and have some refreshments in the club house.

The club is located between the river and the railway on the Recreation Ground and we share the club house with Pangbourne Bowls Club. The subscription for adults is just £45 per year. We also offer a family membership for £100, which covers up to two adults and three children.

Please do get in touch to find out more about the club, by either coming to the open afternoon, one of the club sessions or emailing us at info@pangbournetennis.org

Pangbourne Tennis Club Committee



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BTL EMSELLA™

Nearly half of women in the UK have lost full bladder control

By Theresa Fleetwood, Founder of Andresa Aesthetics

Over 40% of us are living with urinary incontinence, and that's a conservative figure.

We know how profoundly embarrassing, debilitating even, that living with this condition can be. Symptoms can range from embarrassing "Oops" moments when you laugh, cough, sneeze or just "want to go" but don't get there in time, to complete incontinence with total reliance on pads. Social anxiety (or avoidance), depression and relationship breakdown are just some of the knock-on effects; we understand that it really isn't possible to overestimate the devastating impact that such a condition can have on a person's life. **And one thing is almost a guarantee – it will get worse with age.**

The Emsella could improve your quality of life in just three weeks.

There is now, however, a non-invasive

physiotherapy-style treatment program that can improve your quality of life in just six 30-minute sessions over three weeks. You remain fully-clothed throughout this medical-grade, comfortable treatment which is endorsed by gynaecologists worldwide and FDA-approved. And it has a success rate of over 95%, with urinary leakage often being completely resolved.

During each 28-minute session, you remain seated on the Emsella chair whilst the muscles of the pelvic floor are stimulated

by High-Intensity Focused Electromagnetic (HIFEM) energy to contract over 11,000 times, restoring neuromuscular control. Not only that, but the entire pelvic floor musculature is involved, not just the subset that can be exercised with voluntary contractions. This results in a powerful improvement in muscle tone with every session.

Benefits of Emsella

- Over 95% success rate in improving quality of life.
- Non-invasive and comfortable.
- Medical-grade, FDA approved.
- Able to remain fully clothed throughout.
- Only six 28-minute sessions usually required.
- Leakage during coughing, sneezing and exercise improved or eliminated.
- Frequency of bathroom visits reduced.
- Improved enjoyment and satisfaction during intimacy.
- Improvement often noted after just one session, and continuing throughout course.

The results really are quite staggering. Here are what some of our ladies have said:

WOMEN'S HEALTH

This treatment is life changing!
After just one week of two
treatments I could feel the difference in
terms of support in my pelvic area, and
after the full six sessions in three weeks
I am able to trampoline with my kids
without having a small accident. It is so
liberating! Carol

The real test was having my sister come to stay. We laugh together so much that I usually have many embarrassing oops moments, but not anymore. Since having the three-week course of Emsella treatments I feel I have control again - I cannot recommend this treatment enough. Ann

Our Promise: Discretion and Complete Confidentiality

We recognise that cold-calling into a clinic that you don't know, and talking about such a personal condition to people that you've never met can be overwhelming. We offer a call-back service whereby you can specify a date and time for a discussion with a specialist who has in-depth knowledge of all degrees of incontinence. We also offer a free-of-charge consultation service in a private suite, during which you get an opportunity to try out the treatment, and there is no obligation to proceed further. Our clinic is discreetly tucked away in rural Berkshire, and you can rest assured that you will be treated with the dignity and respect that you deserve.



If you would like to find out more about this unique, life-changing treatment or would like to book a complimentary and confidential consultation, call 01635 800183 or email info@andresa.co.uk . www.andresa.co.uk

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PANGBOURNE SCHOOLS

PANGBOURNE PRIMARY

A WORD FROM OUR HEADTEACHER

As we approach the Easter holidays I look back across a Spring term with many reasons to celebrate good news across the school. From music and sport to amazing fundraising efforts and fun on World Book Day – it's been jam packed with exciting things!

If you would like to play a role in our amazing school I would encourage you to consider the vacancy we have for school governor. It is an extremely worthwhile and important volunteer role, and a unique opportunity to work with a diverse team across the school and local community.

Melissa Fry, Headteacher

YEAR 4 VISIT TO SAYERS CROFT

Our Year 4 pupils enjoyed an exciting two-night residential trip to Sayers Croft. A HUGE thank you to the staff and helpers who made it possible.

Sayers Croft is a beautiful site set in over 50 acres of woodlands, meadows, ponds and fields. It offers a range of outdoor experiences and



adventures including archery, blindfold trails, campfires, shelter-building and lots more. A huge thank you to Miss Hicks, Mr Jackman and Mrs Laundy for all their hard work making this such a successful trip. Our children really got stuck in and thoroughly enjoyed themselves – whilst getting very muddy!

We feel very privileged to offer children this positive learning experience and the opportunity to build independence away from home. We firmly believe it develops confidence and self-esteem, plus a unique hands-on approach in a natural environment. This very much builds on our ethos as a school to encourage the use of outside space – from our 'Secret Garden' to local woodland areas which provide an ideal way for children to explore the natural world.

WORLD BOOK DAY

World Book Day was another great success this year with children taking part in a range of exciting activities. Pupils and staff looked fantastic in their costumes, especially a very pantomime-esque War Horse, pictured



here. Thank you parents for your support! and to Mrs Hearn and all the staff for organising such an exciting day.

ARE YOU INTERESTED IN A REWARDING ROLE AS SCHOOL GOVERNOR?

We are actively recruiting new governors and encourage people from across the community to consider this important role.

What do governors do?

Our governors work in partnership with the headteacher and leadership team to set the vision and strategic direction for the school. They play a vital role in ensuring the best possible education for every child by using information and asking the right questions on the performance of pupils, teachers and finances.

Why should you volunteer?

Maybe you've recently retired and are looking for the next challenge? Perhaps you would like to play a more active role in our local community? Or maybe you're looking for a new experience which would benefit from your skills? The strength of our governing body relies on members sharing specific duties and taking collective decisions as a group. As a governor you can expect to gain a true sense of achievement in one of the most important volunteering roles in education. You will have the opportunity to work as a team with members of the community from a wide variety of backgrounds. Governors also say that the role teaches new skills and hones their negotiation, questioning, time management and financial prowess.

Get in touch to find out more

If you feel this is a role you would be interested in then we'd be delighted to hear from you. We're particularly interested in anyone with past or present experience in Information Technology but welcome all enquiries from people with experience working with data, understanding legal documentation, dealing with contractors, project management and strategic planning. Previous experience as a teacher or governor is not required. Schools are increasingly required to be managed as a business, and we value the perspective that comes from a governing board with a diverse range of skills, whether from the public or the private sectors. Please get in touch with Paul Springgay at paul.springgay@btinternet.com to arrange an informal chat in the first instance.

MUSIC MATTERS

Our singing group, The Minstrels, took part in a performance for the Berkshire Maestros' 'Music Leads the Way' concert at the Royal Albert Hall on Monday 11th March.

More than 1,800 children from across Berkshire took part in the event, a sensational celebration of music and song organised by music education charity Berkshire Maestros. It included performances from Berkshire County Youth Choirs and Berkshire Youth Symphony Orchestra.

PANGBOURNE SCHOOLS

The children performed songs from Nigel Hess' musical RATS! – an alternative look at the Pied Piper of Hamlyn. We also enjoyed hearing music from popular movie favourites such as Beauty and the Beast, The Incredibles, The Mission and James Bond.

We were very proud of how the children sang and behaved. Well done Minstrels and thank you to Mrs Wood, Mrs Wilson and Miss Hicks who supported this fantastic performance and experience.

SPORT FOR SCHOOLS

On Friday 8th March, we welcomed top athlete and RAF Veteran Luke Delahunty for our 'Sports for Schools Event'. Luke lead a sponsored fitness circuit with all pupils, followed by a talk and Q&A session. The aim of the event was to inspire the pupils to take up sport and to pursue their passions in life.

POETRY COMPETITION

Children in KS2 took part in a poetry recital competition in March. This provided a fantastic opportunity for them to practise performing in front of an audience and to hear a range of poetry formats and styles.

FUNDRAISING NEWS FROM FRIENDS OF PANGBOURNE PRIMARY SCHOOL

The Spring Term is a relatively quiet time for FOPPS as we take stock of what we did in the Autumn and make plans for the summer.



We've been delighted to see how funds are being put to use around the school – including a Year 3 Egyptian Day with some very real-life mummies!

Behind the scenes however there's a lot going on as our amazing volunteers, organisers and helpers are applying for grants, planning for the Village Fete and getting everything booked for the 10k.

NEW PLAYGROUND EQUIPMENT

FOPPS is committed to replacing all of the playground equipment across all areas in the school. This is a long-term and expensive project, involving funding from many different places.

Our first stage is to invest £25,000 into new equipment in our Key Stage 1 playground. We have already agreed a supplier, a really exciting design and high-quality flooring.

We've seen fantastic efforts in raising money for this important facility. A special thanks goes to Lynne Antonio and her expertise in managing applications for grants, including one from Tesco Bags of Help Grant Scheme which has funded £1,000. We now have £9,000 of funds left to raise and welcome any support from our local community!

PANGBOURNE FETE

On Saturday 8th June FOPPS will attend the Pangbourne Village Fete with two stalls. As usual we'll be running a Bottle Tombola but this year, in place of our BBQ, we're planning a "Berries and Bubbles" stall selling strawberries, Prosecco and lemonade.

LOOKING AHEAD TO THE PANGBOURNE 10K

Hot on the heels of the Village Fete is the Pangbourne 10k, booked again this year for Sunday September 22nd. Entries are open now so you, or your running friends and family, can sign up at www.fopps.org.uk. We welcome volunteers from across the community to help us make the event a success – if you can help at all please do get in touch at info@fopps.org.uk.

WINNING TOGETHER WITH WEST BERKSHIRE LOTTERY

West Berkshire Lottery is an exciting new weekly lottery that raises money for good causes in West Berkshire. FOPPS is now registered as one of these causes.

If you would like the chance of winning up to £25,000 whilst supporting your local school, just visit www.westberkshirelottery.co.uk/support/fopps to purchase a ticket. Tickets cost £1 per week and have a 1 in 50 chance of winning a prize. That's a better chance of winning than the National Lottery or the Health Lottery! Every ticket sold to support FOPPS raises 50p.

There will be a draw every Saturday night when a 6-digit winning combination will be picked. Prizes will be given to players with tickets that match the first or last 2-6 numbers from the winning combination. Match all 6 and you win the JACKPOT!

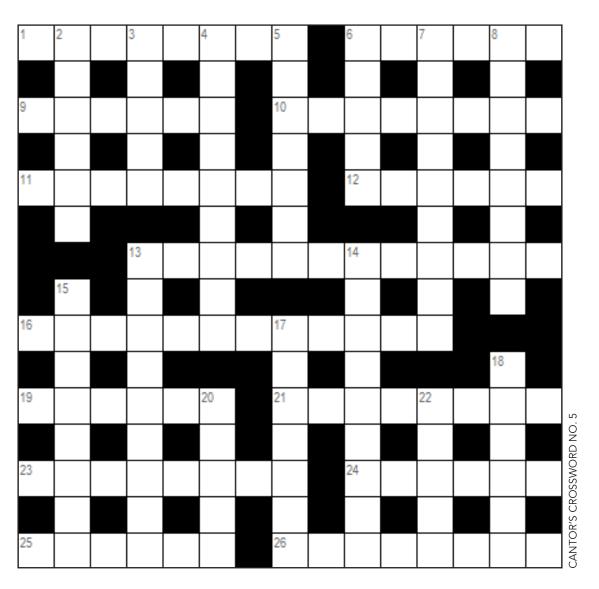
GET INVOLVED

If you are involved with Pangbourne Primary School in any way, as a parent, carer, grandparent, or friend of a child at the school, please consider volunteering. If you can help, please email info@fopps.org.uk or post your contact details into the school.

ABOUT PANGBOURNE PRIMARY SCHOOL

Situated in a stunning rural location, Pangbourne Primary is a community school for children from ages 3 to 11.

Find out more at www.pangbourne.w-berks.sch.uk.



Across

- Harboured wine, said to be found in wetland vegetation (8)
- 6. Send abroad but left out at sea (6)
- 9. Errant holy man beams and wanders (5)
- 10. Middle aged, naturally, not having moved with the times (8)
- 11. Could be misheard as possessed by culinary artists (8)
- 12. Make good oxygen salesman (6)
- 13. Cry to save indigent thin blue line member (5,1,6)
- 16. Could well be on track but not fast off the mark (1,4,7)
- 19. A sterling reward for shedding them (6)
- 21. Wind-ups for this tech star by which he could rise or fall (8)
- 23. Temporally suspended here: may need straightening out (4,4)
- 24. With sodium symbolically to hand, this is explosive (6)
- 25. It can be hell in dark glasses (6)
- 26. German eight in wind-up situation (8)

Down

- 2. They may turn up on top or as set additions (6)
- 3. Speak at less than an advanced level (5)
- 4. Evaluate individuals working together internationally (4,5)
- 5. Sounds like one fails to respect the estate of one "to the manor born" (7)
- 6. Arboreal adjunct for senior political figure (5)
- 7. The Browning Version called the tune in Brunswick town (4.5)
- 8. True achievement understood here (8)
- 13. No need to get cut-up; it's handed to you on a plate, so to speak (5,4)
- 14. Boost for feline, on the whole, still leaves it quite incapable (9)
- 15. A surprise! It's in here, last on I shouldn't wonder! (8)
- 17. In an ineffectual wasted state for such a prize (7)
- 18. He was, at the last, a link in the Iron Curtain chain (6)
- 20. Minor disputes for vernacular Emerald Islanders (5)
- 22. Take a running jump and clear off (3,2)

(ANS'WERS ON PAGE 60)

ST ANDREWS SCHOOL



NATIONAL HOCKEY SUCCESS FOR U13 BOYS HOCKEY TEAM

'Fourth in the country!' exclaimed one ecstatic parent after the dust had settled on an exciting and emotional day in the West Country. For a small school this truly is an outstanding achievement and one of which all involved can be justifiably proud.

Having qualified as runners-up via the Regional competition at rain sodden and wind swept Cheltenham, St Andrew's arrived not really knowing how the day would go.

A convincing 5-0 win against Bedford Prep settled the nerves and this was



followed by a tough 1-0 victory versus King's Hall, Taunton. Defensively, the boys played magnificently to secure the result. After another long interval we had two back to back games against the best two teams in the group. Having conceded to Framlingham, we fought back to earn a draw and then beat St Andrew's, Eastbourne, 2-0 to secure top spot in the group.

In the quarter-final we beat Town Close School, Norwich, 2-0, to set up a semi against Dean Close – the team we has lost to on golden goal in the regional final! Another tight game, which could have gone either way, was settled deep in to the second half by an opportunistic winner.

Exhausted, the boys could not resist Hazelgrove in the 3rd/4th play-off, succumbing to another golden goal!

What a day! What players and what supporters! A day that will live long in the memory.



WORLD BOOK WEEK 2019 VISITING AUTHOR – NICK TOCZEK

On Monday 4th March, Nick Toczek, author, poet, magician and puppeteer visited St Andrew's School to celebrate all things literary for World Book Day 2019.

Pupils across the school were treated to a variety of highly engaging rhyming workshops, where they learnt how to construct funny and entertaining poems. Many of the children have used his ideas as the catalyst for their own poems and creative tasks.

Nick spoke about his passion for travel and how poetry can be used to break down barriers both linguistically and culturally in a variety of settings. Nick combined his love of poetry with a few magical tricks to keep pupils on their toes.

Nick Toczez, also known as 'Yorkshire's very own Motormouth,' has worked in over forty countries and has published a magnificent forty books. Summer 2018 saw the release of two new paired spoken-word CDS written and performed by Nick himself.



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PANGBOURNE COLLEGE

PANGBOURNE PIANO FESTIVAL CONTINUES TO FLOURISH

For the seventh consecutive year, Pangbourne College celebrated its All Steinway status with a Piano Festival in early March.

This year was the largest festival to date, with 120 young people aged 7 to 18 involved from more than 33 independent and state schools in the South of England.



The festival included competitive solo and duet classes of Grades 1 to 8 standard.



During these classes each participant or duo had the opportunity to perform a piece on a world-class instrument and had instant feedback from one of two very experienced adjudicators, Mr Luis Parés and Mrs Pamela Chilvers. At the end of the classes, an album of music or CD was awarded to the winner and runner-up. There was a solo masterclass too, at which participants could look in greater depth at a piece with one of the adjudicators.

Of those taking part in the Festival, 13 are studying at Pangbourne College and one of them, Grace Spalton (aged 15) won the Solo Advanced, 18 and under (Grades 7-8), before she joined her fellow pupil Kenny Xu (aged 18) to win the Duet Senior, 18 and under class.

All Pangbourne's pianos come from Steinway and sit well within the school's Music department which was created in 2012 and the Falkland Islands Memorial Chapel, opened by The Queen in 2000.

After the event, Piano Festival Coordinator Mrs Alex Garnier and Director of Music Miss Ellie Calver were delighted to receive a large number of positive comments from parents and teachers. Marie Ward, Head of Piano at Cranleigh Prep and Cranleigh School was one who offered such feedback: "Thank you very much once again for the wonderful festival we attended recently. Our children get such a lot out of it and it provides them with a really valuable experience, outside the school environment, where they can also learn from other performers performers."

Next year's Festival will be held on Saturday 7 March and Sunday 8 March 2020. For further information, please contact Mrs Alex Garnier (alex.garnier@pangbourne.com)

PUPILS AND STAFF STRUT THEIR STUFF FOR INAUGURAL COLLEGE FASHION SHOW

The College's first Charity Fashion Show has been hailed a success by the Pangbourne community.

The show, which took place on Thursday 14 March, raised more than £500 for Oxfam. Pupils and a few surprise staff members modelled an array of clothing and accessories from each season, which were supplied by the local Oxfam shop in Pangbourne.



The items that were featured on the catwalk were then sold after the show alongside other clothing, and charity fashion show t-shirts.

Mary Saunders, a representative from Oxfam, spoke at the beginning of the show and emphasised the importance of the work the charity does. She said: "In the past year alone, Oxfam has helped millions of refugees and survivors of natural disasters, making sure people have access to clean water and sanitation, saving many lives. We also work more long-term in countries to reduce poverty, from helping people to earn a living, to providing midwives who save the lives of mothers and newborn babies. We put pressure on governments and large companies to take steps to reduce poverty. Any money you raise will help people who are really struggling."

The show itself was the brainchild of three Lower Sixth pupils – Lucy Youthed (St George), Danica Stosic (St George) and Maddy Sawbridge (Illawarra).

Reflecting on the success of the evening, Lucy said: "We are so grateful for the help and support we have had from this successful event. We have enjoyed the whole process massively and we hope to do this again. Raising money for charity will always be something we are passionate about and this has been a wonderful experience."

PANGBOURNE COLLEGE

FESTIVAL OF CULTURE CELEBRATES THE ARTS AT PANGBOURNE

March saw the launch of a new week-long event celebrating Art, Music and Drama at Pangbourne College.

The Festival of Culture, which now looks set to become an annual event, focused on creativity and interpretation, with special events throughout the week.



Launched by a performance from the Music Department and primarily focusing on events for pupils, the aim of the week was to get people to attempt ambitious activities that they might not normally try.

Events were staged by different departments, starting with the English team's dedication to Britain's most famous Renaissance writer, William Shakespeare. Dunbar performed dramatic scenes and readings from A Midsummer Night's Dream. Housemaster of Dunbar, Dr Ian Hart, said: "This was the first time I had seen the performances and I loved it. I saw a different side to the pupils. They gave confident and passionate performances and readings, and it was a real treat to watch."



Renowned art historian, Martin Kemp, attended a special supper for A Level Art students and selected scholars before giving a lecture commemorating the 500th anniversary of Leonardo da Vinci's death. There were interactive workshops held by both the Music and Drama departments - Music engaged the pupils with some of the intricacies of Renaissance music, whilst Drama covered Stage Combat and rehearsal exercises. The Art department hosted a life drawing class, and the week came to a close with French poetry readings in the library.

The College was thrilled with the enthusiasm from the pupils throughout the week and is excited to see the Festival progress further in years to come.

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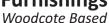
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PANGBOURNE PLACE-NAMES

THE TWINNING CONNECTION

With the imminent arrival of our friends from Houdan, I thought it might be of interest to explore some of the linguistic connections between our two communities, with particular reference to place-names and history. This article, translated into French and adapted as necessary to make it accessible to a Houdan readership, is likely to have been read by most of those coming to Pangbourne.

Unfortunately, there is no place-name actually of Old French origin on a map of Pangbourne. The best, rather tenuous connection is **Jesmond Hill**, lying to the south of the junction of Bere Court Road and Green Lane. Surprisingly, the name was originally recorded as *Jesemuthe* in 1242, not in Pangbourne but in Tynemouth. The Normans, like modern French people, could not pronounce the *-muthe-*, and so changed it to a sound that they could, in the process also giving a word that they recognised, *mond*, a North Country Norman variant of *mont*, 'hill'. This process is nicely shown in a document of 1428, where Jesmond is recorded as *Jesmuth alias Jesmund*.

Jesmond means 'mouth of the [River] Yese', the river being located in a suburb of Newcastle – so what is it doing in Pangbourne? The name, replacing the traditional Yew Tree Hill Field, was brought from there in 1900 by Mary Jones, the builder of the present house, when, a recent widow, she moved in with her eight children. She was heavily involved with the Suffragettes, and in the 1920s she sold the property to the Earl of Bingham, father of the infamous Lord Lucan.

The nearest place-name of Old French origin to Pangbourne is **Malpas**, Theale. First recorded in the 14th century, it means 'bad (Mal-) passage', referring to some marshy ground.



Jesmond Hill in 1900

We regard William the Conqueror as French, whereas he was in fact a Nor(th)man, and very much of Viking stock, with the pillaging instincts of that race at the time. During the period of maximum Viking activity, in the 9th and 10th centuries, rulers of both England and France had at a certain point to cede control of significant swathes of territory to those invaders. In England, a Danish army invaded in 865, camping in winter at **Reading**, and raiding in summer. King Alfred became ruler of England in 871 and made peace with the Danish King Guthrum in 886, but at a price. He had to cede to him all the land to the north of a line roughly from London to Chester, which became known as **Danelaw**. A similar situation occurred in France. The **Dukedom of Normandy** originated in a gift of French land made by King Charles the Simple of France in 911 to the Norwegian Vikings who had been ravaging his lands.



Englefield House and gardens

Two battlefields from this period are within reach respectively of Pangbourne and Houdan, and both now have magnificent gardens,

corresponding to the English and French styles. Three days after the arrival of the Vikings at Reading in 865, a raiding party was scattered at the **Battlefield** at Englefield by *Aethelwulf*, the *ealdormann* or king's representative based at his estate (-ton) at **Aldermaston**. The **Château**



The Château du Champ de Bataille

du Champ de Bataille near Le Neubourg is the site of a famous battle in 935 where the Viking William Longsword asserted his control of the Dukedom of Normandy, and where in the 17th century the Maréchal de Créquy built a château to rival Versailles. This was laid waste during the French Revolution, but restored by the renowned modern French architect Jacques Garcia, with the gardens recreated from scratch.

Whatever the rights and wrongs of the disputed succession to King Edward the Confessor, it is worth remembering that the Bayeux Tapestry presents the victor's, i.e. William the Conqueror's, version of events; had Harold won at Hastings, his version would no doubt have been rather different. England at the time was prosperous and, in King Edward, led by a pious but essentially weak king. It was ripe for invasion. Harold Hardrada, King of Norway, tried his luck by invading the north of England in September 1066, but was defeated by King Harold of England at Stamford Bridge, Yorkshire. He had covered the 200 miles from London in 5 days to do so, and on 14 October, only 19 days and a further 250 miles later, he nearly defeated William at Hastings.

The subsequent conquest of England was a brutal affair, and in 1070 Pope Alexander II ordered the Normans to do penance for killing so many people during it. In response, William vowed to build an abbey where the Battle of Hastings had taken place, with the high altar of its church on the supposed spot where King Harold had been killed.

PANGBOURNE PLACE-NAMES

The modern town of **Battle**, Sussex, has developed around the Abbey. The actual Abbey was virtually destroyed during the Dissolution of the Monasteries in 1538 under King Henry VIII, who confiscated its lands. However, the name lives on in the Thames Valley area, in that the Abbey was endowed with the estate recalled at **Battle Hospital**, Reading, now largely occupied by the Oxford Road Tesco superstore.

In the years after 1066 William imposed on England a foreign aristocracy organised for war. A series of massive castles was built to dominate the population in their everyday lives. At **Richmond**, Yorkshire, Earl Alan the Red, who was

'Red' no doubt because of the colour of his hair, like the clan chief who gave his name to **Reading**, built the great castle as the centre of his new estate. A second cousin of William, he was determined that his castle should be on a 'strong (*riche*) hill (*mond*)', and he named it after **Richemont**, Upper Normandy. The idea of strength is replicated at **Richebourg**, a village just outside Houdan, which was a 'strong (Riche-) fortified place (-bourg)'.



Richmond, Yorkshire

Richmond, Surrey, is named after the Yorkshire town. Originally **Sheen**, it was the site of a palace which was destroyed by fire in 1499, and rebuilt by Henry VII (1485-1509), who renamed it Richmond after his earldom in Yorkshire.

Shortly before William the Conqueror's death in 1087, the **Domesday Book** was completed. The assessors' reckoning of a man's holdings and their values was without appeal, and the Domesday Book soon came to be seen as an allusion to the Last Judgement. Pangbourne is shown to have 17 households. There is ploughland, as well as 14 acres of meadows and 1 mill.

The Domesday Book is an invaluable resource for place-name scholars, but it has its limitations. The clerks who wrote out the survey were not briefed about spelling. They were confronted by foreign names in a foreign language (Anglo-Saxon), and not only that, but Anglo-Saxon had an alphabet of 30 letters, including æ (sounding like the -a-in 'cat'), þ and ð (two different forms of the -th- sound) and 3 (the latter causing the change to **Jesmond** from earlier <u>Gesemuthe</u> and <u>Yesmuthe</u>). The results were sometimes bizarre, similar to **Southampton** being reduced in Modern French to **Souton**. Thus, **Cambridge** was *Grantanbrycge* in 925, but *Caunbrige* in 1386, and **Hampshire**, which had been *Suðhamptonscir* in 1050, became Hantescire in the Domesday Book, the origin of the abbreviation **Hants**.



Harcourt Castle, Normandy, surrounded by the arboretum

The Norman Conquest was in the hands of adventurers who crossed the Channel to seek their fortune in England. This was certainly the case for four brothers from **Harcourt**, Normandy, their name being made up of a Germanic personal name *Hariulf* and Latin *cortem*, 'estate'. They were rewarded with lands by William, and are remembered at **Stanton Harcourt**, Oxfordshire,

where one of their descendants, *Robert*, added *de Harcourt* in the 12th century to *Stantone*, 'stone farm'. Did *Robert* wish to signal to his family back in Normandy that he had 'arrived'? Curiously, the modern branches of the family, in England and France, have both been involved in the



Harcourt Arboretum, Oxfordshire

establishment of world-famous arboretums, at **Harcourt Arboretum**, between Pangbourne and Oxford, and **L'Arboretum d'Harcourt**, not far from the Château du Champ de Bataille.

The Normans had a legal turn of mind, and indeed the canny Norman lawyer is a stock character of French literature to this day. They required precision in ruling the whole of England, in a country that had remained in smaller, essentially tribal or family units since the departure of the Romans early in the 5th century. Under the Anglo-Saxons, numbers of places had developed with the same name, but at the time that did not really matter; after 1066, it did. Take the name *stoc*, modern **Stoke**, 'secondary settlement'. England-wide, there are 67, but how to differentiate them? A variety of solutions can be seen in our area. The name of the secondary settlement could quite simply add to the primary one, as at **Basing** and **Basingstoke** (Basingstoke is now much larger, but only because of the railway junction). Another solution was presented by additions as at **North**, **South** and the nearby **Little Stoke**. However, frequently the name of the manorial holder was added instead as the second element of the name, as at **Stoke**

PANGBOURNE PLACE-NAMES

Mandeville (the owner came from Mandeville, Normandy) or Stoke Charity, Hampshire, held by *Henry de la Charite* in the 13th century.

Sometimes the second element is a nickname. The 'hart wood or clearing (-ley)' at **Hartley Wespall** was held in 1236 by *Robert Waspaill*, the 'waster', *Walter* who held **Crowmarsh Gifford** in 1086 was 'bloated' (*gifard*), and **Stoke Talmage**, Oxfordshire, recalls a family called the 'knapsack' (*talemache*).

There are a significant number of names based on *beau* or *bel*, including names like **Beaulieu**, 'beautiful place', **Belvoir**, Leicestershire, 'beautiful view', and **Beamy's Castle**, Swallowfield, 'beautiful property (*mes*)', identical in origin to **Beaumais**, Calvados. However, these names may or may not represent properties that were intrinsically beautiful. They were clichés, the medieval equivalent of 'Mon Repos' or 'Dunroamin', so that, rather like for estate agents today, they may have been an attempt to 'talk up' their attractiveness prior to sale, or simply to impress the neighbours.

In one case the origin of the Bel- is amusingly different. **Belgrave**, Leicestershire, was *Merdegrave* in the Domesday Book, 'marten (*mearth*) copse (*graf*)', but, since *merde* in French is the equivalent of 'sh*t', the new Norman landowner rapidly changed it. In contrast, the Norman inability to pronounce 'Sn-' has helped an English name, for without it **Nottingham** would have remained a derivative of the AD 868 *Snotengaham*, 'the homestead of Snot's people.'

Belgrave, Cheshire, a former small hamlet on the Eaton Hall estate, has a different derivation, probably 'copse (-grave) for a beacon (*bel*)', the wood in it being reserved as fuel. The Duke of Westminster owns Eaton Hall, and one of his subsidiary titles is Viscount Belgrave. The grand houses in **Belgravia**, London, were built by one of his ancestors in the first half of the 19th century, as an attempt to rival Mayfair.



A street in Belgravia

What then of **Pangbourne** and **Houdan**, neither of which fit conveniently into any of the categories above? For the record, Pangbourne, first mentioned in 844 as *Peginga Burnan*, is the 'stream (*burna*) of Paega's people (*inga*)'. Houdan is said to derive from Germanic, meaning 'settlement on the hill.'

Nigel Suffield-Jones



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ENVIRONMENTAL NEWS

PANGBOURNE AND WHITCHURCH SUSTAINABILITY NEWS

Several PAWS members went to the Thatcham Sustainability event in March and found ourselves in a church hall humming with activity. For some time now Thatcham Refillable has been providing a centre for people to bring their household cleaning, laundry, shampoos, hand and body lotions etc bottles to be refilled with ecologically, environmentally friendly products. The various stalls offered a variety of goods focussing on being plastic free. It is good to see so many businesses growing and thriving at a time when we need to change our reliance on fossil fuel products.

Rob from PAWS introduced me to Miriam who he had heard speaking at the Berkshire Green Exchange meeting earlier in the month. She is a founding member of West Berkshire Climate Action Facebook Group which now has a following of nearly 3000. Miriam has kindly provided the following article for the Pangbourne Magazine. You will see how it picks up on the focus of our last magazine article.

"There is a wave building around the world at the moment demanding action on climate change. It started with one 15 year old girl in Sweden called Greta Thunberg missing school on Fridays to demand her government take more

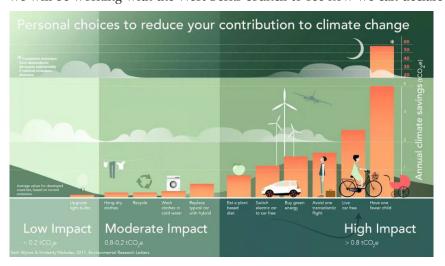
action on climate change, and it started with an Intergovernmental Panel on Climate Change report stating the world has to cut emissions by 45% over the next 12 years in order to keep below 1.5 degrees of global warming. It also started with wildfires across the US and the UK, extreme cold in the US and extreme heat in Australia. It has grown into a worldwide movement with an estimated 1.4 million turnout in over 100 countries in January and February. It has also led to the formation of the political activist group, Extinction Rebellion.



This isn't the first wave demanding action and most likely it won't be the last, but I wonder if, in the current age of instant, global communication, it will be the wave that has the chance of making the most impact. And I believe it will have to be in order to set us back on the right path, as commonly quoted now "We are the first generation to feel the effects of climate change and the last that will be able to do anything about it".

But those of you who have been involved in sustainability for many years now, may well ask why is anything going to change this time around when the world has known about this subject for decades already but global emissions keep increasing? I personally believe that we are reaching a tipping point for climate change action, we are now at the stage that awareness is growing, the clamour from the people is growing, the accuracy of climate models is increasing and the technology is available to reduce emissions and capture carbon.

However, we do need to play this game on all levels all at the same to have a chance of staying below 1.5 degrees. We need to take action on a personal level, a local council level and a national level all at once. West Berkshire Climate Action Network is a Facebook group set up to help people to do that. Its mission is to take action by raising awareness, publicising local low carbon businesses and events, sharing tips and ideas to reduce personal carbon footprint and sharing ways to ask the local council and UK government to prioritise climate change. Amongst other activities, we will be working with the West Berks council to see how we can declare a climate emergency and develop a



plan to be zero carbon across the district by 2030 and we will be working with Richard Benyon, MP for Newbury to see how the government can take more action on climate change. We also promote sustainable living events such as the recent sustainable living market held in Thatcham on 24th March and will share the much-needed activities of groups like PAWS. If you would like to join in with these efforts and hear more about activities in West Berks, then please join the Facebook group and get involved!"

West Berkshire Climate Action Network



We are all striving to make the changes necessary to protect our natural world. If you feel at a loss as to how to help contact the above group and of course your local PAWS group to find out what is going on locally and nationally. Don't worry it doesn't have to mean protesting naked in Parliament!

Heather Thorne

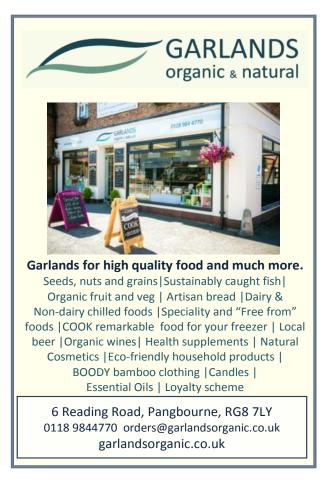


ENVIRONMENTAL NEWS

PAWS FORTHCOMING EVENTS

WHEN	WHAT	WHERE	
Thursday 23 May 8pm	AGM followed by a talk on <i>Charging for Electric Cars</i> by Jon Ashford, Consultant	Pangbourne Village Hall	
Saturday 25 May 10-12 noon	Art Café – a fund raiser and an exhibition to highlight endangered insect pollinators	Art Café, The Old Rectory Stables Whitchurch, RG8 7DF	
Sunday 2 June From 1.30 pm Walk starts at 2.30pm	Meadow Biodiversity Walk organised jointly with <i>WoTHabs</i> . Led by James Norman and including a chance to view the Reading & District Natural History Society team's Moth catch before the moths are released.	Hardwick Estate	
Saturday 8 June 12 noon – 4pm	Plastic Free Pangbourne Village Fete: Organise and oversee the Recycling Bins!! PAWS Stall with emphasis on Biodiversity, especially Insects	Pangbourne Meadow	
TBC – July	BC – July Visit to Ardleigh Energy Recovery Plant		
A summer weekend TBC			
TBC – September	'Joyful Walk' round the footpaths of Pangbourne and Whitchurch		





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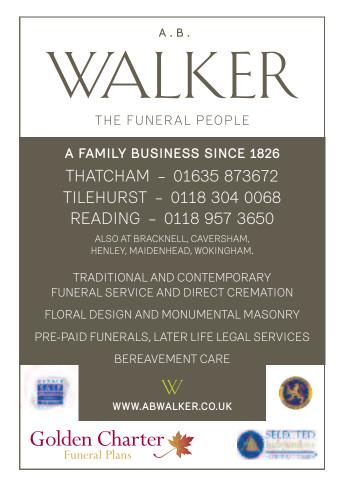
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- BT Sports
- Conference Facilities
- Function Room for hire with kitchen facilities and licenced bar

Entertainment

- Live Entertainment every second saturday of the month
- Bingo every Thursday evening
- Jazz 1st Sunday evening of every month (fee applies)
- Ballroom Dancing every Tuesday evening
- Regular exercise classes
- Weekly raffles





Teams

- Cribs teams
- Snooker Teams
- Dart Teams



Objective

PWMC is run as a non-profit making organisation by its members through an elected committee, which provides a social facility for residents of Pangbourne, the surrounding area and for people working in the village.

Pangbourne Club

Rosewood Hall, Whitchurch Rd, Pangbourne, Reading, Berkshire RG8 7BS

■ Visit us on Facebook
www.pangbourneclub.co.uk

WEST BERKS COUNCIL NEWS

This is the last time I will be writing an article as the District Councillor for Pangbourne. The Magazine has developed significantly in the past 13 years, and I would like to thank the local residents who edited and produced the bi monthly document during most of those years.

One event which I will never forget was the flooding in 2007. Dolphin Centre manager, Kevin Dennis, took me along Bourne Road in a canoe, and it was an unbelievable experience. A number of residents in the village were affected, and for some it was many months before they were able to return to their homes. The Pangbourne community provided care and support, working with West Berkshire Council and the Environment Agency to deal with the issues, and instigated measures to minimise the impact of any future fluvial flooding. Pangbourne Flood Warden, Stephen Billyeald, and The Pang Valley Flood Forum – set up and chaired by Kay Lacey – work with the Environment Agency and other relevant organisations to ensure necessary maintenance and flood prevention measures are planned and implemented.

I have been fortunate to enjoy a number of celebrations in the village – particularly the Millennium and the visit of Her Majesty the Queen and His Royal Highness Prince Philip at a Thanksgiving Service for the Centenary of Pangbourne College.

However, the village also experienced the negative impact of the travellers who camped on private land on Pangbourne Hill for some months, as well as those who occupied an area of Pangbourne River Meadow last year.

There have been many positive changes in the village – although some of the housing developments meant a loss of the bungalows in Purley Way. I regret that we were not able to retain or replace the Sovereign Housing accommodation for the elderly at Pages Gardens.

HIGHWAYS

Installation of the new Zebra crossing near to Pangbourne Primary school is scheduled to commence on Monday 8th April.

The resurfacing of most of Reading Road was completed in February, and the smooth surface is a great improvement.

Thames Water still have repair work to complete in at least two areas of the village. The Chief Executive of West Berkshire has recently met with TW senior management to express dissatisfaction with their performance across the District.

GIGACLEAR

Installation of the cable to provide Superfast Broadband to some areas of the village has been a disruptive activity. Recent regular meetings which I have attended with the contractor, the Parish Council and WBC Highways have ensured advance warning of the work, and better control. They still have to complete work in the centre of the village, and in Sulham Lane before the fibre cable can be installed. My colleagues in other villages tell me that the end product works well.

THAMES WATER

I received the following information from Thames Water, and some residents may wish to register to ensure they receive priority support in the event of any water supply issues or assistance with payment of bills:

Thames Water are offering a Priority Service for customers in vulnerable circumstances. By registering for this service Thames Water can identify and understand vulnerable customers and prioritise them during no water incidents by supporting the most vulnerable first.

For more information visit www.thameswater.co.uk/priorityservices, or call the Extra care Team on 0800 0093652 option 3, or email ecs@thameswater.co.uk.

Thames Water also offers financial support for low income households, large families or those with a medical dependency on water. For more details search 'help paying your bill' on the Thames Water website.

PADWORTH WASTE SITE

Further to my comments in the last issue of the Magazine, the opening hours have been extended. Padworth is now open from 8.00am to 6.00pm every day, so I hope this will enable more residents to take waste items to the site. The opening hours have been extended for a trial period, so I hope we will make good use of the extra time so that these become the permanent opening hours.

COUNCIL TAX

Residents will have received notification of the Council tax due for the year 2019/20. This is an increase of 2.99%.

In order to prepare a balanced budget the Council has had to work out a programme of savings and income generation of £6.24m. The Council no longer receives a Revenue Support grant from central Government. WBC collects £86M in Business rates locally, and this year we will be able to retain £24m of that amount.

None of us became Members of Council in order to provide reductions in services, and we want to ensure that our elderly and young people receive appropriate support. Councillors are also part of the savings programme, as the number of Councillors is being reduced from 52 to 42.

Thank you all for your support during my term as District Councillor. I often wished that I had a magic wand to enable me to address some of the issues raised with me, but I think we made progress in a number of areas. I wish my successor well, and I am sure that Pangbourne residents will continue to ensure support is available for those who need it.

Pamela Bale pbale@aol.com

PANGBOURNE PARISH COUNCIL



THE ANNUAL PARISH MEETING 2019 THURSDAY 16TH MAY 7.30PM

(Refreshments from 7pm)







WHAT IS A PARISH MEETING?

You may or may not know that every year, each Parish holds an Annual Parish Meeting and ALL local Electors are welcome.

This is a meeting **of, by and for the local electors** of that Parish – the purpose of which is to discuss Parish Affairs.

The meeting is held at the Village Hall and all Electors of Pangbourne are welcome to come and listen to updates from Pangbourne Parish Council and many local groups and volunteers from the Village and to share information. It is hoped that there is usually an update from representatives of the Police and the District Councillor.

Please do come along and have YOUR say in how YOUR money is spent and what projects you would like to see the Parish Council undertake this year.

- Meet the newly elected and returning Parish Councillors
 - Meet the newly elected District Councillor
 - Millennium award presentation
 - Groups and organisations presentations
 - Chance to have your say in future projects
 - Open Forum to ask questions
- Opportunity to chat informally before and after the meeting

DOORS OPEN AT 7PM AND THE MEETING COMMENCES AT 7.30PM









DATES FOR YOUR DIARY

MILLENNIUM AWARD

After a break last year, the Millennium Award returns for 2019 and will be awarded at the Annual Parish Meeting on THURSDAY 16th MAY.

ANNUAL PARISH MEETING

The Annual Parish Meeting will be held on THURSDAY 16TH MAY. Doors open at 7.00pm and the Meeting commences at 7.30pm. Refreshments will be available from 7.00pm onwards. The meeting is open to ALL RESIDENTS of Pangbourne and we hope to see as many of you as possible on the night. For those who have never been before, this is a meeting of and for the residents rather than a normal Council meeting. It is your opportunity to hear updates on what local groups and the Parish Council are working on and to find out how to get involved. Please note that timings and dates have changed from previous years, so please make a note in your diary! If you would like to present on behalf of a group or project please contact the Clerk.

ANNUAL SPRING LITTER PICK

Thank you to all who took part in the Annual Litter Pick on Sat March 23rd. It was great to see so many new faces and the support of families and youth groups, guides, scouts etc. Thanks to all the volunteers, Councillors and PAWS members who helped to run this worthy event and keep our village litter free!

WATERMILL THEATRE PRODUCTION

We are pleased to welcome back to Pangbourne Village Hall the ever popular Watermill Touring Production again this year. The date is FRIDAY JUNE 28th and the production is "OUR CHURCH".

More information on the production can be found on page 13 of this magazine but we would recommend early booking as this event has been sold out over the past few years. The box office is now open. Refreshments will be available.

PLANNING APPLICATIONS REVIEWED BY THE PARISH COUNCIL SINCE LAST ARTICLE

APP NO:	PROPOSAL R	ECOMMENDATION	APP NO:	PROPOSAL RECO	MMENDATION
19/00730/ HOUSE	Erection of two-storey front extension (west). Erection of single storey rear extension (east). Erection of single storey side extension (south) 8 St James Close, Pangbourne RG8 7AP	NO OBJECTION	19/00475/ FULD	Change of use of part of the ground floor NO OBJECT to create a retail unit of c70m2 plus external terrace area for use as A3 or A1. Change of use of the remainder of the ground floor to C3 which together with the existing C3 use on the first floor will be reconfigured to provide 2 dwellings first floor rear extension to form bathroom The Star, 27 Reading Road, Pangbourne RG8 7HY	
19/00713/ COMIND	Section 73A: Variation of condition 2: Approved plans, of planning permission 16/01419/COMIND	OBJECTION			
	Bere Court Farm Bungalow, Pangbourne RG8 8HT		19/00478/	Bespoke aluminium and glass apex rear extension to kitchen	OBJECTION
19/00704/ HOUSE	Single storey side extension to form store 40 Reading Road, Pangbourne RG8 7JF	NO OBJECTION	TION HOUSE	37 Thames Avenue, Pangbourne RG8 7BY	
19/00564/ ADV	Company branded signs to advertise Formula Health Consultancy Ltd. One ele	COMMENT	19/00262/ HOUSE	Loft Conversion with rear facing dorma 37 Thames Avenue, Pangbourne RG8 7BY	NO OBJECTION
	on (or behind) brickwall by road side. Gro 19 Reading Road only, access to the rear Ground Floor 19 Reading Road, Pangbou	und Floor	ADV	Removal of existing advertisements to Lamborghini dealership. Installation of new fascia and advertisement and installation of new forecourt advertisement totem (pylon)	
19/00563/ FUL	Change of use from offices to D1 for the entire ground floor access to the rear of 19 Reading Road. pplication for approval of details reserved by conditions (3)			8-10 Station Road, Pangbourne RG8 7AN	•
			19/00231/ HOUSE	Single storey rear and side extension. 7 Meadowside Road, Pangbourne RG8 7AN	NO OBJECTION
Ground Floor 19 Reading Road, Pangl			19/00231/		NO OBJECTION
19/00624/ FUL	Removal of an existing canopy and NO OBJECTION erection of a new fascia. 8-10 Station Road, Pangbourne RG8 7AN		HOUSE	42 Horseshoe Road, Pangbourne RG8 7JH	
			APPLICATIONS DETERMINED BY WBC:		
19/00664/ FUL	Erection of detached triple garage plus OBJECTION residential accommodation above to Plot 7.		19/00231/ HOUSE	Single storey rear and side extension. 7 Meadowside Road, Pangbourne RG8 7AN	APPROVAL
19/00541/ FUL	Section 73: Variation of Condition 2: Plans previously approved application 12/00462 Demolition of existing bungalow and erec of replacement two storey house. Retrosp	proved application 12/00462/FUL: f existing bungalow and erection nt two storey house. Retrospective		Removal of existing advertisements to Lamborghini dealership. Installation of new fascia and advertisement and installation of new forecourt advertisement totem (pylon). 8-10 Station Road, Pangbourne RG8 7AN	APPROVAL
	planning permission for the erection of a detached garage building. Associated hard and soft landscaping, and ancillary development.		19/00231/ HOUSE	Carport and Garden Store 42 Horseshoe Road, Pangbourne RG8 7JH	APPROVAL
19/00529/	Bere Court Farm Bungalow, Pangbourne RG8 8HT		18/03370/ HOUSE	Single storey rear extension Badgers, Riverview Road, Pangbourne RG8 7	APPROVAL AU
HOUSE	Single storey side and rear extension to replace existing kitchen with first floor rear extension to form bathroom 64 Horseshoe Road, Pangbourne RG8 7JL		18/03318/ HOUSE	Single storey front porch and side extensions Highwall House, Pangbourne Hill, Pangbourne RG8 7AX	APPROVAL

POLICE	Non-emergency number	10°
CRIMESTO	OPPERS	0800 555 11
PANGBOU	IRNE PARISH COUNCIL (at Village Hall) www.pangbourne-pc.gov.uk	0118 984 1118
CHAIRMAI	N OF PANGBOURNE PARISH COUNCIL Rob Holden – robertjamesholden@gmail.com	07970 84148
VICE CHA	RMAN OF PANGBOURNE PARISH COUNCIL Gareth Hurley – garethpangbourne@gmail.com	07515 62489
CLERK TO	PANGBOURNE PARISH COUNCIL Becky Elkin – clerk@pangbourne-pc.gov.uk	0118 984 1118
WEST BER	KSHIRE COUNCIL Switchboard	
CITIZENS A	ADVICE BUREAU	01635 516 609
MP FOR R	EADING WEST Alok Sharma	0118 941 380
SURGERY	Emergency out-of-hours (7.00pm – 7.00am)	
PHARMAC	Y	0118 984 293
LIBRARY		0118 984 4113
VOLUNTE	ER CENTRE	0118 984 4586
PANGBOU	IRNE PARISH PRIEST Reverend Heather Parbury – rector@pangbournechurches.info	0118 984 292

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Down

2 EXTRAS, 3 ORATE, 4 TEST TEAMS, 5 DEMESNE, 6 ELDER, 7 PIED PIPER, 8 REALIZED, 13 SPOON FEED, 14 CATATONIC, 15 ASTONISH, 17 ATROPHY, 18 STALIN, 20 SPATS, 22 HOP IT

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