

Harvest Years

1977



2017

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM
Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2018

Richard Reynolds.....President
Don Blakey.....Vice President
Linda McDonald.....Treasurer
Don Dean.....Secretary
Tom Bones.....Executive Director
Board Members: Vivian McDonald,
Dick Bewick, Barbara Morton, Joan Schwartz,
Judie Burke

Next Meeting: March 22, 2018

Harvest Years Monthly

MARCH 2018
VOLUME 16 - ISSUE 3

302 698-4285 - Website: <http://harvestyears.org>

1977 Celebrating 40 Years 2017



A Spectacular Visit to the Erie Canal and
Finger Lakes Region of New York State
Bring Your Camera - Gorgeous Country!!

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A Trip Not To Be Missed!!

"The Ark Encounter" and
"Creation Museum"

September 10 - 13, 2018

Call Diane for Itinerary and Pricing
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Happy "March 2018" Birthdays

1 Ron Harper
2 Carol Roll-Hendershot
2 Lloyd Slacum
2 Clara Valeika
3 Ruth Bedillion
3 JoAnn Dowd
3 Mary Ann Kessler
3 Betty Martin
5 Charlotte Shockley
5 Franklin Sumpter
6 William Bouchard
6 Phyllis Craig
6 Beth Flaherty
6 James Sharp
8 James Dunn
8 Peggy Tremble
9 Linda Legates
9 Jeanette Newell
10 Jean Peters

10 Susan Stevenson
11 Blanche Fluharty
11 Thelma Fox
13 Kenneth Jones
13 Karen Michaels
13 Clara Ward
14 Russell Purnell
15 Doris Brown
15 John Jimroglou
17 Claudia Johnson
17 Danny Kingery
17 Robin MacFadden
17 Barbara Miller
17 Alta Pontius
18 Judith Ann Abbott
20 Michael Drapola
20 Cathy Miller
20 Kit Rolling
21 Eleanor Ballard

22 Arlene Cottongim
23 Clara Gravatt
25 Veronica Balcerak
26 Elizabeth Doebele
26 Norma Scaramo
27 Sharon Slacum
27 Faith Stetson
28 Joan Millman
29 Carl Donophan
29 Katherine (Kay) Keller
29 Mary Wilcutts
31 John Badger
31 Charlotte Martinson



And Many Happy Returns

*****PLEASE BE SURE TO CALL - (302) 698-4285*****

*****PLEASE MAKE YOUR (RESERVATION) FOR A FREE BIRTHDAY LUNCH*****

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "**BIRTHDAY DAY**" which is always the **third** Thursday of each month. You must "eat-in". You may not "take-out" the free meal. If you do not see your name on the list of names for **March** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM

YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO MARCH 20, 2018 PLEASE CALL (302) 698-4285.



TAX TIME IS HERE

FEBRUARY - APRIL 2018

AARP TAX-AIDE FOUNDATION VOLUNTEERS

**WILL BE AT HARVEST YEARS SENIOR CENTER
30 SOUTH STREET, CAMDEN, DE**

ON TUESDAY AND THURSDAY MORNINGS ONLY

Beginning Tuesday, February 6th and Ending Thursday, April 12th

From: 9 A.M. - 12 NOON

CALL: 698-4285 For More Information & Schedule an Appointment

FROM YOUR EXECUTIVE DIRECTOR
TOM BONES



May the **Luck-o-the Irish** be with us this month and may this winter come to a very quick close! I am sure all of you are looking forward to the first day of Spring, as I am. Here at the Harvest Years, this month of March is filled with activities and celebrations to help us "Spring" into the new season

We will continue, throughout the month of March and up to mid-April, providing the AARP Tax Service Assistance Program. This service is available on Tuesdays and Thursdays from 9 AM to 12 Noon.

AARP is also providing us with a Driver Safety Refresher Course on Monday, March 19th. This course will be offered here at the center from 9 AM to 1 PM. If you would like to take advantage of either of these services, please make an appointment at the front desk.

Our **St. Patrick's Day Luncheon** will be served on Wednesday, March 14th. Corned Beef and Cabbage is on the menu, and live music will be performed by Gail & John from Imagine. Wear you green and join us!!

Our **Easter Luncheon** will be served on Wednesday, March 21st. Please call and make your reservation early.

In the month of March we will be having work done on our HVAC system. This work will be helpful as it will make our system more economical going forward.

A huge **'THANK YOU'** to all our **'Soup Festival'** helpers! Thank you for taking the time to make soup for us. It was a big hit!!

Next, we are planning an **"ALL YOU CAN EAT SPAGHETTI DINNER"**. Watch the Newsletter for the exact upcoming date.

Don't forget to **Spring Ahead** on March 11th. Looking forward to some warmer, sunnier and longer days in the coming months

An Irish Blessing: May 'Good Luck' be your friend in whatever you do and may trouble always be a stranger to you.



Activity Notes by Diane Amoroso



**May the Irish hills caress you.
May her lakes and rivers bless you.
May the luck of the Irish enfold you.
May the blessings of Saint Patrick
behold you.
~Irish Blessing**



It's Spring!!!! Hooray!!!!

March 20th is the first day of **Spring** and I know for sure that we have all been longing for warmer weather after the frigid winter we had to endure this year.

Warmer, sunny days are ahead and we promise fun-filled trips throughout the upcoming months. Please look over the 2018 schedule and choose as many trips as you would like. Call me or stop in to see me if you have any questions.

I'd **LOVE** to meet with you and discuss the many trips and events that are planned here at The Harvest Years. We are going to have an enjoyable year ahead.



**DAYLIGHT SAVINGS TIME
BEGINS**

SUNDAY, MARCH 11TH.

**CLOCKS GO AHEAD 1 HR.
UPON RETIRING SAT. EVE.**



Winter Weather Alert

Winter weather may stay with us for several more weeks so please be sure to listen to your radio (WDSB or Eagle 97) or check WBOC stations or websites to be certain the Center is open if inclement weather hits through March. You may also call the Center at (302) 698-4285 before you head out. If we are closed there will a message posted on the phone service. We will also post notices on the HYSC Facebook page. If you haven't "liked" our page yet, be sure to do so!!

"SAFETY FIRST"

THE ARK ENCOUNTER And CREATION MUSEUM

September 10 - 14, 2018

Tour Package: Motorcoach
Transportation, 3 evening
accommodations, 3 breakfasts,
4 dinners, which includes the
Captains Dinner Cruise on the
Ohio River,
Admissions to Ark, Creation Museum
and much more!
Call Diane for full itinerary and
pricing.

302 698-4285



Our Mission Doll Project

Harvest Years Senior Center members began this project last November and it has now been completed, thanks to six very dedicated members.

Mission Dolls, when completed are sent to the children in third world countries by missionaries from around the world. The dolls represent the teachings of Christianity to the areas where it is most needed. The children learn about Jesus and the Bible through the missionary teachings and they are given a doll with two faces. One face is sad, which represents life with OUT Christ. The second face is a happy face which represents life with Christ.

Our sincerest **THANK YOU** to our members: Judie Burke, Peggy Ciminera, Grace Corcoran, Claire Murray, Anne Noyes, and Joan Schwartz.

GOD BLESS YOU and THANK YOU GIRLS!!!!



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\$20 for non-members

TO FIND A COURSE NEAR YOU:

Call Roger at 302-697-1933

or visit www.aarp.org/findacourse

Harvest Years Report, March, 2018

Brian J. Bushweller, State Senator, 17th District

Senior Centers, Aging Advocates Address JFC

Last month, the Joint Finance Committee (JFC) of the General Assembly began its annual hearings on the state budget. In this yearly ritual, the JFC reviews and “marks up” the Governor’s Recommended Budget, the whole General Assembly approves the “mark up” (or sends it back to the JFC) and then sends the budget on to the Governor for his approval or veto.

Needless to say, there is lots of interesting discussion and debate in this process. After all, the state budget addresses just about every aspect of human endeavor from medical care, to public safety, to economic development, to education. And more.

One area of particular interest this year is state support for programs addressing the needs of Delaware’s aging population. And, one aspect of that general issue is funding for Delaware’s senior centers. I have written in other months about the 20% cut to senior centers imposed by the General Assembly in the Grant-In-Aid bill. That cut is a big issue in this year’s budget, with advocates for our older friends and neighbors seeking to restore prior funding.

At the JFC’s hearing for the Division of Aging and Adults with Physical Disabilities (DAASP) there was significant public comment about this issue and about other suggestions that would curtail even further the State’s support for specific areas of senior services. Representatives of senior centers from each county made their case.

One said, “For years, funding for DAASP has not kept up with the realities of Delaware’s growing and aging population.” Making reference to the 20% cut in the Grant-In-Aid bill, this person went on to say, “The silver tsunami that has been welling up for years is now crashing upon our shores,” and then went on to note that “community based non-profit service organizations...throughout the State deliver value for each taxpayer dollar entrusted with us.”

Another advocate noted, “All the senior centers have worked tirelessly to continue to provide services this year...We cannot sustain that cut for another year.” And, with regard to the Meals on Wheels program, which is facing financial strain from several different angles, “I think it is very important to remember that money spent feeding a [senior] in their home for 3 years would all be spent in one month if that person went to a nursing home.”






Still another summed up the reality of what senior centers mean to older adults. “[A senior center] provides life-sustaining and life-enriching services, opportunities and partnerships that have a positive impact on older adults’ physical, emotional and social well-being.”

Of course, senior center services are only one focus of the DAAPD. Either directly or through support for community partners, DAAPD is concerned with residential care, home and community based services, Adult Protective Services, caregiver supports, community nursing and other activities important to aging adults.

Many members of the public commented positively on the services of the Division, as well they should. It is now the job of the JFC to authorize appropriate funding to see that all programs, especially senior centers, can continue to serve our State with distinction.



- MARCH 2018 MENU -



Monday	Tuesday	Wednesday	Thursday	Friday
Passover Begins Friday, March 30th 	IT'S SPRING !!!! MARCH 20th 	CALL EACH DAY TO ORDER A QUART TO TAKE HOME & ENJOY 	1. Baked Lasagna Tossed Salad Italian Bread Ice Cream Bar	2. Sweet & Sour Chicken Rice Green Beans Bread or Rolls Assorted Desserts
5. Sloppy Joe on a Bun Baked French Fries Tossed Salad Fruit	6. Goulash House Salad Italian Bread Peaches	7. Baked Chicken Mashed Potatoes Gravy/Vegetable Blend Bread or Rolls Banana Split	8. Beef Stew Tossed Salad Biscuit Fruit	9. Baked Cod Sandwich Sweet Potato Fries Cole Slaw Assorted Desserts
12. Taco's Soft/Hard Fix'ins Bar Corn Chips w/Salsa Sherbert	13. Oven Fried Chicken Sweet Potatoes Broccoli Bread or Rolls Cherry Cobbler	14. <u>ST. PATRICKS DAY PARTY</u>  Corned Beef & Cabbage Boiled Potatoes Corn Bread Cake w/Whipped Cream	15. <u>Happy Birthday Lunch</u> Baked Meatloaf Mashed Potatoes Gravy/Succotash Bread or Rolls Ice Cream/Cake	16. Grilled Chicken Salad Tomato, Onions, Egg, Lettuce Sweet Roll Assorted Desserts
19. <u>All You Can Eat</u> Shephard Pie Tossed Salad Bread or Rolls Cookies \$5.00	20. <u>SPRING BEGINS</u> Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Peaches	21. <u>EASTER LUNCHEON</u> Baked Honey Ham Scalloped Potatoes Green Beans/Cole Slaw Apple Crisp w/Vanilla Ice Cream	22. Spaghetti w/Meatsauce House Salad Italian Bread Pineapple	23. Cheese Steak Fried Onions/Baked Fries House Salad Assorted Desserts
26. Tom's 3 Bean Chili Rice Corn Bread Chocolate Pudding	27. Roasted Pork Loin Mashed Potatoes Gravy/Green Beans Bread or Rolls Ice Cream	28. Spinach Lasagna Tossed Salad Italian Bread Brownie	29. Baked Salmon Roasted Potatoes Broccoli Bread or Rolls Jell-O w/Cool Whip	30. <u>CLOSED</u> 



IMPORTANT INFORMATION FOR YOU !

Beginning this year, 2018, anyone taking a trip with Harvest Years Senior Center must carry with them a photo ID. Many of our trips will require security screenings. If you do not bring your ID you will not be permitted on the trip.

- MARCH 2018 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>REMINDER</u></p> <p><u>SIGHT & SOUND</u></p> <p><u>"JESUS"</u></p> <p><u>MARCH 27th</u></p> <p><u>Final Pay't Due NOW!!!</u></p>	<p><i>Good Friday</i> <i>Friday, March 30th</i></p>  <p>CLOSED</p>	<p><u>REMINDER</u></p> <p><u>LET'S CELEBRATE</u></p> <p><u>ST. PATRICK'S DAY</u></p> <p><u>PARTY</u></p> <p><i>Wednesday,</i> <i>March 14th</i></p>	<p>1. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>2. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p> <p>1 P.M. - Pinochle</p>
<p>5. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>6. \$\$8:30 AM - Yoga\$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>7. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>8. <u>Harrington Slots</u> <u>Call Diane to Reserve a Seat</u></p> <p>\$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>9. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p> <p>1 P.M. - Pinochle</p>
<p>12. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>13. \$\$8:30 AM - Yoga\$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>14. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>1 - 3 PM \$\$ ART CLASS \$\$</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>15. \$\$ 8:30 AM - Yoga \$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>16. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p> <p>1 P.M. - Pinochle</p>
<p>19. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>20. \$\$8:30 AM - Yoga\$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>21. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>22. \$\$8:30 AM - Yoga\$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>23. 10 AM - 11 AM Line Dancing w/Ben & Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p> <p>1 P.M. - Pinochle</p>
<p>26. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>12:30 PM - Chronic Conditions Seminar # 5 of 6 Classes</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>27. \$\$8:30 AM - Yoga\$\$</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>28. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand & Foot</p> <p>1 - 3 PM \$\$ ART CLASS \$\$</p> <p>\$\$ 5 PM - 5:45 PM \$\$ FEARLESS YOGA</p>	<p>29. \$\$8:30 AM - Yoga\$\$</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ 5 PM - 6 PM \$\$ Perfect 10 Pilates</p>	<p>30. <u>CLOSED</u></p> 

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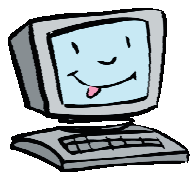
Pat Reynolds, R.C.

PROFESSIONAL HAIR STYLIST

Hours: Tuesday, Wednesday, & Thursday
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

(302) 698-4285



Don't know what to do now that
you've turned on your
computer or smart phone?

Let Terry help you! Terry Anderson, a retired
Air Force Pilot and retired from the Department
of Education, has volunteered his time and
expertise to teach a one on one computer class.

He has now offered to teach a one on one class
on how to use your **Smart Phone**. If you know
the basics but would like to know more please
give your name and telephone number to Diane
and she will set up an appointment with the

"Computer Guy!"

Call Diane: 302 698-4285



LIONS CLUB EYEGGLASS COLLECTION BOX



THE BOX IS LOCATED AT HARVEST YEARS
SENIOR CENTER. IF YOU HAVE ANY USED
EYEGGLASSES PLEASE DROP THEM OFF AND THEY WILL BE
PUT TO GOOD USE HELPING THOSE WHO ARE IN NEED OF
GLASSES WORLDWIDE. **Hearing Aides also accepted.**

OUR SINCEREST THANK YOU.

TRIP ALERT

I have listed more trips in our March issue of
our newsletter. If you are interested in signing
up, please do so **ASAP**. A deposit of **\$25.00** is
required on day trips. Overnight trips
require more. The trips are filling up quickly.

Questions? - Please Call Diane 698-4285



GOLDEN DINNER CLUB

Is Back

TUESDAY, MARCH 20TH

BETSY ROSS PIZZA - 5 PM

RT. 8 - DOVER, DELAWARE

**PLEASE JOIN US FOR OUR MONTHLY
FUNDRAISER**

**Call Diane before March 15th
If you are planning on attending**



ATTENTION TO ALL HYSC VOLUNTEERS

To all our volunteers: If you
volunteer at Harvest Years
you must remember to keep
track of your hours in our
RSVP Book located at the
Front Desk.

Any new volunteer, please ask
for the book & track your hours.

HARVEST YEARS' CLOTHING DOLLAR STORE FEATURES

**GENTLY USED WOMEN'S & MEN'S
- CLOTHING - SHOES - HATS -**

ALL PRICED AT \$1.00 EACH

**STORE IS OPEN MONDAY - FRIDAY
8:30 AM - 3 PM**

New Items Added Daily

*You are invited to stop by and
browse at our nice selections.*

PERIPHERAL NEUROPATHY WARNING!



Dover, DE - The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.



Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling and most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

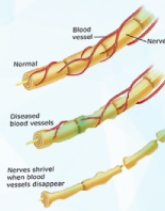


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

In order to effectively treat your neuropathy three factors must be determined

- **What is the underlying cause?**
- **How Much Nerve Damage Has Been Sustained.**
NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- **How much treatment will your condition require?**

The treatment that Dr. Steve Goldschlager, D.C. provides has three main goals

- 1) **Increase blood flow**
- 2) **Stimulate small fiber nerves**
- 3) **Decrease brain-based pain**

Figure 3: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.



Dr. Steve Goldschlager, D.C. will do a neuropathy severity examination to determine the extent of the nerve damage for only \$60.00 for the first 25 callers. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your neuropathy.

Call 302-735-5501
to make an appointment to see if Dr. Goldschlager can help you.

Note: We are located at 77 Greentree Drive in the Greentree Shopping Center.



Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach

assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2018. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.

If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200

***Our Craft Room welcomes new friends to join us on Tuesday mornings at 9:30. We like to start new projects and would love your ideas. Call Diane for more information: 698-4285

AARP DRIVER SAFETY COURSE

Harvest Years Senior Center
30 South Street, Camden, DE



MONDAY, MARCH 19, 2018
9 AM - 1 PM

REFRESHER COURSE ONLY

Member: \$15.00 per person
Non-Member: \$20.00 per person
Make Checks Payable To: AARP

CALL 302 698-4285 FOR YOUR RESERVATION



**You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

COST:

Member - \$4.50 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.
698-4285

JOIN HARVEST YEARS AND SAVE \$1.00 !!

FOR NEW MEMBERS ONLY IN 2018

YOU ARE ENTITLED TO A ONE-TIME \$1.00 OFF SAVINGS COUPON TOWARDS YOUR 1st LUNCH AT HARVEST YEARS SENIOR CENTER. SEE FRONT DESK RECEPTIONIST FOR YOUR \$1.00 OFF COUPON.



***Our Soup Kitchen has resumed.
Please call for our daily
Soup selection & cost.***

EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each
Just Entrees \$3.00 each
Starch/Vegetable \$2.00 each

Homemade Desserts
\$3.00 Cup / \$4.00 Pint / \$7.00 Quart

Sandwich entree price to be determined that day.
Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of \$1.00 for TO-GO MEALS.

Bon Appetite!!

smile.amazon.com



**SUPPORT HARVEST YEARS
SENIOR CENTER, INC.**

**By Shopping at
AmazonSmile**

*When you shop at AmazonSmile, Amazon will
donate to Harvest Years Senior Center, Inc.
Support us every time you shop.*



We Serve

Camden Lions Club

**"Unselfish Service to the
Community"**

**The Camden Lions Club meets monthly at
Harvest Years Senior Center
30 South Street, Camden, DE.**



Happy St. Patrick's Day

March Meetings

Monday, February 12, 2018

Monday, February 26, 2018

Dinner: 6:30 PM - Meeting Follows

Lions Club

Ready to Help, Worldwide

Whenever a Lions club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time.** Cost per trip is:

\$.50 per Trip
\$ 5.00 for 10 Trips
\$ 10.00 for 20 Trips
\$ 20.00 for 40 Trips



Art Classes

Harvest Years Senior Center

If you are interested in learning how to put your 'hidden artistic talents' onto canvas, you are welcome to join our art classes twice a month.

The cost for four classes is \$25.00.

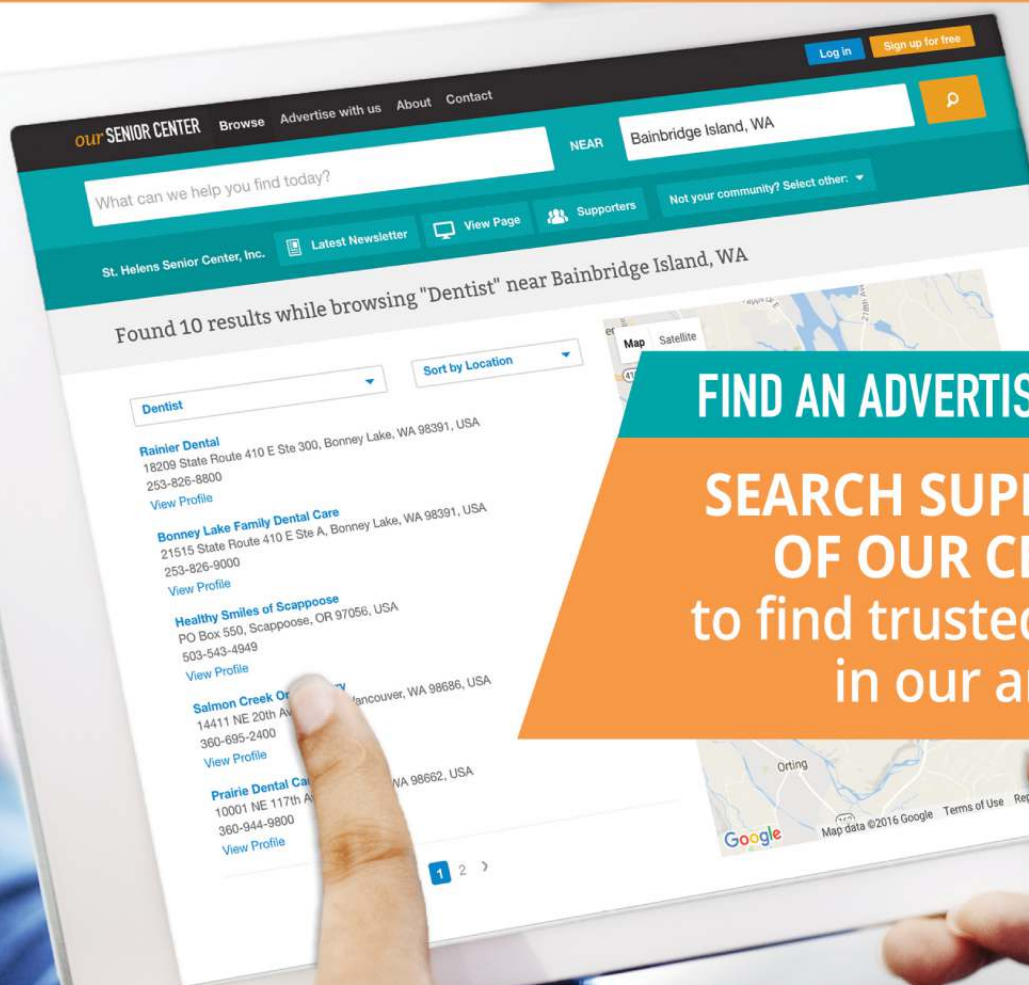
Classes: Wednesdays - 1 PM - 3 PM

Call DIANE for more Information: 698-4285



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An Irish Wish - From the heart of a friend -
"May Good Fortune Be Yours, and May Your Joys Never End."
MARCH 17, 2018



God Bless Our Troops
Always remember to keep
them all in Our Daily Thoughts
and Prayers.....



MARCH 2018



Please Donate to The USO

