



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh Garden.
Telephone Nos.: (Office - 05- 5458 220) (Fax:05- 5468 495) **website:** www.omphip.org

(Announcements:)

PELAN PERMULIHAN NASIONAL (PPN) FASA 1,2,3/ National Recovery Plan (NRP) PHASE 1, 2, 3 effective from 29 June, 2021 until further notice.

These guidelines may be revised in line with updates and additional SOPs issued by the authorities.

In view of this and the alarming figures of new infections and increase in infectivity, ALL MASSES (weekday and weekend) are suspended **till further notice.**

The main gate of the church will remain closed and only **Individuals** (*not in groups*) who have a special and urgent reason to see the priest or office staff must first make a prior appointment before the visit. As far as possible, if the matter could be handled by avoiding any physical contact, alternative means of communication should be used – telephone call or email.

Visitors with prior appointments should have their hand sanitized and should be masked. Check in with MySejahtera App. Contact details of visitors will be recorded for the purpose of contact tracing.

CONTRIBUTION to OMPH church

Parishioners & friends who wish to contribute towards their monthly church contributions please do online trf. at Public Bank – A/c 3096864807 (Parish of Our Mother of Perpetual Help) or give us a call at the parish office to make an appointment. No one is authorized to collect any money on behalf of the church.

NEW-INTAKE (2021-2022) RCIA (Rite of Christian Initiation of Adults)

If you know of friends who are interested in making enquiry into the Catholic Faith, please register now at the parish office (055458220). Sessions will be held in English, Mandarin & Tamil.

A JOURNEY TOWARDS PAN MALAYSIA PASTORAL CONVENTION 2026

The Catholic Church in Malaysia will be coming together a clergy, religious and laity to celebrate, listen and walk in the light of the Lord. This event aims to look deeply and realize the mission of the Church:

- # *as the Voice of the people*
- # *reaching out in Mercy*
- # *communicating fullness of Life*
- # *growing in Holiness.*

As a communion of missionary disciples, we become more the salt of the earth and light of he world focusing on our 4 priorities:

- * **Families** * **Church** * **Society** * **Ecology**

In preparation for PMPC 2026, we will be going through a process of Assessing, Visioning and Missioning.

Your BEC leaders and Heads of Ministries will be in contact with you.

We are called to open our hearts, empathize on what is going on around us, immerse ourselves in the realities in these areas, assess our feelings and answer four questions.

You can give your inputs freely as individuals and parish communities through the following link:-

* <https://forms.gle/072CWV2TRfiphBkP8>

food for thought) (Bulletin 25 July, 2021)

Gospel: Jn. 6: 1-15.

“Practicing Eternity”



In the Gospel of John, all of Jesus' acts are "signs" - sacraments that point to a deeper reality. Jesus sees our weaknesses, our tendencies towards selfishness, anger and pride and he understands how we long to become very different than we are. He sees our mortality and our longing for eternity. He sees the hungry crowd and moved with compassion, he rouses the disciples to their feet and he feeds thousands.

The miracle of the loaves and fishes shows Jesus' deep concern for those around Him. He recognizes their need and from a few loaves and fishes produces an abundance to fill the hunger of the multitude. This event is a kind of precursor of what is to come. However, today's Gospel story speaks a much more powerful message.

Jesus makes a claim only God can make: He is the true bread of heaven that can satisfy the deepest hunger we experience. The feeding of the five thousand shows the remarkable generosity of God and his great kindness towards us. When God gives, he gives abundantly - He gives more than we need for ourselves that we may have something to share with others, especially those who lack what they need. God takes the little we have and multiplies it for the good of others.

Christ has called us to follow him. And in the continuing miracle that we celebrate in the Eucharist, he is teaching us how to practice eternity, giving us the nourishment we need to yield inwardly for the sake of God and neighbor, and just for a moment, giving us the vision and experience in the present of what our eternity can be.