

Measure Your Achievement Potential

On a scale of 1-7 with "7" being the highest, rate yourself on how much you struggle with each of these issues:

Fear of failure	1	2	3	4	5	6	7
Fear of success	1	2	3	4	5	6	7
Procrastination	1	2	3	4	5	6	7
Relating and building rapport	1	2	3	4	5	6	7
Negative self-image	1	2	3	4	5	6	7
Time management skills	1	2	3	4	5	6	7
Perfectionism	1	2	3	4	5	6	7
Assertiveness	1	2	3	4	5	6	7
Organizational skills	1	2	3	4	5	6	7
Stagnation in habits	1	2	3	4	5	6	7
Anger	1	2	3	4	5	6	7
Follow-through	1	2	3	4	5	6	7
Balancing work life and home life	1	2	3	4	5	6	7
Self-Discipline	1	2	3	4	5	6	7
Knowing what you want	1	2	3	4	5	6	7
Self-confidence	1	2	3	4	5	6	7

**Total
Points**

Add up your points for each column for total score + + + + + + =

If your total score is over "32" or any one score is over "3" you may be inhibited from achieving your maximum level of success.



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