

Highlights of the Annual Meeting

The Arkansas Urologic Society Annual Meeting was held September 8-9, 2017, at the 21C Museum Hotel in Bentonville. Attendees received valuable information from speakers and visited with vendors showcasing their products and services. We want to extend appreciation to the following:



- MACRA, MIPS, APM - The Future of Medicare Reimbursement - **Matthew J. Resnick, M.D., MPH, MMHC**
- Pathways, Performance and Paychecks: A Simple Guide to Understanding the Future of Your Compensation, **Scot Davis, CEO, Arkansas Urology**
- MACRA Overview - **Matthew J. Resnick, M.D., MPH, MMHC, Vanderbilt University Medical Center**
- Localized Prostate Cancer, A Proposed Pathway, **Timothy Goodson, MD**
- 2017 Legislative News – **David Wroten, EVP, Arkansas Medical Society**
- Arkansas Prostate Cancer Foundation – **Beverly Eckert, LCSW, JD, Executive Director**
- HIFU – **Timothy Goodson, MD**
- Management of the Localized Prostate Cancer – **Mohamed Kamel, MD**
- Management of Refractory OAB in Geriatric Population – **Ehab Eltahawy, MD**
- The Alphabet Soup of Medicare Reimbursement...ACA, MACRA, MIPS, APM - **Matthew J. Resnick, M.D., MPH, MMHC**
- Localized Prostate Cancer Guidelines Review - **Mohamed Kamel, M.D.**
- Resident Case Presentations:
 - **Renee Warford, MD**
 - **Nathan Littlejohn, MD**
 - **Justin Fincher, MD**

Our Exhibitors

Our appreciation to the following companies:

AbbVie, Inc.

Allergan, PLC

AMS Benefits, Inc.

Arkansas Prostate Cancer Foundation

Astellas Pharma US, Inc.

Boston Scientific Corp.

Coloplast Corp.

Cook Medical

Dendreon Corp.

ENDO

Genomic Health

Karl Storz Endoscopy-America, Inc.

LABORIE

McKesson Patient Care Solutions

Mercy Health Systems - NWA

Myriad Genetics, Inc

NeoTract, Inc.

OPKO Health Inc. /GenPath Oncology

Pfizer Women's Health

Unity Health

State Volunteer Mutual Insurance Co.

USMD Lithotripsy Services

James W. Headstream MD Award



Dr. Canon, Dr. Redman, and Dr. Mooney

Dr. Stephen Canon presided over the Arkansas Urologic Society Annual Dinner at the 21C Museum Hotel in Bentonville on Friday evening, September 8, 2017. Dr. Canon, who holds the John F. Redman Distinguished Chair of Pediatric Urology introduced Dr. Keith Mooney, who made a well stated nomination of Dr. John Redman for the Headstream Award.

A lifetime of milestones and events defining urology in Arkansas and the contributions by Redman to the Art and Science of Urology in the State were on display at the dinner and reception.

Dr. Redman gave a humble and honorable recognition of Dr. Headstream, which only he could profess. His speech provided an interesting and thorough review of the history of urology in Arkansas which was very unique and appreciated.

A capsule of Dr. Redman's comments is provided below:

Thank you all so much for honoring me tonight. I do so appreciate all of the kind things that you said. I am truly grateful. But the real honoree is Dr. James William Headstream. It is hard for me to believe that September 3rd marked the 11th year of his passing. This memorial award is so important to perpetuate the memory of Dr. Headstream and his contributions and legacy. How soon we forget! Let me give you an example.

Has anyone here ever heard of Dr. James H Lenow? Well the Ark. Industrial University, the forerunner of the Univ. of Ark. was founded in 1871. Six years later the University founded a medical school in Little Rock with 8 founding faculty members. One was Dr. James Lenow, a native of Memphis who had received his MD with honors from the Jefferson College of Medicine in Philadelphia. He was named the Professor of Genitourinary Disease, which was the standard name for urology before the early 1900's. In 1907, Dr. Lenow was appointed the Dean of the now Univ. of Ark School of Medicine. He also served as President of the Little Rock School Board and as President of the Ark. State Medical Society. On his retirement from the deanship, he became the Professor Emeritus of Urology. At the time of his death in 1932, he had been the most prominent figure in Ark. Urology for over 51 years. Have I made my case?

Dr. James W. Headstream-----Now there is a nominal determinant for a urologist! Actually, the name was Swedish-Headström. Almost everyone knew him as Jimmy. He was a native of Batesville and received his MD from the Univ. of Ark in 1939. After an internship at New Orleans Charity and starting a surgical residency in Mobile, he was called to active duty in World War II and served in the army for 5 years and discharged at the rank of Lt. Col. He completed a 3 year residency in urology at the Univ. of Alabama and then spent a short period of time in private practice in San Antonio, before returning to Little Rock. (His wife Janie was from Little Rock) He joined the new practice of Dr. Hugh Rives who had trained at the Mayo Clinic. One of the stipulations of his contract with Dr. Rives was that if the association was dissolved, Dr. Headstream could not practice within a 100 mi radius of Little Rock or he could be full-time faculty member at the medical school. Well, the partnership didn't last long and Janie said she was not moving again, so he applied for the faculty position, which paid a minimum wage.

The Chairman of the Department of Surgery was Dr. Gilbert Dean, who had an interest in having a residency program in urology and so he immediately named the 37-year-old Dr. Headstream as the new Head of Urology. Dr. Headstream thrived in his new position. He was well liked by everyone, including the medical students. And he was successful in getting the residency in urology approved, with the first resident beginning in 1953. Eventually, he did start a private practice in Little Rock, but continued his operating with the residents and teaching the medical students. He also did a very brilliant thing. He forged friendships and collaborations with many of the full time academic faculty at the school, including those in pediatrics, infectious disease (they had an interest in genitourinary TB) and endocrinology (he did the adrenalectomies).

These collaborations resulted in numerous presentations and over 40 peer-reviewed publications and for the first time gave Arkansas urology a national exposure. During the time that Dr. Headstream was associated with the medical school, almost all of the students stayed in the state and did general practice, which included doing surgery. They all knew The Professor and knew that he was always available for consultations and that he was the go-to man for referrals.

There is no way to fathom the impact Dr. Headstream had on the urologic care of patients all over the state, not only by his own personal care of patients, but by dint of his de facto continuing education of those general practice physicians. In his lifetime, Dr. Headstream received several significant honors, including the Distinguished Alumnus Award from the College of Medicine and in 2004 induction into the Univ. of Ark. College of Medicine Hall of Fame.

Well-tonight I have the award, but the honor goes to a true gentleman, who was a caring, passionate physician on whose shoulders we stand.

Arkansas Urologic Society Medical Student Fellowship Recipients:

Arkansas Urology Society and The Urology Care Foundation work together to provide the Summer Medical Student Fellowship Program. After rigorous peer-reviews and a record-high of 39 applications we are pleased to offer the award to the following medical students:



Jordan L. Fielding

University of Arkansas for Medical Sciences

"Investigation of serum galectin-3 as a biomarker for prostate cancer screening"

Mentor: Alan B. Diekman, PhD



Michael B. Franzetti

University of Arkansas for Medical Sciences

"Role of Smart Cups in Improving Hydration in Kidney Stone Patients"

Mentor: Ehab Eltahawy, MD



Kayln D. Holloway

University of Arkansas for Medical Sciences

"A retrospective study of treatment options available for neurogenic bladder in spinal cord injury patients with quadriplegia and the long-term quality of life outcomes associated with the treatments"

Mentor: Ehab A. Eltahawy, MD

AUS Business Meeting, September 9, 2017

The Arkansas Urologic Society met at 8:00 a.m., on Saturday, September 9, 2017, at the 21c Museum Hotel in Bentonville, Arkansas. The following business was received and transacted:

1. The minutes of the September 9, 2016 business meeting were approved.
2. The following items were reviewed for information:
 - 2017 membership report
 - 2016 year-end and year-to-date 2017 financial reports
3. Dr. Stephen Canon reported the annual meeting attendance had increased and exhibit space sold out creating an opportunity to add exhibits to the outdoor patio.
4. The following officers were reaffirmed for the second year of a two-year term:
 - Stephen Canon, MD, Little Rock – President
 - Robert Emery, MD, Batesville – Secretary/Treasurer
 - Kenneth Meacham, MD, Little Rock – Parliamentarian
 - Robert Bell, MD, Russellville – Historian
5. The board recognized the following new members:
 - Gerald Heulitt, MD, Little Rock
 - Kyle Basham, MD, Fort Smith
 - Bruno Machado, MD, Little Rock
6. Upon motion members approved reimbursing Dr. Alan Diekman for his travel expenses relating to attending the AUS annual meeting each year. This is for Dr. Diekman's dedication and work with the student fellowship scholarship program.

7. Dr. Diekman discussed the student fellowship program and the requirement the program lasts for ten weeks. This does not allow students to have a summer break. Upon motion, it was decided a letter should be sent to the AUA requesting the requirement be reduced.
8. Dr. Robert Zimmerman encouraged members to: 1) use the Prescription Drug Monitoring Program, 2) get involved with tort reform efforts, and 3) join the Arkansas Medical Society if they are not a member.
9. Upon motion, the AUS voted to contribute \$5,000.00 to the Arkansas Medical Society tort reform initiative. Dr. Nirmal Kilambi suggested members consider reviewing cases for attorneys when asked. It was suggested that serving as a non-testifying expert may help reduce the number of frivolous claims.
10. Dr. David Jacks asked that pictures be included in the website directory of members.
11. Dr. Stephen Canon reported that Dr. Mark Jackson would represent the AUS at the AUA meeting in October.
12. Suggestions for the 2018 AUS meeting included Memphis, Tennessee as a possible location as well as returning to Northwest Arkansas during a razorback football weekend.

There being no further business the meeting adjourned.

Message from AR Prostate Cancer Foundation:

Pursuant to a suggestion at the 2016 AUS Annual Meeting, the Arkansas Prostate Cancer Foundation made an effort to reach out to family practice physicians and nurse practitioners across the state concerning screening guidelines for prostate cancer. Part of that effort included the preparation by the Foundation of a one-page summary of the NCCN 2016 Version II Guidelines for the Early Detection of Prostate Cancer. (Copy attached) This summary was approved by the Foundations' 14 member Medical Advisory Board (8 urologists, 1 medical oncologist, 1 radiation oncologist, 2 family physicians, 2 PhD research scientists), and was laminated and distributed statewide in March, 2017.

At the 2017 Annual Meeting of the AUS on September 8, the Foundation presented an update on its activities including the distribution of the NCCN summary. Following the meeting it was suggested that the NCCN summary be forwarded to all AUS members. (Copy attached) The Foundation is working to promote appropriate referrals to urologists around the state.

Sincerely,
Bev Eckert, JD, LCSW



Website

Did you know we have a website? Check out www.arkansasurologysociety.org to see a member list, bylaws, upcoming meeting information, annual meeting photos and more.