

**JULY  
2022**

# Pickaway Senior Center

*"WE'RE LIVING IT UP"*

*From the Desk of the Director*

Happy July!

Wishing you a very happy, healthy, and safe 4<sup>th</sup> of July holiday! Please note, the center is closed Monday, July 4 in observance of the holiday.

There is much activity happening at the Center! Congregate lunches are a very popular spot for enjoying great food and fellowship, with growing, regular attendance. We serve Monday — Friday at 11:30 am. Please RSVP if you would like to join us.

Our home delivered meals and transportation programs are also very busy in these summer months. We have seen an increase in the need for services. We now serve more than 470 people on the programs, driving more than 12,956 miles in the month of May. We have served over 40,600 meals this year (4475 more that last year)! (see p12)

With the increase in costs of foods and gas, we will host fundraisers to help offset some of the additional expenses. The first is "Red, White, and Dance" on Friday, July 22, 4–7 pm. Tickets are now on sale for \$10 per person. This FUNdraising event will have a DJ, cake walks, 50/50 drawings, a silent auction, and refreshments! We are accepting donations for both the silent auction and desserts for the cake walk. Please let us know if you would like to donate! (see p6)

Watch for details on upcoming FUNdraisers for August and September.

Join us as the OSU Extension Office presents a two-part series Master of Memory on Tuesday, July 12, 1—2 pm. Full details inside! (see p8)

The trip to Vermont is fast approaching, with final payment due July 5! There are a few seats open for the day trip going to LaComedia on Thursday, August 25. (see p7) Call 740-474-8831 for more details or to sign up. Payment is due July 11.

See you soon at YOUR Senior Center

  
Holly Cottrill,  
Executive Director

## Pickaway Senior Center

2105 Chickasaw Drive

PO Box 565

Circleville OH 43113

740-474-8831

[www.pickawayseniors.org](http://www.pickawayseniors.org)

### IMPORTANT DATES:

#### WEDNESDAY, JULY 13

OSHIIP COUNSELING .....  
..... 8:30—10:30 AM

BOARD MEETING ..... 10:15 am

#### THURSDAY, JULY 14

PRODUCE TRUCK ..... 8:00 am  
CHAIR YOGA ..... 12:30 pm

#### TUESDAY, JULY 19

COMMODITY BOXES

#### THURSDAY, JULY 28

PRODUCE TRUCK ..... 8:00 AM

## Pickaway Senior Center

### Board of Directors:

Sally Galecki	President
Tonya Thompson	Vice President
Lisa Robbins	Treasurer
Al Canarsky	Membership President
Al Canarsky	Secretary
Holly Cottrill	Executive Director
Dennis Bothel	Fiscal Officer
Ed Boyer	Pat Acord
Jackie Rish	Ellery Elick
Sheriff Matthew Hafey	

### Pickaway County

#### Commissioners:

Jay Wippel  
Gary Scherer  
Harold Henson

## PICKAWAY SENIOR CENTER

2105 Chickasaw Drive  
PO Box 565  
Circleville OH 43113

[www.pickawayseniors.org](http://www.pickawayseniors.org)

Office..... 740-474-8831

Toll Free..... 888-397-7246

Nutrition ..... 740-474-8617

Fax..... 740-477-8114

### Office Hours:

**Monday-Friday**  
**8am — 4pm**

\* Due to COVID-19: some services, hours and days have changed.

## *Services provided Monday – Friday*

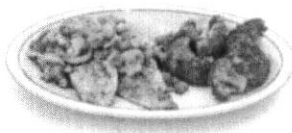


### Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

**Services available**  
**Tuesday—Thursday**  
**9am—1pm.**

Transportation and lunch provided.



### Congregate (Shared) Meals

Hot lunch is served at Pickaway Senior Center 11:30 am, Monday — Friday.



### Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.

### National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

### Supportive Services

Assistance with completing paperwork related to Medicare & Medicaid, HEAP and Commodities.

### Transportation

Transportation, for those over 60 years old, residing and traveling in, Pickaway County, is available by request for doctor, and other medical appointments, and grocery shopping.

**For information on any of these services, call the**  
**Pickaway Senior Center:**

**740-474-8831**

**DON'T LET AGING GET YOU DOWN. IT'S TOO HARD TO GET BACK UP.**

—JOHN WAGNER

### **The Pickaway Senior Center**

**is a non-profit organization.**

**We are supported by financial contributions from:**

- Title III as administered through Ohio Department of Aging
- Funds from the senior levy as passed by the Pickaway County voters
- Private donations and fundraisers



# JULY BIRTHDAYS-HAPPY BIRTHDAY!



## JULY 1

Nancy Speakman  
Mary Tully  
Karen Williams  
Sue Huffman  
Audith Thomas

## JULY 2

Madeline Sanders  
Don Kadunc  
Catherine Berry  
Sharon Funk  
Les Cavanaugh  
Michael Binion  
Dorothy Hewitt  
Elwood Haddox  
Dick Fisher  
Dawn Neymeyer  
David Blue

## JULY 3

Ann Slonecker  
Florence Musselman  
Beverly Agin  
Peggy Van Curen  
Sharon Sims

## JULY 4

Joan Conrad  
Mike Stonerock  
Pat Dewees

## JULY 5

Ruth Tootle  
Joan Cundiff  
Paul White  
Debbie Black

## JULY 6

Betty Goings  
Earl McCombs  
Linda Arledge  
Alma Schneider  
Patricia Darst  
Candace Blair  
J William Brown

## JULY 7

Hollie Suggs

## JULY 8

Danny Whightsel

## JULY 9

Joan Shires  
Janice Wiseman  
Bea Smith  
Nellie Kearns  
Frieda Willis  
Michael Dumm  
Barbara Rader  
Theresa Weller

## JULY 10

Jane Winfough  
Evelyn Ricketts  
Betty Makarius  
Helen Lee  
Patricia Beathard  
Earl Palm

## JULY 11

Sytha Rayer  
Nancy Hickman  
Richard Harwood  
Ruth Heslop

## JULY 12

Brenda Francis  
Joy Morgan  
Arlene Fortner  
Allen Rickey  
Brenda Wagner

## JULY 13

Dolores Conley  
Rita Hupp  
Nancy Pitt

## JULY 14

Dale Wilkinson  
Ruthanne Roush  
Faith Barnes  
Alice Harker

## JULY 15

Minerva Smith  
F Loretta Moran  
Lois Brown  
Jim Rayburn

## JULY 16

Ronald McMullen  
John Dean  
Helen Fox  
Linda Morrow  
Marrienne Leedom

## JULY 17

Billie Carpenter  
Elaine Cook  
Ted Barbee  
Harold Stevens  
Rose Minor  
Judy Barbour

## JULY 18

Betty Burggraf  
Kathryn Young  
Susan Beckley

## JULY 19

Carol Emerine  
Linda Young  
Denise Deleon  
Dixie Cook  
Robert Kidnocker  
Carl Hart  
Julie Conley  
Betty Garrabrant

## JULY 20

Jim Willeford  
Blaine Hayes

## JULY 21

Peggy Porter  
John Butts  
Glenn Metzler  
Marjorie Pontious

## JULY 22

Charlene Wood  
Bill Bullock  
Lu Rhoads  
Marilyn Wolfe  
Brenda Duvall  
Dwight Collins  
Terry Johnston  
Martha Iles  
B Louise Smith



## JULY 23

Mary Hunter  
Janice Coleman  
Nancy Speakman

## JULY 24

Connie Ward  
Daniel Carruthers  
Deborah Smith  
Charles McMullen  
Nancy Cutright

## JULY 25

Wanda Davis  
Charles Patrick  
Sue Twining

## JULY 26

Patricia O'Donnell  
Patty Surratt  
Christina Moss  
Rebecca Dixon

## JULY 27

Virginia Paxton  
Tom Manson  
Connie Campbell  
Janice Yancey  
Jackie Rose  
Jane Fell  
Ray Lawhun  
Roy Mullins  
Glenn Bucy

## JULY 28

Linda Schupp  
James Walden  
John Cutright

## JULY 29

Tom Thomas  
Patricia Williard  
Sandra Miller  
Roger Evans  
James Rhymer  
Bev Tracy  
Mark Knece

## JULY 30

Doris Jones  
Linda Akers  
Phyllis Imler  
Sally Gohring

## JULY 31

Jim Davis  
Richard Durham  
Walter Graf  
Patricia Dewitt



## PICKAWAY SENIOR CENTER JULY 2022 NEWSLETTER

### In Memory or Honor of...

*Recognition Gifts to the Pickaway Senior Center are very thoughtful gifts which allow others in Pickaway County to be helped.*

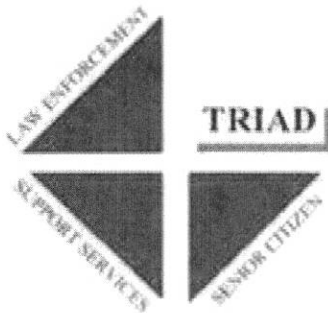
Enclosed is my gift of \$ \_\_\_\_\_ In: ☐ Memory of: or ☐ Honor of:

Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by: \_\_\_\_\_

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*

**Pickaway Senior Center  
PO Box 565  
Circleville OH 43113**



### Pickaway County S.A.L.T. Council Safe Bank Project

You are kindly invited to the Pickaway County SALT Council's  
**SAFE BANK PROJECT: PROTECTING OUR SENIORS**

**When:** Friday, August 5, 2022

**Where:** Ohio Christian University, Maxwell Center, Circleville

**Time:** 7:00 AM to 12:30 PM

**Why Attend:** Outstanding speakers (M.C. Lacey Crisp Crime Tracker Investigative Reporter for 10TV WBNS News, Honorable Judge Shelly R. Harsha. Pickaway County Juvenile and Probate Courts, Bonnie K. Burman, Sc.D., President, Ohio Council for Cognitive Health, Erin Leahy, Senior Assistant, Attorney General/Robocall Enforcement Unit, Ohio Attorney General's Office, Roger L. Patrick, Jr., Enforcement Attorney, Ohio Department of Commerce, Division of Securities) to educate you on how to recognize some of the common signs/use of technology for financial exploitation and how can we develop a dementia friendly community. Meet law-enforcement & community leaders, browse Safe Bank Project Displays and Exhibits.

This **FREE** training is offered to Financial Institutions, Seniors, and Community Leaders of Pickaway County.

**FREE** Breakfast Buffet sponsored by Pickaway SALT Council. **FREE** Giveaways (Kings Island tickets, Keurig coffee maker, gift cards, gift baskets, and more). **A (Roku/Smart) TV Drawing** sponsored by SALT Council Donors and Freebies/Promotional items sponsored by the banks and exhibitors.

You **MUST** register to attend. **Registration Brochures** are available at the Pickaway Senior Center and the Pickaway County Sheriff's Office.



## SPECIAL THANKS TO THE FOLLOWING PEOPLE...

### New Members

Diana Moore  
Dale Wolfe  
Karen "Sue" Ballou  
Jackie Brown  
Becky Yates  
D Michael Kempton  
Linda Kempton  
Brenda Knece  
Mark Knece  
Charles Griffey  
Ethel Griffey  
Merlin Maddock  
Jackie Brown  
Charlene Blue  
David Blue  
Connie Davis  
Sondra Percell  
Pabby Vaughan  
Sandra Hill  
Lindsey Hill  
Ruth Pinnix  
Martha Iles  
Gary Iles

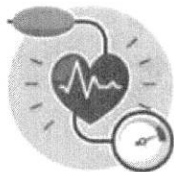


### \$10 Fund Donations

Linda Harden  
James & Diane Rhymer

### Blood Pressure Clinic

the last Tuesday of each month!



**ALL ARE WELCOME!**

Tuesday, July 26, 10 a.m.

*Your*  
*donations*  
**make a difference**  
*in our*  
*Community!*

### **Memorial/Honor of** **Donations**

In Memory of  
**Estalena Gee**

Given by,  
James & Sheila Gee

In Memory of  
**June Davis**

Given by,  
Pythian Sister Major Temple 516

In Honor of  
**Don & Jane Strawser**  
*in celebration of their 65<sup>th</sup> wedding*  
*anniversary on July 3*

Given by,  
Terri & Jeff Carter

In Memory of  
**Bill Fee**  
*on the anniversary of his*  
*July 28 birthday*

Given by,  
Janet Fee

~~~~~  
In Memory of  
**Donna Charlotte Groff**  
*on the anniversary of*  
*her passing July 6, 2015*

Given by,  
Richard Groff

~~~~~  
In Memory of  
**Richard Conrad**  
*on the anniversary of his*  
*July 13 birthday*

Given by,  
Glenn & Linda Reeser

~~~~~  
In Memory of  
**Marjorie Kurtz**

Given by,  
Roger & Elaine Kimble

~~~~~  
In Memory of  
**Pat Canarsky**  
*in memory of our 33<sup>rd</sup> wedding*  
*anniversary on May 20 —*  
*with gratitude*  
*for knowing each other for 42 years*

Given by,  
Allen Canarsky

~~~~~  
**THANK YOU**  
*for your generosity*

*red, white,  
and*  
**dance**

Friday, July 22, 2022

4pm — 7 pm

Join us for a swinging good time — with DJ, silent auction,  
50/50 raffle, cakewalk, and finger foods!

*Pickaway Senior Center*

Tickets: \$10 per person (limited to 150)

Available: at the center, Monday—Friday, 9am—3pm

call 740.474.8831  
for more information

## LACOMEDIA DAY TRIP — SEATS STILL OPEN!!

### 25th Annual Putnam County Spelling Bee

*replaces previously scheduled West Side Story*

August 25, 2022

Cost is \$82

**Includes:** Bus transportation, Show, Buffet Lunch;  
bus departs Pickaway Senior Center 9 am and re-  
turns 6 pm. Only 40 spots; payment due July 11.

Winner of the Tony and the Drama Desk Awards for Best Book, *The 25th Annual Putnam County Spelling Bee* has charmed audiences across the country with its effortless wit and humor. Featuring a fast-paced, wildly funny and touching book by Rachel Sheinkin and a truly fresh and vibrant score by William Finn, this bee is one unforgettable experience.



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**740-420-0605**



## SUBMARINE SANDWICH

w/macaroni salad, chips, cookie

Thursday, July 14  
11:00 am-Noon

(RSVP by July 9)

740.474.8831

suggested donation \$3-\$5

## ARE YOU A MASTER OF MEMORY?

join us • FREE program • mastering memory

Tuesday, July 12 and Tuesday, August 9 at 1—2 pm



### TOPICS OF FOCUS:

Different Types of Memory

Strategies for Remembering

How Nutrition & Exercise Affect Memory

Medication & Memory

Presenter, **Jessica Lowe**, is Family & Consumer Sciences Educator, the Ohio State University Extension Office, Pickaway County. She teaches classes on nutrition, health & wellness, and money management throughout the community. She is a graduate of both Ohio University and Ohio State University, and is a life-long Pickaway County resident. In her free time, Jessica can be found in her garden, talking walks around the neighborhood, or knitting.

Questions? Contact Jessica ([lowe.495@osu.edu](mailto:lowe.495@osu.edu), 740.474.7534.



## Don't yell at your Computer, let us fix it!

We will fix it or  
it's free.

49.00 fixed rate for all seniors, computer tune ups,  
repairs, training, Virus removal, new setups,  
software installs and upgrades, at your senior center.

Call (614) 398-1098 for an appointment.

### PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace

• Providing affordable housing for  
elderly/62 years or older and/or disabled

176 Rustic Drive • Circleville, Ohio 43113

740-477-2514 • Fax: 740-477-7456

email: [pmha@pickawaymha.com](mailto:pmha@pickawaymha.com)

TTY/TDD Customers:

Contact Ohio Relay Services at 711 or 1-800-750-0750

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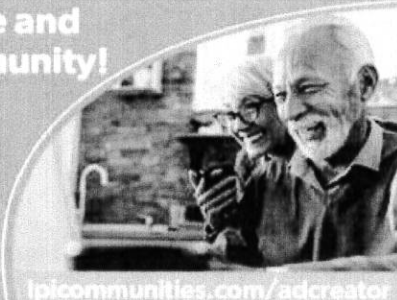
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## PICKAWAY SENIOR CENTER JULY 2022 NEWSLETTER

Kathy Keaton, RN, Promedica Hospice Presents:



Join us the second and fourth  
Thursday of each month at 12:30 pm!

**Thursdays, July 9 and July 28**

**PAINT CLASS • JULY 7 • 1PM**  
**740.474.8831 • RSVP**

Did You  
Know?

*Through the work of  
MidOhio FoodBank  
your senior center provides*

**FRESH FRUITS &  
VEGETABLES**

on the second and fourth  
Thursday of each month!

Paperwork must be completed to pick up.



**ALL THE CARE YOU EXPECT.  
ALL THE COMFORTS OF HOME.**

Learn more about virtual health visits and how to  
schedule yours at [OhioHealth.com/VirtualHealth](https://OhioHealth.com/VirtualHealth).

 **OhioHealth**  
BELIEVE IN WE™

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**158 East Mound St • Circleville**  
**BrownMemorialHome.org**

**Pickaway Senior Center**  
2105 Chickasaw Dr.  
PO Box 565  
Circleville OH 43113

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U.S. Postage  
PAID  
Permit #200  
Circleville OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



## MAY VITAL STATISTICS

### Transportation

39 people  
216 transports  
**3890 miles**

### Adult Day Care

6 people  
116 transports  
**897 miles**

### Hot Meals Delivered

**8053 meals**  
**1890 miles**

### Meals Served In Person

**561 congregate meals**

### Fresh Produce Disbursed

**5452 pounds of produce**

### Commodities Disbursed

**112 families served**

## DON'T MISS OUT

**Check out upcoming events and activities at the Center!**

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Birthdays.....p3  
Recognition Gifts Form .... p4  
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Your donations are **VITAL** to the daily operations at the Center!

**Donations – like the \$10 Fund, Memorials, and Honorariums – are gratefully received and recognized in print in the monthly newsletter.**

Donations received the first week of the month, it will be included in that month's newsletter. Those received in the second week or later will be included in the following month's newsletter

**Thank you for your generosity!**