

# WARNING

Classroom Visual Demands will be increasing in the second half of the school year.

## Warning signs of near vision performance problems:

### Fusion

- Covering or closing an eye when reading
- Academic performance dropping as the school year progresses in classes that require reading
- Increased frustration with sustained close work

### Focusing

- Increasingly avoiding close work activities
- Increase in headaches with sustained reading
- Rubs eyes frequently
- Says eyes are tired after school

### Tracking (fixation)

- Skips little words or substitutes words when reading orally
- Moves head excessively when reading
- Uses finger to keep place while reading (especially after 3rd grade)

Ergonomic studies reveal that nearly 75% of the students' time is involved with near-visual demands and increase as the school year progresses.

Make sure your student has a mid-year eye exam that includes detailed testing for near vision performance skills needed for classroom success.

**Schedule an appointment with Integrated Eyecare -- we take students' visual skills seriously.**



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